



WOODSIDE U3A NEWSLETTER FOR OCTOBER 2021
MEETING AT THE STANBOROUGH CENTRE
<https://u3asites.org.uk/woodside>
Charity Reg.: 1182140



Hi Everyone,

Welcome to our October Newsletter. This is an important time in our calendar as we hold our 5th AGM this month. We plan to have a quiz after the AGM, arranged by Sue Brown.

If possible, from now on, please bring your own mug and the refreshments team will fill it with either tea or coffee at break time.

At our September meeting, we were delighted to welcome over 70 members - it was our first face to face meeting in 18 months, and we all enjoyed seeing each other and re-connecting after such a difficult period of our lives. Our Treasurer, Ken Appel, enlightened us with the history of Watford General Hospital.

The pandemic is not over yet, so we are fully aware of the value of taking temperatures at the door, offering hand sanitiser, opening windows and doors for ventilation and the option of wearing face masks. It was rather warm in the room so we are delighted that the Centre Manager at The Stanborough Centre has offered us the hall and kitchen downstairs for our October AGM on Tuesday 19 October. We'll have no problem socially distancing there and we can use tables to display interest group activities.

Please send Val May your lockdown stories for the November newsletter. And we also welcome your articles, jokes, photos and input on the Woodside Facebook page.

See you at the AGM.

Barbara Elman
Chair

COPYDATE FOR THE NOVEMBER NEWSLETTER IS 1ST NOVEMBER

AGM Agenda

The 5th Annual General meeting of Woodside U3A will take place on Tuesday 19 October 2021 at 10.am. You will be notified nearer the time if this will be face to face or take place via zoom.

AGENDA

1. Welcome
2. Minutes of 2020 AGM.
3. Chair/Trustees report
4. Treasurer's report.
5. Election of Committee.
6. Appointment of the Auditor.
7. AOB

Minutes of the 4th Annual General Meeting of Woodside u3a held on Zoom on Tuesday 20th October 2020

1. The AGM of the Woodside u3a was opened at 10am by Barbara Elman who has been Acting Chair for 4 months. There were 26 members present on Zoom which was less than the Quorum but in the current circumstances the meeting agreed to proceed.

The minutes of the 2019 AGM, the Chair's Annual Report and the 2019/2020 accounts had all been circulated with the Agenda and were in the October newsletter, available through the website.

2. Barbara referred to the minutes of the last AGM and signed them as a true record.

3. Barbara read the final Chair/Trustee Report of the retiring Chair, Laila Namdarkhan. Laila's report was proposed by Sue Brown
Seconded by Ken Jones
The report was accepted.

4. Treasurer's Report by Ken Appel.

There were no questions on the 2019/20 Accounts
The report was proposed by Ken Emmons
Seconded by Lesley Cummings and was agreed.

5. Election of the 2020 Committee

The following Committee Nominations had been proposed by Roland Bedford and seconded by Andrew Cummings as required by the constitution and received prior to the meeting.

Chair - Barbara Elman, Vice Chairs - Linda Williams and Bernice Caffrey, Treasurer - Ken Appel, Committee member and Membership Secretary - Lesley Cummings, Committee members - Heather Lace - Safeguarding and Equality, Anita Gullis, Alison Theobald.

No other nominees were received and these members were elected unanimously by a show of hands. Val May sent in a vote by proxy.

Ken Emmons and Sheila Ramsamy will be co-opted to continue as full Committee members at the first meeting of the Committee.

It was noted that Roland Bedford and Jo Bromwich will also attend committee meetings.

6. Appointment of the Auditor:

Glen Price had resigned as Auditor and Ken Emmons was proposed

Proposed by Carol Jones

Seconded by Bernice Caffrey

Ken was elected as Auditor

The Business of the AGM was concluded.

There was a short break for coffee and a chat.

7. AOB

At the November u3a monthly meeting Ken Appel will be the Speaker. The subject will be the History of Leavesden Hospital.

The December meeting will include a live Variety Show (on Zoom) organised by Sue Brown and Val May.

Pam Cotton would like anyone who is on Facebook to send in photos of their group activities. She said it is a good way to interconnect.

Several subject groups are up and running. Those include the American History Group run by Stuart Lewis. Also meeting are the Singing Group (on Zoom), Bowls, Badminton, Table Tennis, Art Group, Weekenders, Gardening and Spanish 1.

Heather Lace advised that Risk Assessments must be completed for all groups meeting indoors or outdoors.

Barbara discussed with Martin Rodell ways of returning cash to members who have paid him for cancelled trips.

Barbara concluded the meeting at 10.50am.

Chair Report 2020-2021

This is my Annual Report for the year 2020 to 2021.

I was proposed as Acting Chair from June 2020 and elected Chair at the AGM in October 2020. From the summer of that year, because of the Coronavirus global pandemic, the group became virtual with Committee Meetings and General Meetings being run on the Zoom media platform. Membership renewal fees were reduced by 50% to £12 per year.

No interest groups could meet because of the lockdown situation. However our contact with National Office continued via Zoom meetings.

During the year the Committee virtually attended the following Zoom meetings:

Herts Network of u3a's

Cluster Area Group Meetings

East of England Area Meetings

National AGM

Recruitment and Retention

A Conversation with Sam Mauger - CEO of TAT

IT issues within U3As and Navigating the U3A website

Resuming Activities Safely

Cyber Fraud

Speakers during the year included such varied topics as The history of Abbots Langley, Sustainable Gardening, The History of Leavesden Mental Hospital, The History of Cassiobury House, Great British Eccentrics and British Comedy Greats. Not to mention my own effort reciting Monologues.

Several Interest groups have re-started after writing Risk Assessments include photography, badminton, table tennis, French, Spanish, crafters, walking and singing (outdoors in a park).

Our Christmas entertainment was very much enjoyed. It was a lot of fun even though only small numbers joined the Zoom meeting.

This year, Pam and Ken Cotton kindly set up a Woodside u3a Facebook page. We currently have over 40 members on the page.

On Wednesday 2nd June we held our u3a day. We went to Abbots Langley in the morning and Garston in the afternoon. We handed out customised u3a leaflets to senior members of the public and chatted to them about joining Woodside. My thanks to those members who came along that day.

We now have Online banking for our Barclays bank account and can view our statements whenever we wish.

My thanks to Val May and Sue Brown for co-ordinating the Group project on countries. It's been very enjoyable reading about the selected countries in the newsletter.

The 2020/2021 Annual Financial Statement was prepared and approved by the Committee, though not as yet independently audited, will appear in the September Newsletter. Please address any questions you might have to our Treasurer Ken Appel, via the Woodside U3A email address.

Many thanks to Jo Bromwich, our editor for her continued efforts in producing our monthly newsletter.

I thank my committee for their support, I thank the group leaders of the interest groups and indeed you, the members, who have given support to myself and the Committee in this extraordinary year.

We all hope to resume face to face meetings as soon as possible and I look forward, in my second year of office, to meeting members in a safe world in 2021-2022.

Barbara Elman
Chair

WOODSIDE U3A

(Registered Charity No. 1182140)

Executive Committee Nomination Form for AGM

I, Jo Bromwich.....(Membership No 10.....) Propose the persons named below, with their consent, for the Office/Role against which their name is given for year 2020/2021

And I, ...Andrew Cummings..... (Membership No.....30.....)

Second the nominations

<u>Office/Role</u>	<u>Name and Membership No. of person nominated</u>	
*Chair	Barbara Elman	239
*Vice- Chair (2 posts)	Linda Williams	131
	Bernice Caffrey	18
*Treasurer	Ken Appel	141
Membership Secretary	Lesley Cummings	31
Business *Secretary		
Committee Member	Bernice Caffrey	18
Committee member	Ken Emmons	151

Committee Member Heather Lace 43
 Committee Member Alison Theobald 74
 Signature of ProposerJ Bromwich.....Date: 1 September 2021.
 Signature of Seconder.....AT Cummings.....Date 1 September 2021.....

Notes: The maximum number of Committee members to be appointed at an AGM under the Constitution is 12 which is therefore the limit of nominations permitted from each individual proposer or seconder. This form can be used to nominate for any of the posts listed, up to that maximum.

Proposers or Seconders may not be existing members of the Committee and those nominated cannot be members of the Executive Committee of another U3A.

Those posts marked* are specified in the Constitution; all other appointments are referred to as Committee members but some have roles agreed when Woodside U3A was first established. Persons appointed to the Cttee become Charity Trustees and will have to sign a declaration form confirming they are not disqualified from being Trustees.

Nominations must be received by the (Membership) Secretary before the AGM and in the event of more valid nominations being received than vacancies an election will take place at the AGM. The Committee are able to fill any vacancies between AGM's and also have the discretion to co-opt up to two further members in addition to the 12 appointed at an AGM.

WOODSIDE U3A
Receipts & Payments Account
Year ended 31 March 2021

Receipts	2020	2021
	£	£
Membership Subscriptions	948.00	816.00
Trips & Events	7,303.50	-----
Xmas Lunch	1,869.00	-----
Book Sales	229.02	-----
Charitable Donations	237.87	-----
Sundry	268.50	55.00
	-----	-----
TOTAL	10,855.89	871.00
	=====	=====

PAYMENTS	2020	2021
	£	£
Third Age Trust	1,276.00	1,373.18
Trips & Events	8,175.54	-----
Xmas Lunch	1,826.60	-----
Charitable Donations	582.87	75.00
Hall Rentals	405.00	-----
Speakers	541.30	-----
Catering	387.01	-----
Equipment	73.46	-----

Printing, Postage & Admin	1123.88	168.2
Conference	561.90	-----
Sundry	12.50	658.60
	-----	(repayments)
TOTAL	14,957.06	2274.98
	=====	=====

CORONAVIRUS : UNAUDITED ACCOUNTS

Kenneth Appel (Treasurer)

Refreshment Rota

October- Books and Curry Groups

November- Environmental and Garden Groups

Christmas Market visit Thursday 2 December

Coach will leave from the Stanborough Centre at 9am; also picking up from Greenwood Drive bus Stop, North Orbital Road around 9.05. Arriving in Winchester 1030 to 1045 and leaving around 4.30 hopefully back home around 6pm (not too late)

Cost is £15 pp.

All monies to paid by Cheque ONLY and made out to Woodside U3A

We have been told that we can park cars round the back of the centre. (that will make life a lot easier).

Martin Rodel

01923 442417

Quiz group update

The quiz group, so ably run by Sue Brown has now been passed into my hands as was announced at the last U3A meeting on Sep 21st. It will restart on Thursday October 21st. in room 4 at the Asda community centre, from 19:00 to 21:00 and will continue to be held on the third Thursday of each month thereafter, same time same place. Please bring your own drinks (there is a Costa at the door!)

I look forward to seeing you all.

Glen Price

Woodside u3a Study Groups October 2021

Art:	Contact Sue Walters on 01923 682317. Group meets fortnightly 10 -12am at Tanners Wood Hall.
Badminton:	Contact Susan Coultrup on 01923 334387. Group meets weekly on a Wednesday at Watford Leisure Centre (this is a joint group with SWH)
Books:	Contact Libby Crawford on 01923 247847. Group meets every 3rd Wednesday at 10.30am.
Bridge	Contact Judith Evans on 01923260541. Group meets 1st and 3rd Mondays

Improvers:	at 1.30 - 4.30 at asda Room 3. <i>(this is a joint group with SWH)</i>
Family History	Contact Bea Luffrum on 07711709039. Group meets monthly on the 1st Wednesday in the morning at members' houses. Starting again in November
Flower Arrangement	Contact Jill Macey on 07736680501. Group meets quarterly on Tuesday at 2.00 - 4.00pm at Asda Community Suite. Next meeting 7th December 2021 <i>(this is a joint group with SWH)</i>
French:	Contact Heather Lace on 07951937064. Group meets fortnightly on a Monday at 2.30pm at members houses.
Spanish 1:	Contact Sue Brown on 01923 673719. Group meets fortnightly on a Friday at 11 - 12am at the Royal Oak at Abbots Langley.
Spanish 2:	Contact Alison Theobald on 01923 463573. Group meets fortnightly on a Wednesday at 10 -11am. Venue to be confirmed.
Line Dancing:	Contact Judy Lovell on 01923 893368. Group meets 1st and 3rd Mondays. First session 10.15am. Second session 11.15am. <i>(this is a joint group with SWH)</i>
Listening to Music:	Contact Diane Reilly on 01923 261840. Group meets monthly on the 1st Tuesday afternoons at members' homes.
Philosophy:	Contact Jeanne Johnson on 01923 263598. Group meets monthly on the 1st Monday 2 - 4pm. <i>(this is a joint group with SWH)</i>
Photograph:	Contact Ken Jones on 01923 264855. Group meets monthly on the 2nd Monday at 2.0pm at members homes.
Play Reading For Fun:	Contact Derek Giles on 01923 270971. Group meets 1st Monday at 10 - 12am at Asda. <i>(this is a joint group with SWH)</i>
Sewing:	Contact Tina Photi on 07427866825. Group meets 1st Monday at 10 -12am at Tina's home.
Singing for Pleasure:	Contact Ady Shaw on 01923 518021. Group meets fortnightly on a Thursday at 10.00am - 11.30am at Asda
Social Group	Contact Ken Emmons on 01923 672139 or email kjemmons23@gmail.com or Joan Gillett jgillett43@gmail.com Group meets 3rd Wednesday at 1.30pm in Room 2 at Asda. Starting again in January 2022
Table Tennis:	Contact John Simpson on 07531 542605. Group meets fortnightly at 10 - 12am at the YMCA Haines Way
Trips:	Contact Martin Rodel on 01923 442417. Available Trips advertised at General Meetings

Ukulele:	Contact Trevor Boardman on 01923 244016. Group meets 1st, 3rd and 5th Thursdays and 2nd, 4th and 5th Wednesday at 2.00pm at Tesco Extra Watford Community Room. (<i>this is a joint group with SWH</i>)
Pathfinders:	Contact Patrick Turner on 01923 263511, or 07954640263, for details of the next meeting. (<i>this is a joint group with SWH</i>)
Woodside Walk 5:	Contact Derryck Croker on 01923 673719 for details of next meeting. Group meets monthly on the 2nd Wednesday.
Quiz:	Contact Glen Price on 07787155461. Details of next quiz to be confirmed.

Argentina

Welcome everyone to our final virtual tour of the world. Today we are off to Argentina to experience all that their country offers, and as a mainly Spanish speaking country we are pleased that the Woodside Spanish (Group 1) are again accompanying us and will hopefully steer us through and ensure we get the best foods and drinks - and tourist experience of course!! Argentina produces several wines, their most famous being Malbec. Their favourite non alcoholic drink is a Yerba Mate - a herbal and caffeine infused tea, that is commonly shared amongst groups. Whilst I'll happily share my empanadas and provoleta with you all I think I'll have a vino grande! Sue, could you

The Argentinian language

The Top 4 languages spoken in Argentina are Spanish , English, Portuguese and Italian but by far the greatest is Spanish with an estimated 40 million plus speaking this language.

So what are the some of the key characteristics that make the Spanish spoken in Argentina different from that spoken in Spain .

Probably the two main differences are :-

1) Speed - Argentinians tend to speak a fair bit faster (shock horror from our Spanish Group !!)

2) Lack of the Lisp - people who are familiar with Spanish from Spain will notice there is no lisp present in the Argentinian accent .

There are also a few more differences including the different use of verbs and the Italian inference in some words but will not elaborate on these as we have neither time or space at present .

Do hope you have found this informative

Sue - on behalf of Spanish Group 1 - Penny , Carol , Tom , Robin and myself

Argentina Quiz for Woodside U3A magazine

1. Which is the capital city of Argentina
 2. How many countries does Argentina border with
 3. What is the official currency of Argentina
 4. What language is the official language
 5. The flag of Argentina consists of 3 horizontal stripes of equal width - which colour is the middle stripe
 6. Who was the First Lady of Argentina from 1946 to her death in 1952
 7. In translation, the name Argentina means "land" of what?
 8. What do Argentinians call the Falkland Islands?
 9. What popular dance originated in the district of Buenos Aires at the end of the 19th century
 10. What is the population of Argentina - (a) 25 million (b) 35 million (c) 45 million
 11. In which team sport have Argentina been seldom beaten since the 1930s and is home to most of the world's top players
 12. Argentina has a 3,300 mile land border with which country.
- Good luck - answers towards the end - Sue (Quiz Group member)

Argentina is one of the largest

South American countries and the only country in the world to be named after a metal, in their case Argentum meaning silver, after settlers believed the country was full of it, although none has ever been found.

Argentina is mainly Spanish speaking and predominantly catholic, with its cultures arising from a blend of European, Indigenous and Latin American traditions. Some of their more famous names include Eva Peron, Maradona, Messi, Che Guevara and Pope Francis. They have great involvement with literature, cinema, drama, music and art. Their most famous dance is the Tango, described by many as 'making love in the vertical position', and was originally only danced in brothels and working class neighbourhoods, only becoming popular across all classes after Europe discovered it and it became more acceptable to dance so explicitly.

Argentinians are passionate about sport, football and polo being their main ones.

The country is home to a vast natural wonderland, it's rich diversity ranging from sub tropical to glaciers, rich wetlands to deserts, lakes, forests and arid steppes. Their wildlife is equally spectacular ranging from penguins, flamingos, whales and giant anteaters.

The national dish is Asados meaning barbecue meats that include steak, chorizo, sweetbreads and blood sausage - Argentinians are big meat eaters!

Their national tree is the Ceibo, the Cockspur Coral tree, and it's stunning blood red flower is their national flower. The tree forms part of their rich legends and folklore history; long

ago a young woman, Anahí, was captured by a Spanish conquistador and when trying to flee killed her captor. Once recaptured she was tied to a tree and burnt alive; later when her captives returned to remove her body they found in her place the beautiful Cockspur Coral tree. In 1942 this was declared their national flower, and the tree represents bravery and strength in the face of suffering, and can be found growing throughout the country.

Argentina from Barbara E

Incredibly Argentine women go through the highest number of plastic surgeries - per person - in the world. Argentina is perhaps one of the world's most looks-conscious countries. (sadly also more than 30% of its women undergo some form of eating disorder).

Argentina was the first country to use fingerprinting as a method of identification. In 1892, the small Argentinian town of Necochea in the Province of Buenos Aires, was rocked by the gruesome stabbing of two children. With no witnesses to the crime, local police were unable to tie the murder to any particular suspect. Utilizing a bloody fingerprint left on a door handle, a local detective discovered the murderer to be the kids' mother (who not long after, eventually confessed to the crime.)

As well as being radio pioneers, Argentinians also created the first animated feature films! The world's first full length cartoon was made and released in Argentina, by a man named Quirino Cristiani in 1917. And it is said he was an inspiration to Walt Disney, who during his trip to Argentina visited Quirino's studio in the outskirts of Buenos Aires.

Quiz answers

1. Buenos Aires
2. Five countries (Uruguay , Chile , Brazil ,Bolivia and Paraguay)
3. Peso
4. Spanish
5. White (the bottom and top stripes are both light blue)
6. Eva Peron - also known as Evita
7. Land of Silver
8. Islas Malvinas (or Malvinas)
9. The Tango
10. 45 million
11. Polo
12. Chile

Our virtual tour of the world

Well here we are at the end of our virtual tour of the world, sitting in Buenos Aires departure lounge for our return home to England. We have our passport and negative COVID test results with our boarding pass at the ready. Another fascinating tour of a country rich

in traditions, cultures and foods. Thank you to everyone who has contributed to this month's article.

November is the month where we would like hear from you about what your most memorable experience has been throughout the last eighteen months ! For you to share what this strange period of our lives has enabled you to achieve, learn, develop or change whether it be that long list of must do tasks, discovering gardening or a new skill, or mastering the art of Zoom!!

Whatever it is we are sure that our thanks go to all the contributors of our Virtual Tour of the World who have helped keep Woodside U3A members in touch, and provided some fascinating information to ponder over your cuppa!

Val May

WANTED: NEWS & PHOTOGRAPHS

suitable for publication please send to
The Webmaster, Andrew Cummings at
andrew.cummingsu3a@btinternet.com

AND FOR THE NEWSLETTER

The newsletter is available online at
<https://u3asites.org.uk/woodside>

**Copy date for the NOVEMBER Issue is
1ST NOVEMBER**

Send to Jo Bromwich, 01923 443758 or
email jo.bromwich@ntlworld.com

IMPORTANT CONTACT DETAILS

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ANY ARTICLES RECEIVED AFTER THE COPYDATE MAY NOT BE INCLUDED IN THE NEXT MONTHS
ISSUE