



# West Bridgford u3a Highlights

June 2021

This is your way to keep in touch with all our members. So, please send your ideas, poems, pictures, information or memories to Pat: [wbu3aeditor@gmail.com](mailto:wbu3aeditor@gmail.com)

Deadline for contributions to the next edition is Friday 9<sup>h</sup> July.

For general enquiries about the West Bridgford U3A: Email: [wbu3aenquiries@gmail.com](mailto:wbu3aenquiries@gmail.com)  
Voicemail: 0115 871 1810.

**Open Meeting**  
**Thursday 24<sup>th</sup> June 2pm**

## Emett and The Victoria Centre Water Clock

The speaker is Peter Dexter. Peter was the engineer who rescued the clock when it was to be moved from outside Boots in the Victoria Centre and he restored it using his own money.



Prior to the speaker, the West Bridgford u3a Annual General Meeting will take place. Details below.

## WEST BRIDGFORD u3a Annual General Meeting Agenda

1. Welcome
2. Apologies for Absence
3. Resolutions:

### Ordinary Resolution 1:

*To approve the minutes of the Annual General Meeting of the West Bridgford u3a held on 13th August 2020.*

### Ordinary Resolution 2:

*To approve the annual statutory accounts of the West Bridgford u3a for the year 1st April 2020 to 31st March 2021.*

### Ordinary Resolution 3:

*To appoint Martin Wakeling as the independent examiner of accounts for the West Bridgford u3a for the financial year 1st April 2021 to 31st March 2022.*

### Special Resolution 1:

*(i) To appoint the following Officers;- Chair, 2 Vice Chairs, Secretary, Treasurer by election.*

*(ii) To appoint up to 7 other members of the Executive Committee by election.*

### Special Resolution 2:

*Adoption of amended constitution:*

A general meeting (whether an annual general meeting or a special general meeting) may be held in person or by suitable electronic means agreed by the trustees in which each participant may communicate with all the other participants. Where the trustees determine that a general meeting is to be held by electronic means pursuant to this clause 10 (3)(a), such determination shall be set out in the notice of general meeting sent to members, together with details of how a member may participate in such meeting.

4. Chair's Report – to consider the Report for the year 2020/21
5. Treasurer's Report – to consider the Financial Accounts for 2020/2021
6. Any other business
7. Date of next Annual General Meeting – Thursday 23rd June 2022

## CHAIR'S ANNUAL REPORT 2020/2021

Our charity is governed by a constitution as recommended by the Third Age Trust. Committee members are elected by the membership and, on election, become trustees of the charity. New committee members are given an induction of what is involved in being a trustee.

Committee members can only serve for a maximum of 6 years and the chair for a maximum of 3 years. Carol Gretton, Secretary retired from the Committee at the beginning of September after her 6 years term came to an end. On behalf of the membership, I would like to thank Carol for all her work for our U3A.

Although an independent charity, West Bridgford U3A is part of the wider movement under the auspices of the Third Age Trust. We are also part of Notts Network of U3As. Our involvement with the network means we can share ideas and be given and offer support to other local U3As.

The objects of our constitution is the advancement of education and, in particular, the education of older people and those who are retired from full time work by all means, including associated activities conducive to learning and personal development in West Bridgford and surrounding locality. So, anyone who is retired or semi retired who lives in the area is eligible to join. The objects mean we can offer a wide variety of activities, run by our members for our members. With over 70 interest groups and over 600 members, we follow the Third Age Trust principle of self help learning and the maxim of "learn, laugh and live!". Unfortunately due to the outbreak of Coronavirus Pandemic and the 3 lockdowns all our activities have been suspended since the month of March 2020.

Although we are hoping that not too long in the future we will be able to resume face to face activities indoors. We offer groups to suit all tastes from physical activities such as walking, cycling, sailing and table tennis to interest groups such as art, music, jazz appreciation and philosophy. Groups take place in a variety of locations such as a church, pub or a member's home. Any member can suggest a new group and as long as there is sufficient interest, we are able to start that group. We employ no paid staff so the charity and all the interest groups are run by our members. Thanks to all our group leaders for all their work over the last 12 months.

Because we have no paid staff we can keep membership fees low. This year because of the Covid restrictions we have reduced the membership fee. We have no outside funding so we are totally self reliant. Financially, we try to keep a maximum of 6 months reserves. Our major financial outlay is the newsletter which is produced 6 times a year. We suspended the printed newsletter but we produced a Special Christmas edition this year. Since April 2020 we have been doing an online newsletter, the first one was The Coronavirus Times which run weekly for about three months. The Coronavirus

Times was replaced by the wbu3a Highlights and published monthly. At the beginning of the year we started distributing Highlights to our members homes who with no email addresses.

As all indoor activities were suspended a new word came to our language, Zoom Meetings. Once we started using Zoom over 50% of our groups have been meeting online. For a period last summer outdoor groups were able to resume taking places under Covid 19 restrictions and risk assessments. Then under the 3rd lockdown they were suspended and they have just recently been given the green light again. We purchased a Zoom Pro license and we restarted to use it for larger number of attendees. We had a Christmas Show in December and we have restarted to have Open meeting with speakers since the beginning of the year.

Groups are able to use the Zoom Pro license so that the larger ones can operate uninterrupted for longer period of time. There have been several new groups created for Zoom and a Coffee Shop has been running for the last 3 months.

We welcome Peter Oliver and Stuart Horsley who have joined the Committee in recent months.

Finally, I would like to thank all the committee members for all the support they have given me during the year and for the work they have put in in on what has been a difficult year for us all.

Paco Saucedo Chairperson wbu3achair@gmail.com  
May 2021

## Next Open Meeting

**July 22<sup>nd</sup>** – Barbara Meyer **“Wildlife in Sherwood Forest”**. Barbara is a freelance wildlife photographer dedicated to raising awareness and funds for endangered big cat species and also for British wildlife.

## Peak District Walking Group's "A Tissington Trail of Three Villages"

After "bookending" 2021 lockdown with two Broxtowe Peak District walks, the group was able to return to Derbyshire in May, for a 6 mile walk around the three "White Peak" villages of Tissington, Parwich and Alsop en le Dale; surrounding hillsides and valleys; and parts of the Tissington Trail.

Whilst walking groups were once again exempted from "Group of Six" constraints, it was decided to still limit numbers per group to – as it turned out – one group of nine and one group of ten.



The day was memorable in a number of other respects. It broke previous records for the number of stiles to be navigated through or over – including several rather demanding ones – the "official" count being logged at 22. "Drone's eye views" of one of the two groups were also captured.



Whilst for the most part, we had "a good weather day", this was interrupted for ten minutes by dark clouds & a light snow storm. The walk also marked a return to our traditional cafe lunch, towards the end of the walk, in the village of Tissington itself.



John P

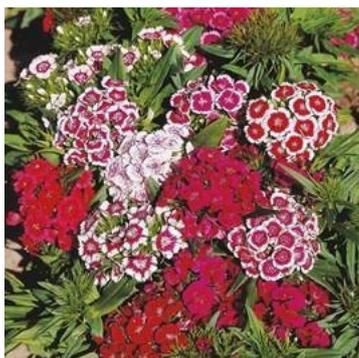
## Groups on Zoom

Group	Contact Name	Contact Details
Architecture Active	David	07970059525
Book Group 4	Angela	01159986679
Book Group –Wednesday	Liz	01159145642
Book Group – Tuesday	Judith	01159231539
Book Group 3	Fran	01158789790
Brush Up Your Bridge	Marion	01159234552
Conversational Spanish	Lynda	07887392138
Cryptic Crosswords	Stephen	01159140255
Dance Around the World	Nora	01159259726
Discussion group 2	Patricia	01159234285
Etymology	Joe	07760458791
Film Discussion	Joe	01158789829
Finding Out About Music	Pat	01159146670
Folk Fiddle	Gill	01159822192
French Conversation	Anne	01159814196
Genealogy	Paco	01159233109
Guitar	David	07990654643
It's Good to Talk	Trish	07788853157
Knit and Natter	Joan	07847209399
Local History	Yvonne	07746668469
Murder Most Foul	Trish	07788853157
Photography	Paco	01159233109
21 <sup>st</sup> Century Women Writers	Trish	077 888 53157
Remarkable Women	Pat	01159146670
Science For Everyone	Peter	01159743844
Singing For Fun	Sue	07900886765
Spanish Conversation	Graham	01159232832
The Crown	Sue	07900886765
Ukulele	David	07771515810
Yoga Type Exercise	Elizabeth	01159146941

# Cryptic Flower Quiz

Courtesy of Phil Joiner of Wanstead and Woodford u3a Keep Smiling:

1. Mrs. Bull's underwear
2. A stinging wine
3. A dapper animal
4. For a little girl
5. Ringing in a Cathedral City
6. Fido got up
7. Unhappy ringers
8. A proper girl
9. Hurry into a deep hole
10. The opposite to a sour bill



## Orienteering Walking

### 2021 Walk Dates and Locations:

Tuesday 22nd June 2021 – Ilam Park, Derbyshire

Tuesday 27th July 2021 – Beacon Hill – Upper Car Park (or Brocks Hill Country Park), Leicestershire

1. New members, irrespective of prior orienteering experience, are welcome to join the group.
2. For further details and/or to join (or be removed from) the group's email distribution list,

Contact John– 07721 538057 (or via email)

## u3a Badminton

Badminton has now resumed at the Arena in West Bridgford. This is every Wednesday 2.30pm till 4pm at a cost of £2 per session. New players welcome.

For more details, contact: Chris 07941509357 or Phil 07505513556

### Flower Quiz Answers:

1. Mrs. Bull's underwear: Cowslip
2. A stinging wine: Nettle
3. A dapper animal: Dandelion
4. For a little girl: Pink
5. Ringing in a Cathedral City: Canterbury Bell
6. Fido got up: Dog rose
7. Unhappy ringers: Bluebells
8. A proper girl: Primrose
9. Hurry into a deep hole: Speedwell
10. The opposite to a sour bill: Sweet William