

WEST BRIDGFORD WALKS

I am sure many of you find interesting ways to take your “daily exercise” and walking is an obvious one.

If you can only manage a short ‘round the block’ stroll, the scenery may become a bit monotonous, particularly as, in these difficult times, this is one of the few outdoor activities we are allowed. But some of you may wish to go a bit further and seek out some new paths and views.

With this in mind, I have started some descriptions of walks I can recommend: for variety, for as much green as possible (instead of endless streets of parked cars and houses – albeit there are some lovely front gardens to admire) and, hopefully, for seeing some wildlife.

The walks start and finish off Musters Road but you can adapt them to fit your starting point. They are all about 7-10km. If this is too much, you could drive part way (permitted now!) and park up.

For those who are already familiar with walking the area, I hope you recognise and enjoy the pictures. For those who want to try something new, I do hope you enjoy the experience. (I only take a small camera so my photos are not the best!)

‘A Walk in the Country?’ is the first walk.

I have a couple more.... perhaps a series?

Enjoy.

Pat Armstrong

A walk in the country? 8th May 2010

Yes, we live in suburbia -



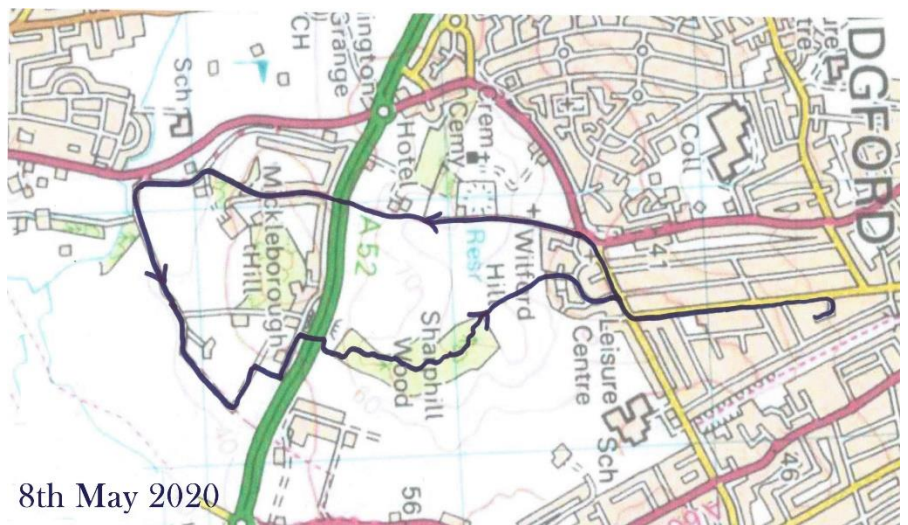
-and, as we leave our quiet street, some of the roads are rather 'busy', with signs, parking and traffic (though less than usual at this time).

There is some green to soften the view – but it isn't like living in a rural area

.....well,
not quite.....



.....as, within an 80-90 minute round walk, we can go through places that could be miles from the urban clutter – as my walk today shows.



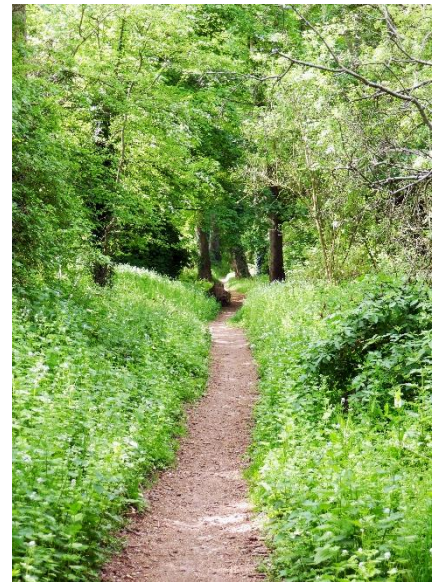
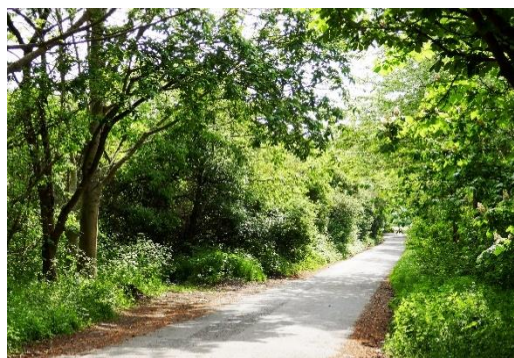
The walk starts from Musters Road. Go up the hill and turn right on Boundary Road and then left at Loughborough Road. Turn left, up the path alongside the cemetery – this used to be part of the road to Loughborough and is known as 'Old Road'.

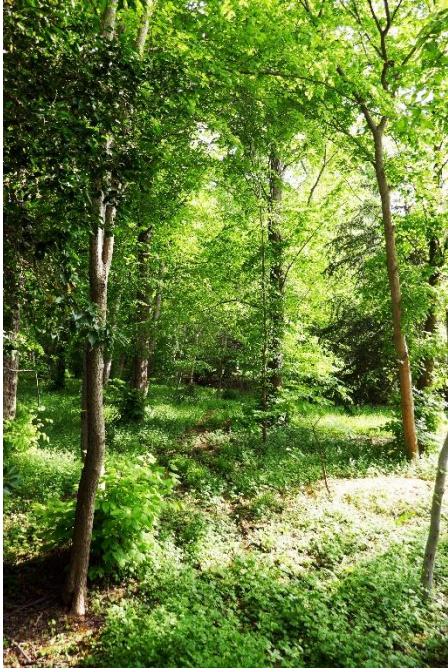
Continue up the hill to 'the Spinney' and then down the other side to the A52. Cross over taking care as the speed of traffic is high! Go down the bank on the south side and cross Landmere Lane and then up Old Road and over Mickleborough Hill and down to old Loughborough Road – turn left and then, just before the old Loughborough Road joins the 'new' Loughborough Road, turn left onto a track which follows a stream and then goes between fields towards Notcutts (Wheatcrofts). About 50yds before the A52 turn left and then right and then left again onto Landmere Lane and then go right under the A52. On the other side, go right and then left, up into Sharphill Wood. There are a number of paths through the wood and you come out into open fields overlooking West Bridgford and a wide view across Nottingham. Go down the steep field edge and into the area of housing onto Peverill Drive, then right on Willow Road and right at Boundary Road and back to Musters Road.

The walk will have included.....

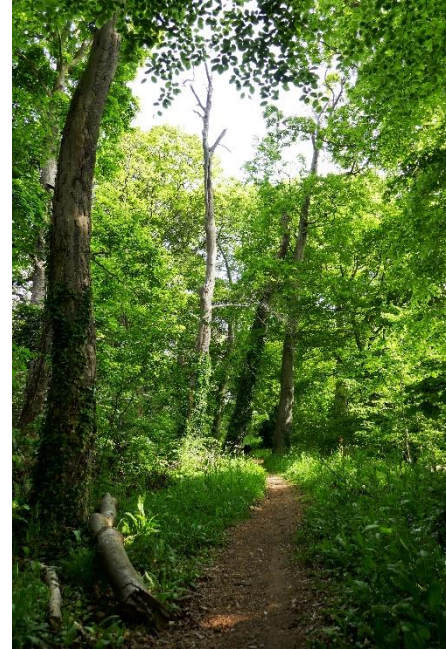


Country lanes





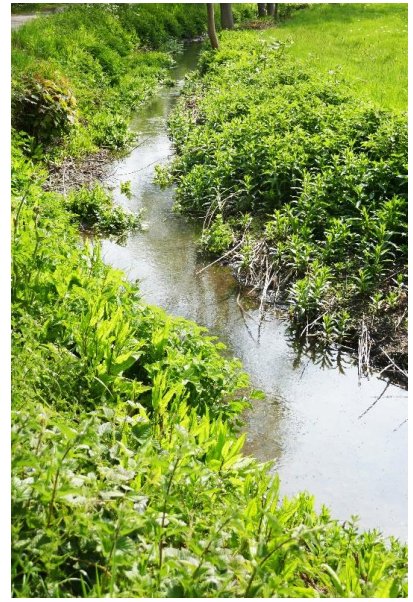
Woods



Fungi and Flowers



Parkland and streams



Green Fields.....and red..ish ones



But the urban reality soon looms ahead....



..... and its back to suburbia
– and lockdown!

