

Model T Ford– Seen at the 40s Weekend

Photo by Ced Shurben

The Committee's Briefs

Contact the Committee

You can use this link to send a message to any of our Committee:

<https://u3asites.org.uk/woodhall-spa/contact>

Chairman's Chat

Orwell said "We are a nation of flower-lovers, but also a nation of stamp-collectors, pigeon-fanciers, amateur carpenters, coupon-snippers, darts-players, crossword-puzzle fans."

We gain enjoyment from small joys and there is something admirable about our ability to obsess over the small pleasures that life has to offer.

Malcolm Capps – Chairman

The Third age gives us that opportunity to enjoy in greater depth the interests of our youth, or to learn about those things we always wanted to but never got round to. Given the wide range of our membership there is probably someone else who is interested to learn similar things, so why not form a group?

Groups News

We have yet another new group, **SUNDAY LUNCH**, which will be meeting on the first Sunday of each month with the members taking turns to select an eaterie. Please sign up if you would like to join them.

You may have read in last month's Newsletter about the **UKULELE GROUP** we are hoping to form. A few members have now signed up for this, but more are needed. Please add your name if this is of interest to you, or if you would like more information then please contact Claire Rolfe on 01526 342528.

The waiting list for **SUPPER CLUB WITH DISCUSSION** has enough names to start

Val Shurben – Groups' Coordinator
Groups List

You can use this link to find a current list of the groups we support, and how to join up:
<https://u3asites.org.uk/woodhall-spa/groups>

another group. If your name is on this list then please contact me to let me know whether you are still interested in joining the group. Some of you may have signed up pre-lockdown and forgotten, so just check the sheet at the next monthly meeting. If your name is there but you are no longer interested then please delete it.

You will see from above that it is certainly worth adding your name to any group where there is a waiting list. We have several groups who started in this way, so please don't be disheartened because the group is full, just add your name, phone number and email address.

Online u3a

Find out more:

You can use these links to search for ways of furthering your interest in specific subjects, or even take part in some competitions:

Our own WSPU3A website

<https://u3asites.org.uk/woodhall-spa/welcome>

u3a Radio Podcast

The monthly podcast showcases the amazing things happening across the movement. Have a listen here.

<https://youtu.be/dceR6f7Bvt4>



The Art of the Goldsmith:
Dunstan Pruden and his legacy

<https://www.eventbrite.co.uk/e/the-art-of-the-goldsmith-dunstan-pruden-and-his-legacy-tickets-371231973827>

Coming Soon

Upcoming Events list

You can use this link to find more details on all the events in our diary:

August 4th

2:30pm to 4pm
Coronation Hall

'When Birds Sing' An illustrated talk by Saffron Summerfield including some of her own recordings of bird songs and calls. She will discuss why, when and how birds sing, with tips on identifying the birds in your garden from their song.

September 1st

2:30pm to 4pm
Coronation Hall

'Alfred Lord Tennyson- Poetry and Art'. Dr Jim Cheshire, Associate Professor in the School of History & Heritage at the University of Lincoln will share some of the insights he has gained from his studies of our local celebrity.

October 6th

2:30pm to 4pm
Coronation Hall

'Masters of Mirth' An affectionate look at some favourite Music Hall laughter makers with examples of their acts and famous monologues. Our speaker, Mike Storr, is a Freeman of the City of Lincoln and has a long fascination with the Victorian and Edwardian music hall .

Around the Groups in 30 days

Woodhall Wanderers

July Jaunt – Tetford



Scouting for Walks

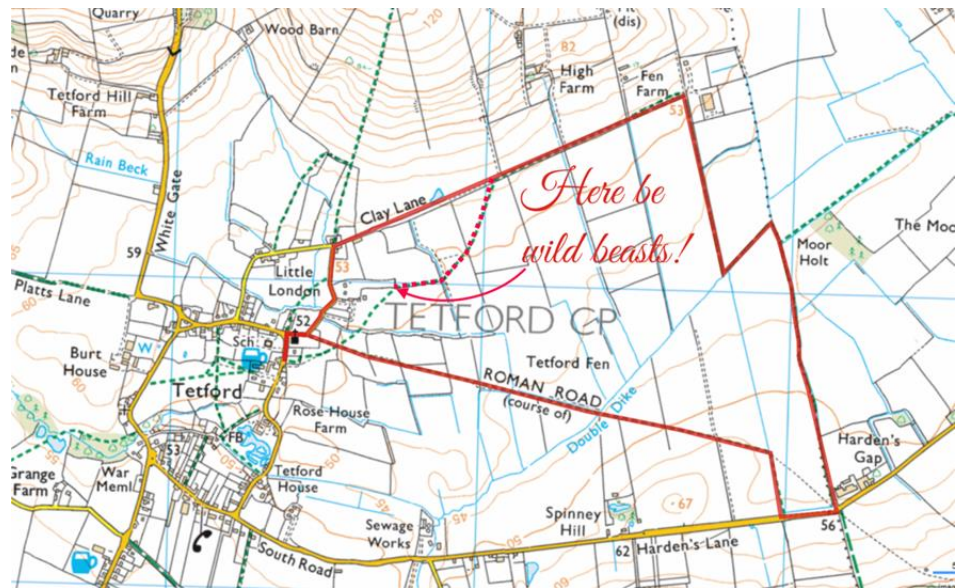
As we all know, 'Groupness' comes with some responsibilities on the part of members to shoulder some of the tasks upon which the existence of the group depends. In the Wanderers we are asked to source and lead one of the 12 walks we have in the year, though Group Leader John Cotton, together with Wendy have to pick up the slack on occasion. Carmel and I had signed up for leading this month's walk, so around a month ago we started scanning the Ordnance Survey maps to try and spot a suitable one.

It's not so easy to find a circular walk of about 4 miles with a nearby place to park cars, but Tetford seemed to offer a potential route, which included a Roman Road no less – ideal for a little local story-telling, so off we went to scout it out.

[Continued](#)

Tetford – Continued

We walked it twice (shown in red on the map). The first time, in the anti-clockwise direction, we were unable to return to our starting position without disturbing some frighteningly large horses that seemed to be deliberately blocking the exit point of the field they occupied.



Ordnance Survey Explorer Map 273

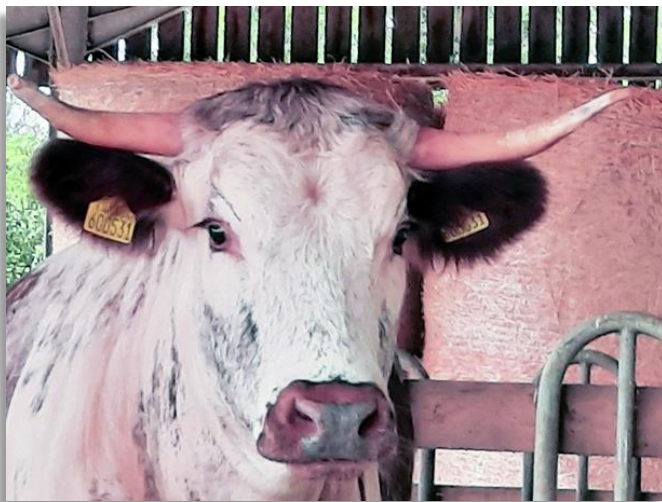
On our return visit we took the clockwise path and avoided the horses altogether.

Happy we had found our horse-free route, we secured the use of the Village Hall car park with a phone call and then waited for the day, watching the weather forecast carefully, hoping for 'not too hot' and 'not wet'.

Disappointingly, our research of the historic village of Tetford revealed little else than a few tidbits of info, which i nevertheless memorised for passing on to the group en route.

Talking The Walk

The day itself was perfectly cast weatherwise, and fourteen of us convened in the car park and waited for the 10:30 starting gun. A quick pep-talk from Group Leader John and we were off, yours truly leading the way, with Carmel watching my moves from mid-group, as i have been known to forget the cues for turns and stops.



Sure enough, half way down Clay Lane, i got **The Call** to return and deliver the story of the Tetford Longhorn rare breed of cattle, known as Britain's oldest Beef Breed, and its rescue from extinction to become a Royal Show Champion.

Just as the group should be hanging on my every word the farmer himself drove up and parked in the yard. Pat Budge took the opportunity to question him about the animals and even managed to take a snap of a lovely *lady-of-the-hay*, who was, sadly, as the farmer told us, earmarked for the table.

Continued

Tetford - Continued

The hills around Tetford are so good looking i was surprised to not find a single artist's rendering of them on the Internet. On our first attempt at the walk, the hill to the North of the village was ablaze with red poppies.



Rovers' Gallery
Back to today, and we all stopped for a break near Moor Holt, whereby, as we ate our apples and drank our water, and as i offloaded more valuable (?) knowledge regarding the upcoming Roman Road, we were persuaded to render our *visogs* for evermore as mementos of the day.



Continued

Tetford – Continued **The Olde Salt Road**

Heading West, back to the village, we entered an avenue of hedging that clearly marked the Roman Road, which had served as part of the route for transporting salt from Norwich, via a ferry-cross-the-Wash, and on to Lincoln, back in days of men in tunics and sandals.

Homeward Bound

There's always a touch of sadness mixed with a little relief when the end of the walk comes into view, and the graveyard of St. Mary's, a 14th century greenstone church, which had marked the beginning of our journey, beckoned us across the remaining field to the end.



A few of us ventured into St Mary's to take in some of that atmosphere that you can only really find in old sacred places, and then, after an unsuccessful search for the grave of two unfortunate gypsies who met their demise on the wrong end of a lightning bolt in 1831, we said our goodbyes and made our way home, a morning well spent and four miles of Lincolnshire behind us.

Tom Sefton

Photos – Pat Budge & Tom Sefton

Gardening

Ludney House Farm



The gardening group met on the third Friday in July as the second Friday fell on the Woodhall Spa 40's weekend. A visit was made to Ludney House Farm situated near Grainthorpe north of Louth. A beautiful, well maintained 3 acre garden which has many different aspects.



The owner met us and kindly spent the afternoon showing us around, describing the history and creation of all the many areas.

Trees, shrubs, herbaceous borders, rose garden....
[Continued](#)



Ludney House Farm – continued



.....pretty walkways and formal areas. So much to see and so many very different, unusual plants to catch the eye.

Also an extensive pond and wild flower places, which encourages lots of wildlife and birds.



Before our departure we were served delicious cake and tea. A lovely sunny afternoon spent in a wonderful garden.

Elizabeth Leach –Group Leader

Home Computing for Fun

Digital Photos

Nowadays we can take photos on a lot of our devices. We don't even need an actual camera anymore. It's very easy to just catch a moment on our phone or iPad without checking speed or focus, it's all done for us.

And in this new digital age the quality of our pictures has improved too. Our photos are now files stored on our devices, so we can print, share or delete them.

The dimensions of a digital photo are expressed in terms of its pixels, for instance, "800 x 600" or "1520 x 1280" where the first number is the width of the photo and the second number the height of the photo.

A 'pixel' (short for 'picture element') is a tiny square of colour. Lots of these pixels together can form a digital image. Every one of the squares is a pixel. To store the picture, the device simply records a number to represent the colour of each square. The more squares in the grid, the better the images will look. Images can be saved in a number of file formats, which I will cover in detail next month. These formats all use pixels in some way to store the picture.

Because these digital images are stored as a file they take up storage space on your device. The *size* and more importantly *quality* (resolution) of the image dictates the file size. The bigger and higher resolution will have more pixels and therefore be a bigger file. Sizes of digital photo files are measured in kiloBytes (kB), MegaBytes (MB) and GigaBytes (GB), the same as document files.

You can change the resolution of photos taken on most devices in the camera settings on your device *to save on storage space*.

Because the quality of photos now on most devices is very good a lower resolution setting is fine for most people's needs. However, even the lowest quality resolution can be a large file size, particularly if you need to share it with an organisation or publication that specifies a size ([the U3A newsletter, for example, prefers most photos to be at least 100 kB](#)).

This raises the question: How can I make my photo file smaller?

Unfortunately, there is not one answer that covers all devices. You can download Photo Editing Software, either purchased or free that will help you to do this. I have no experience of these so cannot make any recommendations.

It is possible to resize a photo on most devices, but the method does vary, so I will cover as many options as I can. All of these options make a photo smaller. I have not found a way to make a photo file bigger without specialist software and a reduction in quality.

Of course, firstly you need to know what size your photo is to start with so these instructions include that too.

[Continued](#)

*Digital Photos – Continued***Android devices**

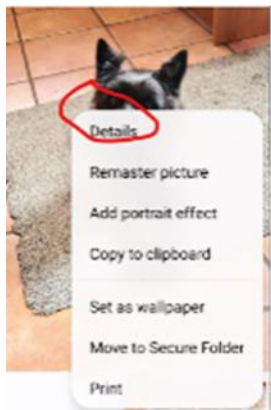
I am using a Samsung mobile for this example which uses Samsung Photo Editor. Other Android devices may differ from this.

From your device menu, select **Gallery** and go to the pictures option.

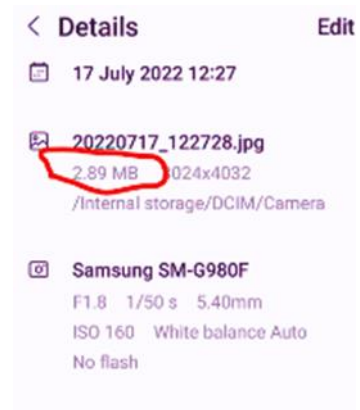
Select the photo by clicking on it.

You will see that under the photo there are some symbols. The ones you are interested in are the pencil (edit) and the three dots (menu).

To check the current size of your picture, select the three dots.



Select **Details** from the menu that appears and you will see the details about that particular picture including the size, which is **2.89 MB**, which we will need to make smaller



Next, come back out of that menu and click on the pencil, which will show all the photo editing options.

Again there are three dots on the right so select those.

You should now have options that include **Resize**.

Once you select this you will have options to make the photo smaller by percentage increments.

Once you have selected an option and **Done** it will revert back to the previous screen.

You then have the option to **save** (to go ahead) or **revert** (if you change your mind).

Once saved the photo will be smaller. For example I took a 3.4 MB photo and resized it to the smallest available (20%) and it is now 276 kB.

Apple devices

Now, as most of you know my knowledge on iPads and iPhones is a bit more limited. Because of this I am happy if anyone can contradict me on the instructions I am about to share.

You may be able to view the size of your photos by swiping up on them. This is available on the latest software updates but may not work if you have an older model (my iPad is IOS 12.5.5 and we are now on iOS 15.6). I have not found a way to resize photos directly in the **Photos** app. However, the email tip below is one way of doing it.


[Continued](#)

Digital Photos – Continued

There are a couple more ways I have found to check a photo's size.

Firstly, if you select a photo and go to send it in an email, the size is shown (You can cancel the email once you have done this) or you can install Google Photos and view them in that app, although Google Photos will not resize either.

I have also just found that you can [change the size](#) of your photos if you email them (who knew?):

When you select a photo and click on the **Send** button  and then choose email from the options, your picture is shown *with its size*.

If you then click on the size, four other size options will appear that you can select from, that will send a smaller picture.

Of course if you do not actually want to send the photo, but use it yourself at a smaller size you can email it to yourself and then upload it onto your device.

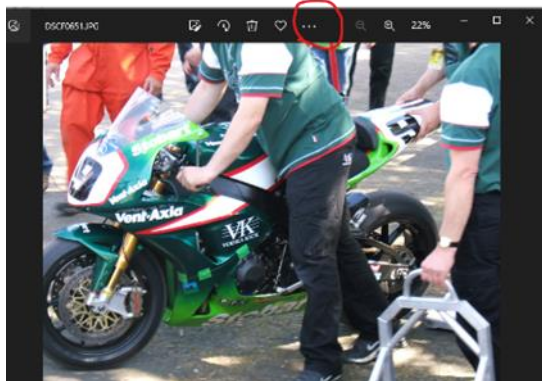
Please note – Other devices (not Apple) may also have the option to resize sent photos but I have not come across these.....yet??

Windows PC

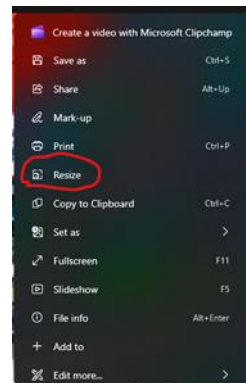
In Windows 10 you can use the **Photos** App to resize your photos. This is the most straightforward.

When you click on a photo to select it the Photos App should open automatically.

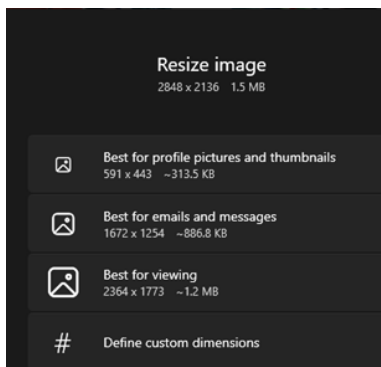
If it doesn't, go to **Settings/Apps/Default apps** and select Photos App as default.



Once the app is open and displaying your photo select the three dot menu at the top of the screen.



Then select **Resize** from the options that appear, and chose the size that you want from the next screen (the current size appears at the top).



There is also an option to select custom sizes.

Of course if you find the first two options complicated you can move your photos onto your PC and resize them there using this method.



Your monthly guide to what it means....

Blogs and Vlogs

Blogging refers to writing, photography, and other media that's self-published online. Blogging started as an opportunity for individuals to write journal type entries, but it now often used by businesses to communicate with their customers. The hallmarks of blogging include frequent updates, informal language, and opportunities for people to engage and start a conversation.

There are all types of blog. For example, travel blogs may feature many pictures with few written passages, while beauty blogs may review the latest lipstick. The popularity of YouTube and similar sites also gave rise to video blogging, or "vlogging." Individuals now invest in costly video equipment and lighting to film these.

However, you may have read about bloggers making money with their blogs or vlogs. This is because advertisers pay to post on popular ones that get lots of views. Likewise, bloggers will often be given products to try or demonstrate on their sites.

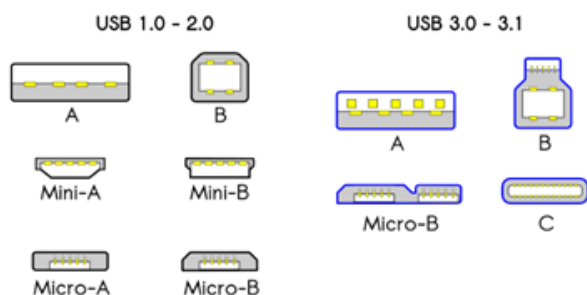
Here are a few sample blogs. I have taken these examples from Saga's website, but have not viewed them myself. There are plenty to choose from.

- <http://whatsheonabouthnow.blogspot.co.uk/>
- <http://blogs.channel4.com/snowblog/>
- <http://veggies-only.blogspot.co.uk/>

USB

USB stands for Universal Serial Bus. It is a connector, normally a cable, which allows a computer to communicate with peripheral and other devices. USB connected devices cover a wide range from keyboards and mice to music players and Flash drives.

USB may also send power to certain devices, such as powering smartphones and tablets to charge batteries.



USB connections vary by shape and speed. USB 3.0 is faster than USB 1.0 or 2.0. The standard connection that you plug in your pc is USB A. Other types will allow connection to other devices such as mobile phone or iPad. There are many permutations of USB connection cables and lengths and it is important to check you have the right one if purchasing.

Heather Maslen – Group Leader

Find out more

If you have any questions about these articles, follow this link and click on the bird on the Home Computing for Fun page on the Woodhall Spa U3A website:

<https://u3asites.org.uk/woodhall-spa/page/115109>

Five Mile Walking

Fulletby to Salmonby

We started from the bus stop in Fulletby and walked across the fields to Salmonby following a path beside the valley and blue fields of linseed, eventually reaching the lake.

From there the road rose up to Holbeck. Turning immediately left we cut across the fields to Clapgate and then skirted Hoe Hill back to Fulletby. A walk of just under 5 miles and a descent and climb of 580 feet .



Meadow Brown



Chicory

Fulletby gives a wonderful vantage point across the Wolds and towards the Cathedral.

There is still a lot of pasture on the Lincolnshire Wolds, which results in a patchwork of hay fields and pasture stocked with beef cattle. Butterflies are common, mainly meadow browns and ringlets.

When I reccied the walk the hay had not been cut, but a week of fine weather meant that by the time of the walk the fields had been cut, turned and bailed, which made walking easier. Buzzards are now a frequent sight in the countryside and a walk in a Lincolnshire field usually results in a hare getting up.

We noticed that chicory is common as a wayside flower, probably an escapee from field boundary sowing. This led to an animated discussion of Camp Coffee. Did you know it is 25% chicory and only 4% coffee and the company also produced a raspberry cordial which when mixed with brandy is known as "Cuddle-me Dearie"? Surprising what some people know.

A pleasant morning's stroll in wonderful country among stimulating company.

Malcolm Capps – Group Leader

Birdwatching and Wildlife

Our last meeting on the 22nd July was by kind invitation of u3a member David Leech to his land, which he is developing into an area to support and encourage all kinds of wildlife. We had a very interesting morning, which began by David telling us about his plans for the site and what he has done so far. We then spent some time walking the site, looking and listening for birds and anything else of interest. We identified more birds by sound than sight, helped by those members with a lot more knowledge than the rest of us! We saw house martins, swallows, sparrow hawk, swift, and heard yellow hammer, buzzard, wren and woodlark. We also saw Damselfly, caterpillar cinnabar moth, butterflies and many bees.



After the walk, David provided us with coffee and then showed us his bird boxes and rainwater harvesting system. He also showed us where he stores the plastic milk bottles he collects from the disposal sites in the village and then takes to Polypipe for recycling. David is the instigator of the local recycling of plastic milk bottles. Everyone had a very enjoyable morning.

Ann Fletcher – Group Leader

The Final Word

Feedback

You can use this link to view past issues of the Newsletter, or to send a note to the Editor:

<https://u3asites.org.uk/woodhall-spa/page/113917>

Feedback, please

I would very much like to hear from you about what you like and don't like about the Newsletter. All constructive feedback is always worth listening to, so please feel free to tell me your opinions. Please use the link above to get in touch.

I am indebted to those who have taken time to contribute to this edition of the Newsletter. Many thanks.

Take care out there,

Tom Sefton – Editor