

Ware u3a
Group News
January 2023

Yoga for Beginners This group has recently relocated to Leaside Community Centre on Wednesdays 11-12. If you would like to improve your flexibility and join this friendly group please contact Heather Lovegrove on heather.lovegrove34@gmail.com



Views on the News Would you like to discuss the current news then why not join this group which meets from 2-3pm on alternate

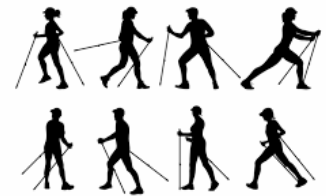
Mondays at Place house. If interested contact Alan Thomson on alan.334thomson@btinternet.com

Card/Board Games Is there anyone interested in starting up a card games and Board games group? If you are interested, please let me know on groups@ware.co.uk



Ballroom Dancing There hasn't been a great deal of interest in this group. If you are interested but cannot make the proposed time of Tuesdays at 2-3pm, please get in touch on groups@wareu3a.co.uk

Nordic Walking Do you fancy putting the excesses of Christmas behind you and take up Nordic Walking. Please let me know on groups@wareu3a.co.uk



Upcoming concerts

Last Chance to Book for February and March 2023 Concerts

Wednesday 8th February 2023 at 7.30 pm. Concert at the Royal Festival Hall with the Royal Philharmonic Orchestra. Conductor Vasily Petrenko.

Piano Javier Perianes.

Programme: Journeys of Discovery - Ecstasy
Prokofiev. Romeo and Juliet (excerpts)
Ravel Piano Concerto in G
Wagner Tristan und Isolde (Prelude and Liebestod)
Scriabin The Poem of Ecstasy



Cost: £35. **Last date to book if seats available 8th January 2023**

Wednesday 8th March 2023 at 7.30pm. Concert at the Royal Albert Hall with The Royal Philharmonic Orchestra. Conductor Richard Balcombe. Vocalists: Louise Dearman, Ricardo Alfonso and guests TBA.

Programme:

Classic songs from the golden age of Hollywood including Anything Goes, Cabaret, Sweet Charity, The Wizard of Oz and A Star is Born and more

Cost : £60. **Last date to book if tickets available 22nd January 2023**

Cost price includes ticket, coach and gratuity. To express your interest, please contact Annette Richardson on 01920 412885 or email nettles43@outlook.com to ensure a ticket. Please note that seats can only be confirmed upon receipt of a cheque in payment.

Amendments to the Groups Directory 2023

Sally's e-mail for Tennis at Standon is sally.bradshaw@hotmail.co.uk

Martin's e-mail for Spanish Improvers is evansmartin030@gmail.com

Short Mats bowls is from 10am-12pm on Mondays and Fridays