

Café Connect Wooler

Come along to this weekly informal drop-in session which is facilitated by Fiona Cox, for a hot drink and a chat.



**Starting Monday 10th April
1pm-3pm**



**Cheviot Centre
Padgepool Place
Wooler
NE71 6BL**

Our sessions are free for any adult who lives or works in Northumberland. If you'd like to come along, email or call us:



nrc@mentalhealthconcern.org



07866053717

Find out about our wellbeing support here:



northumberlandrecoverycollege.co.uk