

**It is with deep regret and sadness that I have to inform all members that
this April 2023 Newsletter will be my last.**

As most of you are aware, it was my intention to carry on with your publication each month which I have enjoyed putting together with, I hope, an interesting and informative read for you all. Over the last few years since taking over this role, I have received many positive and constructive comments regarding the enjoyment and pleasure you have looked forward to each month from both the informative and frivolous articles.

Since the appointment of your new Chair at the recent AGM, I have been asked to revert back to a 'one page, two-sided, no colour, text only, news only' format which was the norm several years ago. This request was based on comments, I was informed, from members such as – 'with information about the u3a being lost amongst everything else' and 'too long'??? (*80-90% of articles were submitted by members and/or committee*) None of these comments have been directed to myself, as editor. Had it been the case, I would have been fully prepared to listen and if necessary, adapt accordingly. On many occasions in the Newsletter, I have requested feedback from yourselves. Some have been via the u3a Facebook page shown on page 2.

My decision not to continue with the previous format was based on the opinion that this would be a retrograde step and not in keeping with a forward thinking and progressive organisation. My experience in publicity and marketing does not identify with this backward step being suggested. I would have been delighted to continue with your Newsletter and also to have had the opportunity to help modernise and rejuvenate the website to reflect our wonderful u3a Wymondham. Kind regards to you all and my best wishes to all our members.

Chris - Newsletter Editor

Please Note:

I am no longer representing Wymondham u3a in any official capacity. I am now an OM - ordinary member!

Chris

Thought for the Day



One of the most sincere forms of respect is actually listening to what another has to say.

Member's Comments from Wymondham u3a Facebook Page

Thank you for all your hard work at what must be a difficult time for you.

Thank you Chris Yemm you are doing a great job at such a difficult time.
(comments on the loss of Mike, my husband)

Thanks as always to Chris Yemm for such a colourful and enjoyable read

Thank you for your efforts

Merry Christmas. Keep up the good work it is appreciated. Lots of love

Thank you for all your hard work with the Newsletter.

Happy Christmas and thank you for the Newletters, I look forward to reading them!

You do a great job with the newsletter Chris. Thank you.

To say how much I appreciate your warmth and friendliness. I'm glad you will continue the newsletter. It has been so good since you took it over

Thanks Chris for the great job you do getting the newsletter out to us all.

You are an absolute treasure Chris

Thank you Chris - thanks for continuing to publish the Newsletter x

(Member's names removed)



A HUGE ,GINORMOUS AND EVEN BIGGER THAN GINORMOUSLY GINORMOUS THANK YOU

to all our lovely members involved in the wonderful send off I received when ceasing to be your chair personage, especially Mary Primrose and her gallant group of friends. I couldn't have asked for more.....

.....And to Chris Yemm, who took over our News Letter under difficult circumstances. I feel she has used her many skills and creativity to make this an interesting and invaluable part of our u3a. I am very saddened and completely understand why Chris feels she can no longer continue.

On behalf of all the members I would like to thank Chris for all her hard work.

Gilly Spencer

DISCOVERING NORWICH GROUP

NORWICH CITY FOOTBALL CLUB March 4th 2023

A personal view by John Peat

After organising the day out, Marion Archer was unable to attend the visit, and the organisational responsibility on the day was delegated to Jenny Lawrence. Jenny logged us all in and we were met by one of the tour guides. We were told the health and safety information before we moved outside the stadium to the Press Room where we met the second tour guide, the son of the other one. It proved to be quite a good double act.

The Press Room is where the manager faces local and national press. These meetings have been responsible for managers losing their job. Apparently, the press turn out is almost directly proportional to what league Norwich are in at the time. Championship mid-table mediocrity does not get much interest. Many members took the opportunity to have their photograph taken in the manager's chair,

(The Press Room)



From the Press Room we moved along the corridor to the changing rooms. The changing rooms are laid out to gain as much psychological advantage as possible for the home team. The visitor's changing room is smaller and less comfortable than the home dressing room with fewer lockers and poorer treatment facilities.

After the tour of the changing rooms we moved upstairs to the top floor of the stand via the middle floor to use the director's toilet facilities.

Here we took our places behind the glass where the directors and their guests watch the match. Our group lounged in luxury as the tour guide told us the history of the club.



Returning to the middle floor we were then shown the trophy cabinet.



(Views of the trophy cabinet)



The various trophy histories were explained regarding who donated them, the competitions, and the teams that played for them, plus the quirkier memorabilia.

We then walked through a door into the stand where the expensive season ticket seats are where we learned more of the club's history

(U3A members sitting in the expensive season ticket section)



Lastly the group were taken down to pitch side and sat in the dug outs and learned about the ground and the pitch itself.

The father and son tour guides gave us a very interesting visit with information from over the decades, given in a light and humorous way. The indicated ninety-minute tour ended up being just over two hours.

By sheer luck Marion had organised this trip on my birthday and I certainly enjoyed my "birthday present". I believe that all our members enjoyed the visit judging by the interactive nature of the tour and the questions being asked throughout.

Plantation Garden Tour 22nd February 2023

We were met by Ruth Liss from the Plantation Gardens Preservation Trust, who bought a colleague to help with the tour.

The weather boded rain, but apart from an occasional drip it stayed fine for once.

The gardens are an ideologically dream of one self made man, called Henry Trevor, originally an upholsterer, who over 40 years in the 1800s, spent vast amounts of money and time designing the amazing space.

The Quarry which houses the gardens had been left to neglect and overgrowth during the last century, to be rediscovered, by Bryony Nierop-Reading, an employer of the council, the Council then funded the restoration, to give us its present state. Today the Trust employs one Gardner, who oversees many volunteers, and they and the Trust are proud of their forgotten garden.

It is a quiet, peaceful and fascinating place with gargoyles, wall sculptures, a Venetian Bridge, high walks, remains of a Palm House, Fountain, and many seating areas to enjoy lunch on a sunny day.

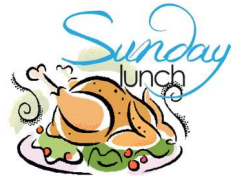
The more you look around, the more you will see. Another of Norwich City's hidden Treasures. There is a comprehensive web site for more information - <https://www.plantationgarden.co.uk/>
Thank you to all U3A members who came. Di Gibbins



NOTICE FROM SUNDAY LUNCH GROUP

This group is now FULL with 22 members. Thanks to all who have made this group so successful.

Alan Provis



Most of us have goals or interests that we may have put to one side during our working lives. Now that we are retired or semi retired and even if we have grandparent responsibilities, we have the time to look again at those goals and interests. Many of us have enjoyed making new friends and participating in games and pastimes. Others have taken the opportunity to develop new skills and to expand their knowledge in the more "academic" groups.

In my role as Groups Co-ordinator, I had the opportunity to talk to new members. I found that many were hoping for something extra from us, in addition to the social and exercise opportunities. The more "academic" groups always seemed to be full.

So I embarked on a series of workshops and day schools which have taken place this year. I am pleased to tell you that they have been well attended:

How to be a House Detective workshop 1	27
How to be a House Detective workshop 2	15
Foundations of Modern Physical Chemistry 6 week course	15
Adapting Shakespeare for the screen 2 day workshop	16
The making of Modern Japan 2 hour presentation	32
Total Attendances	109

More workshops and day schools will be arranged in the next few months.

Suggestions for topics should be emailed to alanjackbrowne@yahoo.co.uk

Discovering Norwich – Organisers needed

This group has now become too large to be a group as such so we would propose to open it up to all members of Wymondham u3a. We would like to be able to continue to provide monthly visits to places of interest or guided walks in Norwich. However, in order to do that we would need a team of at least 6 people to lead it - and even more who are willing to organise the events themselves.

If you would like to do this please contact either Georgette Vale georgette@valemil.uk or Di Gibbins digibbins2@hotmail.co.uk

Report on last month's Speaker - Martin Lloyd

“Becoming a Famous Author”

That title was a bit tongue in cheek - but the talk was about becoming any sort of author. Martin told us that one in four of us either has written a book or wants to write a book someday. He did say that at school he was good at English - but was told writing wasn't a proper job, so it took 17 years before he could get anything published.

He talked about the creative side of writing i.e. having the ideas and planning it all out, and then there is the mechanical side - getting to grips with typewriters and later the computer systems which are a blessing and a curse. He strongly advised using a dictionary because if you use a word wrongly it remains there for all to see.

He told us that 95% of books are rejected by publishers without even being read. At least these days you don't have to pay the postage. He sincerely recommended getting hold of the Writers Handbook. You need to know the competition - and certainly you need to know if anyone has done anything similar to what you are planning to write.

It is not what you know - it is who you know. Different publishers want different things. They have their own teams of people all pulling in different directions. Publications dates are not what they seem either. I was surprised to hear that the bit of blurb on the back of the book is often the bit that is written first.

We heard about the awards and prizes in the field and the minefield of getting your name out there. The big window displays in places like Waterstones cost an awful lot of money. Martin was somewhat scathing about local bookshops.

Did you know that the average word has 4.3 letters in it? [Georgette Vale](#)



St George's Day

Sunday 23rd April 2023

Artisan Craft Market

Wymondham Football Club. 11.00am - 4.00pm

Art Sunday

Art displays in and around the town, including Cream Teas available in Wymondham Heritage Museum. 1.00pm - 4.00pm

Quiz Night

Wymondham Ex-Services Club. 7.15pm

[Tony Vale](#)

Coronation



Coronation Cake Parade

6th May 2023

As part of the King's Coronation celebrations at Central Hall, Wymondham on Saturday 6 May, we are organising a Coronation Cake Parade.

You are invited to make a cake of your choice for the Parade, with each entry becoming a prize in a raffle, in aid of the Motor Neurone Disease Association.

Participating cake makers will have free entry into a separate draw, to win "Afternoon Tea for Two" at Mad Hatters Tea Shop in Wymondham.

If you would like to take part, please advise Tony Vale on 01953 605434 or by email tony@valemil.uk



In the spirit of keeping the balance of my 'Editorship' between the serious and informative and the truly absurd and laughable, my last attempt has to be one to keep you all amused and laughing!

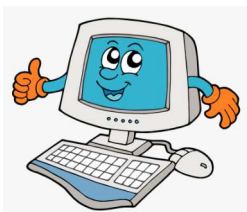
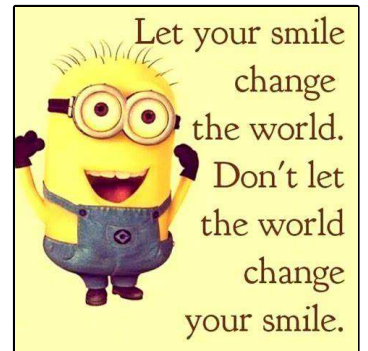
WHO KNOWS THE ANSWER TO THIS QUESTION?

Which Charlie Chaplin film does this image come from?



For all of you who have never seen this, I last posted on u3a Facebook May 2020, I hope it will raise a laugh and be a great reminder to those that have <https://fb.watch/3ugrYRqYEg/>

Another blast from the past to make you smile.
Double click on picture to enlarge and enable sound



Low-Tech Computing

My new computer's quite the gift
And one I truly covet -
With all the latest features
Who could help but love it

I'll surf the net at breakneck speed
As if I'm in a race
There is no end to what I'll do
Launched in cyberspace

My new computer's quite the joy
I'll savour dusk till dawn
Now all I need to find is
The switch that turns it on!

Life should NOT be a journey to the grave with the intention of arriving safely in an attractive and well preserved body, but rather to skid in sideways, chocolate in one hand, martini in the other, body thoroughly used up, totally worn out and screaming "WOO HOO what a ride!"

That's all Folks!



NEVER
LOSE
YOUR
SENSE OF
HUMOR!