

West Bridgford u3a Highlights

September 2022

Please send your contributions to **Pat**: wbu3aeditor@gmail.com

Deadline for contributions to the next edition is **Friday 14th October**

Open Meeting on Thursday 22nd September

Just Joe

Dear member of West Bridgford u3a

There is just one game in town this month – the 40th Anniversary of the National u3a. West Bridgford u3a is involved in two aspects of the celebrations:



First, our Open Meeting on **Thursday 22nd September** will have a different format to usual, with events at the following approximate times:

1.30 – 2.00 – u3a members arrive in West Bridgford Baptist Church

1.45 – The Mayor of Rushcliffe, Tina Combellack, arrives

1.50 – Representatives from Beeston u3a arrive, carrying one of the three Beacons that are on their way to Nottingham

2.00 – 2.10. The Mayor receives the Beacon from Beeston u3a, and hands it over to West Bridgford's Paco Saucedo. Other u3a members will be joining Paco on Friday 23rd to take the Beacon into Nottingham

2.10. **Fool's Gold** will perform folk songs and tales. They are a great act that we have invited back by popular demand

3.00. Cream Tea for all, accompanied by music from our own groups

Second, the culmination of the week's celebrations will take place on **Saturday 24th September at Highfields Park** in Nottingham.

Between 1pm and 3pm, the Mayor of Nottingham will welcome u3a members, the three Beacons will be brought together that have taken different routes across the County, and Worksop u3a Steel Band will be playing.

There will also be a surprise event. Why not bring a picnic and enjoy the fun!
Joe Colls, Chair West Bridgford u3a.

Future Open Meetings

27th October: Mark Barron "We're Going to the Pictures"

24th November: Stephen Finders "Terror From the Skies January 31st 1916:
The Night the Zeppelins Came."

15th December: David Skillen "Can You Hear Me Mother? The Art of the Monologue."

Photography Group: Graffiti

Photos by Sue, Judy, Rachel, Lynne, Clifford, Kathryn, Rosemarie and 2 more



Local History Group October talk

Railways of Greater Nottingham – Wednesday 19th October
Baptist Church Main Hall at 2pm

A talk by John Tidmarsh looking at the way railways developed in the Greater Nottingham Area up until the present day.

I am always intrigued by the disused lines, bridges etc you see scattered around our locality, so I'm sure John will enlighten us on it all!



Train trundling over Melton Road

A small fee will be charged to cover room hire. We hope to see you there – it is open to everyone.

Don't forget that the following event for the local history group will be the Limelight Backstage Tour of the Theatre Royal and Royal Concert Hall on 23rd November.

Yvonne

For Our Poetry Lovers

Poetry Friends on 22nd September at West Bridgford Library 2 pm

Join in the fun and accessible poetry readings by local poets Kathleen and John Pankhurst. This session is themed around cats, dogs, and other animals and takes a light-hearted look at how our animals help us cope with life. All are welcome to this friendly and relaxed session to enjoy the beauty of the written word when spoken aloud. Why not bring a friend, neighbour, or someone you care for (please no actual cats or dogs apart from assistance dogs!) to join this wonderful session.

This is a **free** event and tickets are available online by following the link below:

[Poetry Friends | Inspire - Culture, Learning, Libraries \(inspireculture.org.uk\)](https://inspireculture.org.uk)

Recycling Update from the Climate Change Group

You might have seen the article about the Rotary Duck Race, where they released 4,000 yellow plastic ducks into the River Trent for a charitable event, and said to yourself – what a silly idea all that loose plastic. Well worry no more because I contacted the Rotary club and asked about DUCK Recovery, and indeed they had 6 or more duck catchers positioned in the river, in boats, to ensure no duck gets liberated, phew!



Photo from West Bridgford Wire

And in another case raised by our intrepid recycling fraternity, the question of BROWN plastic bottles was raised. Another positive response from Veolia, all plastic bottles are colour neutral in their eyes. Into the recycling for the brown, green, blue and clear ones.

And finally, ALDI made the news this week announcing they were no longer going to make GREEN bottle tops for their semi-skimmed milk. In future semi skimmed milk will have a clear plastic top which is easier to recycle, the bottle will be clearly labelled semi skimmed milk. The pilot scheme is due to begin later this month across Aldi's stores in Cheshire, Manchester and Liverpool. It is being carried out in partnership with milk supplier Müller.

This fits in with the news from Veolia that plastic bottle tops can be recycled in Rushcliffe, but must be attached to the bottle, no loose tops.

Do remember though, that we are still saving plastic bottle tops for the Dove Hospice and they don't care what colour they are.

Sue



Peak District Walk – Three Shires Head – August 2022

The Group's August outing took us to Gradbach Mill, south west of Buxton, from where we ascended to Three Shires Head, a moorland beauty spot, where the counties of Derbyshire, Cheshire & Staffordshire meet.

We started the walk by following the River Dane, then climbed through farmland, before returning to the side of the river for the final ascent.



The walk lent itself to an extended walk, which four of our group of fourteen took part in, whilst the rest of the group had a lengthy “pit stop” by the bridges, waterfalls & pools.



The walk extension took the group to more desolate moorland & the remains of an old quarry.

On our return to Gradbach Mill, the group faced one final challenge – walking along a footpath almost taken over by undergrowth.



John

Remarkable Women

British Women at War

Thursday 20th October 2pm West Bridgford Baptist Church

In December 1941, the National Service Act made the conscription of women legal. At first, only single women aged 20–30 were called up, but by mid-1943, almost 90 per cent of single women and 80 per cent of married women were employed in essential work for the war effort. We will be looking at some of the roles undertaken by these women in World War Two.

For more information, contact Pat on 9146670 or pag6be@gmail.com

Sinclair's Crossword

1		2		3		4		5		6		7		8
9								10						
11						12								
13												14		
								15		16				
17							18							
				19		20								
21										22				23
24								25						
26						27								

<u>Across</u>	<u>Down</u>
1. Unfavourably well known (9)	1. Middays(5)
6. Weight unit for precious stones (5)	2. UK National Park(3,4,8)
9. Supervise work(7)	3. Keep in check(8)
10. Eyelash cosmetic(7)	4. Abroad(8)
11. A fixed step(5)	5. Dark, gloomy(6)
12. Extent of contraction(9)	6. Public building for gambling(6)
13. Sublime in expression(8)	7. No way through for drivers(4,5,6)
14. Shaft of light, smile(4)	8. Shopkeeper or skilled craftsman(9)
17. Firm hold(4)	13. Elaborate display celebrating historical events(9)
18. Relieve a heavy load(8)	15. Forebear(8)
21. Change repeatedly(9)	16. Assembled listeners at an event(8)
22. Small areas of land(5)	19. Curved courses of satellites(6)
24. Following a person(7)	20. Emblems of office or membership(6)
25. North African state(7)	23. See 11 across(5)
26. Abominable snowmen(5)	
27. Cease resisting(9)	



ORIENTEERING WALKING

Walk Dates and Locations:

Tuesday 20th September - Kedleston Hall, Derbyshire with lunch at Kedleston Hall Cafe

Tuesday 25th October - Shipleigh Country Park, Derbyshire - Lunch at Shipleigh Park Cafe

Monday 21st November - Evington Park, Leicester - Lunch at Vintage 186 Cafe

New members, irrespective of prior orienteering experience, are welcome to join the group. For further details and/or to join the group's email distribution list, contact John - 07721 538057

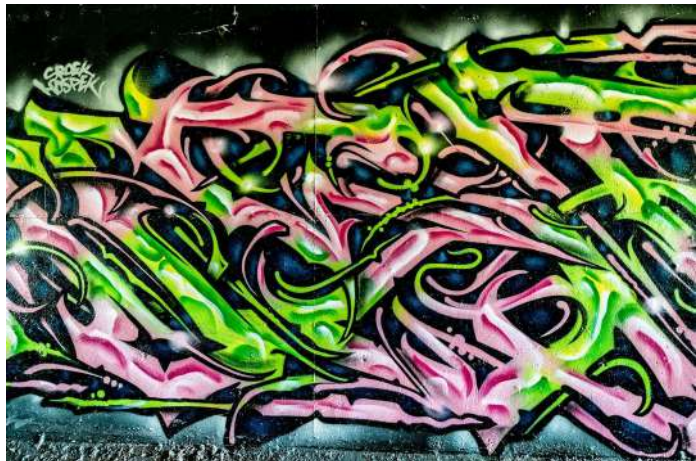


Bird Watching Group

Programme June–December

For visits with our expert there is a charge of £30 for a full day or £36 including transport in the minibus. For some sites there is an entry charge. Final details will be emailed a week before each visit.

Date	Location	Leaders	Charge
Monday 26 th September	River Trent & Gunthorpe Ponds	Led by Members of the Group	No Charge
Monday 3 rd October	Gibraltar Point	With Professional Expert	£30/36
Monday 17 th October	Whisby Nature Park Lincoln	Led by Members of the Group	No Charge
Monday 31 st October	Elvaston Castle	Led by Members of the Group	No Charge
Monday 14 th November	Attenborough Nature Reserve	Led by Members of the Group	No Charge
Monday 28 th November	Carsington Water	With Professional Expert	£30/36
Monday 19 th December	Watermead Country Park & Christmas Meal	With Professional Expert	£20/26
For more information contact: Pete 07828 647221 or Lynne 07811 707868			



Cycling Group

Ride Programme: July to December

Date	Ride	Miles	Leader	Phone	Start Point
Friday 23 rd Sept	National Forest	15	Helen	07980 351529	Measham
Friday 14 th October	Trent Lock Sawley & Clifton	25	Hugh & Di	07880 962135	Welbeck Road West Bridgford
Friday 28 th October	Edwinstowe Vicar Water & Sherwood	15	Pete	07828 647221	Edwinstowe
Friday 11 th Nov	Bestwood to Newstead	17	Pete	07828 647221	Bestwood Country Park
Friday 25 th Nov	Whisby Nature Park to Lincoln	20	Graham & Christine	07803 123339	Whisby
Friday 9 th Dec	Clifton Grove & Rushcliffe CP Christmas Meal	14	Pete	07828 647221	Welbeck Road West Bridgford

All rides start at 10.00am

The Group continue to cycle on the second and fourth Friday each month. More details on each ride, including where to meet, will be emailed about a week before the ride.

Please let the Ride Leader know in advance that you will be coming and bring a spare inner tube, your Membership Card and Personal Medical Form.

Pete 07828 647221 **Graham** 07803 123339



Groups Timetable

	Day	Venue	When	Leader	Phone	Status
	Monday					
AM	Bird Watching	Various	1 st /3 rd Monday	Pete	07828647221	
	Orienteering	Various	3 rd Monday or 4 th Tuesday	John	07721538057	
	Zumba	Baptist Church	Weekly	Joan	07847 209399	
PM	Discussion Group 2	Member's home	2 nd Monday	Pat	01159234285	
	History	Baptist Church	4 th Monday	Carol	07419317738	
	Finding Out About Music	Zoom	1 st Monday	Diana	07736 943339	
	Art Appreciation	Baptist Church	1 st Monday	Carol	07419317738	Full
	Cards and Games	Member's home	2 nd Monday	Janet/Paul	01159231352	
	Climate Change	Baptist Church	2 nd Monday	Sue	07900886765	
	Genealogy	Zoom	2 nd Monday	Paco	01159233109	
	Spanish Conversation	Member's home/Zoom	Every Monday	Lynda	07887392138	
	Wine Appreciation	Member's home		Rod	01159232019	
	The Crown	Zoom	4 th Monday	Sue	07900886765	
Evening	German	Zoom	Alt Mondays	Rita	0115 9841516	Full
	Tuesday					
AM	Art Appreciation	Baptist Church		Heather	01159232824	Full
	Greeting Cards	Baptist Church	2 nd Tuesday	Joan	01159818477	
	Painting and Drawing	Baptist Church	2 weekly	Pam	01159819238	Full
	Spanish Conversation	Member's home	1 st and 3 rd Tuesday	Graham	0115923832	Full

PM	Architecture Active	Baptist Church	3 rd Tuesday	David	07970059525	
	Beginners Bridge	Baptist Church	Weekly	Ron	0115 9234176	
	Cryptic Crosswords	Test Match	1 st Tuesday	Stephen	01159140255	
	Cryptic Crosswords	Zoom	3 rd Tuesday	Stephen	01159140255	
	Knit and Natter	Stratford Haven	1 st and 3 rd Tuesday	Joan	07847209399	
	Photography	Baptist Church	1 st Tuesday	Paco	01159233109	
	Scrabble	Test Match	4 th Tuesday	Ian	01159813110	
	Tai Chi	Scout Hut	Weekly	Lynn	07811 707868	
Evening	Etymology	Zoom	3 rd Tuesday	Joe	07760458791	
	Wednesday					
AM	Critters Workshop			Sylvia	07981655553	
	Short Walks	Various	1 st and 3 rd Wednesday	Christine	07434 614890.	
PM	Badminton	Rushcliffe Arena	Wednesdays	Chris Phil	07941509357 07505513556	
	Book Group	Member's home	3 rd Wednesday	Liz	0115 914 5642	
	International Folk Dancing	Baptist Church	1 st & 3 rd Wednesday	Joan	07847 209399	
	It's Good to Talk	Zoom	2 nd Wednesday	Trish		Full
	Lunch Club	Variable	Every Other Wednesday	Lorna	01159822546	
	Murder Most Foul	Poppy & Pint	4 th Wed	Laraine	0115 9235361	Waiting list
	Table Tennis	Baptist Church	2 nd and 4 th Wednesday	Glenys	01158370932	
	Local History	Various		Yvonne	07746668469	
Evening	French	Zoom	2 weekly	Anne	0115981 4196	

	Thursday					
AM	Beginners' Spanish	Member's home	Weekly	Graham	01159232832	
	Guitar Group 1	Member's home	Alternate Thursday	David	07990654643	
	Hiking	Various	3 rd Thursday	Richard	07857243182	
	Mah Jong	Marlborough Court	1 st and 3 rd Thursday	Glynis	07504 246410	
	Painting & Drawing	Baptist Church	Alternate Thursdays	Ron	01159234176	
	Peak District Walking	Various	1 st Thursday	Pete	07828647221	
	Poetry Appreciation	Marlborough Court	2 nd Thursday	Joan	07881718784	
PM	Book Group 3	Stratford Haven	2 nd Thursday	Fran	01158789790	
	Book Group AP	Member's home	1 st Thursday	Angela	01159986679	Full
	Guitar (beginners)	Member's home	Alternate Thursday	David	07970059525	
	Guitar Singaround	St Wilfrid's Church	Alternate Thursday	David Gordon	07970059525 0779 693 4365	
	Remarkable Women	Baptist Church	3 rd Thursday	Pat	01159146670	
	Scrabble	Test Match	2 nd Thursday	Ian	01159813110	
	Strumming For Fun	Baptist Church	2 nd and 3 rd Thursday	David	07771515810	
	Wine Appreciation	Member's home		Rod	01159232019	Full
	Film Group	Zoom	3 rd Thursday	Joe	07760458791	
	Friday					
AM	Cycling	Various	2 nd and 4 th Friday	Pete	07828647221	
	Longer Walks	Various	1 st Friday	Rita	0115 8461516	
	Longer Walks	Various	3 rd Friday	Liz	0115 9231605	

	Singing For Fun	Baptist Church	2 nd and 4 th Friday	Sue	07900886765	
PM	Rummikub	Baptist Church	1 st and 3 rd Friday	Trish	0796 102 4931	
	Science For Everyone	Baptist Church	4 th Friday	Peter	07745995735	
Saturday						
	Holiday Group		1 st Saturday	Penny	01159233384	

The information above may change. For up to date details about any group phone the contact name.



Your West Bridgford u3a Committee

			
Joe Chair	Peter Vice Chair & Tech Support	Yvonne Secretary	Martin Treasurer
			
John Membership Secretary	Carole Refreshments and Social	Clare Tech Support and Beacon Administrator	Kathryn Groups
		?	?
Rachel Committee Member	Paco Committee Member	Vacant Committee Member	Vacant Committee Member

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Highlights Editor	wbu3aeditor@gmail.com		
Webmaster Editor	sue456bailey@gmail.com		

Crossword Solution:

Across: 1.Notorious 6.Carat 9.Oversee 10.Mascara 11.Stair 12.Shrinkage 13.Poetical 14.Beam 17.Grip 18.Unburden 21.Alternate 22.Isles 24.Tailing 25.Tunisia 26.Yetis 27.Surrender.

Down: 1.Noons 2.The Lake District 3.Restrict 4.Overseas 5.Sombre 6.Casino 7.Road Ahead Closed 8.Tradesman 13.Pageantry 15.Ancestor 16.Audience 19.Orbits 20.Badges 23.Stair.

