

General U3A Activity Risk Assessment Checklist in Covid-19

U3A Name

Workshop And District U3A

Interest Group

Tai Chi

Date Location/Postcode

SHIREOAKS VILLAGE HALL S81 8LX

Nature and Description of Activity

Tai Chi Exercise

Part 1: Before the activity Group Organiser Check list:	Yes
A) Consider the current Government and Public Health advice in relation to your location and the feasibility of carrying out this activity safely adhering to present social distancing requirements and permissible indoor and outdoor group sizes.	DONE
B) Consider whether your activity involves the sharing of any equipment or shared spaces and make suitable arrangements to have antiviral cleaning products available.	DONE
C) Advise all wishing to take part that they should allow group leaders to take a register with contact details of participants to share with NHS Contact and Trace service if required.	YES
D) Where necessary inspect area prior to starting activity to ensure adequate social distancing can be maintained throughout and to remove/isolate any hazards.	YES
E) Ensure travel arrangements also meet the necessary requirements	YES
F) Consider the general hazards related to this type of activity, the impact accommodating Covid19 requirements may have on the way it is organised.	DONE
G) Record outcome of these considerations in writing prior to the activity and share with participants so they can complete their personal checklist in line with the information in your checklist. <ul style="list-style-type: none"> a Risk Assessment sent to Member b Venue guidelines sent to member c This check list and personal checklist sent to members 	DOCUMENTS TO BE PUBLISHED ON WORKSOP U3A WEBSITE (TAI CHI PAGE)

Part 2: Before Activity Personal Checklist:	Yes (☐)
<p>A) All participants to review their own personal health and circumstances and refer to current Government guidance for different risk categories in Covid19 and what measures are recommended for people over 70 and/or with various medical conditions.</p> <p>B) Consider the health risk category of anyone else you are isolating with in your household.</p> <p>C) Review the risk check list for the activity above completed by the group organiser and consider if you can take part without adverse risk to yourself or household.</p>	

Part 1. Activity Checklist outcomes:	Yes (☐)
<p>Complete attached risk assessment indicates satisfactory outcomes for the activity with identified control measures</p>	YES
<p>Signed Group Organiser: ELIZABETH SHORT</p>	<p>Dated 03.09.2020</p>

Part 2. Personal Checklist Outcomes:	Yes (☐)
<p>Personal Outcomes check list has been issued to all anticipated attendees for the activity in line with U3A requirements</p>	YES