

REGISTERED CHARITY NUMBER: 114234

Woodhall Spa

u3a learn,
laugh,
live



VERY IMPORTANT MESSAGE - PLEASE READ

Following an assessment in order to mitigate the risk of COVID infection and after consulting u3a national guidance, the Committee have agreed to the following procedures when attending meetings:

As usual a list of members attending will be kept and may be used for track and trace purposes.

Members who have COVID symptoms, a positive COVID test or have been in contact with anyone with COVID symptoms should not attend.

Members must provide either evidence of a negative Covid test within 24hr or proof of two vaccinations against Covid. Please bring this with you or you will be refused entry. A phone or paper copy is adequate.

- Please observe social distancing at all times and follow directional signs
- The Hall will be as well ventilated as possible.
- Hand sanitisers will be available.
- The chairs will be spaced out.
- Tea and biscuits will be served but please queue in a socially distanced way
- You are encouraged to wear a face covering, especially when moving about.

We look forward to seeing you there.

The Committee

CHAIRMAN'S CHAT

The age of retirement is increasing but I hope many of us have a good number of years to enjoy this time.

Although increasing old age brings with it its problems, this is the time to take up those things we always wanted to do and to concentrate on those things which have always interested us and have given us enjoyment and pleasure in the past. The u3a gives us the opportunity to do these things, find friends who are equally interested or find someone to teach us new skills and knowledge.

I have learnt to play croquet, walked with friends in places I've never been before, learnt the names of more garden plants, discovered my ancestors and learned to dance the "Sir Roger de Coverley". All things I wanted to do earlier but couldn't find the opportunity or the time. Perhaps your personal interests are shared by other members and you could form a group.

Although I am the Chairman, the role that gives me the greatest enjoyment is being a group leader. It has been fun to introduce people to parts of Lincolnshire I did not know and to share my enjoyment of just walking. I miss the fun and laughter of country dancing.

A number of groups still have no leaders but a list of members. Please let us know if you would like to form a new group or join with others to take up the leadership of a group.

Thanks for your help
Malcom Capps

Woodhall Spa u3a needs your help.....YES,YOU!

Our current News Editor, Helen Sawyer, is stepping down in December 2021 so we need one or even two people to step forward now and work with her until December to learn the ropes and then take over fully the editing role.

It's not obligatory to sit on the Committee. So please think think hard if you can take on the role or know anyone within the membership who could. It's an important and fun role, keeping the membership in touch and helping WSPU3A move forward with new ideas and designs.

If no one comes forward there will be no newsletter in January 2022, the Christmas issue will be the last one Helen will produce.



For further information or any questions, please contact our Business Secretary Secretary@woodhallspa-u3a.org.uk or Chair at malcolmccapps@yahoo.co.uk

ON A LIGHTER NOTE**WORD PLAY**

they say the old ones are the best!

- Sound technicians hate feedback on their work
- British Nuclear Scientists love Fission Chips
- Don't iron a four-leaf clover. You don't want to press your luck.
- Isn't it scary that doctors call what they do "practice"?
- 2 monkeys shared an Amazon account. They were prime-mates.
- I need an anagram for 'Nuclear' but the answer's unclear.
- Those found guilty of using too many commas will get a long sentence
- Bread is like the sun. It rises in the yeast and sets in the waist.
- Charity money for a marathon. They'll just take the money and run!
- I went to a JCB exhibition. It was groundbreaking.
- I watched Oscar Wilde's play Lady Windermere but I'm not really a fan.
- Who invented the Round Table? Sir
- Just got hit by a rented car. It Hertz
- BBC producer 'You have the perfect face for radio'
- Whenever I feel the need to exercise, I lie down until it goes away
- I've taken up pottery in my retirement. Just kiln time

AUGUST -POP MUSIC QUIZ

1. Which dance favourite became Kylie's first UK million-seller?
2. Which Village People chart hit was made up of initial letters?
3. Which boy's name took Sister Sledge to No. 1 in 1985?
4. Cheryl Jones and Sandra Denton spiced up their names to what?
5. Who recorded the 2002 No. 1 album "Come with Us"?
6. Which Doors song was given the disco treatment by Amii Stewart?
7. In which song does the line "Too Ra Loo Raa Loo Rye Aye" appear?
8. Which girl group backed Disco Tex?
9. Who was too sexy in 1991?
10. Whose name comes before the Mastermixers? (answers on back page)

News from Groups

A MESSAGE FROM GROUPS' CO-ORDINATOR**GROUP NEWS**

Many of our groups have started meeting again now that restrictions have lifted and it has been good for members to meet up with 'old' friends. The groups' sheets will be on display in Coronation Hall at the September meeting, so please take time to have a look to see if there's a group you might consider joining. If you already belong to a group

but wish to leave then please cross through your name to open a place for another member.

If you have an interest and we don't have a group then please take one of the blank sheets and complete the subject name and your details so we can see if there are like-minded members to form a group.

One new group will be Dog Walking so if you have a four-legged friend and would like company on your walks then please sign up. We will also be starting a new French group, together with a Reading Group. We can start a group with as little as four members, so don't be shy!

We currently have several groups with no leader. This is not a particularly onerous role, but each group does need to have a contact name. The leader can then decide whether they want to take control of the administration of the group or share the responsibility with one or two other members. The groups in question are:

Quiz, Bridge, Short Walks 2, Lunch Group 3 and Gardening

These have all been well established groups and it will be sad if they have to close. Why not share the role with another member?

A colleague in Horncastle u3a has been telling me about a group they have which is a Financial Forum. This consists of members who have had careers in accountancy, banking, stockbroking, etc., enthusiastic amateur investors and members just interested in finance. They simply meet on a regular basis to discuss their personal experiences and share advice on all things financial. Please add your name to the sheet on the table if this appeals to you.

Val Shurben
Groups' Coordinator

FIVE MILE WALKERS GROUP - August 2021 Walk.

The walks around Bag Enderby and Somersby are well known classic Wolds walks so we try not to go there too often as a group.

But it would be difficult to find a walk more typical of the Wolds landscape. Thatched cottages, rolling hills, views across a

patchwork of cornfields and pasture, small peaceful villages each with a gem of an ancient church and little streams bordered by quiet shady woods and all on a day of sunshine and blue skies. Some said the the names reminded them of the works of E M Forster but for those born in Lincolnshire the " byes, thorpes, hams and tons seem everyday familiar places. Kirkby with Muckby-cum-Sparrowby-cum-Spinx is down a long lane in the county of Lincs."



We followed the green lane towards Brinkhill before climbing to the hills above Somersby. Stopping to look down on Somersby from Bugs Parlour we visited the church before walking on to Stainsby. This tiny hamlet gives views back to the two villages and across to Hagworthingham but it is also the home of two lamasf. We had already seen buzzards, kestrels and guineafowl.

Through fields that still remain unharvested, we arrived back at Bag Enderby for our picnic.



There are few days that are not improved by cake or should I say Victoria sponge with damson jam or chocolate or lemon. Thank you Steve and Pat Parry. Sitting by the Church, in the sunshine, with friends, it was the end of a perfect morning.



Malcolm Capps.

WOODHALL WANDERS - JULY JAUNT

Photo courtesy of Richard E Flagg

On Wednesday 28 July 22 Wanderers flash mobbed the Blankney Walks car park and monopolised the whole place, double parking to get all the cars in! This was our best turn out since prior to Covid lock downs.

As usual the weather couldn't make up its mind what it was doing and listening to the forecast was the usual waste of time.

We set off from the car park and immediately had a flying display from a red kite, wheeling and diving across the field to our left. We did stop and watch for a few minutes until his display finished.

Carrying on, we crossed fields with maize high above our heads and bridged streams. In the corner of one field there was a memorial to the crews of a Lancaster and Hurricane that were lost when they had a mid-air collision during WW11. Unfortunately during a training flight.

Part way through the walk we stopped for a coffee and Tom told us some of the history of the land and that it had been used by the monks for sheep farming.





After the dissolution of the monasteries it had been used to breed rabbits and they had miles of limestone or turf walls topped by gorse bushes to segregate the black, grey and silver rabbits to ensure the furs produced were of a pure colour.

Whoever owns the tracks we walked would appear to have found a very cheap source of limestone as there seemed to be hundreds of tons of the stuff on all the tracks. Whilst it may be hard wearing with farm machinery traversing it regularly, it was very hard going

walking on the stuff. Our walk was about 4 miles and most enjoyable. Many thanks to Carmel and Tom, our leaders for this walk.

John Cotton. - Group leader

MAHJONG GROUP

The Mahjong group has met again this month for the first time since March 2020. We enjoyed several games of Mahjong and although we hadn't played for so long it all came back very quickly. We enjoyed the chance to see each other and catch up and enjoy a cup of tea and biscuits.



Liz Desombre - Group leader

OUTINGS AND THEATRE GROUP

The Outings Group will be holding a meeting on Tuesday 7th September in the Methodist Church at 10am to discuss future outings and also to decide on a new venue for their meeting, as the Methodist Church will not be available after that date.

The Outings committee look forward to seeing old friends and new so please come along and help us decide what exciting outings we can organise for 2022.



Sue Pollitt
The Outings and Theatre Group Committee

A REVIEW OF “THE SHOW MUST GO ON “ – WITHOUT ME!

Simon Gilbert – August’s guest speaker.

After a trial run on Zoom, a few days before 5th August this month’s speaker Simon Gilbert provided me with the soundtrack of his songs ‘Showboat’, ‘Some Enchanted Evening ‘ and ‘The Impossible Dream’ for which there are videos on YouTube of him performing, to which I would add the soundtrack of his talk to members. However this was not to be, as members joined Zoom at the appointed time Simon was unable to log into our meeting as dozens of others had done successfully. I was constantly on the phone with him and he rebooted his PC numerous times without success.

As successful as Zoom is for many, that day was not one of those days.

Thankfully our Zoom events are coming to an end and we once more will begin to enjoy the face-to-face meetings of our monthly meetings at Coronation Hall.

PAUL MEMBREY

Speaker Finder

Rob's Monthly Update August 2021

News from County Councillor Rob Kendrick

Dear resident,

Please see my latest newsletter:

(Feel free to share this information)

More improvements to schools for children with special needs.

Last month the Children & Young People Scrutiny Committee gave its backing to several projects designed to upgrade schools for children with Special Educational Needs and Disabilities. This is part of a continuing programme to ensure children can access facilities not too far from home. Prior to the programme some children had to travel long distances to get the help they needed.

Remembrance Training

You may be aware that Lincolnshire County Council Highways and Lincolnshire Police have delivered awareness training for organisers of Remembrance / Constitutional Parades (e.g. St Georges Day) for the past few years. At the training, advice is given regarding responsibilities as an event organiser, safety and legal advice, the required Traffic Order processes, and signs and equipment are provided to allow organisers to deliver these important events in a legal and safe manner.

The training was unfortunately cancelled last year due to Covid-19, and it is therefore our intention to deliver training this Autumn – provisional date of 20th October 2021. This will cover refresher training for those who have attended in the past and also we would welcome any new organisers who have not yet attended.

Further details and an invitation to book these courses will be sent out soon to organisers of such parades (who we are aware of). The courses will be approximately 3 hours long.

Covid vaccination programme

The Lincolnshire COVID Vaccination Programme continues to make excellent progress in vaccinating the population across the county. The headline position is that we have recently passed the 1 million vaccines milestone in Lincolnshire which is an amazing achievement by our teams. Approximately 550,000 firsts and 450,000 seconds.

Lincolnshire met the national target of ensuring that all adults were offered a first dose by 19th July 2021. Latest data indicates the uptake of first doses across our total adult population is 85%, and of both doses is 70%. Within this, we have exceeded the national target of 85% of those aged over 40 receiving both doses by 19th July 2021 (Lincolnshire achievement = 86.5%). The total adult population (GP registered) in Lincolnshire is 651,000.

Of our most vulnerable population, currently 95% of all over 80s have been fully vaccinated, as have 95% of 75-79 year olds, 96% of 70-74 year olds, and 93% of all Clinically Extremely Vulnerable (CEV) people aged 16-69. Small numbers of these groups are still coming forwards for a vaccine with for example a 3% increase in the CEV group within the last month.

The level of performance of the Lincolnshire Vaccination Programme compares very well with all other health systems in the Midlands Region, and against the national position. The continued dedication and hard work of NHS staff, volunteers, and partners is hugely appreciated

Posted by Paul Membrey

GUEST SPEAKER - 2nd SEPTEMBER 2021

“ SING IT LOUD “ - With Liz McIntosh

Liz leads a Capella community choirs around Lincolnshire, including the fun and lively group in Woodhall Spa. With the strong belief that singing is for everyone, and that anyone can sing, she will help us blow away our lockdown cobwebs with an interactive session of songs and laughter.

FUTURE EVENTS

DATE	TOPIC	SPEAKER
21st September.	Sledmere House & Gardens, Driffield.	Outings Group

£35 cost includes coach fare, driver's tip, entfee and a guided tour.Coach departs 8am and returns from venue at 4pmPayment must be made by cheque by 16th July.

****FULLY BOOKED** Reserve List Held**



7th October	'Hedgehog Street'
Jane Marriott	

Jane runs the Timberland Hogspital and will help us understand more about hedgehog ecology, behaviour and conservation. As a species under threat, it is vital that we all do our bit to help preserve these lovely animals.



4th November	'A History of Jive'	Claire & Neil Seabrook
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Join Claire and Neil of Boston Jive for a history of dance through the years. Enjoy a demonstration of dances from the 40s and 50s and take a chance to relive your youth by taking to the floor.

FINALLY A NOTE FROM YOUR EDITOR.....

It's been a very changeable month weather wise but that has not stopped Woodhall Spa being the busiest, other than the 40s weekends, that I have seen it with all the "staycationers" here in the village and surrounding areas.

Thank you to all who took the time to fill in the Facebook survey. It has given the Committee food for thought and a decision will be made in the near future. A brief summary is below. (anyone wanting full info, please contact Comms. Officer at infotech@woodhallspa-u3a.org.uk)



Happy reading

WSPU3A 2021 FACEBOOK SURVEY RESULTS

Full membership approx **220**, emails sent out to **188** subscribed members (difference is where members in same household use only one email address, Mailchimp only sends email once to the same address)

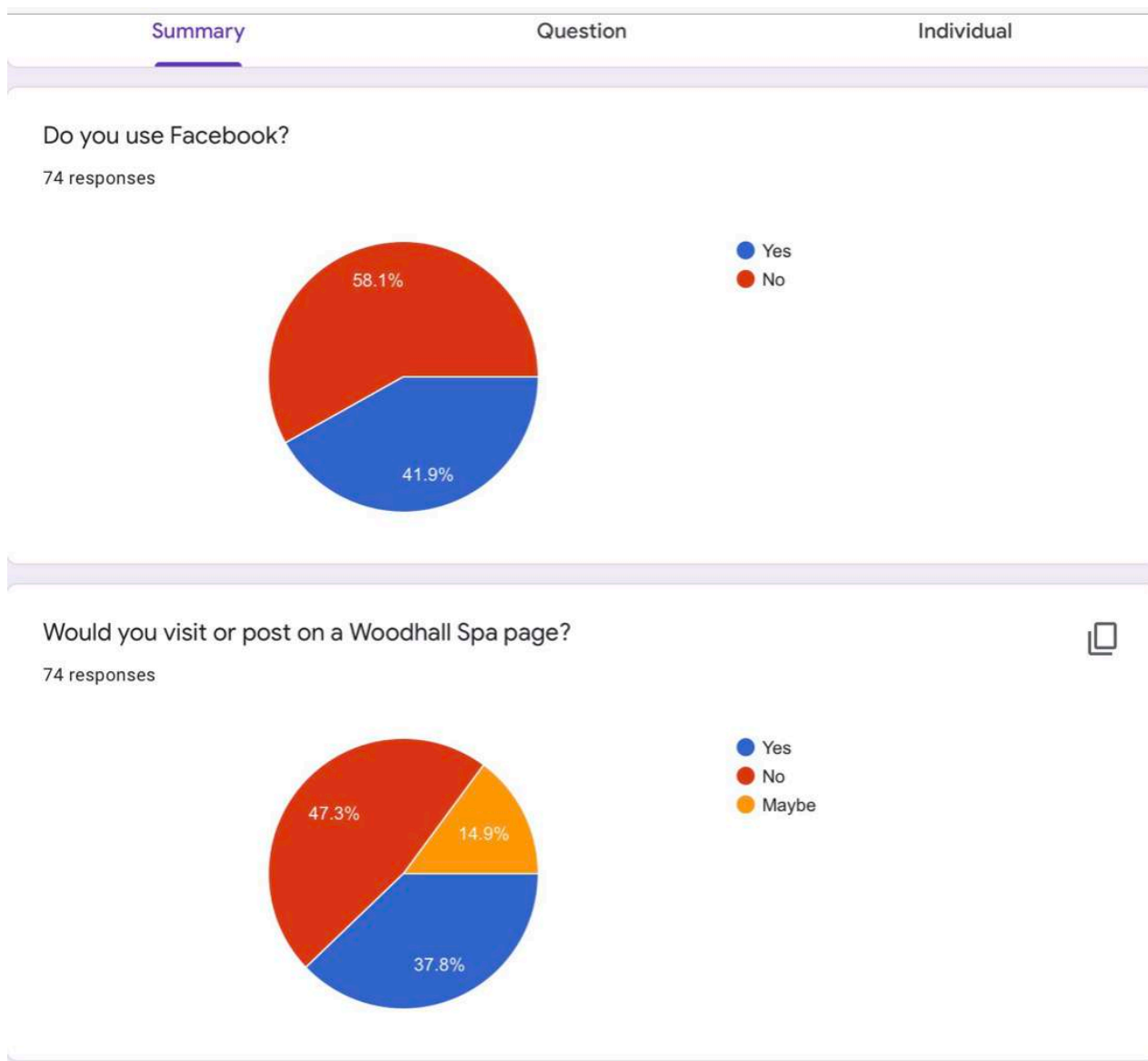
Out of the approx **220** members (**186** subscribed) we had **74** responses in total to the 3 questions asked:-

(1) Did the members access Facebook, responses - **58.1%** voted **yes**: **41.9%** voted **no** (**43/31** members respectively)

(2) Would they visit/ post a Woodhall Spa page , responses - **47.3%** voted **yes**: **37.8%** voted **no** and **14.9%** voted **maybe** (**35/ 28/ 11** member respectively)

(3) What content they would like to see (response - free text)

In brief



- * do not use Facebook :invasion of privacy : to be avoided
- *
- * summary of WSPU3A
- * Group activities and vacancies
- * news about events, photos
- * written word only no photos

As you will see I am standing down from my role as Editor at the end of the year, I have enjoyed my time putting together the Newsletter, seeing all your write-ups on activities, photos and events and being able to share them via the Newsletter over almost 4 years. I am sure there is someone out there with a vision of how they would like to see our Newsletter progress. Please do come forward and take our newsletter as Buzz Lightyear says **“TO INFINITY AND BEYOND”**

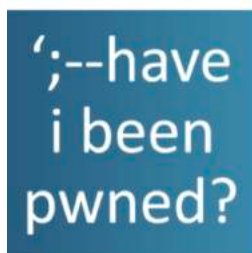
However, for now I still need your write ups, photos, poems and jokes etc for the next edition, so please send in your contributions to me at newsletter@woodhallspa-u3a.org.uk No later than 5 pm on Tuesday 28th September 2021.

Have a good month; I am sure we are all looking forward to going back to “live” monthly meetings, so I look forward to seeing you on the 2nd September.

Your Editor

Helen

Fellow members,
I found this website to be useful back in 2015-2018 when my email had been compromised.



Have I Been Pwned: Check if your email has been compromised in a data breach

Pastes you were found in. A paste is information that has been published to a publicly facing website designed to share content and is often an early indicator of

haveibeenpwned.com

[Have I Been Pwned: Check if your email has been compromised in a data breach](https://haveibeenpwned.com/)

[https://
haveibeenpwned.com/](https://haveibeenpwned.com/)

Always worth a visit, then change your password.

Paul Membrey

POP MUSIC QUIZ ANSWERS

1. Can't Get You Out of My Head
2. YMCA
3. Frankie
4. Salt 'N' Pepa
5. Chemical Brothers
6. Light My Fire
7. Come On Eileen by Dexy's Midnight Runners
8. The Sex-O-Lettes
9. Right Said Fred
10. Jive Bunny

photographs of the gorgeous butterflies on my buddleia. By Gill Galletly.

