



WOODSIDE U3A NEWSLETTER FOR JULY 2020
MEETING ONLINE UNTIL FURTHER NOTICE

<https://u3asites.org.uk/woodside>

Charity Reg.: 1182140



Hello Everyone,

I'm so glad to be writing to you in sunshine. I always feel so healthy when I have a tan. This summer it's especially poignant as we continue to live through a lockdown life as we go about our business wearing protective masks and shields. My social life has been concentrated around local parks and now gardens. The irony is that I have no garden myself but I know friends have used this time to cultivate their land - whether it's in their garden, on their balcony or at their allotments. I admire those with green fingers. I specialise in silk flowers!

How have you been spending your time? My family have been organising regular Zoom calls with quizzes, Pictionary and charades. We've surprised ourselves at our ingenuity.

Some of the interest groups have been meeting via Zoom, the video conferencing app - Spanish, French and Drama for example. Singing For Pleasure are connecting via Whatsapp, the Quiz group connect on email. It doesn't matter how we connect, but so important for our sanity that we do. There's no date when normality will return - we are encouraged to make the most of the new normal. Let's embrace it and look out for each other. As the wonderful late Vera Lynn sang We'll Meet Again.

Barbara, Acting Chair

Minute Secretary required

We are looking for someone with secretarial skills to take minutes at the monthly committee meetings and the AGM. Can you help? If you are interested, please contact Barbara Elman - Acting Chair at barbaraelman@hotmail.co.uk

September General Meeting

The Committee would like to hold the September General Meeting via Zoom (the video conferencing platform). Please ensure Lesley Cummings, our Membership Secretary, has your correct email address so she can send you the link. For those of you who have not used Zoom before, you need to download the Zoom app on your phone or tablet or computer, click on the link at the time of the meeting to connect, then click on video, then audio - and you will be admitted in to the virtual meeting by the host.

The date will be confirmed when the September newsletter goes online.

Singing for Pleasure

The Singing for Pleasure group has an active WhatsApp group for those that have it and it's a fairly busy site.

Steve continues to send us a weekly rendition that we look forward to - it's an interactive activity as we can make requests!!! We Shedettes are a little reluctant to provide solos!!!!

For those that haven't got the facility for WhatsApp I phone or email and try to keep everyone up to date with what's happening. Recently a few members met for a socially distanced walk which will be repeated soon. We've set up a Zoom meeting for anyone that can or wishes to join. No one brave enough to suggest singing in it - yet!!!! Perhaps the future may hold an outdoor singing session once larger groups are acceptable and it's safe to do so!!! We are considering songs for when we return to a Woodside meeting - we are not a group to miss out on an opportunity!!!!

Although I'm the contact I do expect the group to continue to make their own contributions throughout the foreseeable future in maintaining links with us all!!!!

Val

OPEN DAY 1st OCTOBER 2020

I hope everyone is keeping well and starting to enjoy meeting up with friends and family who we've missed over the last few months.

As "lockdown" restrictions ease more and more, I'm still hopeful that we will be able to hold our Open Day on 1st October. This is a great opportunity to show off the amazing skills that you have, as I've seen exhibited at the General Meetings, in the monthly newsletter and at other locations.

I hear that groups are beginning to get together whether it's via the internet or face to face, so this is an ideal time to discuss what you could do to make this event a big success.

The Quiz Group, Drama, Family History and the Photography Group have already agreed to come along, so please discuss some ideas with your group and let me know at a.theobald@sky.com or on 01923 463573.

Many thanks Alison Theobald.

Corona Virus Assessment Form

The Committee has asked that you understand the importance of completing the Corona Virus Assessment Form which can be found on the Website. This should be completed and the members of the groups advised of it's contents so that they can agree with the assessment.

The reason for this reminder is we understand some groups have restarted and others may be in the process of restarting.

This is the link to the Risk Assessment form which is on the Woodside U3A website.

https://mcusercontent.com/656ad5962b370cc9e2731d1ed/files/b08b2809-9bc5-4c4c-82d2-41d999e77015/Risk_Assessment_Checklist_vs_1.01.pdf

Answers to June quiz set by Sue

1. 15 Mona DMC = 15 men on a dead mans chest
2. 5 BS in P and P. = 5 Bennet Sisters in Pride and Prejudice
3. 7 S of R = 7 Seasons of Rye
4. 1066 B of H = 1066 Battle of Hastings
5. 1666 GF of L = 1666 Great Fire of London
6. 9 QVC = 9 Queen Victoria's Children
7. 6 FonaC = 6 Faces on a Cube
8. 11 PinaHT = 11 Players in a Hockey Team
9. 11 N 1918 AD = 11 November 1918 Armistice Day
10. 147 BB in S = Biggest Break in Snooker

July's Quiz from Sue at the Quiz Group

PALINDROMES Can you spot the palindromes (words that read the same backwards and forwards) from the clues provided ?

1. A female sheep (3)
2. The armature of a motor (5)
3. The mother of Samuel in the Bible (6).....
4. Kings of Persia (5)
5. A method for detecting objects with radio waves (5).....
6. An old Indian coin equal to a sixteenth of a Rupee (4).....
7. One half of a semi-breve (5).....
8. The lady in charge of a house of ill repute (5)
9. One who restores life or consciousness (7).....
10. A machine that breaks up soil (9).....
11. A Norwegian pop group (3).....
12. Relating to or belonging to a city (5).....
13. A form of Jewish bread (6 or 8).....
14. Worshipped or revered as a God (7).....
15. A Scandinavian pop group (4).....

Sad news

It is with deep regret we sadly lost Brenda Conroy on the 10th July after having a long spell with cancer. Brenda was a member of the Social Group and very much enjoyed the events over the last couple of years. Brenda will be remembered by all who knew her. R.I.P Brenda

Joan

Mountain Biking Adventure

In January and February of this year Andrew and I were some of the lucky people to get a holiday in before the whole world was shut down. We spent three weeks touring South Island, New Zealand, and then a week visiting friends in Australia.

We had the most amazing time as there is so much to see and do but, as a member of Woodside cycling group, I thought I would share one of our experiences with you. Andrew and I have always enjoyed cycling and have cycled in many countries in Europe so, to us, it isn't a holiday unless we get on a bike at some point. Therefore, we hired mountain bikes at Lake Wanaka so that we could cycle from Lake Hawea, some 30 kms away, back to Wanaka. We were driven out to Lake Hawea with the bikes on a trailer and fitted to the bikes. The bright orange helmet did nothing for my complexion but as it is the

law out there to wear a helmet, and to be honest, I wouldn't dream of cycling without one, I had to put up with it.

It was a beautiful morning, if a little chilly when we set off. The scenery across Lake Hawea was breath taking, as is most of New Zealand.



We followed a well sign posted track but that was when it started to get exciting. We had never really done any real mountain biking before, but this was definitely it! The track mainly consisted of loose gravel and had many ups and downs as we followed the river path between the two lakes. The downhill bits were particularly scary as I held my breath and gritted my teeth, hoping that the tyres would grip the terrain. New Zealand had had one of its infamous storms a couple of days before, causing the River Clutha to burst its banks in places and flood the track we were on. Andrew is much braver than me and just cycled through them without stopping but I was a lot more cautious. At one particularly deep bit I stopped to build up my courage, especially as there was an incline up the other side. I was faced with a group of walkers who were deciding whether to take their boots off and paddle through. They urged me on. 'Come on you can do it. Just go for it and if you fall off we'll pull you out!'. All very good humoured and great fun. Well I did do it but my feet got very wet. We continued along the track only to be faced with a swing bridge. Now anyone that knows me will know that I do not like heights and swinging bridges are particularly daunting. Andrew was being very supportive 'Just get on with it. You have no choice'. We met a local couple who had just cycled across and they did much to boost my confidence so very hesitantly I pushed my bike over the bridge, trying not to let it sway too much.



We stopped for coffee and a big fat cake after the swing bridge. I needed the sugar to help me to recover!! The rest of the ride was relatively uneventful but the scenery throughout was just beautiful. It was a hot and sunny day so we couldn't resist a paddle when we reached Lake Wanaka and we greatly regretted not taking our swimming togs with us for a swim. All in all, it was a truly enjoyable and memorable day but I am not sure that my nerves could stand too many cycling trips like that one!!

Lesley Cummings

The Art Group

Some of the art group continue to work on their artistic skills. Here are two samples swopped via email between the members of the group.



*Sue's sketch of Mary
Beard*



*June's oil painting in
the style of TVs
Bob Ross*

WANTED: NEWS & PHOTOGRAPHS

suitable for publication please send to
The Webmaster, Andrew Cummings at
andrew.cummingsu3a@btinternet.com

AND FOR THE NEWSLETTER

The newsletter is available online at
<https://u3asites.org.uk/woodside>

Copy date for the August Issue is 1st August
Send to Jo Bromwich, 01923 443758 or
email jo.bromwich@ntlworld.com

IMPORTANT CONTACT DETAILS

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