

### **Update March 2024**

Our Website: <a href="http://www.wollatonu3a.co.uk">http://www.wollatonu3a.co.uk</a>

Facebook Page: <a href="https://www.facebook.com/u3awollaton">https://www.facebook.com/u3awollaton</a>

**Telephone:** 07563 965 968 – please leave a message and your telephone

number, but it might take a few days to return your call.

#### Main Meetings are held in St. Leonard's Community Hall. Doors open at 9.45a.m.

**26th March** Open Meeting

23rd April Elaine Perkins as Elaine Mein: Concealed Objects and Written Charms; Protection In the

Medieval Period.

#### Message from Sarah, the Chair

Hello, Members,

I trust that you are enjoying the little bit of sunshine that we have been having over the past few days; it has certainly boosted my broad bean seedlings!

Our March Meeting is an Open meeting for the membership where we will be discussing how we move forward and develop Wollaton u3a. There will also be feedback on the recent members' survey.

I hope that you all have a very enjoyable Easter; fingers crossed for some more sunny days.

Sarah

#### **VOLUNTEERS NEEDED**

We need more people to volunteer to make the coffee etc at the main meetings in St Leonard's Hall. We need 2 people in the kitchen at each meeting. You should arrive at 9.15 am. I will bring all the coffee etc that is required.

The coffee will be served until 10.10 am so that the volunteers can hear the speaker. If you would like to help please contact me at <a href="mailto:margaretmay@wollatonu3a.co.uk">margaretmay@wollatonu3a.co.uk</a>

#### **FUTURE SPEAKERS**

Allan and Mike are compiling the list of speakers for next year and welcome suggestions.

Would you like to present a talk or have you heard a good speaker?

If so, please contact Allan - allanb@wollatonu3a.co.uk

# COFFEE MORNINGS ARE HELD ON THE FIRST FRIDAY OF THE MONTH at GRANGEWOOD METHODIST CHURCH

The next one will be on: Friday, 5th. April at 10.45 a.m.

This is an opportunity for us to introduce friends and neighbours who would like to learn about Wollaton u3a. Cost £2 for Members with as much coffee/tea/orange squash as you wish to drink! There is no charge for non - members at their first visit.

At this meeting there will be an opportunity to learn about the Poetry Interest Group.

#### **INTEREST GROUPS**

If you would like more information about out groups, please see John, Celia or Carol at a Main Meeting or Coffee Meeting or visit our Website: http://www.wollatonu3a.co.uk

### ALLOTMENT GROUP Message from Liz S., the Convenor

The Allotment Group is looking for some more water butts and guttering and downpipes to collect water from the roof of our latest shed.

If you can help out with either, please speak to me at the Main Meeting or email Sarah, the Chair, who will forward the message to me <a href="mailto:chair@wollatonu3a.co.uk">chair@wollatonu3a.co.uk</a>

## Interest Groups New Groups - New skills - New friends

Interest Groups are described as 'the life blood of u3a' and we are lucky that so many Members volunteer to organise groups, but if our u3a is to thrive we need more groups.

There are various ways of running an Interest Group:

- **Teamwork.** A small team of group members share the delivery and facilitate the study.
- ❖ Convenor led. The convenor acts as a leader to facilitate the planning of the learning activities. Once the programme has been determined, individual members take responsibility for the various elements of the programme and administration.
- **❖ Teacher led.** The member with the necessary expertise leads the sessions. Other members take on the necessary administration.
- \* Resource Centre led. Members who have an interest without the expertise form a group and contact the U3A Resource Centre for the non-book materials they need.
- ❖ Each group needs a *Convenor* − a person who brings people together for a meeting and *Facilitators* who take on the necessary administration e.g. booking a room; collecting money and contacting members.
- Do you have a skill which you could teach to other people?
- sthere something you would like to be able to do e.g. learn to crochet, speak a foreign language, send an email?
- Do you enjoy a hobby and would like to meet people with a similar interest?

If so, please speak to John, Celia or Carol at a Main Meeting or Coffee Morning.

The Ethos of U3A is:
BY THE MEMBERS FOR THE MEMBERS