Issue 4.23

Registered Charity Number 1184776

May 2023



<u>CHAT from the CHAIR</u> Línda Porter

Hello from your new Chair. We are now midway through April, and Spring is well underway. I am sure like me, we are all waiting for the summer to arrive. This is my initial 'Chat' as your chair. I am looking forward to what is ahead of me as I do like a challenge. I will do my very best for you all and I know I have a lot to learn.

For those who don't know me, here is a little bit about myself. I was lucky enough to have lived the dream in Spain for eleven years. It was just wonderful, but then I got to thinking I still have something to give. Give back to the area I spent most of my adult life, where my children went to school and my grandchildren too.

I have been a member of u3a for approximately six years now, had some fascinating holidays with you, made many friends within our u3a and created two groups within Wyre u3a, which are going strong. My aim is to build upon what my predecessors have already created. We are very lucky to have such a thriving u3a; not all areas do. We have a very busy social side, so busy a subcommittee has been formed and they work tirelessly to give you a rewarding social life. All in all, our u3a gives so much to so many; and long may it continue.

We have a pretty dynamic committee, I guess I am lucky to be part of it. I, with them, aim to work tirelessly to feed your interests, to provide fun and to develop friendships.

MEMBERSHIP SECRETARY

Susan Cox

The membership fee for 2023/24 will remain at £17. This is due on 1st May and must be paid by 31st May if you wish to remain a member.

Wherever possible, please pay by BACS transfer. The details are below. Please enter your name in the reference field.

Cheques may be posted to the address below, please ensure names are clearly written on the cheque reverse. For payments received by 8th May, your membership card will be ready to collect at the May general meeting.

If paying by cash, please bring this to the May meeting in a sealed envelope with your name on the outside. No cards will be issued on that day.

Membership cards can be collected on Friday, 2nd June between 1.00 p.m. and 3.00 p.m. at Carleton Memorial Hall.

New membership cards will be asked for at meetings from that date.

NatWest Bank

Wyre U3A account number 22304444, sort code 01-02-11.

Membership Secretary, 12 Fouldrey Avenue, Poulton Le Fylde, FY6 7HE

GROUPS' CO-ORDINATORS

Díane M. Whítworth Jennífer Machell

Thanks to each and every one of our Group Leaders for their continual hard work and dedication with their respective groups.

The Wyre u3a Facebook Page is a Private Group for Wyre u3a members only. It provides a forum, where our members are

Please send contributions to u3aNewsletterWyre@gmail.com When finished with this issue please forward it to a friend.

Deadline for the next issue is Thursday, 25th May 2023 A.A.H.29/4/2023 invited to express their views, share information, photographs and funny stories. We can be contacted at

groups.wyreu3a@gmail.com

DATES FOR YOUR DIARY



Monthly Meetings are held at 2.00 p.m. on the second Thursday of every month at Thornton Little Theatre.

Thursday, 11th May

Speaker: Professor Judith Ellis OBE. Subject: World Health – Global Health

matters to all.

An insight into Mulago Hospital in Kampala, Uganda.

Thursday, 8th June

Speaker: Janet Dearden.

Subject: Go and Work a Miracle – Being an Honorary "Man" in the capital of Sudan. A wonderful insight into the challenges which stemmed from being a Woman, a Manager and a Foreigner in Sudan some

years ago.

Thursday, 13th July

Speaker: Phil Cawley.

Subject: Restorative Justice.

An interesting delve into the process undertaken to "repair" harm caused by

crime and conflict.

SOCIAL EVENTS

Díane M. Whitworth, Helen Kehoe and Norma Culshaw

<u>Please note!</u> Our official title has been changed from "Social Events Committee" to "Social Events Organisers".

We cannot be called "A Committee" as we do not have a Chair, Treasurer and Secretary.



The Coronation of King Charles III. A Celebration Dinner

Names have been taken, menu choices selected and arrangements are all in hand for our three course Evening Meal on Friday, 12th May at The Park Club, West Drive, Cleveleys.

Doors will be open at 6.30 p.m. for a 7.00 p.m. start.

There will be a welcome drink, a "Royal" quiz and a raffle. Donations of raffle prizes will be greatly appreciated please.

Coach Trip to Harrogate. Thursday, 15th June 2023.

Harrogate is the definitive, spa town in the heart of Yorkshire. It's fashionable heritage as a thriving spa resort continues in the Montpellier Quarter with The Royal Pump Museum, documenting its importance of local mineral springs.

It's thriving streets buzz with busy shops and eateries, including the famous Betty's Tearooms. Harrogate is known for its floral excellence evident in the wonderful displays across the town in its well-kept parks and gardens, the largest of these being the Grade 1 listed Valley Gardens.

Southwest of the city centre is the stunning Royal Horticulture Society Harlow Carr garden.

Names and a non-refundable payment of £18.00 p.p. can be made at the Monthly Meetings at The Thornton Little Theatre in May and June.

On 15th June, we will leave the bus stop on Fleetwood Road South, Thornton at 8.30am. You can contact us at

social.wyreu3a@gmail.com

A reminder from the Committee
Please note that, unfortunately, dogs
are not allowed on any walks.

NEWS FROM THE GROUPS

The Amblers

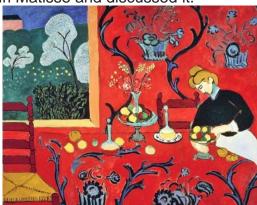
The April Amble, led by Sue Wolstenholme, was enjoyed by 12 members on a day which was sunny, but with a strongish, cooling easterly wind. It set off from the Fleetwood ferry slipway carpark along the Knott End sea wall.



Then, turning inland through fields to Preesall, the route climbed the drumlin to emerge at Fleetwood Charity, "The School on the Hill". Onwards and downwards, it returned to the mouth of the Wyre, passing Hackinsall Hall and crossing Knott End Golf Course.



Artists and Paintings - Barbra Cropper
Artists and Paintings took place on Monday,
17th April. Each member chose a picture by
Henri Matisse and discussed it.



The Dessert: Harmony in Red. Henri Matisse 1908

Next month we are looking at Andre Derain.

Please send contributions to u3aNewsletterWyre@gmail.com When finished with this issue, please forward it to a friend.

Crown Green Bowling - Kenneth Speakman

Following a successful April on the green where numbers varied between nine and twenty (twenty bowlers is really the maximum at any one time on the green), we are looking forward to a warmer May. If more than twenty do turn up, I do have some ideas so that everyone will get a game. Don't be shy, come along, we are a friendly bunch. Please try to get there by 09.50 a.m. for start of play at 10.00 a.m. prompt.

Creative Writing - Ann Fewson

We had another very good session with a more straightforward title than last month. Members of the group found some very different ways of interpreting the theme of "The Rescue". Some inevitably involved animals, both dogs and cats, but it wasn't always the animal being rescued!

Two stories which we all thought were fiction. One was set in Brazil. It had been well researched and featured a woman surviving a plane crash in the jungle. The other about two members of a walking group, one of whom, a female, who had had the most extraordinary life, was a story about an acquaintance of the writer. All were true. We were amazed!

Next Meeting: Monday, 8th May. Subject: 'Long Time, No See'.

Dining Group - Irene Evans

Our next meal will be at The Venue on Wednesday, 17th May at 6.00 p.m. for 6.30 p.m.

Pre-ordering is not required this time.

If you would like to join us, just text me on - -

Family History - Shaun O'Hara and Joanne Mathews

Our March meeting, we had a discussion on using Google search and Facebook Family History groups to help search for ancestors. We learnt that by typing in the name or surname of your ancestor in Google, a wealth of info maybe available to search. You may find a family tree, society or group researching the surname you typed in. All helps when knocking down brick walls when tracing ancestors.

Several Family History Societies in the country have Facebook Family History sites or groups which are very helpful when tracing out of county ancestors. Once joined, most allow you to post questions or help with checking or looking up records. This saves us travelling, especially when located south or north of our county borders, not to mention that county east of us.

After refreshment the group carried on with a workshop on their mobile phones using Google Search.

At our April meeting, we had a presentation by one of our members, Mike Coyle. He called it "Bernard on my shoulders". It was a very interesting insight into the life of a first world war soldier who happened to be an uncle of Mikes. Bernard unfortunately died in and Mike explained the war. coincidence, chance and lightbulb moments helped locate information on Bernard and which war cemetery he was buried in. To use Mike own words "at times it felt like Bernard was sitting on his shoulders guiding him".

After refreshments, Mike answered any questions, then the group had a general chat on their own family history. Our next meeting will be on the 5th of June as May's meeting falls on a bank holiday.

The 3rd of July and 7th of August meetings will be led by Graham Lougher who is stepping into the breech to cover for Joanne and myself when we are away on holiday.

French Improvers - Christine Holt

At our first meeting, we read and translated texts about the Easter customs and traditions in France. We also did some work on pronunciation of the 'œ' sound.

During our second meeting, we talked about our Easter weekend. For some of us, it, of course, involved keeping our grandchildren occupied. For all of us, there was food involved, particularly chocolate. I am always grateful to the group, who make a real effort to prepare something for the meeting.

French Refreshers - Ann Burley

During our two meetings in April, we concentrated on some grammatical constructions and their use during everyday conversation.

At the first meeting we discussed the difference between the words "que" and "quoi" by constructing some sentences and questions containing these words. Our leader ended the session by using the last few minutes to explain the circumstances in the late 1960s that had led to her working overseas for 20+ years.

At the second meeting, we worked on the Imperfect tense, its construction and its use. We continue to concentrate on using everyday conversational vocabulary, and to this end, in our second meeting, we practised the use of some question words and some more colloquial everyday phrases; for instance, "Ça m'est égal" which means "I don't mind".

Gardening - Kathleen Smith

Summer is nearer but we still need warm clothing on when out and about.

Our group, once again, discussed many different topics around our gardens. One thing, which nearly all of us have had experience of, was the loss of our "hardy" fuchsias. None of us know why this has happened. It's a mystery to solve. Our hostess, Barbara, needed to solve another mystery in her garden. There is a fruit tree which only seemed to be flourishing on one side. Luckily this is something lots of people have experienced.

I suddenly realised that this also happens to fruit trees from some garden centres. When buying fruit trees it is important to check the rootstock. Many are grafted to a strong growing rootstock such as Blackthorn, the tree which has the fruit we know as sloes. It is important to identify the tree you want and the wrong one must be sawn off and stopped from growing. Knowing which is the right one takes researching from books.

We all seem to be trying out different plants, some shrubs, fruit, flowers or vegetables. So, there will be more to discuss next month.

It will be a different member hosting in May. But, in June we are changing our meeting date. With the trip to Harrogate available to book, we are hoping most of us will go there. There are so many gardens to view, with Harlow Carr being close by. That will be on the 15th of June.

Gentle Movement to Music - Linda Porter
Hi everyone hope you had a nice Easter.
Now it's time to work off all the chocolate.
Our group 'Gentle movement body and mind'
is going strong, and we welcome any
newcomer. This is a weekly group, so you get
the most from regular exercise.

I have even managed to delegate so that the group goes on even if I cannot take it for a week or two. Thank you to our willing members. Jeff Tyler took the latest session. So one can imagine that it was a hoot.

We have a variation of movement and a selection of music from all around the world. Most of all we enjoy the sessions, we exercise and we chat. We have mindful moments and we enjoy coffee and cake afterwards. This is a very sociable group. I'm very proud of you all.

You'd be surprised at what we can do.

History of Art - Martin Johnson

The subject of Mannerist Painting had to be covered rather sketchily, as it spread throughout 16th Century Europe. The major Italian artists such as Pontormo, Bronzino, Tintoretto and Titian could only be represented by a few typical paintings. Each of these artists broke from Raphael's 'perfection' in their own style. This was particularly true of El Greco, and for lighter relief, Arcimboldo.



Giuseppe Arcimboldo 1591

We will resume our study of the Royal Collection, beginning with George III and bringing it right through to the present day. Along the way we will find monarchs with refined sensibilities, others with appalling taste, and those who viewed Art with studied indifference. Who can we be thinking of?

Italian Group - Clive Jones

We had the usual two meetings this month, both of which were well attended by the main group and the 'New Beginners' one. Clive, who is away in Australia visiting his family, has left plenty of work for the New Beginners to keep them going. The main group continues to revise and learn Italian grammar, and we are currently focused on prepositions.

We have almost completed the book entitled Short Stories in Italian and are now on the last chapter of 'La Capsula Spaziale' - the Spaceship. At the last meeting, one member had compiled an excellent article in Italian about Ada Lovelace, the daughter of Lord Byron, who was essentially the first computer programmer.

We had another two articles to go over, but we ran out of time, so they will be done at the next meeting in May. These were excerpts from EuroNews in Italiano about the "Statue of David" in Florence – "La Statua del David a Firenze", and the "Phantom of the Opera" – "il Fantasma dell'Opera", in London.

The next meetings will take place on 2nd, 16th and 31st May at 11.00 a.m. in Poulton Library. (Report by Margery Hart).

Philosophy - Linda Parkins

This month the topics for discussion were as follows.

How important are definitions in philosophical debates and also in daily life? One area of focus was the trans debates.

Emotions. We considered the changing nature of recent research on this area. We also discussed the use of other academic subjects, like psychology and sociology on philosophical debates. Philosophers aften use these subjects to inform their debates. Should subjects have demarcations?

The final issue up for consideration was where does 'self worth' come from? Many

philosophers have discussed this, even if they didn't use the exact term.

If you are interested in joining, send me an email and I will supply material for next month.

Play Reading - Graham Bannister

The Group continued reading "When We Are Married" by J.B. Priestley.

The action takes place in the sitting room of Alderman Helliwell's house in the West Riding at the beginning of the 20th century. The young organist of the village chapel is courting Nancy, the niece of Alderman Helliwell, who doesn't think much of the arrangement. With two other leading citizens and chapelgoers, he calls the young man to his home to warn him that playing the organ is all that is required of him. It is with some glee that the organist informs them he has discovered the parson who married them was not qualified to marry couples and consequently the village's three staunchest and most respected couples are not married at all. The effect of the announcement is cataclysmic.

Our next meeting will be on Tuesday, 16th May.

Poetry for Pleasure - Ann Fewson

Our subject was Light Verse, and most of us found that short and succinct poems worked best. There was quite a range, from Children's Nonsense to sophisticated wordplay; think Edward Lear through to Noel Coward.

May's session will again be at my place, when the subject is poets whose first or last name begins with 'R'. (Report by Martin Johnson.)

Quiz and Games - Cindy Potter and Jean Steele

Twenty-seven members attended our meeting on Monday 24th April for our latest venture into the world of table games. A number of different games were on offer, including Scrabble, Trivial Pursuit, Qwerkle and Chess.

However, the emphasis this month was to get people to play the card game Canasta. This seemed to be a popular choice and three tables were set up. Judging by the amount laughter in the room throughout the afternoon, everyone looked like they enjoyed the experience. Indeed, fuelled by tea and biscuits, they didn't want to stop at the finishing time.

Our next meeting, on Monday, 22nd May, will be a quiz. All members are welcome.

Science and Technology - *Graham Topping*

We had a record turnout of 59 members for Stephen Fewster's talk on "Joint Replacement". This was not surprising given the topic under discussion and the possibility that a significant portion of the audience had either had a knee replacement or a hip replacement or indeed both.

He began with an update of the main reasons for these replacements, primarily linked with the aging process of osteoarthritis, and in the case of hip replacement, a fracture of the neck of the femur. He then went on to give a description of the early designs of the metal used and the significant role played by Sir John Charnley at Wrightington hospital in the development of these biomaterials and the adhesives used in fixing these materials to the support bones. He illustrated this work with the success of the Andy Murray replacement. He went on to describe the prosthesis used for knee, shoulder, elbow, ankle, wrist and toe and finger joint replacement.

He concluded by discussing the risks involved in surgery and the methods used to reduce infections during and after surgery. He illustrated this with the clean air chambers and personal surgical suits, developed and used by Charnley, which later developed into laminar flow operating theatres.

Not surprisingly, there was an extensive 'question and answer' session on this topic. Our next meeting will be on 15th May when Graham Topping will give a presentation on "River and Marine Pollution".

Singing for Fun - Arthur Jones

Our theme for the April meeting was Flowers and Showers. Although we were fewer in number because of the school holidays we certainly didn't let that deter us. What we lacked in quantity we more than made up for with quality. Speaking of which, the quality of

sound from the PA system was much improved, particularly from the point of view of sound balance across the programme. I had hoped to be able to "plumb-in" to the CMH Audio-Visual system, but that's still a work in progress.

We occasionally learn some information about the music we sing and this month we heard some astonishing facts about Gene Kelly's dance sequence in 'Singing in the Rain'. A little closer to home our resident Cornish "Maid" told us a little about the background and traditions of the Floral Dance in Helston.

The theme for our May meeting (Wednesday, 10th May at 2.30 p.m.) is Questions. So, if you have a favourite Question (or even Questionable) song, just email me and I'll do my best to include it.

Spain Beyond the Costas - Sue Clark

There was no meeting in April. The next meeting is on Wednesday, 3rd of May, usual time and place. We will talk about our recent visit to the Spanish-speaking country of Ecuador and the Galápagos Islands, both full of varied landscapes and experiences.

Travel - Mick Carey

At the April meeting we saw some terrific video footage of glorious waterfalls and rapids shot by Julie and Martin Kay on their railway adventure in Sweden and Norway. As well, they also showed us a rich assortment of still pictures. Scandinavia is obviously rich in scenery and not only in the fjords.

We also saw some of the highlights of the region's unique cultural heritage and, of course, plenty of railway images. Thanks to Julie and Martin for a fascinating presentation.

At the meeting on 17th May, we look forward to Dorte Ravenscroft's presentation on Bangkok.

Walking - Graham and Susan Essex-Crosby Annual Walking Holiday. In March, twenty-eight members of the Walking Group travelled to Skipton for the annual walking group holiday. On day one, Monday, a day of warm sunshine, most of the group walked seven miles from Gargrave to East Marton

along the Pennine Way and back via the Leeds-Liverpool canal towpath.

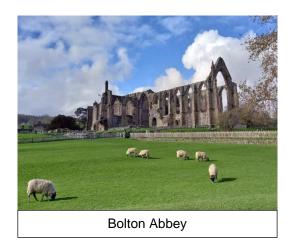


Old friendships were renewed with a visit from the previous group coordinators, David and Susan Mitchell.

Monday's fine weather was not to be repeated and Tuesday brought some 'mizzly' conditions. A longer walk over Skipton Moor proved challenging if only for the number of stiles we encountered. Most folk lost count but general consent suggested at least 30 of various shapes, sizes and difficulty. Which is surely a contender for the u3a stile crossing record? A second group completed a circular walk from Embsay, around the reservoir and over Embsay Crag. Advertised at just three miles, it proved to be over five miles but the group managed to aid their recovery in the local inn.

Wednesday's walk started and finished in Skipton. The long walk took a group over Sharp Haw (357 metres or 1171 feet in 'old money') and returned to Skipton via the Craven Heifer Inn and through Skipton Woods; nine miles in total. A second group started from the hotel and followed the Earl of Thanet Trail through Skipton Woods before exploring the shops, hostelries and eateries of the town.

Thursday, the last day of walking activity, saw more mizzly weather but nonetheless very enjoyable walks from the Cavendish Estate at Bolton Abbey. Most followed the paths alongside the River Wharfe, but a small group of more intrepid walkers braved the cold and mist to ascend Simon's Seat (485 metres or almost 1600 feet). Very impressive!



On the first evening another group of hotel quests appeared for dinner dressed as pop idols including John Lennon and Elvis Presley, followed by a black-tie dinner on the second evening! It was most entertaining but they failed to match the companionship and general bonhomie of the Wyre u3a walking group. After dinner, our group enjoyed games and some late-night serenades from our impromptu musical duo. As ever, we were very much indebted to the daily walk leaders and back markers; to those who provided the guizzes and games; and to the whole group for making our job that much easier such that we could also relax and enjoy the walking and evening activities.

The April Walk The monthly walk programme resumed in April with an eight-mile circular walk from Clapham in the Yorkshire Dales.



The walk was led by Gary and Linda and took in the villages of Austwick and Feizor before a lunch stop at Oxenber Wood which is a Site of Special Scientific Interest. It is known for a range of rare plants along with primroses, wild orchids and other spring flowers. Several the group ventured into the wood to look at the flora before everyone came back together to complete the route via Wharfe, Crummack and Thwaite plantation. This last section involved traversing through two short

tunnels before returning into Clapham. Refreshments were taken at the popular New Inn in the village.

Watercolours - Christine Cutts

For April, we had another good but challenging theme 'A still life that includes glass bottles or jars'. Angela kindly set this up for us and shared tips on what to look for and how to achieve the best results. Of course, it was up to individuals to decide how little or how much to include in their painting. It is interesting to see different styles of the same subject. There was also the option to create your own still life for those unable to attend.













Risk Assessment Advice

Members are reminded that, when participating in Wyre u3a activities, they do so at their own risk.
This is particularly relevant when undertaking any physical activity.

Carleton Memorial Hall Bookings should be addressed to Peter Farrell

Peter must be notified, in advance if the hall is not going to be used otherwise a charge will be made for the room.

Wyre u3a Newsletter

This newsletter is published for members of Wyre u3a. Any opinions expressed in the newsletter are not necessarily those of the newsletter team, or of the Wyre u3a committee, or of the u3a Trust.

Registered Charity Number: 1184776

Wyre u3a

learn laugh live

Committee Contact Details

Chairman:	Linda Porter:			
Secretary:	James Morgan:			
Treasurer:	Ted Armitage:			
Assistant Treasurer	Mark Morris:			
Membership Secretary:	Susan Cox:			
Joint Groups' Co-ordinators:	Diane M. Whitworth and Jennifer Machell: groups.wyreu3a@gmail.com			
Speakers' Secretary:	Diane M. Whitworth			
Minute Secretary:	James Morgan			
Social Events Organisers	Diane M. Whitworth, Norma Culshaw and Helen Kehoe: social.wyreu3a@gmail.com			
Property Co-ordinator:	Mark Morris:			
Other Contact Information				
Newsletter Team:				
Webmaster:				
Wyre u3a Website:				
u3a National Newsletter				

Schedule of Group Meetings and Venues

If unsure about any aspect of a Group meeting, always check with the Co-ordinator

Activity	Regular Meeting	Co-ordinator Contact	Venue
The Amblers Walking Group	Arranged monthly by the leader (see Newsletter)	Changes monthly (see Newsletter)	See Newsletter
Artists and Paintings in the 19 th and 20 th Centuries	3 rd Monday at 1.00 p.m2.30 p.m.	Barbra Cropper	Check with Co-ordinator
Badminton	Weekly on Wednesdays 10.00 a.m12 noon	Alison Hamer Pauline Ronson	All Hallows Church Hall Bispham.
Book Group (Monday)	1 st Monday at 2.00 p.m.	Helen Scarborough	Thornton Library
Book Group (Wednesday)	2 nd Wednesday at 10.00 a.m.	Brenda Ormrod	Poulton Library
Card Making	2 nd and 4 th Wednesdays at 2.00 p.m.	Carla Clark	Carleton Memorial Hall
Creative Writing	2 nd Monday at 10.00 a.m.	Ann Fewson	Lodge Cottage
Crown Green Bowling	Weekly on Mondays 9.50 a.m. for 10.00 a.m.	Ken Speakman	HASSRA Green
The Dining Group	See Newsletter	Irene Evans	See Newsletter
Eat and Heat Group	To be arranged	Tony Ward	Please contact Co-ordinator
Family History	1 st Monday at 2.00 p.m.	Shaun O'Hara and Joanne Mathews	Carleton Memorial Hall
French Refreshers	1 st & 3 rd Thursdays at 3.00 p.m.	Ann Burley	Fleetwood Golf Club
French for Improvers	1 st and 3 rd Thursdays At 1.30 p.m.	Christine Holt	Fleetwood Golf Club
French Conversation	See report in "News from the Activity Groups""	Clive Jones	Thornton Library
Gardening	3 rd Wednesday at 1.30 p.m.	Kathleen Smith	Various. Check with Co-ordinator
Gentle Movement to Music	Every Monday 1.00-2.00 p.m.	Linda Porter	St. Hilda's, Carleton
History	2 nd Monday at 2.00 p.m.	Susan Cox	Carleton Memorial Hall
Italian Group	See report in "News from the Activity Groups"	Clive Jones	Poulton Library
History of Art	2 nd Tuesday at 10.30 a.m.	Martin Johnson	Check with Co-ordinator
Line Dancing	Every Friday from 1.00 p.m. to 3.30 p.m. 1 st hour beginners.	Kathleen Smith	Carleton Memorial Hall

Schedule of Group Meetings and Venues

If unsure about any aspect of a Group meeting, always check with the Co-ordinator

Live Music	1 st and 3 rd Thursdays 2.00 pm to 4.00 p.m.	Pauline Powell	Tee Time Golf Centre Fleetwood Rd Thornton FY5 1RN
Philosophy	4 th Tuesday at 2.00 p.m.	Linda Parkins	Carleton Memorial Hall
Play Reading	3 rd Tuesday at 2.00 p.m.	Graham Bannister	Carleton Memorial Hall
Poetry for Pleasure	1 st Thursday at 10.30 a.m.	Ann Fewson	Various. Check with Co-ordinator
Quiz and Games	4 th Monday 2.00 p.m.to 4.00 p.m.	Cindy Potter Jean Steele	Carleton Memorial Hall
Recycling	2 nd Tuesday	Kathleen Smith	Contact Co-ordinator
Science and Technology	3 rd Monday at 2.00 p.m.	Graham Topping	Carleton Memorial Hall
Singing for Fun	2 nd Wednesday at 2.30 p.m.	Arthur Jones	Carleton Memorial Hall
Spain beyond the Costas	1 st Wednesday at 2.00 p.m.	Sue Clark	Carleton Memorial Hall
Spanish Conversation	Fortnightly on Monday at 2.00 p.m.	Enid Vindel	Various. Check with Co-ordinator
Travel	3 rd Wednesday at 10.00 a.m.	Mick Carey	Carleton Memorial Hall
Walking	Last Wednesday of each month.	Graham and Susan	Various. Check with Co-ordinator
Watercolour Painting	1 st Tuesday at 1.30 p.m.	Christine Cutts	Carleton Memorial Hall