

Wrekin U3A - Guidelines for ability to participate in an Activity

Activity includes visits, outings, trips etc

Guidelines: for members and activity leaders.

Preparation: Activity leaders provide an outline; this is likely to include, but is not limited to:

- Start and return times:
- Travel time and scheduled stops:
- Access and facilities at the venue(s), any known limitations on access:
- The distances and walking conditions anticipated.

Members decide: if they are fit and able to fully participate. Members should make their own enquiries if more information is needed, leaders may offer support with such enquiries.

Confirmation: In “signing up” for an activity members are confirming

- that they consider themselves fit and able to participate in the proposed activity.
- that they have read, understood and are able to comply with the activity outline, and any further information received, such as that given by a Tour Operator.

Responsibility of a member requiring assistance: A member anticipating requiring help or assistance during the activity is responsible for making such arrangements. There is no obligation on other members to undertake such assistance. A member can arrange for such assistance to be provided by someone (who does not need to be a Wrekin U3A member) joining the activity by paying the appropriate fee.

Members are required to:

- provide the event organizer with contact details for use in case of an emergency.
- consider arranging relevant travel insurance.
- carry a current European Health Insurance Card (EHIC) (European travel only).
- ensure they carry any necessary medication required for the duration of the activity.

Disputes: If a difference of opinion arises, between an activity leader and a member regarding the member’s ability to participate, the matter must be immediately referred to the Groups’ Coordinator.

Agreed by

Wrekin U3A Committee – January 2014.