



# January Newsletter (2019)

self help educational and leisure activities organised for and by older people  
website - <https://u3asites.org.uk/wymondham/home>

## From the Chairman - Welcome to 2019

Another year has shot by! It seems incredible that nearly two years of my three-year term as chairman has been completed. That leads me to making an early point about our AGM in March. I am delighted to say that people continue to come forward offering their services to ensure that the committee and other roles move seamlessly onward. If anyone has a desire to contribute to the running of our U3A please let me know. The organisation was handed to me in fine form and I look to do the same in March 2020.

You have indicated enthusiasm for name badges. The committee will discuss the acquisition of holders in which you can place your membership card to use as a name badge at meetings and events.

Holidays for 2019 have been advertised for a while and many are already well booked up. Details of day trips are now available for 2019 so please see/contact John Dollimore if you wish to go on any of them. Details will generally be available at open meetings and coffee mornings and can be found on our web-site.

**New venture:** I have created an 'ideas box' for members to use. This could include ideas for trips and holidays, speakers for open meetings and also to highlight things you are less than happy with or don't enjoy. Please do take advantage of it - we like to think we are a 'listening organisation'. The box may be a real box at meetings or email me via the website. All information will be used confidentially, but please include your name and contact details so that I can contact you for more information.

Not only a listening but a caring organisation and a reminder that Marje Findlay is our coordinator who can be contacted via the 'Welfare button' on our web-site concerning the death, illness or any issues affecting members that you feel we should know about.

Our weekly coffee mornings are a valued feature of our U3A. I read an article where No 10 had been advised back in 1985 that emails wouldn't catch on. It was a bit like that when someone suggested weekly coffee mornings and we waited for it to fizzle out. Well; how wrong can you be but we love being proved wrong on things like this. Keep up the good work!

May I wish you every blessing for 2019

John Hooper

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*Social Team Events and Destinations 2019*

*The above word search contains twelve words taken from the Social Events piece overleaf. If you are stuck there is a hint overleaf!*

## Social News

**Spring Special** - Sunday Lunch on the North Norfolk Railway - Sunday 24 March 2019 - 3 course Sunday Lunch (silver service) with two return journeys from Sheringham to Holt  
Coach from Wymondham Central Hall - cost £52.50 - £10 deposit and balance in January

## The South Norfolk Council Help Hub

This is a partnership between organisations that support people in South Norfolk, offering practical support, advice and guidance. They can be contacted via [www.south-norfolk.gov.uk/help-hub](http://www.south-norfolk.gov.uk/help-hub) or phoning 01508533933.

## Members who have joined recently

Mary and Michael Gamble

## Remember

Coffee morning, 3 Jan, will be in the Tiffey room. The Open Meeting on 3 Jan will be at the Ex-Service's Social Club (The Regal, 9 Friarscroft Ln, Wymondham NR18 0AT

**Officers of U3A Wymondham (2018/19)**  
Chair - John Hooper - johnhooper66@btinternet.com  
Vice-Chair - Paul Findlay - ap.findlay@btinternet.com  
Secretary - Georgette Vale - georgette@ValeMail.eu  
Treasurer - Stuart Crowther - stuartcrowther@aol.com  
Membership Sec. - John Spencer - wymu3amem@outlook.com  
Groups Co-ordinator - Lorna Tomlinson - lorna.gplead16@yahoo.co.uk

## Social Events 2019

Coffee Mornings every Thursday in Central Hall from 10am to 12 noon

Sun 24 March - lunch on the North Norfolk Railway - £52.50

Fri 29 March - Tramps Evening - £10.00

Mon 15 April - Spring Lunch - £10.00

Mon 6 May - holiday in South Wales (5 days) - £350pp

Fri 31 May - coach trip to Cambridge Botanic Gardens - £16.00

Sat 1 June - Chairman's Garden Party - £10.00

Sun 30 June - holiday in Paignton (7 days) - £550pp

Fri 26 July - coach trip to Audley End House - £27.00

Mon 12 Aug - Summer Lunch - £10.00

Fri 23 Aug - boat trip and lunch on the Norfolk Broads - £33.00

Mon 26 Aug - holiday in the Cotswolds (6 days) - £480pp

Thurs 26 Sept - Coffee Morning for Macmillan Nurses

Fri 27 Sept - coach trip to the Imperial War Museum, Duxford - £25.00

Fri 1 Nov - Halloween Evening - £10.00

Fri 29 Nov - coach trip to the Thursford Christmas Spectacular - £46.00

Mon 2 Dec - holiday in Chester (4 days) - £250pp

Fri 13 December - Christmas Lunch - £10.00

## Open Meeting Speakers 2019

Jan 3 - SERV Norfolk Blood Bikes - Adrian Carey

Feb 7 - Making Tracks through Mid Norfolk - Paddy Anstey

March 7 - Turning my life around - Tracy Mackness

April 4 - AGM and Roadside Nature Reserves - Roger Jones

May 2 - People Power Part 2, The Modern Era - Tania Harrington

June 6 - Discover what really amuses your friends and why - Diane Simpson

July 4 - From Mexico City to Cancún - Pat and Philip Aker

Aug 1 - Bayeux, a story told in Tapestry - Jane Pavey

Sept 5 - Arthur's story, a POW and the Lamsdorf Death March - Linda Burkett

Oct 3 - a History of Sewage Treatment - John Spencer

Nov 7 - Miss Reeve's Own Battle - Georgette Vale

Dec 5 - Festive Poems and tales of everyday life - Doreen Reed

## Other Events

U3A Wymondham's **Wine Appreciation** group are organising a 3 day vineyard tour starting on 9 July. For more details contact Bill Yates (01953 605 107).

**Wymondham Music Festival 2019** - June 21 to 30 - for details of events go to [www.wymfest.org.uk](http://www.wymfest.org.uk)

Specific events include:

June 24 - a Tea Dance with Musicmakers and the annual Jazz Picnic with DixieMix

June 28 - Dance with Kenny Lee & Hustler

## The 2018 Christmas Lunch

In a dark corner of Wymondham, a keen group of thespians met to rehearse a brilliant radio play, written and directed by world famous, multi-talented Gilly Spencer.

We the following, Wendy, Chris, Jennifer, John Stuart, Elaine and our talented sound effect young ladies, Teresa and Carol worked hard at annunciating our words and fine tuning our accents, although I must say as a common Essex girl that was easy for me. This activity culminated in the 'Radio Play' at the Christmas meal when you all learnt how the two bears became three.

Who knows what is next for us, Radio Norfolk, The O2 Arena, Channel 5? I'm waiting for phone calls.

*Wendy Bowles*

At the Nautical evening and the Christmas Meal there was an opportunity to sing along to music from a cd. I believe these occasions would have been enhanced had the music been live. Do we have any musicians who would be willing to play at U3A Wymondham social events?

*Editor*

## Spanish Group

Our group has nine regular members and is a self-help/taught group. The range of ability is quite wide with some who have lived in Spain being knowledgeable and fluent and others like me who, if they are lucky, can order a drink or meal or ask directions and other essential holiday basics. Currently we are using the BBC books 'Talk Spanish'. It's not all hard work. Last summer by kind invitation of Sue and Dave Gilham we enjoyed a fine paella cooked by Dave's fair hand and a social meeting just before Christmas. It's never too late to start whether you already speak some Spanish or are a beginner.

*John Hooper*

Wales  
Duxford, Norfolk, Summer, Thursford, Tramps and  
Audley, Broads, Cambridge, Central, Chester, Cotswolds,  
Word Search - you are looking for the following words: