

WOODSIDE U3A NEWSLETTER JULY 2022  
MEETING AT THE STANBOROUGH CENTRE WATFORD

<https://u3asites.org.uk/woodside>

Charity Reg.: 1182140



Hi Everyone,

Welcome to our July 2022 newsletter.

Now that we have had our AGM (albeit a week later than first scheduled - with apologies) we are ready to embark on a new u3a year. With the successful publicity we achieved with our participation in the Abbots Langley Festival, we are committed to growing Woodside u3a.

I am continuing to visit the interest groups. In June I called in on the Quiz Group and Singing for Pleasure Group. In July I'm planning to visit the Walking Book Group. I'll schedule visits to other Woodside interest groups after the summer break.

There will be no meeting in August, but we are planning a summer event - our Picnic in the Park which will be held on Sunday 14 August at Leavesden Country Park from 2.30pm to 4.30pm. Bring a picnic table and folding chairs and tea for yourselves. You can add to your refreshments if you wish at the cafe in the park.



*Barbara meets Sue  
and the Art Group*

Stay safe and well and enjoy the summer.

Barbara Elman  
Chair

**Agenda** for our July general meeting: Doors open 9.30am, notices 10.00am, refreshments/huddles 10.15am, Our speaker for July is Suzi Clark and her title is "Butterflies and Baked Beans". (this is based on her first book and Suzi's experiences of internet dating) 10.30am, depart 12 noon.

Our speaker for September is Gordon Rogers with a talk entitled "The Sky At Night With A Laugh".

**YOUR COMMITTEE**



**BERNICE CAFFREY  
VICE CHAIR & INTEREST  
GROUP COORDINATOR**



**LINDA WILLIAMS  
COMMITTEE MEMBER**



**JOYCE GRAY  
PUBLICITY**



**ALISON THEOBALD  
TREASURER**



**HEATHER LACE  
SAFEGUARDING &  
EQUALITY**



**KEN COTTON  
COMMITTEE MEMBER**



**LESLEY CUMMINGS  
MEMBERSHIP SECRETARY**



**KEN EMMONS  
SOCIAL SECRETARY**



**LOUISE SMITH  
COMMITTEE MEMBER**

Please see back page for contact details of the committee, webmaster and newsletter editor.

## Interest Groups - July 2022.

<b>Art.</b>	<b>Contact: Sue Walters on 07989 250483, Group meets fortnightly 10-12am at Tanners Wood Hall</b>
<b>Badminton</b>	<b>Contact: Susan Coultrup on 01923 334387. Group meets weekly on Wednesday at Watford Leisure Centre (this is a joint group with SWH)</b>
<b>Books</b>	<b>Contact: Libby Crawford on 01923 247847. Group meet every 3rd Wednesday at 10.30am</b>
<b>Bridge Improvers</b>	<b>Contact: Judith Evans on 01923 260354 or 07960 642651. Group meets 1st and 3rd Mondays at 1.30 - 4.30 at Asda Room 3 (this is a joint group with SWH)</b>
<b>Family History</b>	<b>Contact: Bea Luffrum on 07711709039. Group meets monthly on the 1st Wednesday morning at members houses (this is a joint group with SWH).</b>
<b>Flower Arrangement</b>	<b>Contact: Jill Macey on 07736680501. Group meets quarterly on a Tuesday 2.00 - 4.00pm at Asda Community Suite. (this is a joint group with SWH)</b>
<b>French.</b>	<b>Contact: Heather Lace on 07951937064. Group meets fortnightly on a Monday at 2.30p at members houses</b>
<b>Garden Visits</b>	<b>Contact: Teresa Brunswick on 07712710811. Watch out for news of visits at the General Meeting. We currently have three visits on offer.</b>
<b>Line Dancing</b>	<b>Contact: Judy Lovell on 01923 893368. Group meets 1st and 3rd Mondays. First session 10.15am. Second sessions 11.15am (this is a joint group with SWH)</b>
<b>Listening to Music.</b>	<b>Contact: Diane Reilly on 01923 261840. Group meets monthly 1st Tuesday afternoons at members homes</b>
<b>Lunch Group</b>	<b>Contact:  Joyce Gray on 01923 263213 or <a href="mailto:rejoyce.gray@gmail.com">rejoyce.gray@gmail.com</a>. Monthly. Days and Venue vary</b>
<b>Mexican Train</b>	<b>Contact: Bernice Caffrey on 01923 672359. Group meets every 4 weeks on a Thursday at 2.00pm.</b>
<b>Philosophy</b>	<b>Contact: Jeanne Johnson on 01923 263598. Group meets monthly on 1st Monday 2.00-4.00pm. (this is a joint group with SWH)</b>
<b>Photography</b>	<b>Contact: Ken Jones on 01923 264855. Group meets 2nd Monday at 2.00pm at members homes</b>
<b>Play Reading for Fun</b>	<b>Contact: Derek Giles on 01923 270971. Group meets 1st Monday 10.00-12.00am at Asda (this is a joint group with SWH)</b>
<b>Spanish 1</b>	<b>Contact: Sue Brown on 01923 661516. Group meets fortnightly on Friday at 11.00 - 12.00am at the Royal Oak, Abbots Langley</b>
<b>Spanish 2</b>	<b>Contact: Alison Theobald on 01923463573. Group meets fortnightly on Wednesday at 10.00 - 11.00am. Venue TBA</b>
<b>Sewing</b>	<b>Contact: Tina Photi on 07427866825. Group meets Wednesday at 10.00-12.00am at Tina's home</b>
<b>Sign Language</b>	<b>Contact: Sue Hickson on 07958669311. Group will start on the 26th August and meet the 2nd and 4th Friday of the month at Asda Community Suite between 2.00pm and 3.30pm.</b>

<b>Singing for Pleasure</b>	<b>Contact: Ady Shaw on 01923 51802. Group meets fortnightly on Thursday at 10.00am -11.30am at Asda</b>
<b>Social Group</b>	<b>Contact: Ken Emmons on 01923 672139 or email kejoem23@gmail.com or Joan Gillett <a href="mailto:jgillett43@gmail.com">jgillett43@gmail.com</a>.</b>
<b>Table Tennis</b>	<b>Contact: John Simpson on 07531 542605. Group meets fortnightly at 10.00-12.00am at the YMCA Haines Way</b>
<b>Trips</b>	<b>Contact: Martin Rodel on 01923 442417. Available trips advertised at General Meetings</b>
<b>Ukulele</b>	<b>Contact: Trevor Boardman on 01923 244016. Group meets 1st, 3rd and 5th Thursday and 2nd, 4th and 5th Wednesday at 2.00pm at Tesco Extra Community Room (this is a joint group with SWH)</b>
<b>Weekenders</b>	<b>Contact: Teresa Brunswick on 07712710811. Watch out for news of visits at the General Meeting.</b>
<b>Pathfinders</b>	<b>Contact: Patrick Turner on 0923 263511 or 7954640263 for details of next meeting (this is a joint group with SWH)</b>
<b>Woodside Walk 5</b>	<b>Contact: Derryck Croker on 01923 673719 for details of next meeting. Group meets monthly on the 2nd Wednesday.</b>
<b>Quiz</b>	<b>Contact: Glen Price on 07787155461 meeting at YMCA Haines Way at 7.00pm on the third Thursday of the month.</b>

### **Interest Group news**

Seven members have put their names to start a craft group. We will have a get together at the next General Meeting. We will need a contact, (a couple of members had said they would be contact), and we will need to decide where to meet and how frequently. Hopefully we can get this group going.

### **HISTORY GROUP**

We are hoping to restart the History Group, with a focus on Local History, but with some visits, talks etc on areas further afield. We hope to be up and running in September, with a possible trip in October. We have not finalised a venue yet - probably either in members' homes, or the Hub in Leavesden Country Park, depending on numbers. If you are interested, please contact Heather Lace - email [huezit@hotmail.com](mailto:huezit@hotmail.com) or message 07951937064 so that we can arrange our first meeting on a date convenient for all, or speak to me at the monthly meeting. There is no commitment- just come along and we can plan how we want to move forward.

Thanks  
Heather

## Photographic Group

St Lawrences Church held a Craft Fair in their church hall on the 9th & 10th July. Woodside u3a Photographic Group contributed with a display showing a selection of some of their past winning photographs.

The Craft Fair had a number of stalls including Ceramics, Art displays, Jewellery, Cards etc

A number of visitors expressed an interest in joining a local u3a group so this fair might be good for recruitment. Our u3a leaflets were given to those interested.

Also ... We have now got the winners of our visit to the HARE KRISHNA TEMPLE.

Congratulations to our worthy joint winners, they are :



Ken Cotton - Hare Krishna Leader



Frances Lehane - Monk by lake

Ken Jones

Photographic Group

## Garden visits Group

In May, the garden visits group took a trip to Harefield to see The Church Gardens on a beautiful sunny day. The garden owners renovated a derelict garden that had been neglected for years. After an interesting guided tour everyone enjoyed refreshments and homemade cake!

And in June .....



the Garden group combining a trip to a fabulous garden and nursery - and then onto the seaside. Merriment Gardens are always beautiful whatever the season, offering leisurely walks throughout the well-kept grounds, and a very tempting (most of us were) nursery with a huge selection of plants and shrubs. On arrival we all tucked into a delicious selection of cakes and refreshments in their restaurant, setting the tone for a very enjoyable day.

And everyone seemed to enjoy the seaside - at the *olde worlde* Bexhill on Sea - the sun shone, swimming and paddling took place, and some fine eateries were discovered with many plates of fish and chips consumed!

Regarding the proposed **Bus Pass Travel Group**, having looked at the Interest Group Form I see that out of approximately 17 members only 3 have given me their email address, and therefore I suggest we have another huddle at the *General Meeting*.

Several have agreed to be contact for this group, but it will also need someone to look into bus timetables, and you will all need to decide on where you would like to visit, or event, you wish to attend.

Hopefully we will be able to get this idea up and running shortly.

Bernice

Interest Group Co-ordinator

## **Days Out**

### **Deal**

The weather was kind to us as we left Stanborough for a day out in Deal, Kent. It is an old-fashioned resort without the noise and hassle many seaside towns have. There were many interesting shops, the pier and castle to explore.



*The sea front in Deal and a relaxing walk.*



*Time to relax on the pier after exploring the town.*

### **Winchester and Watercress line**

Sadly the trip to Winchester and the Watercress line has been cancelled due to lack of support. Hopefully this may run another time.

### **September** (Date to be finalised)

COTSWOLD VILLAGES, BROADWAY, BOURTON-ON-THE-WATER etc

Depart Stanborough Centre 8.45am

Also Bus Stop by Kingswood Shops, North Orbital Road approx 5mins later

Fare £16.00

I need a minimum of 40 people per trip to make this viable, if not then it will have to be sadly cancelled. Martin Rodel [martinrodel@hotmail.co.uk](mailto:martinrodel@hotmail.co.uk) - 01923 442417

### **Social Group events**

28<sup>th</sup> November (Monday) London lights and fish/chip supper (Coach £15.00). Price of supper to follow. The above event is available to all Woodside u3a members

- contact me on my email address ([jgillett43@gmail.com](mailto:jgillett43@gmail.com)) for more information.

Joan Gillett



## Annual General Meeting

At the agm in June the chair and committee were voted to remain in office for another year. Joyce baked and decorated a cake as part of our Platinum Jubilee celebration and eaten along with many other cakes with our morning refreshments.

## Farewell to Our Friend Ken Appel

In 2017 Ken stepped eagerly into the Treasurers vacancy created by Anita, who reluctantly had to stand down due to ill health. A role not easy to fill, as the responsibility for handling members monies can be onerous and time consuming. Anita very generously afforded Ken support during the handover period, a position he held till very recently when he handed the reins to Alison.

The treasures post brought Ken onto the Woodside committee where he frequently hosted Woodside monthly committee meetings at his delightful home. We all enjoyed these occasions as sitting in Ken and Beulah's conservatory was a real treat, we were all able to observe the thriving oasis they had created that brought a variety of garden birds into view, feeding vigorously with confidence. Ken, along with his Treasurer duties joined various groups the one I recall most readily was the interest group that looked at a variety of local initiatives focusing on Environment, various upcycling projects, how household waste materials are recycled and advances in technology. Our last educational visit took place at the Building Research Centre (BRC), where Ken and Beulah joined the visit. A highlight was our discovery of the BRC's commitment to research and development of homes that could be easily transported with rapid assembly to global emergency disaster areas, this humanitarian initiative impressed us all. After two hours we were all looking forward to tea and cake in the Staff canteen, disappointingly such was our enthusiasm to see everything by the time we all ambled along it was closed. Ahhh well that's life, it was a jolly informative afternoon in spite of tea being off the agenda. One cannot think about Ken without remembering the wonderful August Woodside u3a garden parties hosted by Ken and Beulah. These wonderful afternoons became a highlight of the Woodside calendar. It gave me enormous pleasure to join last year's reinstated garden party after two years of cancellation due to the pandemic lockdown rules, not only to meet members but to reconnect with Ken again. During tea and scones he related to me how he had purchased part of his neighbours garden to preserve the integrity of the surrounding areas from developers who wanted to install an access road. His garden was a notable haven for wild life and he wanted to keep it that way. I retain the impression that to Ken, though very progressive, not everything is progressive.



Throughout Ken's long and full life, his family, friends and colleagues will all have their own highlights and precious memories, even though I did not know him for very long, I came to respect his calm wisdom, his commitment to the tasks in hand and his exuberance for life and enjoyment in being a part of the fledging Woodside u3a. I'm sure I speak for all members who knew Ken that his active contribution has added Woodside's success.

We shall all miss Ken but I feel one can truly say of Ken, it's has been 'a life well lived'.

On behalf of Woodside u3a, I would like to extend our sympathies to Beulah and her family for the loss of a truly generous and accomplished man.

Laila Namdarkhan (former Woodside Chair 2016-2020. )

**WANTED: NEWS & PHOTOGRAPHS**

suitable for publication please send to  
The Webmaster, Andrew Cummings at  
[andrew.cummingsu3a@btinternet.com](mailto:andrew.cummingsu3a@btinternet.com)

The newsletter is available online at  
<https://u3asites.org.uk/woodside>

**AND FOR THE NEWSLETTER**

**Copy date for the SEPTEMBER Issue is  
1<sup>ST</sup> SEPTEMBER 2022**

Send to Jo Bromwich, 01923 443758 or  
email [jo.bromwich@ntlworld.com](mailto:jo.bromwich@ntlworld.com)

**IMPORTANT CONTACT DETAILS**

[chair@woodsideu3a.org.uk](mailto:chair@woodsideu3a.org.uk)  
[membership@woodsideu3a.org.uk](mailto:membership@woodsideu3a.org.uk)  
[webmaster@woodsideu3a.org.uk](mailto:webmaster@woodsideu3a.org.uk)  
[newsletter@woodsideu3a.org.uk](mailto:newsletter@woodsideu3a.org.uk)

**As we do not have a general meeting in August,  
the next newsletter will be in September**

**The committee contact details:**

Barbara Elman, Chair - [chair@woodsideu3a.org.uk](mailto:chair@woodsideu3a.org.uk)

Bernice Caffrey, Vice Chair & Interest Group  
Coordinator - 01923 672359 [caffreyba@gmail.co](mailto:caffreyba@gmail.co)

Linda Williams, - no contact details

Alison Theobald, Treasurer - [a.theobald@sky.com](mailto:a.theobald@sky.com)

Lesley Cummings, Membership Secretary - 01923  
681478 - [membership@woodsideu3a.org.uk](mailto:membership@woodsideu3a.org.uk)

Ken Emmons, Social Secretary - 01923 672139  
[kejoem23@gmail.com](mailto:kejoem23@gmail.com)

Heather Lace, Safe Guarding & Equality -  
- 07951 937064 - [heuzit@hotmail.com](mailto:heuzit@hotmail.com)

Joyce Gray, Publicity - 01923 263213 -  
[rejoyce.gray@gmail.com](mailto:rejoyce.gray@gmail.com)

Louise Smith [louise.c.smith@hotmail.co.uk](mailto:louise.c.smith@hotmail.co.uk)  
07483214815

Ken Cotton - [mandolinken@gmail.com](mailto:mandolinken@gmail.com)'  
01923 269720

ANY ARTICLES RECEIVED AFTER THE COPYDATE MAY OR MAY NOT BE INCLUDED IN THE NEXT ISSUE  
OR MAY BE SAVED UNTIL THE FOLLOWING MONTH

So our u3a can be as environmentally friendly as possible, you are invited to bring your own mug to our monthly general meetings. These are easier to drink from and will save using paper cups. We will continue to have disposable cups for those who forget or are unable to provide their own mugs.