



York Newsletter

Number 181

October 2019



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Front Cover Picture

Continuing with the theme of bridges in York here we have the most southerly of the “in town” ones- a downstream view of joining the lovely “little London” and historic Clifford’s Tower.

Printed on recycled paper



From the Chairman

Let me start with a very warm welcome, particularly to our new members, to the start of another U3A year. I hope our somewhat erratic summer (and here I'm referring only to the weather) has been good to you.

You will all be receiving this newsletter by virtue of having renewed your membership, or, in the case of new members, applied for membership. You fill in a form, sign a cheque or bank transfer for the membership fee, get it one way or another to the U3A office, and back comes your membership card and booklet. Easy.

So far so obvious. But what most of us don't appreciate, and I didn't until this summer, is what goes on in the office during the weeks it takes to process everyone's membership and get your cards and booklets to you in time for the new U3A year.

This involves: pre-printing the cards and addresses to stick on the envelopes; opening, checking and sorting the applications; phoning those of us who have forgotten to sign, or date, or include the cheques we say we have included; matching up the cards and addresses; putting the cards and booklets into the right envelopes (making sure there are two cards in the case of joint applications); tearing the sticky strips off the envelopes to seal them (which strips then leave a coating of glue on volunteer fingers before proceeding to try to stick to anything in sight); recording memberships and subscriptions; and finally franking the envelopes and posting them. All of this for over 1600 members.

This all, as you can imagine, takes hours and hours, days and days, weeks and weeks. So I want to start the year with a heartfelt thanks to all the volunteers who come in to help with this largely invisible process, and in particular to those who coordinate it. Here Sandra Mason and Eve Birch deserve particular mention.

When, less than halfway through the renewals process, I asked Sandra Mason, our Membership Secretary, how much time she was having to dedicate to renewals, she told me she had already spent more than 50 hours on it. This doesn't seem to me a remotely reasonable ask of a volunteer, and we must expedite moves towards trying to find a less labour-intensive way of handling renewals. In the meantime, I'm sure I speak for all of us in expressing our deep appreciation for her efforts - and those of all the volunteers who have helped her.

So, welcome again. Have an enjoyable and productive 2019-2020 U3A year.

David Maughan-Brown, Chairman

Editorial

For the newsletter you are invited to send your items to newsletter@yorku3a.com ideally in Arial font size 11 with no underlining except for elinks on or before 12.00am Monday 18th November for the December issue for publishing (posting out) on Friday 29th November.

Alternatively, post/hand your copy to:

Newsletter, York U3A, 15a Clifford Street, York, YO1 9RG, same deadline of course.

If you were of a mind to contribute a 13x13 cryptic crossword in order to tease the readership, please do so. Please send them in any format, I can contend with their layout. Thanks, in anticipation.

Groups Co-ordinator

New Groups

PRIVATE LIVES MADE PUBLIC: THE PLEASURES AND SURPRISES OF BIOGRAPHY

If you are interested in personal stories and achievements of people, and the historical and social milieu in which they lived, you might like to join this small friendly group to read and discuss a variety of biographies, autobiographies and memoirs chosen by members of the group for the year at the first meeting. The course will start on Monday 11 November and the book chosen is 'Proud Northern Lady' by Martin Holmes, a biography of the formidable Lady Anne Clifford, who in the later seventeenth century ruled the north-west of England almost as a personal domain. The group will meet bi-monthly at my house.

Group Leader	Janet Fearnough
Contact email	biography@yorku3a.com
Venue	Leader's home in Huntington
Day of week, time	2 nd Monday 2 – 4 pm
And frequency	every 2 months
Start date	11 th November 2019
End date	13 th July 2020
Cost	None
Accessibility	some parking; bus stop 'Meadowfields' top of road - nos 5,5A, 13.

ARMCHAIR TRAVELLERS

The new Armchair Travellers book group is intended for anyone interested in travel literature that falls into the genres of 'Travelogues' or 'Autobiography'. It is hoped that the reading of such books would give us insight to the lives and experiences of those who have either travelled to or settled in other lands. With a few laughs along the way, we may find deeper insights into places and cultures once briefly visited or longed for. Group members would be required to read one book a month for the months we meet and will hopefully be able to suggest their own titles for subsequent meetings by the end of the 2nd meeting, though this is not compulsory.

Members will be responsible for buying their copies of each book. I will give full information as to where they can be bought at the absolute cheapest prices

Group Leader Name	David Mcloughlin-Tasker
Contact email	armchairtravel@yorku3a.com
Venue	Fell Room
Time and Frequency	10 - 12 noon, 2nd Thursdays (not December)
Start date:	12th September 2019
End date	11th June 2020
Cost	£1 per session

Full groups

21st Century Fiction

Playreading 1 is full, but **Playreading 2** in the afternoon still has spaces
Walks through time has a waiting list.

Corrections to Groups Booklet

Knit for peace Access is not possible for wheelchairs

Rambling Walks are on alternate Tuesdays, meeting at 10am for a start at 10.30am prompt.

Fit and Flexible Advanced is on Thursdays and **Fit and Flexible**

Intermediate is on Mondays. All sessions cost £1.50.

Creative Writing will start on Monday 14th October 10 -12noon in the Fell Room

French for Absolute Beginners will end on 19th May 2020

Bridge – Practice Play Phone number 01423 323320

Poetry Group 2, Woolman Room - 1st and 2nd Fridays 1.30 pm - 4 pm.

Art for Leisure Indoor Meetings, Woolman Room - 1st Monday of the month 2 pm - 4 p m.

Alison Holmes, Groups Co-ordinator

NEW MEMBERS' MEETINGS

During the coming months there will be several meetings for new members of York U3A. All new members are encouraged to attend one of these meetings. The meetings will give new members an opportunity to find out more about York U3A and meet some of the committee members.

All meetings will be held at the Friends' Meeting House, refreshments will be available 30 minutes before the meeting. The dates, times and locations of the meetings are as follows:-

Wednesday	Sept 25, 2019	10 a.m. to noon	Main Meeting Room
Thursday	Nov 14, 2019	1:30 p.m. to 3:30 p.m	Penn Room
Wednesday	Jan 15, 2020	1:30 p.m. to 3:30 p.m.	Penn Room
Thursday	Mar 19, 2020	10 a.m. to noon	Penn Room

Sandra Mason Membership Secretary

email- membership@yorku3a.com

Stalwart Office Volunteer

One of our office volunteers, Jean Frost, is leaving at the end of September; she has worked in the office for nearly 20 years. Jean was also a group leader running an Italian conversation class for several years although, she gave up leading the group last year, She still attends as a group member. We would like to thank her for her long service in the office and wish her well in the future.

UPCOMING VACANCY for SECRETARY OF YORK U3A

Under the York U3A constitution, members may serve for no more than six years on the York U3A Committee. In the autumn, Jean Haywood will have completed six years as Secretary and a replacement will need to be elected at the AGM in October 2019.

The Secretary's role involves mainly handling communications from the Third Age Trust (the national office), dealing with incoming emails in the secretary@yorku3a.com inbox, preparing the agenda for and taking the minutes of committee meetings, and making all necessary preparations for the AGM and taking the minutes of the meeting. The Secretary does not deal with the setting up and running of groups or with the membership database.

If you think that you might be interested in taking on this role, please email Jean at secretary@yorku3a.com.

Jean adds: "Do get in touch if you would like to know a bit more about what's involved and I'll be happy to have a chat with you. Please don't think this is something you can't do because you haven't been a U3A member for very long - I took over after having been here for only two months, and it's a great way to learn about the U3A movement and to meet other people. And I'll still be around to help if my successor has any queries. I've enjoyed my years as Secretary but it's now time to hand over to someone else."

Scrabble

Social Play

10 October and 14 November at Bishopthorpe Village Hall
Play begins at 1.45 p.m.

Club Play

24 October and 28 November at St Sampson's Centre, Church Street, near Shambles Market.

Please ring Bernard on 01904 629027, if wishing to attend and for venue confirmation. Play starts at 1.45 p.m.

For any other enquiries please contact me on the number above.

Retirees bowled over by Walking Cricket

U3A has recently hosted its first inter group Walking Cricket match with one player marking the occasion by celebrating his 92nd birthday when Doncaster U3A Walking Cricket group had a match against a team from Barnsley U3A in the first ever walking cricket match to take place in Yorkshire.

U3A Walking Cricket – which includes both men and women cricketers playing in mixed teams - has been developed by Barnsley U3A member, Mac McKechnie who at the beginning of the year decided to set up the first ever Walking Cricket group in cricket-loving Yorkshire. There are now 41 members of the Barnsley group, and they play every week.

Walking Cricket is just like the real thing except you aren't allowed to run and the ball is softer. The growth of walking sport is enabling third agers to get back to playing the sport they love. Walking sport is exploding in popularity in U3A with other groups like Walking Football, Walking Netball and Walking Rugby springing up in U3As all over the country.

Mac, 69, from Barnsley, an avid Cricket fan who has previously played in the army and Bradford League, is a National U3A Subject Adviser on Walking Cricket, has helped other U3As to set up similar groups across the country.

Mac said, *"It has just taken off and our U3A men and women love it. We now play every week. I am keen to help U3As across the country to set up Walking Cricket groups"*.

U3A Walking Cricket is supported by Twenty20 Community Cricket, the Yorkshire Country Cricket board, (YCCB) and is in partnership with its charitable arm, Yorkshire Cricket Foundation (YCF).



Further information can be found at www.u3a.org go to resources tab, click on subject advice, and follow to the Walking Cricket page

.Barnsley U3A First Team

Wildlife Walks by Public Transport

The dates for walks during the remainder of 2019 have now been fixed, as below. Please note that there may well be further bus or rail timetable changes before these events so please check start times with me before joining a walk. We would be happy to welcome a few more walkers to explore the wonderful wildlife that can be found within an easy day trip, by bus or train, from York. Please wear suitable footwear and invite any of your U3A friends along too. Please bring a packed lunch to eat en route, but we will also try to finish the walk at a suitable point for refreshment before returning to York. Indeed many nature reserves now include a visitor centre with refreshment facilities, which can also provide warmth and shelter when needed.

Date	Destination	Target	Transport
30-Sep	Skipwith Common	winter birds, fungi etc	10:40 No 18 bus from Merchantgate
28-Oct	Old Moor RSPB wetlands centre	birds	10:02 train to Doncaster, then X20 bus
18-Nov	Harewood Estate	red kites and deer	09:55 ZAP Bus from railway station to Leeds, ch to No 36 bus to Harewood

Please let me know if you plan to join any of these wildlife walks.

Email: colin.sherwood49@gmail.com Phone: 01904 640915

Colin Sherwood

Thursday Monthly Rambles and Over the Hill Groups



Ramblers passing Dunstanburgh Castle on their weekend walking in Northumbria in early May 2019



Over the Hill members literally going downhill in March 2019 – down the Ingleby Incline on the old Rosedale Railway Line

Walks around York

The picture shows the group having lunch in my garden in Elvington, having completed a six mile walk in the countryside around Wheldrake on a very hot day. Our group undertakes walks up to six miles in length, mainly exploring York and its suburbs. For example, we have visited the University Campus, discovering the sculptures and tree trail, and have also explored the 48 Snickleways and the Blackberry railway line from Wigginton Road to Osbaldwick. There have also been walks in the Howardian Hills, the Hovingham, and river Foss from York to Haxby. I trust this is sufficient information.

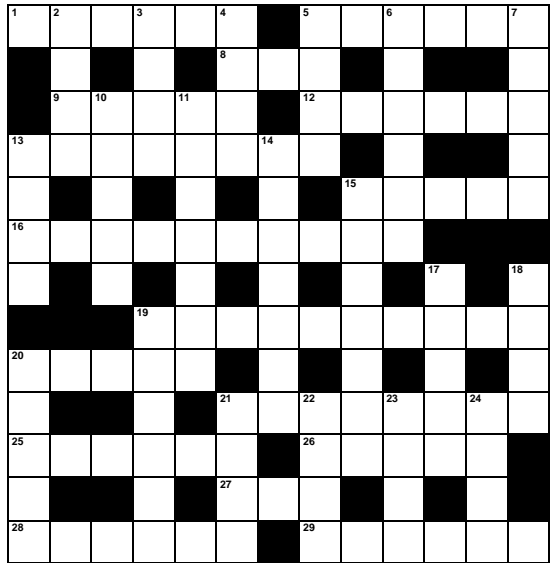


Stephen Holman

Cryptic Crossword

Created
.....by No13

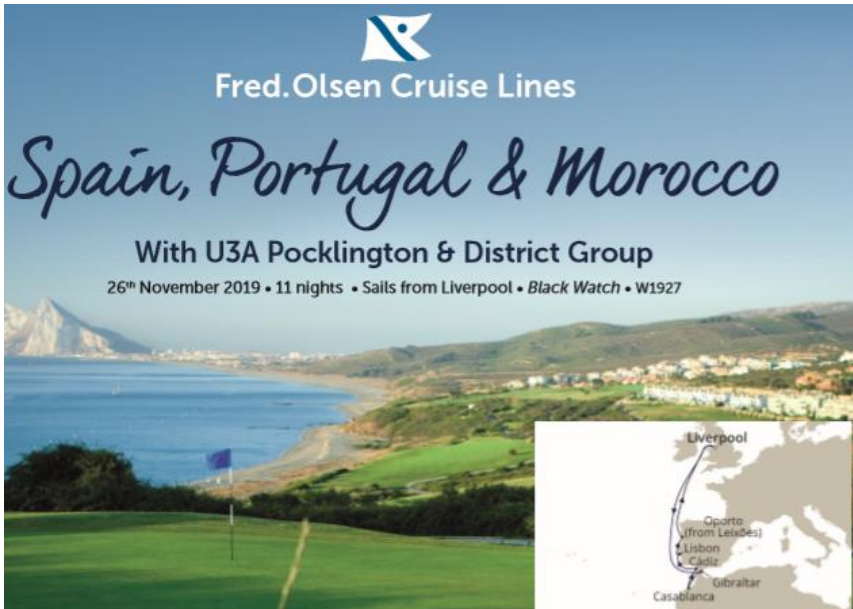
Solution on
Page 17



ACROSS

DOWN

1	Comparatively healthy mechanic.(6)	2	Find need in chitchat (4)
5	Small dosage from Dr.Mach.(6)	3	Into Urals for a trip (4)
8	Get a rough secret event.(3)	4	Bet in here now in Nevada (4)
9	Mix-up container.(5)	5	Obstructs the ladies we hear (4)
12	Some kind of a gg mot for fly form.(6)	6	Well behaved kids! (6)
13	Tea fights roll for Boudicca?(8)	7	Omit rest for secret headgear(5)
15	German hand shoe.(5)	10	Mr Man is content (5)
16	Set parties arranged on wall.(10)	11	Indirect basketball score. (7)
19	Agreed to come together with bible.(10)	13	Attractively smart (4)
20	To rob like an automaton.(5)	14	Got on (7)
21	Totally simplified I add it on.(8)	15	For example die or precariously live by the Tyne (7)
25	Not unusual confused roman learner.(6)	17	Artefact there licensed to find (5)
26	Respond about turn.(5)	18	Shock nuts sometimes give. (4)
27	More than one (3)	19	Usual village green (6)
28	Prompt, in apron today.(6)	20	Long jumper gets this right (3,2)
29	No part ordered gets support (6)	21	A lot ordered in the choir (4)
		22	Waterfall? (4)
		23	Sharp biddy (4)
		24	Palindromic engine cycle (4)



Join the U3A Cruise Club! From £1,219

- **11- night cruise** from Thursday, November 26th - Saturday, December 7th with Fred Olsen (FO) from Liverpool (only 2 hours away)
- **The Ship:** The *Black Watch* with great food and entertainment.
- **Discounted fare** We have a group discounted fare
- **Price** Ocean view twin from £1,219, Single from 1,619
- This is another popular cruise and is filling up fast!
- Coach or train to the ship (to be agreed)
- Pay direct to Fred Olsen & quote cruise W1927 and group code GRP0276
- **Contact** Fred Olsen Tel 01473 742424 (Latest prices, availability & booking)
- Any other questions contact Chris Mills at Tel: 07526-105482

YAHR Regional Study Visit

Visit to Drax Power Station, Selby

YO8 8PH

11 a.m. – approx. 1.30 p.m.

Wednesday 20th November 2019

Maximum numbers of attendees = 30.

If there is enough interest, a 2nd visit may be arranged in 2020.

Drax Power Station supplies 6% of the country's electricity needs, including 15% of its renewable power. To do this, Drax operates on a massive scale. At Drax Power Station you'll be able to see every part of how electricity generation is done and find out how we're upgrading to the latest biomass technology. This means we can use sustainable compressed wood pellets instead of coal, which cuts our carbon footprint by 80%.

Expert guides with years of experience are on hand to lead the tour. All tours include an interactive session and guided walks inside the very heart of the station. Our tailored experiences fit with areas of special or professional interest such as rail, sustainability and engineering.

Purpose

To give U3A members across the region the opportunity to visit one of the most advanced power stations in the UK. We will have a talk about the working of the plant, discussions about re-cycling issues and a guided tour of the plant.

There is no charge for this visit but attendees **MUST** register with YAHR in advance.

For further information about Drax - see: <https://www.drax.com>

Special Note

As this is a working industrial site, all visitors must comply with Drax 'Site Rules' which can be viewed at <https://yahru3a.co.uk/drax-visit>.

Dress Code

If anyone is inappropriately attired the tour will be curtailed as they will not be allowed to enter certain areas. Visitors must be able to walk a reasonable distance and to manage gridded walkways, steps and stairs.

Venue

On arrival please park in the visitor's car park and make your way on foot to the South Gatehouse where your guide will greet you. Please arrive in good time for an 11.00 a.m. start. Directions and a map of the location are available at <https://yahru3a.co.uk/drax-visit>.

To Apply – either:

- a) Go to <https://yahru3a.co.uk/drax-visit> and use the on-line form; or
- b) Email secretary@yahru3a.co.uk.

The **CLOSING DATE** for applications is 10th November 2019

When you provide us with your email address, we will use it to inform you of YAHR events and activities. You can unsubscribe from our mailing list at any time by emailing secretary@yahru3a.co.uk.



Trialling equipment to enable clarity of hearing in the classroom: please help

We are purchasing some equipment to enable better hearing in the classrooms – essentially a personal loop system which works through a neck loop and headphones or one’s own hearing aid. It is very new on the market and sold by Action for Hearing Loss to enable group discussion without the need to pass round an individual mike. The mike is placed in the middle of the table (though it can be hand-held if someone is giving a talk). The equipment will be kept in a charging case so it is always ready for use and does not need to be plugged in. It would be helpful if any member who has suffered from not being able to hear properly in a classroom situation could ask the leader of one of the following classes if they could join the group for that class. Please let me know at baldwinyork@btinternet.com if there is no room for you and I will arrange a special class if necessary. Offers of other classes where the equipment could be trialled (especially in the Penn room) would also be welcome so long as they were held before October 14th. I would really appreciate feedback after the trial to enable us to make the decision on that date whether to purchase or return the equipment..

Programme for U3A Trial of Phouak Rogers System

30 Sept	Equipment arrives and set up	Inner office	Paul Howarth Other office volunteers?
Thurs Oct 3 am	Playreading 1	Woolman	Catherine Richardson playreading@YORKU3A.COM
Thurs Oct 3 pm	Philosophy	Fell	Peter Little philosophy@YORKU3A.COM
Frid 4	Poetry 2	Woolman	June Whittaker Poetry2@YORKU3A.COM
Tues 8	Poetry 1	Fell	Joan Clarke poetryone@YORKU3A.COM
Mond 14	Creative Writing	Fell	Sheila Fryer creativewriting@YORKU3A.COM
15/16	Decision and return if necessary	Paul, Sheila, David Anna	

York U3A Committee

David Maughan Brown

Jean Hayward

Sheila Wilson

*Brian Frodsham

Eve Birch

Chris Sykes

Sandra Mason

Alison Holmes

John Powderley

Lorrae Atkins

Paul Howarth

Peter Jarman / Anna Baldwin

*Jennie Pugsley

*co-opted on to committee

Chairman

Secretary

Treasurer

Regional Representative

Office Co-ordinator

Volunteer Co-ordinator

Membership & Communications

Groups Co-ordinator

Newsletter Editor

Website

IT & Audio Visual

Joint Talk Secretaries

Travel

Contacting the Committee

Messages can be left at the office or by using email

chair@yorku3a.com	membership@yorku3a.com
secretary@yorku3a.com	talks@yorku3a.com
treasurer@yorku3a.com	technical@yorku3a.com
office@yorku3a.com	communications@yorku3a.com
vols@yorku3a.com	groups@yorku3a.com
newsletter@yorku3a.com	travel@yorku3a.com
web@yorku3a.com	

Office Opening Hours:

10-12 am Mondays, Tuesdays Thursday & Fridays. **NOT** Wednesday

Groups cannot operate in the building on Bank holidays.

Fell Room and Woolman Room are **NOT** accessible when the Friends'

Meeting House is closed.

Website

Our new look website in place since early August, can be viewed at

www.yorku3a.com

Saturday Morning Talks

A full list of talks can now be found on the Events section of our website, www.yorku3a.com

The Talks take place in the Central Methodist Church Hall in St Saviourgate and are open to all members (£1.50) and their guests (£3). Coffee is served from 9.15 until 10.10 and more volunteers to help with this are always welcome.

October 12th Coral reefs and the future of the world **Callum Roberts, Professor of Marine Conservation, University of York**

By any measure, the last 30 years have been utterly extraordinary. In that brief moment, our planet has changed faster than in all of human existence. We have transformed from simple inhabitants of this world to the architects of its future. Nowhere is this more obvious than in the realm of coral reefs. I stumbled upon coral reefs in 1982 as a 20-year-old. What captivated me then was the richness and exuberance of these rainforests of the oceans. What obsesses me now is their extraordinary vulnerability to global climate change. Across huge swathes of the tropics, coral reefs have suffered catastrophic loss of life and vitality. The expression ‘canary in the coalmine’ is overused but is apt for what reefs say about the dangers of our headlong planetary experiment. This talk tells the story of coral reefs, lavishly illustrated by one of the world’s foremost underwater photographers, Alex Mustard, and based on Callum’s forthcoming book: *Reef Life: An Underwater Memoir* (Profile Books). It tells how they became one of the wonders of the ocean world, how we learned to love them and how they now struggle to survive. Coral reefs tell us something urgent and important – we need to change course now if we are to leave a world fit for generations yet to come.

Callum Roberts is Professor of Marine Conservation at the University of York and author of two award-winning books on the sea: *The Unnatural History of the Sea* (Island Press) and *Ocean of Life: How our Seas are Changing* (Penguin Books). He was series scientific advisor to BBC Blue Planet II and is Trustee and Chief Scientific Advisor of BLUE Marine

Foundation, Trustee of the Nekton Oxford Deep Ocean Research Institute and Ambassador for WWF-UK.

9th November

Peacemaking and peacebuilding after war in the experience of John Goodsir and Peter Jarman

On this Remembrance weekend John will be looking at the challenges faced by International Peacekeepers using the example of Bosnia after the peace agreements signed in Paris in December 1995. This will include an overview of the participating nations and the interaction between the UN and the US led military forces which included a Russian Brigade.

This account will be contextualised by Peter who was also involved with the Russian army in another civil war. During his work as a physicist in Russia he and his wife Roswitha were involved in Quaker peacemaking between warring groups and the Russian army in Chechnya.

John Goodsir was Chairman of York U3A until 2018 and is a retired soldier who spend much of his 37 year career trying to prevent conflict rather than initiating it. Peter Jarman is one of our current Talks Secretaries and runs science classes for the U3A.

December 12th Christmas Concert

Annual General Meeting 2019

Our AGM this year will be held on Saturday 12th October **immediately** following the Saturday morning talk at Central Methodist Church Hall, St Saviourgate. Papers for the meeting – notice of meeting, agenda, minutes of last year's AGM, and nomination forms for committee posts – accompany this newsletter.

Solution to Cryptic Crossword on page 11

Across

1 Fitter, 5 Drachm, 8 ETA, 9 Churn, 12 Maggot, 13 Chariots, 15 Glove, 16 Tapestries, 19 Convergent, 20 Robot, 21 Addition, 25 Normal, 26 React, 27 Two, 28 Pronto, 20 Patron

Down

2 Itch, 3 Tour, 4 Reno, 5 Dams, 6 Angels, 7 Mitre, 10 Happy, 11 Rimshot, 13 Cute, 14 Thrived, 15 Geordie, 17 Relic, 18 Stun, 19 Common, 20 Run, Up, 21 Alto, 22 Drop, 23 Tart, 24 Otto

Travel Group

The National Science and Media Museum Bradford Tuesday 12th November 2019

£21 per person.

Today we will be visiting the museum, located in the centre of Bradford, which houses a range of over 3 million items of historical and cultural significance spread over seven floors including the earliest known surviving negative, the earliest television footage and the earliest moving pictures in Britain.

<https://www.scienceandmediamuseum.org.uk/visit>

Our visit will include a behind the scenes tour where we will see a large range of historical items from cameras, television props, movie equipment and a host of television and news items covering matters from the earliest times to the present plus some very special photographs.

Many of the exhibits will bring on that feeling of “I remember them/that” a grand day out for sure.

On arrival we will have coffee and biscuits (included in the price) at which point we will be split into three groups of 16 for a private guided tour lasting 45 minutes, these tours will run consecutively.

Whilst the first group is on the tour the other groups are free to explore the museum which holds a whole range of delights for you to enjoy.

The second group will then have their tour after which we will break for a Lunch of Soup, Sandwiches and tea/coffee. (also included in the price) the final group will then have their tour.

We will aim to leave by 4pm.

Organiser Philip Dearle contact number on the day only 0743 2793641

ITALY September 26th to October 5th 2020.

We are pleased to announce our next trip abroad This is a two centred trip with five nights staying in a charming hillside thermal resort outside Florence followed by four nights in the heart of Padua. We fly to Pisa and return from Venice. We will all meet up over coffee for final information, about a month before we leave.

£1375 per person in a shared room. £190 single supplement.

Deposit £400

Day One: (D) Coach transfer from York to airport (Manchester or Leeds/Bradford tbc when 2020 flights fully out). Flight to Pisa. Coach transfer to the four star Minerva Palace in Montecatini Terme (a natural thermal spa town twinned with Harrogate) for 5 nights. Welcome drink and dinner. Individual headsets provided for communication with the tour guides, to be returned at end of trip. <http://www.hotelminervapalace.it/en/>

Day Two: (BL) We walk together to the station five minutes from the hotel and catch a train into Florence. At the station, the English speaking guide meets us for a three hour walking tour ending with a timed visit to the fabulous Uffizi, the most visited museum in Italy, for a guided tour of the main art works such as Botticelli's Birth of Venus. Water and a typical panini street food snack included.

Day Three: (BD) A full day escorted excursion through the Tuscan countryside to Lucca, birthplace of Puccini for a guided walk. We drive on to visit the museum at the birthplace of Leonardo da Vinci. We end the evening with a three course meal and wine at an agriturismo, the much praised farms which offer amazing local food, before returning to our hotel.

Day Four: (B) A chance for you to travel by train into Florence to revisit some of the museums. train tickets provided, or stay and enjoy Montecatini Terme.

Day Five: (BD) An escorted excursion by coach to two World Unesco Heritage Sites. We first visit Siena with a guided walking tour of its medieval streets and famous Palio. We travel on to the charming walled medieval hill town of San Gimignano, known for its tower houses and the production of saffron and cured ham, perfect with the local Tuscan bread. We return to the hotel for a dinner to say farewell to Tuscany.

Day Six: (BL) We transfer to Padua with a stop and guided walking tour in Bologna. We have a late light lunch in Modena where we sample the

famous balsamic vinegar with local products and wine. Our hotel for the next four nights is the four star Hotel Europa, a three minute walk from the centre of Padua. <https://www.hoteleuropapd.it>

Day Seven: (B) We start with a walking tour of Padua including entrance to the Scrovegni chapel considered to house the most complete series of 14th century frescoes by Giotto. The rest of the day is free to wander.

Day Eight: (B) Today we spend the full day leisurely cruising the Brenta Canal that runs between Padua and Venice. Along the way we pass some of the amazing Palladian style villas, entering the rococo Villa Widmann with its marvellous Murano chandeliers and then the museum and gardens of the Pisani Villa where Hitler and Mussolini met. We return by coach to our hotel.

Day Nine: (BLD) A full day guided excursion by coach to Treviso a city with almost as many canals as Venice but a lot less commercial. We drive through the scenic Valdobbiadene wine area and stop to sample the local prosecco and Ubriacco cheese before returning to the hotel in time for our farewell dinner in a local restaurant.

Day Ten: (B) We pack up and transfer by coach to Venice airport for the flight home and coach back to York.

Included: Flights and taxes, 9 nights four star hotel accommodation with daily buffet breakfast and local taxes, four dinners and three light lunches, English speaking guides, coach transfers and museums entrance as detailed, train tickets to Florence, gratuities. Balance due by 13TH June 2020.

Please note that prices, accommodation and tours may change due to unforeseeable conditions.

Further information 01937 842477 or listravel@yorku3a.com This tour is organised with the help of Airedale Tours. Please see their website <http://www.airedaletours.co.uk/> for their terms and conditions.

I do hope you like the tour I have arranged, visiting the places on my own bucket list. If so please complete the booking form at the back of this newsletter and send it with a cheque made payable "York U3A Travel Abroad" for £400 to:

Lis Jackson, 3 Thorp Arch Mill, Thorp Arch, Wetherby, LS23 7DZ

U3A CHRISTMAS LUNCH THE HAWKHILLS, EASINGWOLD, YORK.

1.30pm for 2.00pm WED DECEMBER 11th, 2019

Depart Fulford 12.15m The Coastliner to Leeds bus stop opposite the station 12.30pm Middlethorpe Grove/corner of Tadcaster Road 12.45pm Last year's Christmas lunch at The Hawkills was so successful it was decided to go again this year.

Members who came last year will remember the dining rooms are part of the original Queen Anne house which provide an elegant backdrop for the afternoon.

All York U3A members are invited to the lunch even if you haven't travelled with us. We do hope that you will join us for a very pleasant and sociable time.

The cost for the meal, coach travel and gratuities will be £26.00pp. which is subsidised by the Travel Group There is a choice of dishes on the menu and as usual a pre-booked choice is necessary. Please make your choices on the booking form and send it together with your cheque to **Maureen Barter**. If there are two people named on the form, please ensure that you tick the choices for each person for each course.

It would also be helpful if it is made clear which choice is for which person. Please keep a record of your choice.

The hotel needs the pre-order choices two weeks prior to the event together with full payment, therefore any cancellations after this date will not receive a refund.

Organizer and Booking forms to :- **Maureen Barter 36 Anson Drive, Fulford York YO10 4LH** Tel: 01904 628598 uktravel@yorku3a.com

STARTERS

1. Roasted Butternut Squash Soup with Garlic Croutons
2. Ham Hock Terrine & Pea Puree with Homemade Chutney
3. Crayfish & Prawn Cocktail

MAIN COURSE

1. Roast Turkey with Traditional Trimmings of Pigs in Blankets, Cranberry Sauce, Roast Gravy & Christmas Stuffing

2. Roast Beef with Yorkshire pudding, and Horseradish sauce,
3. Seabass on a bed of Wilted Spinach with Chive Cream Sauce
4. Beetroot, Goats Cheese and Walnut Tart

All dishes are served with Roast Potatoes, Vegetable Panache with Sprouts

DESSERTS

1. Traditional Christmas Pudding & Brandy Sauce
2. Citrus Orange Tart with Belgian Chocolate Ice Cream
3. Fresh Fruit Salad and Cream

Tea/Coffee.

U3A Emergency Telephone Number on the day 07432793641

Maureen Barter Tel: 01904 628598 uktravel@yorku3a.com

VISIT TO INDIA 20 March – 3 April 2020

Due to a cancellation, there is one single room available for this visit. Details of the itinerary are on the website. Cost for single room is £3034, with deposit of £200 payable immediately, and balance due by 28 November 2019.

Further particulars and booking form from the organiser,
Sheila McKilligan, sheilatrael@yorku3a.com, tel: 01904 752816.

Booking Form

Visit to Bradford Science and Media Museum 12th November 2019

Please complete legibly!

Please reserve place(s) at £20.00 per person.

I/we enclose a cheque for £ payable to York U3A Travel UK

I/we will join the coach at (please circle as appropriate):

Fulford 08.45 Opposite the railway station by the No.66 bus stop. 09.00

Middlethorpe Grove 09.15

Name(s)	
Membership Number(s)	
Address	
Special Dietary Needs	
Telephone Number	
Email address	
Emergency Contact Name & Tel No	

If the trip is fully booked, you will be contacted by phone or email and put on a waiting list. If a place becomes available, you will be contacted again by phone or email.

Please send booking form and cheque to: Jennie Pugsley, 2 Church Close, Wheldrake, York, YO19 6DP in an envelope marked Bradford uktravel@yorku3a.com

Trip organiser Philip Dearle telephone on the day 0743 2793641



 **National Science and Media Museum**

Booking Form Please write legibly
U3A Christmas Lunch Wed 11th December 2019

I/we will join the coach at (please delete as appropriate)
 Fulford Main Street (opposite Pavilion Hotel) at 12.15PM, Coastliner bus
 stop TO Leeds opposite the station

12.30pm Middlethorpe Grove 12.45PM

Please reserve _____ place(s) at £26.00 per person

I/we enclose a cheque payable to York U3A travel UK for

£ _____

Name(s) _____

Membership _____

numbers(s) _____

Address _____

Telephone _____

Number _____

E mail _____

address _____

Emergency contact name & telephone

number _____

MENU CHOICES

Please circle your choices (for each person) see menu.

1st PERSON (name)

2nd PERSON (name)

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Starter	1. 2. 3	1. 2. 3
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Main Course	1. 2. 3 4	1. 2. 3 4
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Dessert	1. 2. 3	1. 2. 3
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**Please send this booking form to: MAUREEN BARTER 36 ANSON
 DRIVE FULFORD YORK YO10 4LH in an envelope marked
 "Christmas Lunch".**



Venue for the Christmas lunch

**York U3A Overseas Italy Tour
26th September– 5th October 2020**

**Booking Form
Please write clearly**

Please reserve place(s). I / We enclose the deposit of £. (£400 pp)
Twin room Twin room to share with
Double room Single room (Supplement of £190)
*If travelling solo but would like to share a twin room please tick here .

Full names as per passport.

Passenger 1	
U3A membership no	Passport no
Place of Issue	Expiry date
Address	Postcode
Tel	Date of birth
Email	
Any mobility problems?	
Any dietary requests?	

Passenger 2	
U3A membership no	Passport no
Place of Issue	Expiry date
Address	Postcode
Tel	Date of birth
Email	
Any mobility problems?	
Any dietary requests?	

Cost of tour is £1375 / £1565 per person. Balance payable by 13th June 2020.

All travellers are required to have personal insurance as the U3A cannot be held liable for any claims.

Cheque(s) should be made payable to **York U3A Travel Abroad**.

You will be notified if the list is full and you are on the waiting list.

Please send to:

Lis Jackson 3, Thorp Arch Mill, Mill Lane,
Thorp Arch, Wetherby LS23 7DZ
Tel: 01937 842477 Email: listravel@yorku3a.com

Here we and the Ouse
say good bye to
Skeldergate Bridge

