

WOODSIDE U3A NEWSLETTER JUNE 2022  
MEETING AT THE STANBOROUGH CENTRE WATFORD

<https://u3asites.org.uk/woodside>

Charity Reg.: 1182140



Hi Everyone,

Welcome to our June 2022 newsletter.

Thank you to all who came to our May meeting. We enjoyed Ady and Jill's singing plus a song featuring The Shedettes, followed by a fun quiz presented by Glen Price.

I have been enjoying visiting the interest groups. The latest meetings I've attended have been Spanish 1 and the Table Tennis group - both strong groups.

On Thursday 19 May, Lesley Cummings, Joyce Gray, Jo Bromwich and myself went to the East of England Regional Conference at Chelmsford. There were around 200 people there from all over the region covering from Suffolk to Essex. It was well worth going, not just to hear speakers but to network with other u3as. There are 139 groups in the region.

Our 6th AGM will take place in June. Once the business part of the meeting has taken place, we'll have celebration cake to commemorate the Queen's Platinum Jubilee.

Enjoy the fine weather, and I hope to see many of you at the AGM, where, if I am voted in as Chair, I'll be embarking on my 3rd and final year of office. Please come along and show your support for the Committee.

Stay safe and well.

Barbara Elman  
Chair

Agenda for our June general meeting: Doors open 9.30am, 10am Annual General Meeting and depart 12 noon.

**YOUR COMMITTEE**



**BERNICE CAFFREY  
VICE CHAIR & INTEREST  
GROUP COORDINATOR**



**LINDA WILLIAMS  
VICE CHAIR**



**JOYCE GRAY  
PUBLICITY**



**ALISON THEOBALD  
TREASURER**



**HEATHER LACE  
SAFEGUARDING &  
EQUALITY**



**KEN COTTON  
COMMITTEE MEMBER**



**LESLEY CUMMINGS  
MEMBERSHIP SECRETARY**



**KEN EMMONS  
SOCIAL SECRETARY**



**LOUISE SMITH  
COMMITTEE MEMBER**

Please see back page for contact details of the committee, webmaster and newsletter editor.

## **AGM Agenda**

The 6th Annual General meeting of Woodside U3A will take place on Tuesday 21 June 2022 at 10.am at The Stanborough Centre, Garston.

### **AGENDA**

1. Welcome
2. Minutes of 2021 AGM
3. Chair/Trustees report
4. Treasurer's report.
5. Amendment to Woodside Constitution - Annual accounts will be examined every year by an independent person.
6. 6.Election of Committee.
7. Appointment of the Auditor.
8. AOB

### **Chair Annual Report 2021-2022**

This is my Annual Report for the year 2021 to 2022, the year when Woodside u3a became 5 years old.

In a bid to regain some normality in our lives, we are holding our AGM in June as we did before the coronavirus pandemic. Last year it was held in October on Zoom. We have also reverted to our original membership fee of £24 per person as we are fully operating now. My report covers the period October 2021 to June 2022.

It was in October that we first held General Meetings at The Stanborough Centre in Garston. Our transfer to the venue was welcomed by members as the hall and kitchen facilities were very good and the parking was very easy.

As lockdown eased so the interest groups started to blossom again. With new groups such as Mexican Train and all the favourites from the Art group to the Woodside Walks group.

During this period we were in contact with National Office, East of England Region, Herts Network and the local Cluster Group. In the month prior to our AGM the Herts Network closed down as they were unable to form a new committee.

We stayed in contact with members via our monthly General Meetings, our monthly newsletter, our Facebook page and our website.

During the year we attended meetings and Zoom presentations, culminating with the East of England Regional Conference in Chelmsford, attended by Lesley Cummings, Joyce Gray, Jo Bromwich and myself.

Sadly, as coronavirus reared its head again with a new variant, we found it necessary to cancel the December 2021 meeting but we bounced back again in January. Thankfully we were able to hold our Annual Christmas Lunch before the new Omicron variant appeared.

Membership numbers reached 191 this year. Once face to face meetings resumed, we sustained an average of 70 members attending the monthly General Meetings. We were of course fully aware of social distancing, we continued to take temperatures at the door, and ensured the hall was well ventilated.

It was very pleasing to see the book stall appear again after retrieving the books from storage. Thank you to Carol and Ken Jones and Lesley Eldridge.

Speakers during the year included such varied topics as a representative from SERV Herts and Beds, who supply blood products and donor milk to neonatal units, firefighters who advised us of safety in the home in the event of a fire, the life of a store detective, singing with Ady and Jill, entertainment by The Shedettes, and a quiz presented by Glen Price. All being well we can have a Christmas meeting and celebration in 2022. We are celebrating the Queen's Platinum Jubilee in June with a special cake. At the end of June, and early July we will be participating in the Abbots Langley Festival.

Outings were not possible during most of this period but the Photographic group did manage to visit Rickmansworth Aquadrome. More outings are planned for the next year by the relevant groups.

The 2021/2022 Annual Financial Statement was prepared and approved by the Committee, and independently examined. Please address any questions you might have to our Treasurer Alison Theobald via the Woodside U3A email address.

I would like to thank Jo Bromwich, our editor for producing our monthly newsletter and our webmaster Andrew Cummings for organising and presenting our web page. Thank you also to Pam and Ken Cotton for administering the Woodside u3a Facebook page.

I thank my committee for their support. An especial thank you to Ken Appel for all his hard work. Ken has stood down from the Committee this year due to ill health. We have also welcomed Joyce Gray (Publicity), Louise Smith (Speakers Secretary) and Ken Cotton (general Committee member) to the Committee.

I thank the group leaders of the interest groups and the members, who have given support to myself and the Committee in another difficult year.

This year I have visited a number of interest groups as an observer and to meet members and intend to continue visiting groups next year. I am looking forward to my final year of office, and to the continuing success of Woodside u3a in the period 2022 to 2023.

Barbara Elman

Chair

Woodside u3a

## WOODSIDE U3A

### Receipts and Payments Accounts Year Ended 31st March 2022

<b>Receipts</b>	<b>2021</b>	<b>2022</b>
Membership Subscriptions	£816.00	£2,176.90
Trips & Events	£0.00	£555.00
Deposit for future Trip (July 22)	£0.00	£32.00
Xmas Lunch	£0.00	£1,517.60
Book Sales	£0.00	£0.00
Charitable Donations	£0.00	£100.00
Sundry	£55.00	£50.00
<b>Total</b>	<b>£871.00</b>	<b>£4,431.50</b>
<b>Payments</b>	<b>2021</b>	<b>2022</b>
Third Age Trust U3a	£1,373.18	£1,216.46
Trips and Events	£0.00	£555.00
Xmas Lunch	£0.00	£1,496.00
Charitable Donations	£75.00	£0.00
Hall Rentals	£0.00	£200.00
Speakers	£0.00	£370.00
Catering	£0.00	£186.60
Equipment	£0.00	£0.00
Printing	£0.00	£623.00
Admin and Postage	£168.20	£241.90
Conference	£0.00	£0.00
Sundry	£658.60	£117.00
<b>Total</b>	<b>£2,274.98</b>	<b>£5,005.96</b>
Profit/Loss	-£1,403.98	-£574.46

### **Bank Reconciliation**

Cash in Bank 31st March 2021 £4,792.47      Cash in Bank 31st March 2022 £4,218.01

Receipts in 2021/2022 £4,431.50      Payments in 2021/2022 £5,005.96

Audited Accounts by Mr D.Thomason Chartered Accountant Accounts

Presented by Mrs A.Theobald Treasurer from 1st October 2021

## **Minutes of Woodside u3a**

### **Annual General Meeting held at the Stanborough Centre**

**19 October 2021**

Barbara Elman (Chair) welcomed everyone to the 5th Annual General Meeting of the Woodside u3a, especially new members.

Barbara reminded members that only paid -up members were able to vote.

The Minutes of the last Annual General Meeting were approved and signed.

Barbara read the Chair and Trustee report, a copy of which was published in the October Newsletter.

Barbara drew members attention to the Finance Report, also published in the October Newsletter.

Chair and Trustee report proposed by Steve Parker

Seconded by Ken Appel.

Treasurers Report proposed by Lesley Cummings

Seconded by Alison Theobald.

Barbara thanked Jo Bromwich for all her work in producing the newsletter.

Election of the Committee: Barbara advised Ken Appel would be changing his role to Speakers Secretary and Alison Theobald would take the role of Treasurer.

Committee Elected on Block as follows:

Chair	Barbara Elman
Vice Chair (2 posts)	Linda Williams Bernice Caffrey
Treasurer	Alison Theobald
Membership Secretary	Lesley Cummings
Business Secretary	
Committee Member	Ken Appel
Committee Member	Bernice Caffrey
Committee Member	Ken Emmons
Committee Member	Heather Lace

Proposed by Jo Bromwich

Seconded by Andrew Cummings

Vote Carried

Barbara thanked the committee for their help and support during a difficult time. Committee members Sheila Ramsamy and Anita Gullis have decided to stand down this year and Barbara thanked them for their work and presented them each with a garden voucher as a thank you. Due to Covid we were unable to have the accounts audited for the financial year ending April 2020. Barbara advised that Ken Emmons had agreed to be our auditor for the coming financial year.

Proposed by Gloria Barber

Seconded by Martin Rodel

With regard to the book stall, Barbara advised that Carol Jones and Lesley Eldridge had agreed to run this, as Tom Keaveney had stood down from this role.

Barbara thanked the Stanborough Centre for accommodating us and confirmed this venue was booked until December. Negotiations for further months were being considered.

AOB. The committee were asked if it might be possible to have membership cards on members smart phones. The committee to consider this possibility

### **Interest Groups - June 2022.**

<b>Art.</b>	<b>Contact: Sue Walters on 07989 250483, Group meets fortnightly 10-12am at Tanners Wood Hall</b>
<b>Badminton</b>	<b>Contact: Susan Coultrup on 01923 334387. Group meets weekly on Wednesday at Watford Leisure Centre (this is a joint group with SWH)</b>
<b>Books</b>	<b>Contact: Libby Crawford on 01923 247847. Group meet every 3rd Wednesday at 10.30am</b>
<b>Bridge Improvers</b>	<b>Contact: Judith Evans on 01923 260354 or 07960 642651. Group meets 1st and 3rd Mondays at 1.30 - 4.30 at Asda Room 3 (this is a joint group with SWH)</b>
<b>Family History</b>	<b>Contact: Bea Luffrum on 07711709039. Group meets monthly on the 1st Wednesday morning at members houses (this is a joint group with SWH).</b>
<b>Flower Arrangement</b>	<b>Contact: Jill Macey on 07736680501. Group meets quarterly on a Tuesday 2.00 - 4.00pm at Asda Community Suite. (this is a joint group with SWH)</b>
<b>French.</b>	<b>Contact: Heather Lace on 07951937064. Group meets fortnightly on a Monday at 2.30p at members houses</b>
<b>Garden Visits</b>	<b>Contact: Teresa Brunswick on 07712710811. Watch out for news of visits at the General Meeting. We currently have three visits on offer.</b>
<b>Spanish 1</b>	<b>Contact: Sue Brown on 01923 661516. Group meets fortnightly on Friday at 11.00 - 12.00am at the Royal Oak, Abbots Langley</b>
<b>Spanish 2</b>	<b>Contact: Alison Theobald on 01923 463573. Group meets fortnightly on Wednesday at 10.00 - 11.00am. Venue TBA</b>
<b>Line Dancing</b>	<b>Contact: Judy Lovell on 01923 893368. Group meets 1st and 3rd Mondays. First session 10.15am. Second sessions 11.15am (this is a joint group with SWH)</b>

<b>Listening to Music.</b>	<b>Contact: Diane Reilly on 01923 261840. Group meets monthly 1st Tuesday afternoons at members homes</b>
<b>Mexican Train</b>	<b>Contact: Bernice Caffrey on 01923 672359. Group meets every 4 weeks on a Thursday at 2.00pm.</b>
<b>Philosophy</b>	<b>Contact: Jeanne Johnson on 01923 263598. Group meets monthly on 1st Monday 2.00-4.00pm. (this is a joint group with SWH)</b>
<b>Photography</b>	<b>Contact: Ken Jones on 01923 264855. Group meets 2nd Monday at 2.00pm at members homes</b>
<b>Play Reading for Fun</b>	<b>Contact: Derek Giles on 01923 270971. Group meets 1st Monday 10.00-12.00am at Asda (this is a joint group with SWH)</b>
<b>Sewing</b>	<b>Contact: Tina Photi on 07427866825. Group meets Wednesday at 10.00-12.00am at Tina's home</b>
<b>Sign Language</b>	<b>Contact: Sue Hickson on 07958669311. Group will start on the 26th August and meet the 2nd and 4th Friday of the month at Asda Community Suite between 2.00pm and 3.30pm.</b>
<b>Singing for Pleasure</b>	<b>Contact: Ady Shaw on 01923 51802. Group meets fortnightly on Thursday at 10.00am -11.30am at Asda</b>
<b>Social Group</b>	<b>Contact: Ken Emmons on 01923 672139 or email kejoem23@gmail.com or Joan Gillett jgillett43@gmail.com. Group meets 3rd Wednesday at 1.30pm in Room 2 at Asda. Start date to be confirmed</b>
<b>Table Tennis</b>	<b>Contact: John Simpson on 07531 542605. Group meets fortnightly at 10.00-12.00am at the YMCA Haines Way</b>
<b>Trips</b>	<b>Contact: Martin Rodel on 01923 442417. Available trips advertised at General Meetings</b>
<b>Ukulele</b>	<b>Contact: Trevor Boardman on 01923 244016. Group meets 1st, 3dr and 5th Thursday and 2nd, 4th and 5th Wednesday at 2.00pm at Tesco Extra Community Room (this is a joint group with SWH)</b>
<b>Weekenders</b>	<b>Contact: Teresa Brunswick on 07712710811. Watch out for news of visits at the General Meeting.</b>
<b>Pathfinders</b>	<b>Contact: Patrick Turner on 0923 263511 or 7954640263 for details of next meeting (this is a joint group with SWH)</b>
<b>Woodside Walk 5</b>	<b>Contact: Derryck Croker on 01923 673719 for details of next meeting. Group meets monthly on the 2nd Wednesday.</b>
<b>Quiz</b>	<b>Contact: Glen Price on 07787155461 meeting at YMCA Haines Way at 7.00pm on the third Thursday of the month.</b>



## Interest Group News

I am pleased to say the Sign Language Group will be starting on the 26th August. They will meet at Asda Community Suite on the 2nd and 4th Friday of the month at 2.00 pm. Contact details shown in the Interest Group List.

Regarding the **Abbots Langley Festival**, We have the library booked for Tuesday and Thursday afternoons between 2.00 - 4.00pm. We have an area on the left-hand side with a table and seating, plus room for a display board, The groups and dates follow: 21st June - Barbara Elman and Alison Theobald, 23rd June - French Group, 28th June - Art Group, 30th June - Photography, 5th July - Walking, 7th July - Spanish 1, 12th July - Table Tennis, 14th July - Singing for Pleasure.

If you need any further information, please let me know.

Bernice Caffrey  
SGC

## The Garden Visits Group

Louise and Linda are arranging a coach trip to the Hampton Court Palace Flower Show.

The details are below. Please contact Louise or Linda if you are interested.

Saturday 9th July 2022

Depart 8.30am from The Brow - Return 5.30pm

Non-refundable coach fare £16

Get your entry tickets online.

**Please buy your coach ticket at the May general meeting; tickets have been offered to SW Herts u3a from the end of April.**

*This trip is definitely running so please buy your ticket for entry to the show when you are ready. Phone Louise Smith on 07483214815 Or Linda Murphy on 07940107052*

Please note that your coach fare does not include the entry ticket. These can be purchased online.

The coach will park in the Green Car Park. There is a 20minute walk to the show (along Thames Park to the Thames Gate or through the Palace grounds to Ditton Gate); both routes will take you over a footbridge. This visit is for all Woodside u3a members.

## DAYS OUT

### WEDNESDAY 29TH JUNE

DEAL (THE HIDDEN GEM of Kent). An award-winning High St with independent shops, antique shops, Bistros, cafes, and a pier too. Walk along the promenade to Deal Castle, built in Henry V111's time

Depart Stanborough Centre 8.45am

Leaving Deal around 4.45pm Comfort Stops both Ways

Fare £16.00



## **THURSDAY 21ST JULY**

### **WINCHESTER and THE WATERCRESS LINE**

Today we travel to Winchester, I believe that the Street Market stalls are there today, have a 'wander' round, grab some lunch etc. we depart at 2.30 sharp for the short journey to Arlesford Station for a return trip on the 'Watercress Line' We are booked on the 15.30 return service. We leave Arlesford at approx 5.00 for the swift journey home.

A Short Comfort stop will be made if needed both ways

Depart Stanborough Centre 8.45am

Also Bus Stop by Kingswood Shops North Orbital Road approx 5 mins Later

Fare £28.00 including Train Travel

### **SEPTEMBER** (Date to be finalised)

COTSWOLD VILLAGES, BROADWAY, BOURTON-ON-THE-WATER etc

Depart Stanborough Centre 8.45am

Also Bus Stop by Kingswood Shops, North Orbital Road approx 5mins later

Fare £16.00

I need a minimum of 40 people per trip to make them viable, if not then they will have to be sadly cancelled.

Martin Rodel

[martinrodel@hotmail.co.uk](mailto:martinrodel@hotmail.co.uk) - 01923 442417

### **May General Meeting**

We were treated to a lovely morning of songs and music at our May meeting by Ady and his singing partner Jill. They met at Watford folk club six years ago and regularly sing together at various venues. All the songs and music were written by Ady; his first song written in 1964 when he was given a guitar was called 'Quiet Girl' about his first girlfriend when he was 17. He explained that his sight loss started in the early 1990s and he had to stop driving. Later Ady and Jill were joined by 'The Sheddetes' who sang the chorus to 'Helping Hands' - a thank you to those who help Ady live with limited sight. At the end

of the morning, Glen Price provided an interesting quiz on food. The winning team received photo albums as prizes.



## **Social Group events**

28th June (Tuesday)

Jungle Golf / Lunch

Meet at 12pm for a game then lunch afterwards

£8,00 per game

Top Golf. Bushey Mill Lane. Watford,

14th July (Wednesday)

Day trip to Bournemouth by coach

(Details to follow)

27th September (Tuesday)

Cream Tea

(Details to follow)

11<sup>th</sup> October (Tuesday)

London transport museum

Covent Garden by Coach

28<sup>th</sup> November (Monday)

London lights and fish/chip supper

(Coach £15.00). Price of supper to follow

All the above events are available to all Woodside u3a members

- contact me on my email address (jgillett43@gmail.com) for more information.

Joan Gillett

## **July General Meeting**

Our speaker for July is Suzi Clark and her title is "Butterflies and Baked Beans".

This is based on her first book: what happens when an elderly parent gets dementia and you lose your job to become a carer; how to go about writing and publishing your first book; and Suzi's experiences of internet dating. The heroine in her book, Sookie, has a life remarkably like her own true life.

## **Garden visit**

On 23 June you are invited to visit a lovely garden in Bedmond as part of the Abbots Langley Festival. Entrance is £5 (donated to the Hospice of St Francis). There will be tea/coffee & cake, plant sale, raffle and a flower arranging demonstration.

Address Blue Firs, 200 Toms Lane (150yards down from the Bedmond playing fields car park), Bedmond. Time 6.30-8.30pm. Phone 01923 443758 for further details.

## East of England Regional Conference

The 139 u3a groups were well represented at the conference. Seated in the front row on the far right Barbara, Lesley, Joyce and Jo. After several speakers, there was a lively Q&A covering many topics such as did the word 'university' put some people off from joining. One member of the audience suggested an alternative title - 'Youth Club for Recycled Teenagers'!



### WANTED: NEWS & PHOTOGRAPHS

suitable for publication please send to  
The Webmaster, Andrew Cummings at  
[andrew.cummingsu3a@btinternet.com](mailto:andrew.cummingsu3a@btinternet.com)

The newsletter is available online at  
<https://u3asites.org.uk/woodside>

### AND FOR THE NEWSLETTER

Copy date for the JULY Issue is  
1<sup>ST</sup> JULY 2022

Send to Jo Bromwich, 01923 443758 or  
email [jo.bromwich@ntlworld.com](mailto:jo.bromwich@ntlworld.com)

### IMPORTANT CONTACT DETAILS

[chair@woodsideu3a.org.uk](mailto:chair@woodsideu3a.org.uk)

[membership@woodsideu3a.org.uk](mailto:membership@woodsideu3a.org.uk)

[webmaster@woodsideu3a.org.uk](mailto:webmaster@woodsideu3a.org.uk)

[newsletter@woodsideu3a.org.uk](mailto:newsletter@woodsideu3a.org.uk)

#### The committee contact details:

Barbara Elman, Chair - [chair@woodsideu3a.org.uk](mailto:chair@woodsideu3a.org.uk)

Bernice Caffrey, Vice Chair & Interest Group  
Coordinator - 01923 672359 [caffreyba@gmail.com](mailto:caffreyba@gmail.com)

Linda Williams, Vice Chair - no contact details

Alison Theobald, Treasurer - [a.theobald@sky.com](mailto:a.theobald@sky.com)

Lesley Cummings, Membership Secretary - 01923  
681478 - [membership@woodsideu3a.org.uk](mailto:membership@woodsideu3a.org.uk)

Ken Emmons, Social Secretary - 01923 672139  
[kejoem23@gmail.com](mailto:kejoem23@gmail.com)

Heather Lace, Safe Guarding & Equality -  
- 07951 937064 - [heuzit@hotmail.com](mailto:heuzit@hotmail.com)

Joyce Gray, Publicity - 01923 263213 -  
[rejoice.gray@gmail.com](mailto:rejoice.gray@gmail.com)

Louise Smith [louise.c.smith@hotmail.co.uk](mailto:louise.c.smith@hotmail.co.uk)  
07483214815

Ken Cotton - [mandolinken@gmail.com](mailto:mandolinken@gmail.com)  
01923 269720

ANY ARTICLES RECEIVED AFTER THE COPYDATE MAY OR MAY NOT BE INCLUDED IN THE NEXT ISSUE  
OR MAY BE SAVED UNTIL THE FOLLOWING MONTH

So our u3a can be as environmentally friendly as possible, you are invited to bring your own mug to our monthly  
general meetings. These are easier to drink from and will save using paper cups. We will continue to have  
disposable cups for those who forget or are unable to provide their own mugs.