

Newsletter May 2023

Please welcome two new recruits to the Committee: Anna Hardy who is Assistant Membership Secretary



Debbie Rudgley, who will take over as Group Coordinator from the beginning of June.

Email: groups@wareu3a.co.uk

The latest on the Birthday Celebrations is that there are two spaces left on the Afternoon Boat Trip on 11th July and quite a few spaces on the Evening Boat Trip on 6th July, if you fancy cruising down to Stanstead Abbots on a summer evening.

From the date of the next Monthly Meeting, 14th June, bookings will be available for non Ware u3a members to these events.



The matinee performance of the comedy Twelfth Night on Wednesday August 23rd and the Barn Dance on Friday 15th September can also be booked from 14th June for Ware u3a members. Requests for all bookings should be sent to events@wareu3a.co.uk



Tai Chi, following the popularity of this class, we are looking to start a second class on Mondays from 12.30-1.30pm at Wodson Park. Tai Chi is an exercise which benefits physical movement, balance and psychological health.

If you are interested, please e-mail groups@wareu3a.co.uk

A few years ago, we held half-day courses covering **Emergency First Aid**. If there is a call for it, we could arrange to run another course, given by St John Ambulance. There is a free app which can be downloaded onto your phone, the **St John Ambulance First Aid app**, which gives useful information in case of emergency. If you are interested in attending a course, please e-mail groups@wareu3a.co.uk



Classical Music Concerts Message from Annette Richardson

Where has the time gone? The 8th June 2023 Concert is the last of this season and I now feel it is time for me to stand down as Group Leader. It would be a shame if this group ceases to exist so I am appealing to those who enjoy the music and the experience to take up the challenge to arrange concerts in the future either solo or as part of a committee. I have contacts for both coaches and orchestras and will be happy to help in any way I can - please contact me through the Concert Group on the Wareu3a website to express your interest.

