

Dear Members,

I just wanted to mention a few things to answer a few queries.

We are not issuing another Groups Directory, as they quickly become out of date, with date/time/venue and contact details often changing. The Ware u3a website and the A5 posters at the Monthly Meeting contain the up to date details that you need.

You will all soon receive a printed program for the AGM to be held in April. This is a legal requirement. I haven't spoken to you about joining the Committee, as at the moment the roles are covered. However, we will need to co-opt members onto the Committee in the coming year to fill future vacancies, to ensure continuity. More details will be issued in the coming months, so please think carefully if you are able to help. The Committee is a very friendly bunch!

This brings me onto a very important point. Groups cannot operate without Group Leaders, whether we are starting up new Groups or existing Group Leaders wish to step down after leading a group for several years. This organisation is run by its members volunteering and without them, it would slowly die. There is always support, either from leaders of similar groups or from Committee members, so please do not feel daunted by taking that step forward, to help us maintain a thriving u3a.

Also, in the same theme, the Audio Visual team at the monthly meetings is looking for one or two volunteers to spread the load and ensure cover for holidays and sickness. If you can create a simple PowerPoint presentation for the rolling screen shown before the meeting and assist the speaker with their IT

needs, your help would be really appreciated. Please contact me on chair@wareu3a.co.uk if you think that you can help.

I think that the interest in the collection of Jigsaws is waning. They will be put out at the March monthly meeting please take them home with you to enjoy, but do not bring them back. Any jigsaws left will be given to the local charity shops.

Best wishes,

Pauline

Come and enjoy a bit of therapeutic exercise in Fanshawe Pool on Fridays at 7.45-8.30am in our friendly **Aquafit** class. First trial session is free. If interested contact Kathryn Pullinger via Debbie on groups@wareu3a.co.uk

u3a born
again



Welcome to the
February Meeting of
Ware u3a





Tap Dancing Have you always wanted to be able to tap dance but never got round to it? If so then join our happy tappers on a Tuesday afternoon from 1:30 to 2:30 in the Hertford Quaker Hall! We have a few spaces and no experience necessary except a willingness to laugh - our fab and fun teacher, Jodie, can fit anyone in from beginners to those of you who have tapped in the past. Contact Lesley Carter via Debbie on groups@wareu3a.co.uk if you would like to come along and try it out for a week or two!

Making a Green Impact Close to twenty Ware & Hertford members assembled for the inaugural meeting of this group. Some have been involved in addressing the issue of climate change for many years. Others are members with increasing concerns about the critical global environment and keen to discuss the key issues and how to address them.

The meeting focussed on issues relating to food: a key concern that food production, waste and land related emissions account for 23% of the total carbon footprint. Film clips were shown including the hidden costs of the foods we throw away; which supermarkets perform well regarding packaging and other environmental issues; and how a circular economy approach can be used to deal with waste. Small group discussions were followed by a plenary session.

The group meets on the third Friday of each month at 2-4.30pm, the venue will normally be Allenburys Sports & Social Club. New members will be welcomed. A future topic will be homes and savings to be made there.

Contact Ann Neuff via Debbie on groups@wareu3a.co.uk if interested.



Thursday Simply Fit have a few spaces available. They meet every Thursday morning at 11am for an hour and is £5 per session.

If interested contact Annette O'Neill via Debbie on groups@wareu3a.co.uk

Tai Chi 2 would welcome a few more participants. They meet on Mondays 12.30-1.30pm at Wodson Park. This is a wonderful form of exercise to calm the mind and improve balance. These are just a few of its benefits. Contact Dawn Cruse via Debbie on groups@wareu3a.co.uk if you would like to join.



Concert Friday 12th April 2024 at the Royal Festival Hall at 7:30pm

Come and enjoy the London Philharmonic Orchestra with Conductor Edward Gardner and Soloist Nicolas Altstaedt.

Programme: Dvořák Cello Concerto

Holst The Planets

Cost: £50 includes, ticket, coach and gratuity

Last date to book 7th March



Sunday 12th May 2024 at the Barbican at 7.00pm

Come and enjoy the London Symphony Orchestra with Conductor Michael Tilson and Soloist Alice Coote with the Sopranos and Altos of the London Symphony Chorus and the Tiffin Boys Choir.

Programme: Gustav Mahler Symphony No 3

Cost £55 inclusive.

Sunday 23rd June at the Barbican at 7.00pm

Come and enjoy the London Symphony Orchestra with Conductor Michael Gianandrea Nosedá and Soloists Christina Poulitisi, Sunnyboy Dlada and Elliot Madore with the Sopranos and Altos of the London Symphony Chorus and the Tiffin Boys Choir.

Programme: Dmitri Shostakovich Symphony No 3

Carl Orff Carmina Burana

Cost: £55 inclusive

Please contact Jeff Bergman via Pauline on chair@wareu3a.co.uk

Please note that seats can only be confirmed upon receipt of payment.

I'm sure that you have visited the 18th century **Scott's Grotto** at some time and enjoyed exploring its underground passages and the gardens. It is an important part of Ware's heritage.

There are a group of stewards who, on a rota basis, open the Grotto to the public during the summer on Saturday and Bank Holiday afternoons welcoming visitors and showing them around. They could do with some more help. Could you spare a couple of hours on perhaps on two or three summer afternoons? It's a great way to spend the time, meeting interesting visitors who seem to come from far and wide.

If you think you might be able to help or would just like to know a bit more, please contact Bob Owen via Pauline on chair@wareu3a.co.uk

