



Monthly Meetings

Monthly meetings are held on the first Wednesday of the month at Hallfold United Reformed Church Whitworth. Refreshments are served at 1.15pm and speakers start at 1.30pm.

New members are welcome for an annual membership of £15 and £2 monthly meeting subs.

2nd August 2023

A representative from Greater Manchester Blood Bikers

6th September 2023

Annual General Meeting

4th October 2023

Sarah Slater – Hampton Court Guide, Ghosts of Hampton Court (via zoom)

1st November 2023

Dr Chris Babbs – The History of Medicine

6th December 2023

Christmas entertainment – details to be confirmed

U3a 'Tappers' Group

The U3A Tappers will be hanging up their tap shoes until September for the summer break.

Over the past few weeks we have welcomed two new 'Tappers' into the group who are quickly finding their 'twinkle toes'!

We meet on the last two Thursdays of every month at Hallfold Chapel schoolroom 1.30pm-2.30pm. If you fancy 'Tapping your troubles away' or want to get 'In the Mood' come along for a visit and experience the U3A motto of Learn, Laugh, Live, mainly laugh!!

For further details please contact Paula Bradbury. 07914903208



Letter from the Chair

Hello everyone

I'm hoping you are all well and managing to enjoy the summer – even if 'flaming June' seems a distant memory! The rain doesn't appear to be stopping you from enjoying your groups, it seems to me and it has been wonderful to see such good turn outs at monthly meetings.

There are two things I'd like to draw your attention to:

- Its renewal time, so please pay your £15 (we have deliberately kept it the same amount since we began in 2018) and paying is easy – BACS with your name as reference, cheque or cash is fine.
- The AGM is on September 6th. As ever, we will try to keep proceedings brief and then give opportunity to enjoy the entertainment. To continue to function as a u3a we must be quorate so I hope you can come!

In the mean time enjoy your groups, outings and monthly meetings whatever the weather. Hope to see you one place or another, soon.

Pat

Interest Groups

For insurance purposes only members can join Interest Groups – details are available on our FB page, website or at the meetings. You can contact the Group Leaders for information on dates, times and venues for group activities. Lynne, our Groups Coordinator can be contacted on 07718913131

Group Leaders

Amblers:

Phil Ellis 07907 854891

Lynne Hutton 07718 913131

Helen Illingworth 07860 314968 **Art:**

Lindsay Fairhurst 07800 820096

Julie Latham 07801 306776

Book Club:

Helen Illingworth 07860 314968

Creative Writing:

Kay Grayson 07903 570008

Family History:

Jean Ainsworth 07790192120

Flower Arranging:

Nina Gardner 07411 520771

Garden Inspiration:

Pat Matson 01706 853691

Learning Italian Together:

Meg Starkey 01706 343381

Luncheon Group:

Marcia Rigg

Philosophy

John Hall

Photography:

Doreen Brown 07813 056481

Play Reading:

Mary Cawley 01706 356109

Tap Dancing:

Paula Bradbury

Walking:

Garry Bradbury 07486 009581

Wellbeing:

Sheila Daly 0772 757925

Ukulele:

Deborah Whitham 07776 332 666

Ukulele Group

The Ukulele Group have performed at various venues recently, Barley View, Hare Hill, Riddiough Court and have performed at Hallfold for the Rochdale festival Choir. The afternoon was a great success with everyone enjoying themselves.



Beginners and more experienced players are equally welcome. Anyone feeling a little nervous about joining as a complete novice please get in touch and I will arrange some introductory sessions to get you started. Believe me, you will soon be strumming along with confidence. We have some spare instruments if you don't have your own. If you already play another instrument that you think may fit the mix, or just want to sing along, please also feel you can come along.

We meet at 77 Cowm Park Way North at 7pm every Monday evening. £1 per session to cover costs.

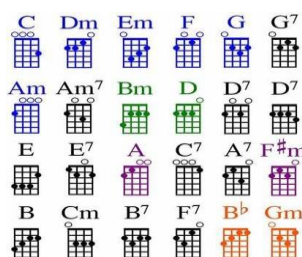
I look forward to seeing some of you soon.

Contact:

Deborah Whitham

debwhitham@googlemail.com

07776332666



Interest Groups

Flower Arranging Group

We meet on the 3rd Thursday of the month at Falinge hub. We like to do seasonal arrangements using foliage from gardens if possible. We sometimes do experimental arrangements as well as some of the more traditional ones, but most of all we like to have fun and enjoy what we do.

Nina.



Craft Group

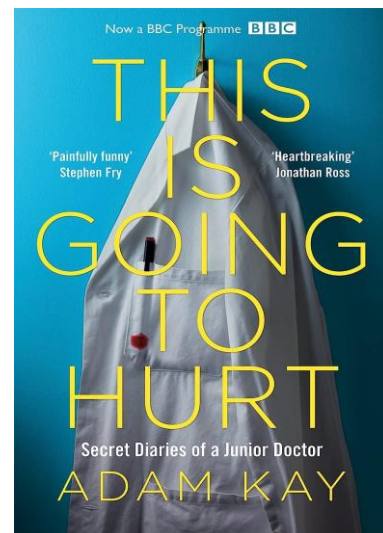
The Craft Group have been busy lately and have made some beautiful pictures made from pieces of broken glass and very colourful necklaces.



Book Club

Members have discussed a variety of novels over the last few months, the last one being, *The Age of Innocence* by Edith Wharton which gave plenty of opportunity for discussion even though one or two members didn't enjoy reading it! Hopefully, our next read, *This is Going to Hurt* by Adam Kay will be universally popular. Published in 2017, it's a collection of diary entries written by Adam Kay during his medical training from 2004 to 2010. You may have seen the television series last year which focused on his chaotic job in Obstetrics and Gynaecology. It should make for an interesting discussion in view of the current Junior Doctors' pay claim.

Helen



Interest Groups

Walking Group

Our main u3a body of walker groups are attempting to organise a Walking Exchange. So far 41 groups have registered an interest including ourselves.

Early July they will organise a Zoom meeting for the leaders to further explain what will be happening. The walking groups are spread from London to the Isle of Wight, up to Berwick on Tweed and across to Penrith and Skiddaw and all stops between! Looks very exciting, more information to follow.

Garry Bradbury

Amblers

Over the last few months members have enjoyed ambles around Hollingworth Lake and the Kingsway Business Park led by Lynne, Lower Crompton Moor and Dunwood Park with Helen. We have been lucky with the weather although attendance for the Dunwood Park amble was low probably because of the high temperature on that day.

If you haven't joined us before and are interested please contact me on helen@illingworth.org.uk

Helen

Garden Inspiration Group

We have had some lovely trips out this summer including Harlow Carr and York Gate. We also had a new venture: we visited Badger Corner a lovely private woodland garden in Rawtenstall. It was good to visit somewhere local and it was well worth the visit. Sadly it only opens one weekend a year, but make a note for next year if you fancy it. We finished at the Whittaker for lunch and a very good day was had by all!

Coming up we have plans to visit Wentworth gardens and castle. Maybe we will add some more local ones in as well though we already have a plan for all year ending with Ordsall Hall in December. To ensure everyone has chance to come, we car share which means we can keep the budget for travel low.

Pat

