

REGISTERED CHARITY NUMBER: 114234

WOODHALL SPA

u3a learn,
laugh,
live



COMMITTEE CHAT

On 17 May some relaxation of rules around what can and cannot be done during Covid were published by the Government. These recent changes emphasise personal responsibility rather than government rules. The changes can be found at:



[\(COVID-19\) Coronavirus restrictions: what you can and cannot do - GOV.UK \(www.gov.uk\)](https://www.gov.uk/government/news/covid-19-coronavirus-restrictions-what-you-can-and-cannot-do)

We have summarised these restrictions as follows:

1. Outdoors: 30 people max. So 30 for informal walks BUT under Exercise and Sport, if formally organised, this is any number of people.
2. Indoors: A maximum group size of 6 people from up to 6 different households or 2 households/bubbles of any size. This includes private homes and pubs, restaurants, cafes. Guidance on how to stop the spread of the virus must be followed.
3. Friends and Family: Now no longer governed by rules but is on the basis of personal responsibility. The advice is to be cautious.
4. Cinemas, Museums, Theatres etc: Can open but with Covid secure measures in place.
5. Indoor and Outdoor Events: Attendance capped depending on venue. Covid secure measures to be followed. People can attend indoor and outdoor events, including live performances, sporting events and business events. Attendance at these events is capped according to venue type, and attendees should follow the COVID-secure measures set out by those venues.
6. Restaurants, Bars, Pubs and Cafes: Open for Indoor hospitality (see 2 above).
7. Organised Indoor Sport: Permissible with reasonable measures to avoid risk. If it is not formally organised it is on your own or a group of 6 or 2 household groups/bubbles. If it is formally organised (by a business, charity or public body) it is any number of people, but you should avoid contact. The usual caveats of risk assessments and COVID precautions apply.
8. Holiday Accommodation: Hotels and B&Bs now open for groups of up to 6 or households/bubbles.
9. Exercise and Sport: If formally organised (eg Ramblers Association, Charities) any number of people allowed.
10. Cars and Private Transport: Can now have occupancy of up to 6 people from different households or 2 households/bubbles.

We will be considering what this means for Monthly Meetings.

For Groups, the loosening of the restrictions may allow more groups to start activities.

However if you do not feel safe or comfortable with an activity, you do not have to participate.

The Committee

WELCOME TO NEW MEMBERS

A warm welcome to our new members this month

Mr Nigel Eborall and Mr John Woodward



IN THE LOOP!

Woodhall Spa u3a AGM

Woodhall Spa u3a AGM was held on 13th May 2021 via Zoom and 42 members attended. Minutes of the Zoom AGM were issued the following day along with Voting Link/ Pack. Voting closed at 23:59 on 27th May 2021. Here is the link to the 2021 AGM Minutes which includes the Voting Results. [2021 AGM Minutes with Voting Results](#)

The revised Woodhall Spa u3a Constitution can be found here. <http://www.woodhallspa-u3a.org.uk/Membership/U3A-Constitution-2021.pdf>

The Committee would like to thank those members who attended the AGM and/or registered their vote.

Woodhall Spa u3a Committee

Woodhall Spa Venues Update

St Peter's Hall is open with potential capacity for 50. Risk Assessments will need their approval before room hire. We await final plans from Cottage Museum and Alexandra Road. Methodist Church has advised they will remain closed until they get direction from a higher authority.

National Events/ Activities

u3a Day is 2nd June – watch out for activities and publicity nationwide. Esme Young (Great British Sewing Bee) will talk about her life and interest in fashion. Register for a ticket with this link <https://www.eventbrite.co.uk/e/seams-like-a-dream-with-esme-young-tickets-156074034639>

Once again, there is a range of educational online events including: Yoga for Balance, Staying Safe online, Climate Change, Cookery and Crochet a Flower. <https://u3a.org.uk/events/educational-events>

Zoom Tutorials are still available and the Barclays Digital courses are being offered again to help build digital confidence <https://www.u3a.org.uk/events/online-events>

To celebrate the u3a's 40th Anniversary in 2022 the u3a are launching a u3a-wide quilt competition on the theme of Positive Ageing through our strapline Learn Laugh Live. The entry form and rules can be accessed here <https://u3auk.wufoo.com/forms/mekou1w14njhc/>

MISSION POSSIBLE

A big thank you to all who took part in our outdoor monthly meeting “Mission Possible” – with 15 teams (52 bodies in all) so a really good turn out. I hope everyone enjoyed it.



Some of the teams stumbled over Westminster SW, literally, as it was ironwork on pavement.

The campaign on the 617 Memorial caused some problems too but hopefully it all added to the fun and made you all think. Some did remember that the event was to originally have taken place on 5 November and

managed to spot that the code: GF1605GP was Guy Fawkes 1605 Gunpowder Plot!



The winning team was chosen by a random selection of those with all the correct answers and the bonus question. So the winners were ‘It’s all Greek to us!’, which it obviously wasn’t to Steve Michaelides, Jim Cork, Bob Aspinall and Les Wylde.

Well done to everyone who took part. 🙌🙌

Wendy Cotton



QUIZ.

This month's Quiz has been sent in by Gillian Galletly who says she is really missing the quiz group and looking forward to it restarting soon.

1. What colour is a Polar Bears tongue?
2. What word connects these: Bunting, Plough, Flake, Drop?
3. What is it called when a violin is plucked?
4. Pavarotti sang this well known aria from Turandot, what is it and do you know it's English meaning?
5. Kernow is another name for which English county?
6. Marchpane is another name for what?

7. How many bridges are there over the Thames?
8. Gillyflower is an archaic name for which well known flower?

Answers at the end of the news letter.



JUST FOR A LAUGH



The idiosyncrasy of the English language!

And.....

The walls are rather concerned.

The door knob is open to suggestion.

The deadbolt is perturbed.

The light switch is undecided.

The light fixture is shocked.

And the ceiling is up in the air!

SILLY APHORISMS – sent in by Jacky Merrison

A backward poet writes inverse

A man's home is his castle, in a manor of speaking

Sea captains don't like crew cuts.

Reading while sunbathing makes you well red.

When two egotists meet, it's an I for an I.

A bicycle can't stand on its own because it is two tired.

With her marriage, she got a new name and a dress

When a clock is hungry, it goes back for seconds

The man who fell into an upholstery machine is fully recovered.

A grenade thrown into a kitchen in France would result in Linoleum Blownapart.

Every calendar's days are numbered

A boiled egg in the morning is hard to beat.

He had a photographic memory that was never developed.

A plateau is a high form of flattery.

Once you've seen one shopping centre, you've seen a mall.

Bakers trade bread recipes on a knead-to-know basis.

Marathon runners with bad footwear suffer the agony of defeat.

Acupuncture is a jab well done.

GUESS THE WORD

What has a mouth but never eats, has a bed but never sleeps, has banks but no money?

LIGHT HUMOUR

Speeding Motorist

Late one night this guy is speeding down the empty road. A Policeman sees him go flying past, so chases him and pulls him over. The Constable goes up to the car and when the man rolls down the window, he asks "Are you aware of how fast you were going, sir?"



The man replies "Yes I am. I'm trying to escape a robbery I got involved in."

The Constable looks at him disbelievingly and asks him "Were you the one being robbed, sir?"

The man casually replies "Oh no, I was the one who committed the robbery. I was escaping."

The Policeman is shocked and surprised that the man has admitted this so freely. He says "So you're telling me you were speeding...AND committed a robbery?"

"Oh yes" replies the man calmly. "I have all the loot in the back."

The Policeman is now starting to get angry and says "Sir, I'm afraid you have to come with me" as he reaches into the window to take the car keys out of the ignition.

The man shouts "Don't do that! I'm afraid that you'll find the gun in my glove compartment!" At this the Constable pulls his hand out of the window and says "Wait here" as he returns to his car and calls for backup.

Soon there are cars, cops and helicopters all over, everywhere you look. The man is quickly dragged out of his car, handcuffed and taken towards a cop car. However, just before he is put in the car and taken away a Policeman walks up to him and says, while pointing at the Constable that pulled him over "Sir, this officer tells us that you had committed a robbery, had stolen loot in the trunk of your car, and also had a loaded gun in your glove compartment. However, we didn't find any of these things in your car."

The man replies, "Yeah, and I bet that liar said I was speeding too!"

Andrew Zawada

Banned from Sainsbury's - a Shaggy Dog story

Yesterday, I was at my local Sainsbury's store buying a large bag of Winalot (other brands were available) dog food for my loyal pet and was in the checkout isle when the women behind me asked if I had a dog!



What did she think - I had an elephant? So, since I'm retired and have little to do, on impulse I told her "NO, I do not have a dog - I was starting on the Winalot diet again" adding "I probably shouldn't as the last time I tried it I ended up in hospital, however, I had lost 2 stone before I woke up in intensive care with tubes coming out of most of my orifices and IVs in both arms"

I continued "It is essentially a perfect diet and that the way it works is to load your pockets with Winalot nuggets and simply eat one or two every time you feel hungry. The food is nutritionally complete so it works well and I was going to try it again"

I have to mention here, that by now the whole queue was engrossed in this tale...

Horrified, she asked me "Did you end up in intensive care because the dog food poisoned you?"

I told her "NO, I stepped off the kerb to sniff an Irish Setter's arse and a car hit me".

I thought the guy behind her was going to have a heart attack as he was laughing so hard..

I am now banned from Sainsbury's, so beware when asking retired folk stupid questions; they have all the time in the world to think of daft answers.

Andrew Zawada



WOODHALL WANDERERS #1 April

The Woodhall Wanderers were out and about again at the end of April after the lockdown eased.

Our first problem was finding the starting point as many tons of aggregate had been dumped on Metheringham Airfield forming a virtual mountain range. In addition there were diggers and dumpers loading lorries with the aggregate for use on road resurfacing.



Having taken names and given the Covid briefing fourteen of us set off from the memorial for a 4 mile walk across the airfield, down to the Carr Dyke along the dyke and back up on to the airfield and home.

The weather was glorious sunshine, breezy, with just a nip in the air. There was very little wildlife about, except for a couple of dog walkers, a lonely skylark and we also spotted a hare lolling across the middle of a field without a care in the world.

On the side of the taxiway instructors were putting a learner motorcyclist group through their paces. Hopefully they will pass their tests and use the roads safely.

Thanks to Maureen and Sue for leading the walk this month.

John Cotton

#2 May

Wednesday, it's raining, it must be Woodhall Wanderers walk day! This month the Wanderers headed off to Snipe Dales Nature Reserve for a stroll to Hagworthingham church and back. Weaving through the trees, it was lovely to be out in the countryside. We were pleasantly surprised with 18 walkers turning out in such poor weather and really pleased to see new members in the group. Pat had organised the walk and found that we needed to register with the Park Ranger before we could set off.

Duly registered we set off on a tarmac path which soon changed to hardcore, grass, and eventually, mud!



Weaving through the trees, it was lovely to be out in the countryside. Coming out from the trees we headed upwards towards a gate and farmland, in fact an avenue of young saplings. Further on, to our surprise, we found a vineyard, if you are interested the wine is £35 a bottle! Across the valley we could see another, smaller, vineyard. Apparently this is one of the largest biodynamic farms in the UK.

(photo Copyright Julian.P.Guffogg Attribution-shareALike 2.0 generic (CC by-SA 2.0))

We stopped for coffee and biccies, and portaloos, at Hagworthingham church. This church has also lost its tower, having collapsed in the 70's, and is in quite a sad state with part of the grounds fenced off as bits of masonry are falling off the roof!

Moving on we walked through the village and out onto a footpath taking us down to cross the stream near the ford. Across the road we walked parallel to the stream and soon noticed the huge earthworks of several badgers. Leaving the stream we entered the woods and back up the hill to the car park, about 3 1/2 miles. Some hardy souls sat out in the drizzle for their lunch, the more sensible ones had a pressing engagement elsewhere.

Thank you Pat for leading the walk and for everybody else for just turning up in such miserable weather.

June, I see that Wendy and I are leading the walk from Goulceby and we are still awaiting a volunteer(s) to lead the October walk.

John Cotton

FIVE MILE WALKING GROUP

Our walk in May took place on a beautifully sunny and warm day and was in the Viking heartland of the Wolds around Gaulceby.

We started the walk at Manor Farm- a most unusual start to a walk, as you must pass through a door in the farmyard wall. Then across fields to Old Gaulceby Churchyard, first used by the Vikings, then on to a short stretch of the Viking Way and through Gaulceby.

William Marwood, the Crown Executioner was born in Gaulceby and pioneered the method of hanging which resulted in instantaneous death.

The Horncastle road led us to Asterby Top Farm, where we were greeted with a meadow full of yellow dandelions and fringed by late flowering daffodils, stunningly set against a deep blue sky flecked with pure white clouds.

After a refreshment break, with magnificent views across the Wolds, we continued along ancient field tracks to Asterby Lane, turning again towards Gaulceby on the Viking Way, near Asterby. Kolkr the Dane expanded his lands towards the East from Gaulceby. The "Eystri" , Eastern Lands became known as Asterby.



Most place names in Lincolnshire ending in "by" have Viking connections and "by", in Swedish still means village.

We followed a quiet lane back to Asterby Lane and on the opposite side of the lane a steep track took us up to the top of Red Hill Nature Reserve and the site of a SSI chalk meadow.

The views from Red Hill were breathtaking. A gentle lane led us back to our cars at Manor Farm.

Les Wylde

NEW ARRIVALS

A few weeks ago a wild duck surprisingly decided to nest close to our cottage doorway. She has been very secretive and we have not been able to see into her nest however recently she proudly emerged with her eleven newly hatched ducklings.



Pat Budge



THE VITAL SPARK! (not a “ Para Handy” tale, but there is some talk of fish!)

Electricity—you couldn’t read this newsletter without it. Would life really be worth living like that? Probably not. Luckily, we do have electricity running merrily through our cities and homes, our cars, our planes.

Have you ever wondered what daily life would be like without electricity? It’s devastating if we have a short power cut, well at least in my household it is for the younger members, oh what a travesty, no phones, TVs!

Longer loss of power would mean food wouldn’t be cooked, no water to the house or heating/ hot water or any electronics and for those with electric cars no transport, but far wider effects would impact on all our daily living needs, hospitals, utilities, traffic control, banking, shops, food production, the list goes on and on.

We’ve had it for over two centuries now, thanks to the combined efforts of many brilliant minds. But like anything else discovered and not invented, electricity was already a thing in nature before people noticed and learned how to harness it. Electricity comes in many forms not just domestic or industrial.



Which raises a question — what are some examples of natural electricity?

Ancient Currents— Humanity’s earliest knowledge of electricity undoubtedly came from lightning bolts. They represent huge discharges of electrical current, and they’re extremely visible, so we can say for sure that people have been aware of them ever since we first became aware of anything. For all its showiness, lightning was just too powerful and unpredictable for early humans to analyse and understand.

They could see that a bolt of lightning would start fires (a theory goes that that’s how humans first learned to use fire) but any direct experiencing of its properties was likely to result in death—which tends to stifle scientific progress.

But there is another, more survivable source of natural electric current:

Animals—Fish, mostly. Electric eels, electric rays, and electric catfish have been known since antiquity, likely earlier. And this is where our first evidence of this comes from.

Texts from ancient Egypt, dating around 5000 years ago, showed that the electrical properties of some fish were already known at the time. They considered the electric catfish to be the

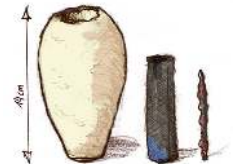


protector of all other fish calling it the “Thunderer of the Nile“.

It’s particularly interesting to see that they did understand there was an association between thunder and electricity (or maybe it’s just a fluke of translation). Ancient Greek, Roman, and Arabic documents also make note of such fish. Touching electric fish was sometimes recommended against painful ailments (perhaps due to the numbness they caused) i.e for gout.

Batteries -There is also evidence that at least some ancient peoples had a better grasp of electricity, how to generate it, and some of its uses.

The Parthian Battery or Baghdad Battery is eerily reminiscent in structure to a battery. It was made up of a clay pot, with copper and iron rods placed inside. It could have been used for electroplating, which involves using electrical current to plate an item with a very thin layer of another metal (such as gold).



Static Electricity- Thales of Miletus around 540 B.C commented on the effects of static electricity from rubbing and amber rod on a piece of animal fur, we’ve seen how some fabrics through friction stick together or crackle and spark when moved together.



Aurora Borealis -The Northern lights are the product of interactions between the earth’s magnetic field and charged particles incoming in solar wind. In essence these particles carry an electric charge, which causes them to be repulsed by the magnetic field. So technically, they form an electrical current. The light and colours are given off by gas particles in the atmosphere becoming ionised (energised) by this current. The colour given off is a product of the frequency these particles vibrate on. In

the higher layers of the atmosphere emissions tend to be low-frequency shades of red. These turn more towards green and blue at lower altitudes and ultraviolet at the lowest altitudes.

The Brain -You quite literally could not read this without electricity. Not even printed out. Our brains need it to function.

Whenever one of your neurones wants to say something to its mates, or send an instruction to your fingers, it has to generate an electric charge to do it. Computers, or Morse code, work using a very similar principle: 1 or 0, signal or no signal, current or no current. These can be compounded to form coherent messages.



Instead of sending them down a wire or processor our brains do it with ions, charged particles, which bounce on nerve bundles to their destinations. The data our senses perceive is coded into electrical signals and sent to the brain, where it is processed using electrical signals. Any needed response is transmitted back using electricity.

I hope this has not been too boring for you. I'm not a science geek but have always had an interest in how things work and why. I find the Live Science site interesting and a good source of information for articles such as the above.

<https://www.livescience.com/history>

Helen F Sawyer - Editor

LIST OF UPCOMING EVENTS AN ACTIVITIES

DATE	TOPIC/MEDIUM	SPEAKER
3rd June	<p>TIME THROUGH THE AGES</p> <p>A journey through time telling over the centuries showing the development and improvement of time telling devices from sundial and water clocks through to the introduction of mechanical clocks, railway time, domination of pendulum devices to the atomic clock.</p> <p>The audience should fasten their seat belts as they are taken through a journey of three centuries in just 60 minutes.</p>	John Hope
1st July	<p>Picnic in the Park #2</p> <p>Monthly meeting outdoors in Jubilee Park...details to follow.</p>	Committee
5th August	<p>“ Another Opening,Another Show”</p> <p>This is a unique, anecdotal account of Simon’s exciting career singing opposite Joan Sutherland and Luciano Pavarotti at The Edinburgh Festival. Cleo Lane in “Showboat “ at London’s The Adelphi Theatre and Ginger Rodgers in “ Mame “ at the Drury Lane Theatre.</p> <p>Songs are included in this programme.</p>	Simon Gilbert

INTRODUCING our June speaker.John Hope

A WALK THROUGH TIME

John is very well travelled having been in the RAF serving in the Mediterranean and Far East. In civilian life he’s worked in Asia, America and Europe, and survived the Tsunami in 2004.

He has held senior positions in multinational conglomerates and with many small companies, mainly in marketing but had a late career change to supporting people with mental health issues.



He has raised considerable amounts for charities as a volunteer and also professionally. His wide sporting experience includes assisting in coaching England Paralympic Boccia team, being a qualified cricket umpire, bowls coach and working with people with disabilities.

John is no 'shrinking violet'. He has lunched with the Governor of Sarawak, made a sales pitch to the Archbishop of Cyprus and drank lager with a past Prime Minister.



Enjoy the talk which will take you on a two thousand year journey through time telling over the centuries, showing the development and improvement of time telling devices from the sundial through to the atomic clock. Including the rise and fall of the industrial revolution in the UK.

FINALLY A NOTE FROM YOUR EDITOR.....

It's been a very wet month, I guess April is the new May! I hope you have all been able to meet up safely with your family and friends and are enjoying going to your favourite shops again as we cautiously move out of lockdown towards some normality.

As you will have read the Mission Possible – Walking Quiz #2

on the 6th May was a great success, well done Wendy for all your hard work in organising it.



Important note to all members

Please only use: editorwspu3a@gmail.com for sending your contributions for the Newsletter and any queries of the Editor. You will receive your copy of WSPu3a and National Newsletters from this address.

WSPu3a information and National/regional notifications will come to you on the Communication Officers email address : comm.off.wspu3a@gmail.com Please use this address for any communication queries.

Closing deadline for items to be included in the next Newsletter to be sent by 5.00 pm Tuesday the 22nd June, 2021, thank you.

Lastly have a great month.

Your Editor

Helen

Quiz Answers.

1. Black
2. Snow
3. Piccicato
4. Nessun Dorma (let no- one sleep)
5. Cornwall
6. Marzipan
7. 35
8. Carnation

What's the word?

River

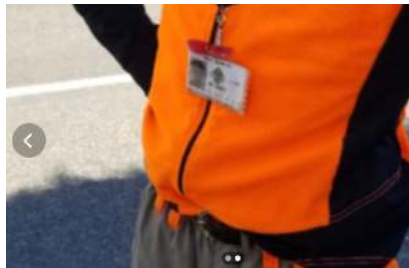
Notice Board

Lincolnshire Police - East Lindsey



PCSO JAD MOHAMED

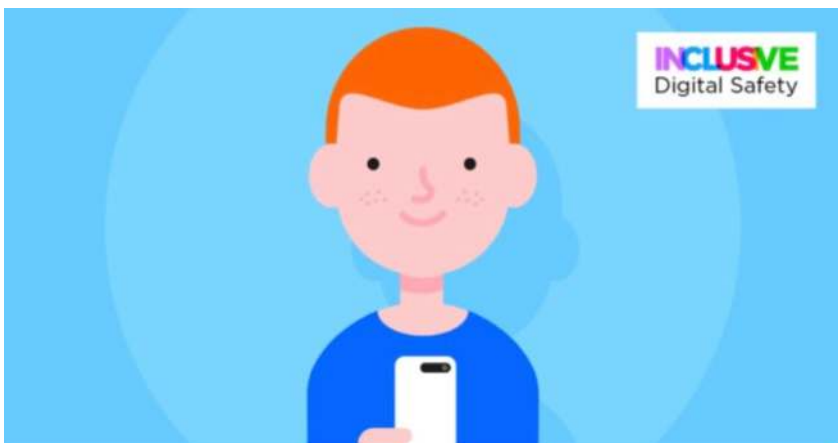
PCSO Jad Mohamed • Lincolnshire Police - East Lindsey
Some pictures to help identify the vehicle and typical attire



ROGUE TRADERS. Good morning all. We have received several calls over the last few days from members of the public in and around our areas regarding Rogue Traders.

The reports were of three males driving a White Mitsubishi L200. These males were dressed in workmen 's clothing and have been knocking on doors asking for work; they will claim to be doing work for other people in the village. The price of any work promised, changes in conversation. If you have any concerns, or you see anything suspicious, please call us with as much information as possible on 101 or call 999 in an emergency.

PCSO NIGEL WASS



Online Digital Safety Hub.

The #InclusiveDigitalSafety hub is packed full of resources, guides, research and a forum to provide tailored advice for parents, carers and professionals to help children most at risk to thrive online. internetmatters.org/IDS. @IM_org @UK_SiChelpline @SWGfL_Official

Fly Tipping a blight on the countryside. PCSO JAD MOHAMED



News media feeds are full of fly tip reports blighting the countryside. Some tips to name a few, are next to waste bins, by the road side or in areas of exceptional natural beauty.

In the Wolds we are blessed with areas of exceptional natural beauty, which our farmers, local council, parish councils, volunteers and members of the general public all work hard to maintain.

In East Lindsey, every fly tip cleared up, uses tax payer's finances, and resources. Some tips can have severe environmental and ecological issues.

1. Banana skins and orange peel waste – up to 2 years
2. Cigarette but ends – up to 2 years
3. Plastic carrier bags – 10 to 20 years
4. Tin cans – +50 year...

Any person(s) caught fly tipping can expect a harsh sentence and monetary fine.

So THINK! Is it really worth it ????

Report it to Police through 101 or Crime Stoppers on 0800 555 111

These links make for informative reading:
Councillors declare 'war on fly-tippers' | LincolnshireWorld
Fly Tipping - East Lindsey District Council (e-lindsey.gov.uk)

LONG TERM ROAD CLOSURE

Just in case fellow members are not aware it is proposed that Pelham Bridge in Lincoln will be closed for 10 weeks from the 7th June 2021.

Jacky Merrison