



# WSPU3A Newsletter

June/July  
2022



Ateen SHUN! – Seen outside Russell Green

Photo by Ced Shurben

## The Committee's Briefs

### Contact the Committee

You can use this link to send a message to any of our Committee:

<https://u3asites.org.uk/woodhall-spa/contact>

### Chairman's Chat

I should have been running a 10k in a summer solstice race, but idleness, lethargy and general weakness meant that I would probably have finished in the dark. Instead I accepted an invitation to play croquet in a friend's garden. The interesting thing was that most of us had become friends and learned to play croquet through the u3a.

Malcolm Capps – Chairman

I have recently passed my three score years and ten. Apparently I have only "labour and sorrow" to look forward to. Cake, tea, strawberries and cream and a glass of Pimm's with good friends doesn't seem much hardship to me. By the way when is the Lincoln 10k? What about a u3a running group?

## Groups News

We now have enough members to start the **SUNDAY LUNCH GROUP** and we will be meeting at The Golf Hotel on Tuesday 5th July at 2.30 to discuss over a cup of tea how they wish the group to be run. If you are thinking of joining the group we'd be happy to see you at The Golf.

We have previously had two very successful **FRENCH GROUPS** and I have been asked if we could start a new group. I don't know if the intention is just for conversation or more, but if this is something for you and you'd like to be one of the 'founder members' deciding how you would like the group to proceed, then please add your name to the two we already have on the sheet at the monthly meeting.

There is also interest for a **POETRY GROUP**. This might be poetry you have written, or just enjoyed, classic or modern. The sheet will be on the table.

Val Shurben – Groups' Coordinator  
**Groups List**

You can use this link to find a current list of the groups we support, and how to join up:  
<https://u3asites.org.uk/woodhall-spa/groups>

Please read Claire Rolfe's introduction to the **UKULELE GROUP** (*see Coming Soon*) which she is keen to start. Again, the sign-up sheet will be on the table at the monthly meeting.

Unfortunately we still have a problem with members not telling the group leader when they are unable to attend a group meeting. It is a courtesy to advise them, and *if members are absent for three of the group's meetings without an explanation they are automatically taken out of that group*. This then allows any potential member who is on the waiting list to join the group.

**One last request** – PLEASE add your telephone numbers and email addresses as well as your name when signing up to join a group. This will save me an endless amount of time looking them up on the Membership List. Thank you.

## Online u3a

### Find out more:

You can use these links to search for ways of furthering your interest in specific subjects, or even take part in some competitions:

Our own WSPU3A website

<https://u3asites.org.uk/woodhall-spa/welcome>

u3a – Online Learning Events

<https://www.u3a.org.uk/events/educational-events>

u3a Radio Podcast

The monthly podcast showcases the amazing things happening across the movement. Have a listen here

<https://youtu.be/qLmT3mHj95Q>

Paulette Szklarz: Young Survivor

Debra Barnes will tell the story of how her mother avoided being sent to Auschwitz when all around her were not so lucky.

<https://www.eventbrite.co.uk/e/paulette-szklarz-young-survivor-tickets-354694168807>



## Coming Soon

### Upcoming Events list

You can use this link to find more details on all the events in our diary:

<https://u3asites.org.uk/woodhall-spa/events>

General Meeting at Coronation Hall  
July 7<sup>th</sup> at 2:30 to 4pm

#### Happy Endings

A humorous look at death and bereavement. The speaker, Guy Otten, will share some of his experiences and look at some of the different funeral options now available.

General Meeting at Coronation Hall  
August 4<sup>th</sup> at 2:30 to 4pm

#### When Birds Sing

An illustrated talk by Saffron Summerfield, including when and how birds sing, with tips on identifying the birds in your garden from their song.

## Ukulele

### Proposed Ukulele Group – Outline of Purpose and Aims

Prior to Covid the Ukulele was enjoying an increased profile, sales had rocketed, they were fast becoming a popular choice of instrument for music lessons in schools and ukulele groups were popping up all over the place.

The reasons are quite simple: a ukulele is light to hold, very portable, relatively inexpensive and they are probably the easiest of stringed instruments to learn to play because you don't have to be able to read music to play them. Best of all they do not require a great depth of musical expertise for a player to produce a bright and happy sound although the Maestros of the ukulele world accomplish truly outstanding performances.

The purpose of the Ukulele Group is to bring together members who enjoy a good

old sing-song of familiar tunes spanning the days from Music Hall to the 1980's combined with the added fun of learning to play this lovely little instrument in accompaniment.

The aim is to enjoy the social side of a music group which will enhance the togetherness so necessary for achieving a common goal, in this case, learning to sing and play together as a group to the best of everyone's ability.

Like most things in life, the more you put in, the more you get out, therefore diligent practise is key to improving playing skills. The satisfaction of achieving goals is quite attainable thanks to the forgiving nature of the ukulele. They are great fun to play and can give everyone much enjoyment.

Claire Rolfe 01526 342528

## Outings

### The Workhouse at Southwell

The Outings Group needs your support to make our trip in September to the Workhouse at Southwell viable.

***We promise we won't leave you there!***

The coach will leave Woodhall at 9.15am on Friday 23rd September.

After the visit to the Workhouse we will be driven to the nearby village of Southwell where there will be free time to have lunch

and visit the beautiful Minster before we leave for home at 3.30pm.

The cost to National Trust members is £13 and to non-members £25.

Please put your name down at the monthly U3A meeting on 7th July or contact Jackie at [stevensjacqueline526@gmail.com](mailto:stevensjacqueline526@gmail.com).

***We need your suggestions for 2023 trips. Please come to our table at the monthly meeting and write your requests on the sheets provided.***

Sue Pollitt – Group Co-Leader

***Find out more:***

You can use this link to see what other trips are planned this year:

<https://u3asites.org.uk/woodhall-spa/page/114125>



u3a Summer Quiz



MONDAY 19th SEPTEMBER 2022

All u3a members in the East Midlands can take part:  
Singles 😊  
Couples 😊😊  
Teams (up to 4) 😊😊😊😊 🚫😊  
A handicap system makes it fair for all  
No limit on the numbers from each u3a

To Register send:  
Your name & email address  
Name of your u3a  
Team name (if any)  
To: [u3alatesummerquiz@gmail.com](mailto:u3alatesummerquiz@gmail.com)  
You'll receive a confirmation email within a couple of days and Zoom details on Sept. 16th

REGISTER NOW – PLACES ARE LIMITED!

The quiz will start promptly at 7:00pm – login from 6:45pm  
We aim to finish around 8:45-9.00pm  
There will be a 10-minute comfort/drinks top-up break after Round 4  
Answers will be given after Rounds 4 and 8





## 40th Anniversary

### Picnic in the Park in Jubilee Park

**u3a**  
40th Anniversary

Around 50 of our members celebrated the u3a's 40<sup>th</sup> Anniversary with a picnic, and though it wasn't exactly Flaming June the sun did come out eventually.



Toasting the Queen



Going for the kill



All prepared for an English picnic

## Anniversary Walk

London Region u3as are planning to cover a range of walks in London during u3a week, suggesting that if you live in London and want to join in, you ask your local u3a which section they are walking or join up with another u3a.

It occurs to me that maybe walking groups in Woodhall Spa u3a and Horncastle u3a could consider an Anniversary Walk during u3a Week (17-25 September).

Michaela Moody – National u3a 40<sup>th</sup> Anniversary Coordinator



## The Unveiling of the Quilt

A quilt to celebrate 40 years of the u3a movement was unveiled at the Whitworth Gallery in Manchester on Friday 17 June. The quilt – created from the winning 40 blocks submitted from u3as across the UK – reflects the skills, experience and contribution of u3a members.

2022 marks 40 years for the u3a movement, which has nearly 400,000 members, showcasing what it means to have a positive and fulfilling later life.

Trustee for the NW Neil Stevenson who unveiled the quilt said, "It was a privilege to unveil the finished quilt in a ceremony at the Whitworth Gallery. Around 70 people turned up for the unveiling and to listen to talks on quilting including from members who contributed, from a professional quilter and experts from the Whitworth gallery.



"The quilt is beautiful and is testimony to the talent, skills and energy of all the members. Thank you to them and to the Whitworth for hosting this event.

"We are looking forward to the next 40 years of learning, activity, connection and fun in the u3a movement" The quilt will now travel to Oxford where it will be displayed at the Witney Blanket Hall. Since this is in a tourist and holiday area, as well as being in the largest of the English regions, many more u3as will be able to see it 'for real'.



Michaela Moody – National u3a 40<sup>th</sup> Anniversary Coordinator

### Find out more

You can use this link to find out more about all the events being planned:

<https://www.u3a.org.uk/events/40th-anniversary>

## Around the Groups in 60 days

### Visiting Churches

Rigsby St. James Church and Alford St. Wilfred's Church.



Sadly only 7 people were able to make it. Both churches were interesting and a good contrast. Speakers were planned to guide us around, however one did not turn up and the other, though very knowledgeable and keen, had difficulty in recalling the information.



The Seven of us did enjoy the jaunt but will be resorting to Google to improve our knowledge of the places! The company and camaraderie was great. The Churches themselves were beautiful, full of wonderful artefacts and hidden history.



Look up Anne Hutchinson of Alford, a lady preacher who went to America in 1600s only to be killed by Red Indians .

The photos show Rigsby St James.

[Heather Colebrook](#)



## Gardening

West Syke, 38 Electric Station Road, Sleaford



This garden is situated in an unusual position in the centre of the Town of Sleaford and somewhat hidden from view at the end of a built-up area near the Railway. We did wonder whether we had arrived at the correct address until we saw the signs for car parks and advertisements for Sunday's Open Garden meeting. We were ushered into a big field to park and were immediately immersed in a beautiful mixed garden of rock pools, beautiful borders, and wild meadows.

[Continued](#)





*West Syke – Continued*

Mrs Ada Trethewey, the owner, met us in her mobility scooter and guided us through the gardens she and her husband had created over 40 years. They had to level the land, dig ponds and create a front garden surrounded by a wide expanse of wild meadow.

It was idyllic, a formal arrangement near the house and the more informal meadows full of wildflowers including Marsh Orchid in several shades, Bee Orchids, buttercups, wild grasses, plus many other natural plants.

We enjoyed a lovely cup of tea and a homemade cake then browsed the plants on sale, which were so reasonably priced we left with armfuls hoping to recreate a similar display in our own gardens!

A lovely afternoon out.

[Heather Colebrook – Group Leader](#)

*(Can you spot the ducklings taking their first plunge? – Ed)*



## Military History and Aviation

Having restarted post-COVID, we have enjoyed meetings in St Peter's Hall in April, May and June, with members providing illustrated talks on the Type 42 Destroyers' deployment and Air Operations in the Falklands War, followed by General Monck's varied contributions to the English Civil war and the Restoration of the Monarchy, and finally a detailed and fascinating history of HMS Victory.

We have now taken a break until 2 p.m. Wednesday 3rd August, when we will meet again in St Peter's Hall.

Topics to be covered in the forthcoming programme include the Battle of Britain, the life of Nelson and the Battle of Kohima 1944.

We also plan to return to aspects of World War 1, including local involvement.

We have a healthy membership and, while we are using this larger venue, are able to welcome u3a members who may wish to sample a meeting in return for a £2.00 contribution to the kitty.

[Andy Lister](#)



[Nelson at the Battle of the Nile, 1 August 1798](#)  
[Daniel Orme \(c.1766–c.1832\)](#)  
[National Maritime Museum, Greenwich, London](#)

## Knit and Natter

As we are still such a small group and many people have holidays or events booked, I have decided to suspend the group until September. Hopefully more people will join us then to learn a new skill or expand the range of skills they already have.

[Stef Lorenz – Group Leader](#)



## Five Mile Walking

### Binbrook, Staunton le Vale, and Kirmond le Mire

This Five Mile walk took place on the second Thursday in June starting and finishing at Binbrook village hall. It took us through beautiful Wolds countryside and the villages of Staunton le Vale and Kirmond le Mire.

Shortly after leaving the village hall we passed the RAAF memorial to 460 Squadron where we crossed the road to follow the signposted footpath through a private garden. We asked the owners if they minded a footpath through their garden and it transpired that after 50 years they were used to it.



After crossing some marshy ground on a boardwalk we passed the site of Orford Priory which was destroyed in the Reformation. The nuns who lived there had fish ponds so they could eat fish on Fridays. The fish ponds have recently been restored.

Just prior to a wooden footbridge over a chalk stream we saw a beautiful red moth sunning itself on a blade of grass.

[Continued](#)







*Binbrook – Continued*

We rested for a while in the Churchyard at Stainton le Vale before continuing to Kirmond le Mire.

Back in the 1970s the remains of a Roman Villa were found here along with a mosaic, which included an image of a Blackbird.

As we left Kirmond we could clearly see Roman terraces which had been created for a Roman vineyard. Climbing up the footpath towards Binbrook Top we reached our highest elevation with stunning 360 degrees views, before starting our slow descent towards Binbrook Church nestled in the distance.



To round off a perfect day we retired to the beautiful Vintage Tea Rooms at Tealby for a well earned lunch.

Les Wylde

Photos by Pat and Colin Budge, and Les Wylde



## Home Computing for Fun

### Tethering And Mobile Hotspots

How to use your phone to connect your other devices to the internet when there is no WiFi.



#### Why would you need this?

If you are somewhere without any WiFi and you want to connect your iPad or laptop to the internet

#### What do you need to do this?

You would need a smart phone with a reasonable amount of mobile data.

It very much depends on what you want to do on your other device. If you just want to check a couple of websites or watch a You Tube video you can manage with 2-3 GB.

However, if you want to watch(stream) on demand TV or download a lot of content 5-10 GB would be better.

#### How do I do this?

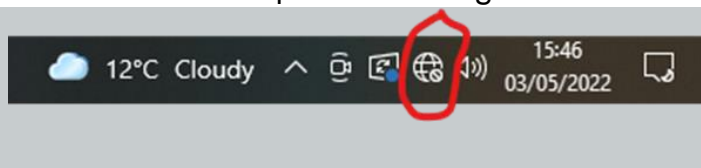
Firstly, on your phone, go to Settings, Connections, Mobile Hotspot and Tethering (Depending on your phone this might be in a different location)

Switch on Mobile Hotspot, this is normally a little button to move across.

You should then see:

- Network name- chosen by the phone
- Password-chosen by the phone
- Band (this is normally 2.4 GHz)

You do have the option to configure these details but they are fine as they are.



You would then go to the device that you want to connect and go into the WiFi settings either from the taskbar on a laptop or from the WiFi settings on a tablet or iPad.



In each option you will see a list of available networks (some may be from nearby homes or businesses) but you should see the Network name that you previously saw on your phone. If you select that network you will be asked for a password and that is the password shown on your phone under the Network name. Once you enter this you will see that the device connects to that network and you will be able to connect to the internet to do whatever you want.

Continued



Tethering – continued

Don't Forget.....

- You do need to remember to switch off the Mobile Hotspot on your phone when you have finished by moving the button back to **OFF**.
- You don't need to do anything on the connected device and you will find that if you connect to the same device in the future it will remember the network and connect automatically.
- All of the time that you are tethering from your phone to another device you are using data. It is wise to check your phone regularly to see how much data you have left.

Your monthly guide to what it means....



Phishing

Phishing is a cybercrime in which a person is contacted by email, telephone or text message by someone posing as a legitimate institution to lure individuals into providing sensitive data such as personally identifiable information, banking and credit card details, and passwords. It is also used to encourage people to follow links which may install dangerous software on your device.

The criminals rely on the fact that we trust certain companies or institutions and copy their logos, email styles or language to fool us.

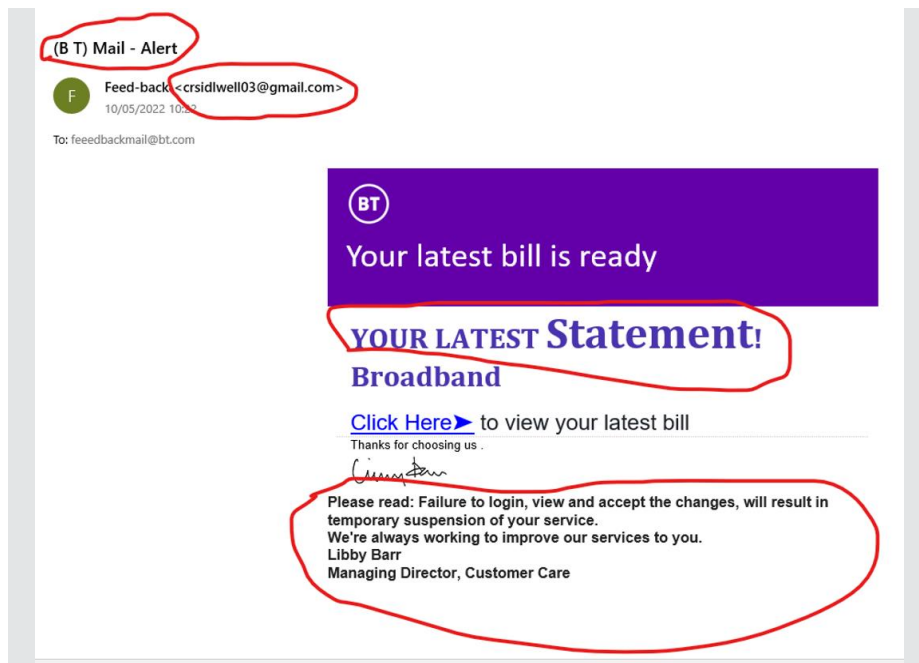
They often pretend to be HMRC, our bank or even the police, thinking that we will be worried and will do as instructed. Many people have lost thousands of pounds to these fraudsters.

However, these threats needn't worry us as long as we are vigilant and follow a few basic rules.

EMAILS/TEXTS

Emails are one of the most common phishing scams. Everyone gets emails from their utilities, friends, people they do business with, and the majority are not a problem.

*Below is an actual email that I received recently:*



Dodgy emails have certain things in common and this one has most of them! Always look closely and things will begin to stand out.

- This appears to be from BT. The BT purple band has been copied into the mail.
- The text below is in different case and looks amateurish
- The word "Alert" at the top of the mail and the warning at the bottom is meant to make you panic.

Continued

## Phishing – Continued

- If you look at the sender's address at the top of the page you will see that it is someone's personal gmail account, not from BT at all.
- Finally, you will see that they want you to "Click Here" on the email. We don't know what will happen when we do, but we don't want to, and we do know that it won't take us to the legitimate BT website. **YOU SHOULD NEVER CLICK ON A LINK IN AN EMAIL OR TEXT UNLESS YOU ARE 100% SURE IT IS GENUINE.**

If you are not sure that a text or email is genuine call the company or organisation concerned and ask them if they have contacted you in this way.

## Telephone Calls

These can be harder to deal with because they put you on the spot.

Again, the caller might say that they are from Microsoft, BT, Amazon, HMRC or one of many others. They may tell you that you have a problem with you broadband or computer, or that you have a payment outstanding.

They may want you to log on to your PC or give them personal information. Often this type of thing can be very clever and make you doubt yourself and believe and trust them.

However, the thing to remember is that very few companies will contact you by phone in this way. If you think about it, when did you last have a genuine business phone call? – apart from possibly a return call from someone you contacted.

There are a few clues to this type of phone call:

- An automated voice
- A few seconds before someone speaks
- The threat of court action or summons
- A call about something that you don't own or subscribe to

And the way to deal with them is the same as emails and texts:

If you do not recognise the caller and you are not happy with the call, you can hang up and it is likely that you will not hear any more. However, if you are not sure about the identity of the caller, hang up, look up the organisation or company's genuine phone number and call them ON A DIFFERENT PHONE to check. Sometimes the fraudsters will stay on the line when you hang up and pretend that it is them you have called, so using another phone, maybe your mobile, is safest.

## Heather Maslen – Group Leader

### Find out more

If you have any questions about these articles, follow this link and click on the bird on the Home Computing for Fun page on the Woodhall Spa U3A website:

<https://u3asites.org.uk/woodhall-spa/page/115109>

## Woodhall Wanderers

## May Meander



Continuing down Belchford Hill the coffee stop was in the grounds of St. Peter's & St. Paul's church in the village.

After looking around the church the walk continued along footpaths following the valley back to Fulletby where situated in the appropriately named School Lane there is an information board, which explained how a local man, Henry Winn, single-handedly ensured that the local school was fully occupied.

The May walk was led by Pat Budge and started from Fulletby Top before proceeding down the long footpath across to the main Belford Road.

Along the way Pat gave an interesting talk about one of the local farms which is in the process of keeping Wagu beef which is regarded as an upmarket choice for consumers.

The small group of walkers had braved what had been forecast to be a wet day but the whole walk was actually completed without a drop of rain so fortune favoured the brave.



After the walk some of the group stayed to eat their lunch in the sunshine at St. Andrew's church in Fulletby.

[Colin Budge](#)





## The Final Word

### Feedback

You can use *this link* to view past issues of the Newsletter, or to send a note to the Editor:

<https://u3asites.org.uk/woodhall-spa/page/113917>

### Feedback, please

I would very much like to hear from you about what you like and don't like about the Newsletter. All constructive feedback is always worth listening to, so please feel free to tell me your opinions. Please use the link above to get in touch.

Many thanks to all the contributors to this edition of the Newsletter.

If you'd like to see your group represented with an article of its own, have a word with your Group Leader and see if you can compose something between you.

Take care out there,

Tom Sefton – Editor

