u3a learn, laugh, newsletter

Issue 6.23

Registered Charity Number 1184776

July 2023



<u>CHAT from the CHAIRPERSON</u>-

Línda Porter

How fast the months roll by, seeing all the changes taking place in gardens, families and friends and within the world. One thing that remains pretty consistent is our monthly meeting, some are better than others that's true.

This month has been pretty hectic and that's just how I like it. Wyre u3a movement is an ideal way to keep the brain working and learning. I am beginning to understand the variety of opinions, а few huge recurring challenges, and many different ways of presenting the face of our u3a. So interesting times, lots to think about and no danger of losing it, at least for now.

If you feel you are of similar thinking, and would like an active role, contact me and we can have a chat. It is very easy to get sucked in, so be honest with yourself and others about the time you can give. If you think it might be for you, give it a try. You will make new friends, even boost your life. You don't have to be an expert, just willing to help.

One thing we do know is that the future of the movement depends on how we act now, individually and collectively at all levels for the benefit of the u3a and I promise to do my best.

MEMBERSHIP SECRETARY -

Susan Cox

I am still holding a number of membership cards. Please arrange to collect yours if not already done so. These should be produced each time you attend a meeting.

If you are not receiving a newsletter by email, please contact the membership secretary so your e-mail address can be checked.

GROUPS' CO-ORDINATORS -

Díane M. Whítworth and Jennífer Machell

Our sincere thanks as always to all group leaders for their continual hard work and encouragement with their respective groups. It is with great sadness that we have to inform you that Graham Topping, group leader of the Science and Technology group has passed away. Graham was a long-time standing stalwart of Wyre u3a and he will be sorely missed.

The Science and Technology group are a thriving group and we know that Graham had booked a variety of speakers for 2023/2024, which will continue under Geoffrey Cowell as caretaker until a permanent group leader is found. Thank you Geoffrey.

Sue Clarke has reluctantly decided to step down as group leader of Spain Beyond the Costas. We would like to take this opportunity to thank both Sue and Keith most sincerely for all their hard work and dedication to the group over many years. Their interesting and fascinating talks were an absolute joy. If any member is willing to take over this role from September it would be greatly appreciated.

If you feel you could assume either of these roles on a permanent basis and require further detailed information please email. The Wyre u3a Facebook Page is a Private Group for Wyre u3a members only. It provides a forum, where our members are invited to express their views, share information, photographs and funny stories. Diane or Jen can be contacted at:

groups.wyreu3a@gmail.com

DATES FOR YOUR DIARY



<u>Monthly Meetings</u> are held at 2.00 p.m. on the second Thursday of every month at Thornton Little Theatre.

Thursday, 13th July Speaker: Phil Cawley. Subject: Restorative Justice. An interesting delve into the process undertaken to "repair" harm caused by crime and conflict.

<u>Comíng Next Year</u>

16th March, 2024 – Trip to Florence Organiser – Jenny Brown



4 nights bed and breakfast Direct flight from Manchester Private transfer 23kg suitcase each Optional excursions

Grand Hotel Baglioni

- 4-star hotel.
- Located in the heart of Florence.
- Panoramic restaurant and two
 American bars



<u>SOCIAL EVENTS ORGANISERS</u> ~ Díane M. Whítworth, Helen Kehoe and Norma Culshaw <u>social.wyreu3a@gmail.com</u>

Valley Gardens, Harrogate



When the weather is fine and you are in good company, what could be better than a day out in an historic town? Forty-four of us thought that Harrogate would fit the bill and so we accepted the Social Team's invitation to do just that. Dave drove us there via a short stop at Clitheroe and dropped us off conveniently close to the town's main attractions.

Some walked in Valley Gardens, others visited RHS Harlow Carr. The free walking tour was enjoyed by a small group, and many had time to visit the Gallery, shops and admire the buildings. Of course, a significant number ate at Betty's whilst others discovered shady courtyards and other characterful tea rooms.

All in all, a great day out....and we even got a refund!

Thanks to the team for organising it all.

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<u>Thursday, 27th July.</u> <u>Coach trip to Ness Botanic Gardens and</u> <u>the City of Chester</u>

Ness Gardens are home to sixty-four acres of diverse landscape and vast horticulture collections with show gardens, Victorian style potager, Alpine House and a Cafe.



The ancient city of Chester is truly a breathtaking experience with each chapter of Chester's history etched into the very fabric of the city. It is known for its extensive Roman walls, the largest Amphitheatre in Britain plus a 1000-year-old Cathedral with Europe's finest example of Medieval carvings.



The Rows is a shopping district distinguished by its two-level arcades and Tudor style black and white timber buildings.



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The Grosvenor Shopping Centre provides undercover shopping where you are able to browse a wonderful range of stores.

Names will be taken and a payment of £25.00 pp can be made at the Monthly Meeting at Thornton Little Theatre in July.

Bank Holiday Monday, 28th August Annual Coach Trip to Cartmel Races Names will be taken at the Monthly Meeting at Thornton Little Theatre in July and August when a payment of £36 can be paid with more detailed information to follow.

For more information about any of the above events contact: <u>social.wyreu3a@gmail.com</u>

<u>A reminder from the Committee</u> Please note that, unfortunately, dogs are not allowed on any walks.

NEWS FROM THE GROUPS

The Amblers - Jim Swain

On Thursday, 22nd June 2023 the amble was led by Jim Swain.

At 10.30 a.m. on this pleasantly warm day (but with a cooling breeze), eighteen Amblers set out from under the shadow of the Lytham St. Annes Spitfire at Fairhaven Lake to walk to Lytham Mill for a potted history and comparison with Thornton Mill by Geoff Cowell (thank you Geoffrey), then down Station Road for a cuppa at the Park Cafe.

The Team returned past Lytham Hall through the cool of Witch Wood for photos and lunch at The Fairhaven before 2.00 p.m. A pleasant day was had by all.

<u>Our next Amble</u> will be held on Thursday, 20th July to avoid clashes with a u3a Social event, led by Derek Woodhouse.

Starting at Scorton Picnic Site at 10.30 a.m. 4.2 miles.

Woodland and field paths with a short stretch of road walking. No hills. Four stiles.

Walking Poles recommended. Could be muddy depending on the weather.

Free parking. Nearest toilets at Scorton village.

To get to the Picnic Site

From Scorton village centre travel one mile north to take a left turn signed Bowland Lakes. Cross the M6 bridge to find the picnic site on the right.

Please inform the group leader if you will be joining us.

Crown Green Bowling - Kenneth Speakman

Well, that's the end of another month's bowling, and we managed to get on the green every week. Numbers varied between five and nineteen. I must admit nineteen people on the green at once makes for a few bowls colliding but fortunately no-one came to blows. Why not come along and give it a go.

Creative Writing - Ann Fewson

Fewer than the usual number of members were able to be present to tackle the difficult title Number 47. Those who did make it approached the task in their usual diverse ways. One member wrote a startlingly good imaginative poem about a quintessential English cottage garden, very different from his usual style. Another was a true story about how a childhood friend evaded being a victim of a notorious serial killer, whilst others included a nostalgic trip to a childhood home with memories of the 47-school bus. Next meeting: Monday, 10th July Subject: Well, would you?

Dining Group - Irene Evans

Our dining out meal this month will be at the Clay Oven Indian Restaurant on Wednesday, 19th July at 6.00 p.m. for 6.30 p.m. as usual. Parking at the Coop car park, to the rear of the Restaurant.

No preordering this time. Just pick your choices before you arrive and bring them with you to save time pondering at the table. The choices are so extensive.

Family History - Shaun O'Hara and Joanne Mathews

Although only four members and a carer attended this month's meeting which was a workshop, helping members with problems and brick walls. The numbers allowed Graham and me to help each member on a one-to-one basis. Glad to say that a problem was solved for one member, we all learned that, not only is there a Portsmouth down south, but also one near Todmorden in Lancashire which it was in the mid 1900's.

For the next two months Graham Lougher will be leading the group while I am away.

I believe that during the July meeting Graham will be discussing BMD (Births, Marriages and Death) records and may also talk about Parish records. It looks to be an interesting discussion, if not away on holiday why don't you pop along and listen. Refreshments provided.

French Conversation – Clive Jones

The group met twice in June and the next meeting will be at Thornton Library on Monday, 10th July.

The membership number is as strong as ever and new members are always most We continue focus welcome. to on spontaneous French Conversation rather than by individual work or presentations, by encouraging free-flowing discussion and subsequent questions without the fear of making mistakes or drying up in the conversation. The first meeting of the month was given over to a French language podcast ' Avoir un enfant en France'. This described important aspects of natal, pre-natal and post-natal care in the republic and it was instructive to hear how the French state provided for the needs of its youngest citizens. The second meeting was perhaps more relaxing. Two of our members had recently made separate visits to Nice and it was interesting to hear their different accounts of the fifth largest city in France.

French Improvers - Christine Holt

Our first meeting was based around the articles from our previous meeting which were about a forest adventure experience. The group were asked to describe a place this time. Easy for me as I described Center Parcs, a base for many family holidays, and very like the place we had read about. As always interesting contributions from the rest of the group.

Our second meeting was a very pleasant meal at the Euston hotel which gave us the opportunity to meet with the Refreshers group. Usually, we only see them in passing when we are leaving the golf club and they are coming in. A good opportunity for a catch-up.

Gardening - Kathleen Smith

When the trip to Harrogate was announced, as a garden enthusiast, I thought that I would definitely use the opportunity to go to RHS Harlow Carr.

When we arrived I joined one of our newer members, Iris, and we set off on the expedition. We headed off through Valley Gardens and, from the moment we entered, I was enthralled by the variety of plants growing everywhere. The very first one which stood out immediately, was the long row of Gunneras (manicata) which were looking ideal. Whilst looking around we saw lots of wells and reading the plaques we found that these were where the sulphur was brought up from beneath the rocks and earth in the underground water streams.

So, is that the reason we saw plants growing here that are not seen commonly elsewhere? I took some photos of plants that I wasn't sure about and then we went into the Pump Museum on the site. My word, what an eye opener that was as well. We got to watch a film about how the public could make use of the sulphur. The film shows men, sorry guys, in boxes getting steamed in the stinky stuff, others getting covered in stinky soil and then there was machinery which would have parts to stick up noses and down throats to push the sulphur inside the throat ????

So, after that, we set off again through the beautiful park which had so many interesting little and large architecture surrounded in amazing flora. The history part of this one park was enthralling so, we didn't make it to Harlow Carr. I am so glad we spent so much time here though, and I am glad we made that choice because I learned so much and was baffled by so much, that I am going to do more research into why sulphur has a good effect on these plants.

For our next meeting in July we are going Over Wyre to John's who would like us to see his updated and changed garden. I will send out details to our members, and anyone who is interested in joining us, can contact me. I think car sharing is a good idea as well. **Gentle Movement to Music** - *Linda Porter* Every Monday at 1.00 p.m. St Hilda's Church Hall is where it all happens.

Just a few more weeks left of the routine we are working on right now, one of my favourites.

On the 3rd of July we start a new 8-week routine with new music and target some different areas of the body and mind. Movement to maintain our quality of life to include balance, cognitive skills, flexibility and muscle strengthening. All this happens when we participate in our activities in the group. Quality time with friends, mindful meditation as we relax at the end of class then refreshments and socialising take place.

You will not be disappointed; you will always have a warm welcome from Lindy and friends.

History - Susan Cox

Our June talk was given by Mike Coyle and was entitled 'The Winter Gardens and 'Mazzei'. It turned out to be quite a nostalgic ride for some of us 'sand-grown uns'.

Mike began with a precis of the development of the building starting from when the original building was a house which was owned by the Cocker family and named 'Bank Hey' house. This was where the entrance at the top of Victoria St is now. The Grand Opening of the Winter Gardens was in 1878 (we didn't remember that!) and it was then, literally, intended to be a Winter - Garden. It included the Pavilion theatre, the Spanish Hall, the Opera House (1888) and the beautiful Empress Ballroom (1896). Mike maintains that this has a better sprung floor than the Tower ballroom.

In 1939 we had the new Opera House and in 1953 and 2009 the Royal Variety performance. In 1912 the façade which we now see was built with a cupola and shining light on the top of the dome.

In 2010 Blackpool Council bought the buildings from First leisure. This signalled a renovation of much of the architecture and the beautiful plaster work of Andrew Mazzei was revealed. He was an Italian citizen who had been commissioned in 1930 to redesign parts of the building. We saw images of some of his stunning work in the Renaissance room, the Galleon Bar, the Spanish Hall, the Baronial Hall and the Olympia.

Blackpool and the Winter Gardens boomed in both World Wars and, over the years, many national and international stars have performed there. Sadly, the plaque in the entrance hall only includes British artists. A new conference centre costing £30m was opened in 2022.

Mike inspired us with his enthusiasm and I am sure that many of us will be revisiting the building and looking at it with new eyes. Guided tours are available there during Heritage weekend.

Our next meeting will be on the 10th July with a talk by Mike Buckley and Tony Ward about the slave trade. All new members are welcome.

History of Art - Martin Johnson

We traced the strong links between Greek & Roman art & architecture, and the rise of Britain as a similar imperial power. Sculpture was shown to have developed from static, emotionless figures, to those of dynamic movement and facial expression. The Greek column and the Roman arch were still everywhere to be seen in our public buildings. Our stately homes built in the 18th Century are mainly a result of copying the Ancients in architecture and interior design.

Next month the artist is Hans Holbein who immortalised Henry 8th's Court - without losing his head.

Italian Group - Clive Jones

Our meetings were well attended as usual. We are still learning all about the prepositions in Italian. There's a lot of them, so this chapters not finished yet. We have started reading the intermediate book quite successfully. It expands our vocabulary and uses modern words relating to digital technology. Also, to practise listening to spoken Italian with no translation handy, we have been reading another story book which is at intermediate level. The Beginners' Group is now closed due to insufficient take up, and two members from this section have joined the main group. The next meetings in July are on 11th and 25th at Poulton Library at 11.00 a.m. as usual.

Line Dancing - Kathleen Smith

Apart from continuing to say how well our dancers are doing, what I will say is, one of our members, Joyce, keeps bringing new dances for us to learn. You know that saying, "We need a bigger boat"? Well, I am wondering how much more knowledge a human brain, especially an older one, can take. I think what we are achieving just shows that there is no limit to learning for those who want to and, we all want to!

Live Music - Pauline Powell LIVE MUSIC GROUP SUMMER CONCERT



TEE TIME GOLF CENTRE – FLEETWOOD ROAD, FY5 1RN

THURSDAY 17th AUGUST AT 6.30 p.m.

- HOT POT & APPLE PIE
- LIVE MUSIC
- FREE RAFFLE

Tickets $\pounds 6$ – on sale at the u3a Main Meeting on 13th July.

PLEASE NOTE: Our meeting on the same day (17th August) in the afternoon will be used for a rehearsal for the Summer Concert in the evening.

Play Reading - Graham Bannister

The Group completed the reading of "Boing Boing" and started to read "Amadeus by Peter Shaffer. It was first produced at the National Theatre in November 1979. Among the cast were Simon Callow, Paul Schofield, Andrew Cruickshank and Felicity Kendal.

Unlike the previous play, "Amadeus" is a gripping intriguing study of the roots of envy and the haphazard nature of genius. It follows the life and career of Mozart from his time as a child prodigy until he died neglected and impoverished.

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We meet on the third Tuesday of each month (2.00 p.m. to 4.00 p.m) at the Carleton Memorial Hall. Enquiries about joining the Group should be made to the Group Coordinator.

Poetry for Pleasure - Ann Fewson

A smaller group than usual met this month to consider poems about age and ageing. These were inevitably about different attitudes to growing old. Some of them, particularly two by Clive James and another by Elaine Feinstein are especially upbeat about life in old age. There is a quiet dignity too in Maya Angelou's well-known poem on On the other hand, ageing. Roger McGough's Let Me Die a Young Man's Death is a ribald comic view about how to approach your demise as outrageously as you can and one that we all enjoyed.

We were all saddened to hear of the sudden death of Shirley Croasdale, a long-standing member of this group, who we will very much miss.

Next meeting: Thursday, 6thJuly

Subject: Personal choice – three poems linked to your life.

Quiz and Games - Cindy Potter and Jean and Alan Steele

June's meeting was a Games session. There were three tables playing Canasta and other Games played were Qwirkle and Trivia Games. An enjoyable afternoon.

July's meeting (24th) will be a quiz. There will be no meeting in August as it will be Bank Holiday Monday, so September's meeting will be Games. Feel free to bring any Games along which you may like to share.

Recycling - Kathleen Smith

I'm, sorry to say, that the Recycling group is not continuing any more. There has been very little interest for some time so, although Ken and I will continue to make and restore things, it will not be an official u3a group.

Science and Technology - Geoffrey Cowell Below is the programme for the rest of the year and I expect a meal will be organised for December.

<u>21st August</u> - David Grimes will give a presentation entitled "William and Caroline Herschel: how two musicians created Cosmology".

<u>18th September</u> - Sam Murphy (University of Lancaster) will give a presentation entitled "Nuclear Fusion".

<u>16th October</u> - Malcolm Lewis will give a presentation entitled "The Social Construction of Workplace Conflict: Bullying in the NHS".

<u>20th November</u> - James Morgan will give a presentation entitled "The Technology behind Elmlea Cream Alternative".

Most members will have heard of the unexpected and sad passing of the group leader Graham Topping. Diane asked me if I could possibly step in and run the rest of the programme that Graham had already in place. I agreed and will do so as a "Caretaker" until a new leader can be found but I will not be finding additional speakers. Many of you know that I formed this group in the first year of Wyre u3a existence and ran it until I managed to persuade Graham to take it over. He ran it brilliantly until his passing. There must be someone within the aroup who will be willing to make a contribution to ensure the continuation of it. I know that Diane will give a lot of help to whoever steps forward as will I.

I have, what maybe a short-term problem, which is I do not have the list of members of the group and although I know who many of you are, I have no contact details for you. If you wish to receive information and reminders of meeting dates from me please can you email your contact details.

The next meeting is on Monday, 21st August at the usual time of 2.00 pm at the Carleton Community Hall when the speaker is David Grimes who will give a presentation entitled "William and Caroline Herschel: how two musicians created Cosmology"

Spain Beyond the Costas - Sue Clark

Firstly, I have decided to step down from being group leader of Spain beyond the Costas from September of this year. I have thoroughly enjoyed the role but after twelve years, nearly ninety meetings and five group visits to Spain the time has come for a break. I would like to thank all the past and present members of the group for their enthusiasm, support and companionship.

There was no meeting in June. The final two meetings will be on Wednesday, 5th July at Carleton Memorial Hall and then we will have

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the usual tapas evening at our house in August, on a date to be decided at the July meeting.

Travel - Mick Carey

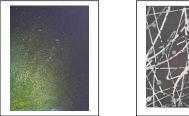
At the meeting on 21st June we had a double bill of presentations from Claire and Bryan Fretwell-Parker. First Claire and Bryan spoke about their trip to Kefalonia in the Ionian islands of Greece. Next we had a presentation on a selection of Scottish castles, rounded off with a visit to the famous Braemar Highland Games, which were also attended by the then Prince Charles. Thanks to Claire and Bryan for an entertaining session and for their patience with the malevolent technology.

At our next meeting on 19th July Clive Jones will be talking about his recent trip to Sydney and its suburbs as well as the many new places and events he encountered on this visit to New South Wales.

The group will not meet in August but will resume the programme in September.

Watercolours - Christine Cutts

'Splattering' is a technique in which paint is flung or splattered with the flick of a brush onto the painting surface. It can be an unpredictable technique and can be used to make an abstract painting in its own right or be added to any painting to create interesting textural effects. Some of us have never done splattering before so it was fun experimenting.





(Due to shortage of space, only two paintings can be shown this time.)

Walking - Graham and Susan Essex-Crosby It is some months since we put the proverbial 'pen to paper' and reported on the activities of the Walking Group. Alas, the dates for our walks often fall after the newsletter deadline. Such was the case for our walks in April and May.

<u>The April walk</u> was from Clapham in the Yorkshire Dales and led by Linda and Gary. The route took the group to Austwick and

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then Oxenber Wood (site of special scientific interest) where there are various rare plants along with primroses, bluebells and orchids. The weather was sunny, and the track offered fine views of the Dales. Crossing fields, along tracks and local roads, the group made their way back to Clapham via Crummack and Norber for some well-earned refreshments.



<u>May</u> was the turn of Barbara and David to take the lead with an interesting walk from Hest Bank. Access to the car park adjacent to the railway crossing was made easier since our excursion coincided with the day of a rail strike! Following the coastline for the early part of our walk, we passed the small memorial to the cockle pickers of Morecambe Bay. Inevitably we took our lunch – a brief encounter! - on the platform of Carnforth Railway Station before heading up towards the Lancaster Canal towpath.



A diversion up a stony path towards Mount Pleasant Farm and then a gentle track took us back to the canal and Hest Bank.

Again, the group enjoyed lovely weather. Having enjoyed lovely weather for two months, it was perhaps inevitable that when it was our turn to lead the <u>June walk</u>, we would have to suffer some drizzly conditions for part of the walk. The venue for June was Elterwater in the Langdale Valley, Cumbria. The weather did not dampen spirits as we ascended to the quarry above the village, through Sawrey's Wood and then down into Little Langdale. Crossing Slater Bridge, we next headed to Cathedral Cave - Cathedral Quarry is a small network of inter-linked quarries above Little Langdale. The system is best known for its main chamber, which still

stands forty feet in height, and is lit by two windows off the main quarry.



The weather improved as we followed a good track to Fletchers Wood and our lunch stop at Colwith Force (Waterfall).

The final leg of the route took us towards Skelwith and Cumbria Way back to Elterwater.



So, three very successful outings for the group. We are always grateful to our leaders who volunteer to plot a route and then lead on the day. Our next outings are scheduled for the area around Darwen Tower (July) and Cockerham (August) – so plenty of variety.

The u3a's free national magazine.

Five times a year the u3a issue the Third Age Matters magazine, or TAM for short. Activities and events are covered, tips and advice for group leaders are given, serious and light-hearted subjects are discussed by columnists and members in the letters' pages. Reading it, you are always given a number of ideas that could be put into practice within our local branch.

TAM is on-line: Put in "Third Age Matters Magazine"; scroll down to Screen reader Editions; top of the list will be Summer 2023. Click on that and all the articles are in easily readable type.

Also free, posted to your door is the paper version. You can only get this by contacting our Membership Secretary, Susan Cox. All she needs is your name. You can also give your name to her at the next meeting on 13th July.

The next issue will be in September.

The collection for our local food bank

After six months of collecting for this charity, I would like to encourage our generous members to continue helping out the increasing numbers of people struggling with the cost of living.

Of course, nearly all of us have taken a financial hit, but young working people, and those facing large rent increases, are being most affected. Fleetwood food bank, covering Cleveleys and Poulton, is reporting that the need for their services has grown considerably. Last month, despite donations, the charity spent over £4,000 just to maintain the many services they provide.

Let us continue to play our small part in helping those in our midst in our community.

Risk Assessment Advice

Members are reminded that, when participating in Wyre u3a activities, they do so at their own risk. This is particularly relevant when undertaking any physical activity.

<u>Carleton Memorial Hall</u> Bookings should be addressed to Peter Farrell <u>Peter must be notified, in advance if the</u> <u>hall is not going to be used otherwise a</u> <u>charge will be made for the room.</u>

Wyre u3a Newsletter

This newsletter is published for members of Wyre u3a. Any opinions expressed in the newsletter are not necessarily those of the newsletter team, or of the Wyre u3a committee, or of the u3a Trust.

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Registered Charity Number: 1184776



learn laugh live

Committee Contact Details

Chairperson:	Linda Porter:			
Secretary:	James Morgan:			
Treasurer:	Ted Armitage:			
Assistant Treasurer	Mark Morris:			
Membership Secretary:	Susan Cox:			
Joint Groups' Co-ordinators:	Diane M. Whitworth and Jennifer Machell: groups.wyreu3a@gmail.com			
Speakers' Secretary:	Diane M. Whitworth			
Minutes Secretary:	James Morgan:			
Social Events Organisers	Diane M. Whitworth, Norma Culshaw and Helen Kehoe: social.wyreu3a@gmail.com			
Property Co-ordinator:	Mark Morris:			
Other Contact Information				
Newsletter Team:				
Webmaster:				
Wyre u3a Website:	http://u3asites.org.uk/wyre-lancs			
u3a National Newsletter:	https://www.u3a.org.uk/news/newsletter			

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Schedule of Group Meetings and Venues

If unsure about any aspect of a Group meeting, always check with the Co-ordinator

Activity	Regular Meeting	Co-ordinator Contact	Venue
Amblers Walking Group	Varies. Arranged monthly	Jim Swain	Various Check with Co-ordinator
Artists and Paintings in the 19 th and 20 th Centuries	3 rd Monday at 1.00 p.m2.30 p.m.	Barbra Cropper	Check with Co-ordinator
Badminton	Weekly on Wednesdays 10.00 a.m12 noon	Alison Hamer Pauline Ronson	All Hallows Church Hall Bisphan
Book Group (Monday)	1 st Monday at 2.00 p.m.	Helen Scarborough	Thornton Library
Book Group (Wednesday)	2 nd Wednesday at 10.00 a.m.	Brenda Ormrod	Poulton Library
Card Making	2 nd and 4 th Wednesdays at 2.00 p.m.	Carla Clark	Carleton Memorial Hall
Creative Writing	2 nd Monday at 10.00 a.m.	Ann Fewson	Lodge Cottage
Crown Green Bowling	Weekly on Mondays 9.50 a.m. for 10.00 a.m.	Ken Speakman	HASSRA Green
The Dining Group	See Newsletter	Irene Evans	See Newsletter
Eat and Heat Group	To be arranged	Tony Ward	Please contact Co-ordinator
Family History	1 st Monday at 2.00 p.m.	Shaun O'Hara	Carleton Memorial Hall
French Refreshers	1 st & 3 rd Thursdays at 3.00 p.m.	Ann Burley	Fleetwood Golf Club
French for Improvers	1 st and 3 rd Thursdays At 1.30 p.m.	Christine	Fleetwood Golf Club
French Conversation	See report in "News from the Activity Groups""	Clive Jones	Thornton Library
Gardening	3 rd Wednesday at 1.30 p.m.	Kathleen Smith	Various. Check with Co-ordinator
Gentle Movement to Music	Every Monday 1.00-2.00 p.m.	Linda Porter	St. Hilda's, Carletor
History	2 nd Monday at 2.00 p.m.	Susan Cox	Carleton Memorial Hall
talian Group	See report in "News from the Activity Groups"	Clive Jones	Poulton Library
History of Art	2 nd Tuesday at 10.30 a.m.	Martin Johnson	Check with Co-ordinator
ine Dancing	Every Friday from 1.00 p.m. to 3.30 p.m. 1 st hour beginners.	Kathleen Smith	Carleton Memorial Hall

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Live Music	1 st and 3 rd Thursdays 2.00 pm to 4.00 p.m.	Pauline Powell	Tee Time Golf Centre Fleetwood Rd Thornton FY5 1RN
Philosophy	4 th Tuesday at 2.00 p.m.	Linda Parkins	Carleton Memorial Hall
Play Reading	3 rd Tuesday at 2.00 p.m.	Graham Bannister	Carleton Memorial Hall
Poetry for Pleasure	1 st Thursday at 10.30 a.m.	Ann Fewson	Various. Check with Co-ordinator
Quiz and Games	4 th Monday 2.00 p.m.to 4.00 p.m.	Cindy Potter Jean & Alan	Carleton Memorial Hall
Science and Technology	3 rd Monday at 2.00 p.m.	Geoffrey Cowell	Carleton Memorial Hall
Singing for Fun	2 nd Wednesday at 2.30 p.m.	Arthur Jones	Carleton Memorial Hall
Spain beyond the Costas	1 st Wednesday at 2.00 p.m.	Sue Clark	Carleton Memorial Hall
Spanish Conversation	Fortnightly on Monday at 2.00 p.m.	Enid Vindel	Various. Check with Co-ordinator
Travel	3 rd Wednesday at 10.00 a.m.	Mick Carey	Carleton Memorial Hall
Walking	Last Wednesday of each month.	Graham and Susan Essex-Crosby	Various. Check with Co-ordinator
Watercolour Painting	1 st Tuesday at 1.30 p.m.	Christine Cutts	Carleton Memorial Hall