

Ware

Message from Jan, Chair Ware u3a

Thank you to all those members who have been in touch recently to let us know what you have been doing, what your groups are doing to stay in touch and staying active and sometimes just to say "Thank you". Our choir meets every 2 weeks, and we have a chat about what we have been doing, recommend ideas and share stories and music. We seem to still be able to find time to laugh too and it is lovely to see everyone, if only on Zoom.

My love and best wishes to you all. Stay safe, stay well, keep moving and Keep in Touch!

Jan

Lockdown 2 You will be aware that the government has declared a 4 week lockdown until 3 December and group leaders have had all the advice circulated from the u3aTrust. For the moment please stick to the guidelines and keep yourselves safe.

If you need help or support HertsHelp is here for you!



For Herts residents, carers & families general: Need help and don't know where to turn? Have a question or problem? If you or someone you know are struggling this wintertime (or any time), we're here to offer help and support. This is available to you through HertsHelp - our countywide information, advice, signposting and support service - from 8am-8pm Monday-Friday (10am-6pm weekends/bank hols). **Just call HertsHelp on 0300 123 4044, visit <https://www.hertshelp.net/winter-health.aspx> , www.hertshelp.net or email info@hertshelp.net**

Committee Vacancies – For our committee to operate we need some additional help, particularly to keep in touch with our members and group leaders. Updates to the website are important when things change so often, and we would really like to use a Ware u3a Facebook Group to help members stay in touch and share ideas. It is not hugely time consuming but now just a few new pairs of hands/eyes would help. If you have any social media experience of any level, please get in touch via chair.wareu3a@gmail.com

Website Several members have queried how they find out if a group is meeting and how they might join. A number of groups are keeping in touch and we have updated the group sections in the website with what we know. Please check the website first.

Choir Concert update I found some more ticket monies in my choir folder and a further **£60** has been donated to each of **Isabel Hospice and Ware Foodbank** – thank you to all who donated these great causes.

What is on locally

The Art Exhibitions at Hertford and Roydon are still on.– info on our Website.

Ware Town Council also have an Art Competition - **Work to be A3 in size, Paint, chalk & charcoal, pencil, pastels, Cut-off date Friday, 18th December.**

Look out for **Southern Maltings** – although the building is closed, there are workshops being held locally.

The Red Cross have a lot of good online versions of courses on first aid as they cannot deliver their courses face to face at present.

I laid a wreath for Ware u3a at the Ware War Memorial this **Remembrance Day** – very strange to be alone to lay the wreath. You are asked to mark the 2-minute silence on the 11th on your doorsteps with neighbours.

Overleaf you will find our Autumn Festival of talks for November and December. **If you would like to try Zoom we have some iPads that can be set up for you and we can offer 1:1 help to access the talks.**



Autumn Festival November and December 2020

As the days grow colder and the nights draw in we have planned some additional talks for you. All talks will be on Zoom.

November 11th 2 to 4 pm

Medical Detection Dogs - an insight on their work

Digital Skills help for you - how to get into Zoom and use it! To follow talk.

November 18th 3 to 5pm ** Note later start time

'Two Men and A Dog' Andy and James talk From Shared Lives to Local Social

Ware: What's on for Christmas - what you can do!

'Aspire' the Story behind Bridget's Cafe

November 25th 2 to 4 pm

'Ware's Shops through time' A Talk by Diana Perkins (Ware u3a member)

'Allenbury's/GSK why here in Ware?' A Talk by John Wing (Ware u3a member)

December 2nd 2 to 4pm

'Shakespeare; the Man' a talk by Emma Butcher, Actor

' Writing a play, from Story to Stage' a talk by Kate Miller, Writer & playwright

December 9th 2-4pm

'Fools Gold' Musical Act of Festive entertainment

December 16th 2 to 4 pm

Dave Willis - Herts and Middlesex Trust 'The Meads project'

We will notify members of the Zoom codes and link via our regular emails to members. If you need help to use Zoom email: chair.wareu3a@gmail.com