



I am contacting you from the Department of Psychology at the University of York. We are currently looking for people over the age of 65 to take part in research investigating how different aspects of memory, language, and cognition change later in life. Our research aims to improve our understanding of how these functions change through healthy ageing, and we hope that this will aid us in developing better support and treatment for clinical groups, including stroke survivors and people with dementia.

I am reaching out to you in the hope that you might be willing to help us raise awareness of our research among U3A members in York – perhaps through a newsletter, on your website or at one of your events. If appropriate, we would be very happy to visit some of your groups, to give a quick presentation about our research and provide an opportunity for interested members to ask questions. At the moment we are looking for people who are generally interested in taking part in our research, and who would like to join our participant panel in order to be notified of upcoming studies.

Participation will usually involve one or more visits to the University of York's main campus in Heslington, though for some studies we may be able to visit participants at home, and other studies may be conducted entirely online. For some of our studies, dependent on the funding source, we are able to offer payment of £10 per hour for participating in our research. Whether the opportunities are paid or not will be made clear at the time of inviting people to participate. We only use non-invasive research methods (usually computer-based tasks; no medications or medical procedures), and participants typically find the experience rewarding.

After joining our participant panel, volunteers can choose which studies they participate in; there is no minimum requirement. In addition, panel members can have their contact details removed at any point if they no longer wish to be contacted about our studies. Below my signature I have included a short description of two current studies which may be of interest to your members, to give you an idea of the sorts of things we are doing.

We are able to say thank you to the organisations we are in contact with by giving their members educational talks about our research (or cognitive psychology in general), if this is something that might also be of interest to you.

Interested members can find out more about taking part in our studies by contacting me directly (email: ali.mair@york.ac.uk; phone: 01904 322 902), or by [filling in our online form here](#).

Thank you for taking the time to read my email. I hope to hear from you soon to discuss possible options.

Best wishes,

Ali

Dr Ali Mair
British Academy Postdoctoral Fellow
Department of Psychology
University of York
Heslington, York
YO10 5DD