



Waltham Abbey U3A Registered Charity number 1173927

Waltham Abbey U3A Newsletter

October 2023

Next Meeting:

Tuesday 10th October

Presentation by Brian Tony Earle

“All Aboard the Bus ”

Doors open 9.50 am

New Members always welcome

Message from our Chairperson

Our open day was a great success which everyone enjoyed. We gained some new members - welcome to you, and a huge thank you to all our helpers, donators, dancers and singers.

The opening ceremony of the canoe slalom championships was very good with our singing for fun group organised by Chris Tait, plus Helen Wilson, our vice chair a member of the Chingford Morris dancers being part of it. Well done to you all and I noticed a great u3a turn out in support.

Some of us have just returned from the u3a Llandudno holiday which got off to a late start and a broken lift, but we made the most of it and the weather was good. Thank you to Terry for organising and Gill for supporting.

Finally, next year is the 10th Anniversary of Waltham Abbey u3a and we are asking you for your ideas as to how we should celebrate. Please let myself or another committee member know your suggestions and we will vote on it next year.

Amanda Ridgwell—Chair

Notices from the Chair

Don't forget to buy your ticket for the u3a disco to be held on 21st October. Contact Amanda for further details. Tickets will be available at the monthly meeting.

We are still looking for new committee members to join the committee. If you want to know more, or sit in on a committee meeting, or shadow or work with one of us contact Amanda or Helen.

Waltham Abbey u3a Group news

Group changes this month

Singing for Fun— The group has unfortunately reached full capacity and are not taking any new members. However they will be opening a waiting list, please contact Sheila Baccarini on 07963271736 if interested..

Country Dancing— There will also be a session on Monday 10th October Please meet, Hall 1 at The Community Centre at 2.15 pm. Come along and have fun whilst exercising

Backgammon. . We are hoping to introduce the game at Board Games Please bring a Backgammon set if you wish to play.

Line dancing will be cancelled on 1st November to enable work to be carried out on the Town Hall floor. It may also be cancelled on 8th November, but this will be confirmed nearer the time.

We have been asked to start up a **Fishing** group and a **Book** group. If you are interested please contact Amanda or Pauline if you are interested in either or both of these activities or if you have an idea for another activity.

New Groups—If you would like to learn something new, or are interested in sharing a skill, there is always room to start a new group. Please contact the Group Coordinators, details on the Groups and Activities List.

Group Facilitators

If you have information about your group or would like to share a photograph of the group with Waltham Abbey u3a, newsletter please forward them to Helen via email or by hand at a monthly meeting. newsletterwalthamabbeyu3a@gmail.com

Members please remember to take your membership cards to the groups that you are attending. Group Facilitators will be looking to check that you have your 2023—2024 green membership cards.

HOLIDAY GROUP NEW HOLIDAY FOR MARCH 2024.

Terry is pleased to say that he has managed to book a weekend away at Warners Gunton Hall Norfolk from Friday 22nd March to Monday 25th March. It is a Re-Mix weekend with a great tribute to Tina Turner and Shania Twain (Always subject to change), daytime entertainment, and use of swimming pool, pitch and put golf etc.

We will travel by Golden Boy Coach, but to reduce costs the coach will not stop with us for the weekend, as the bus service to Yarmouth, Gorleston on Sea, and Lowestoft are good and can be boarded near the entrance to the resort, so you can get around.

There are a number of single, double and twin chalets available. The cost for the weekend will be £270 with a £50 deposit payable in December. If interested please send Terry a text or see me at the October Monthly Meeting on Tuesday 10th October as places usually get filled quickly

GARDENING GROUP

VISIT TO RHS WISLEY :- Members who have booked for the trip to RHS Wisley on Tuesday 3rd October are reminded to meet at Quaker Lane bus stop at 9.30 am and we should return by 6pm. There are places to eat and drink at Wisley or you can bring a packed lunch. If you are unable to attend please let Terry know as soon as possible as there are members wanting to go.

CHRISTMAS ILLUMINATIONS AT RHS HYDE HALL - Members who have booked for the visit to RHS Hyde Hall on Wednesday 6th December are reminded that payment of £27 per person £21 for RHS members and guest is due at the monthly meeting on Tuesday 10th October, cash or cheque payable to Waltham Abbey U3A.

It is regretted this trip is fully booked.

NOVEMBER GARDENING MEETING— As the winter month approach the monthly gardening meeting will be at the Community Centre on the Crooked Mile on Monday 6th November at 1.30 until 3pm

It is hoped to have a speaker on some aspect on gardening, to be confirmed in next months newsletter.

EATING OUT GROUP :-

The lunch in October will be on Wednesday 18th October at The Toby Carvery Buckhurst Hill meeting at 12.15pm for a 12.30 pm meal. Terry has booked for 24 members so if interested in joining us for this meal please let him know no later than Wednesday 11th October 23.

SUNDAY LUNCH

The next Sunday Lunch will on Sunday 8th October at the Highland Restaurant Broxbourne meeting at 12.15pm for the 12.30pm 3 course Carvery lunch costing £18. If you wish to join us please let Terry know by Thursday 5th October.

SATURDAY WALKING GROUP

The walk for October will be on Saturday 14th October meeting at Loughton Tube Station at 10am. If you wish to join us on this walk please advise Terry know by Thursday 12th so he is aware who will be attending.

September Saturday Walk



Saturday Walk by the Tower of London

World Canoe Slalom Championship Opening Ceremony—Singing for Fun

Photographs from Mark Boyce



Waltham Abbey u3a Open Day September 9th 2023

A very big **thank you** for all of your help and assistance on the Open Day.

- To all who helped to prepare for the day.
- To all who gave their time to sing and dance outside the library, and to help inside the library.
- To all who provided cakes and biscuits, served, and bought and enjoyed the refreshments.
- To all who provided tombola prizes and those that bought tickets,.
- To those that grew the vegetables and those who gave us a donation,
- We had 10 new members sign up on the day. Welcome to all of you.
- We raised nearly £350 on the day, and with gift aid, this will increase.



Photos from T Hoyer and M Boyce

Egyptology Group - From Carol Harper

The Egyptology group visited London to see the Egyptian exhibition halls in the British Museum and after lunch they visited the Petrie Museum, a small museum dedicated to Egyptology, with most of the finds from William Petrie. Although it is a small museum, it is packed with valuable artefacts, one of which is the Tarkhan dress which is the oldest dress found to date..

To their great surprise, they bumped into Colleen and John Darnell who are leading Egyptologists from America and are often seen on television.

They were here as John was lecturing on the Daklar Oasis at the British Museum. They are renowned for wearing period clothes and true to form they were wearing their vintage apparel. They were keen to get a group photo.

At least the Petrie Museum was air conditioned as they had chosen the hottest day of the year. It was a great visit but Carol thinks that next time they will choose a cooler day.



Holiday to Llandudno 2023 photos courtesy of Terry Hoyer



Relaxing and having fun!



At the station with the very long name



Slate Museum
Llanberis



Llandudno



Beaumaris Castle

More photos will be on screen at the monthly meeting.

Trips to Southend and Kew September 2023.



Photographs from Alice Edghill.

She also congratulates Terry for organising the enjoyable trips.



Photos from Terry Hoyer



Dates for your Diaries

Date	Time	Venue	Event
23rd September—22nd December	Opening hours	Museum	'Greater in Spirit, Larger in Outlook' Exhibition
Saturday 14th October	From 11.00 am	The Glebe	King Harold Day
Saturday 4th November	From 10 am	Town Hall	Macmillan Coffee Morning
Tuesday 14th November	10 am	Town Hall	Waltham Abbey u3a Monthly Meeting. Charlie Haylock 'The History of Spoken English
Sunday 21st October	7.30 pm	Town Hall	U3a Disco
Saturday 2nd December	7.30 pm	Elphwood	Scout Quiz, £8. Please bring own drink and food.

Events organised by Epping Forest District Council and other organisations.

Day	Venue	Event	Time
Tuesday	Waltham Abbey Leisure Centre	Drop in service for those who may have money worries and or wellbeing concerns	9.30 am to 2 pm
Wednesday	Museum, Waltham Abbey	Community Café – Dementia Friendly	12 noon
Wednesday	Museum	Men's Shed	2 pm – 4 pm
Wednesday	Museum	Musical Memories	11 am – Noon (£5.40)
Friday	Town Hall	Short Mat Bowls	9.45 am—Noon (£5.40)
Friday	Museum	Museum Movers	10.30 am—12 noon
Last Friday of each month	Waltham Abbey Baptist Church Hall	3 Memory Café 4U	2.30 pm to 4.30 pm

Help Please

If you have an article, a picture, a joke, a story a poem or a review that you would like to see printed in the newsletter, please send to Helen by email, using the following; newsletterwalthamabbeyu3a@gmail.com For inclusion in the November newsletter please send by Wednesday 25th October. Thank you.

Newsletter Circulation—Please check your spam folders—your newsletter may be there!

If you have an email address and have not received this newsletter, please email

newsletterwalthamabbeyu3a@gmail.com quoting your membership number.

If you do not have an email address, newsletters are available for collection at the monthly meeting and at the Tourist Information. and Library.

u3a and Community Information

Waltham Abbey u3a Disco

DJ Colin The Train

There will be a u3a disco in the Town Hall on **Saturday 21st October**. Tickets are £8 and will be available at monthly meetings or contact Amanda. There will be no fish and chips or chicken and chips, but you are welcome to bring your own snacks.

St Thomas' Church Quiz Night



Saturday 14th October 2023
St Thomas Church, Upshire
EN9 3SS

7.00 pm (Doors open 6.30pm)
£10.00 per head—tables of 8
(Includes hot drink and nibbles, anything stronger bring your own)

Please pre-book for catering and safety purposes on Tel:07899846711

If you are on your own or can't make a table, just come along anyway, and make new friends.

Norwich Day Trip

Wednesday 18th October

£25 per person

9am pick up Quaker Lane bus stop

To book call Tourist Information
01992 2660336

Waltham Abbey Flower Club

Tuesday 24th October 1.30 pm

Waltham Abbey Community Centre

AGM Then workshop by Chris Beales

Members £3, Visitors £7

Refreshments, raffle and sales table

Waltham Abbey Church Music for Lunch

12.30 pm

Saturday 7th October

Saturday 15th October

Saturday 21st October

Saturday 29th October

Nest walk

October 21st

11am from TIC

Discover Historic Waltham Abbey Guided Tours

Taking place every third Saturday of the month between April and September, starting from the Tourist Information Centre in Highbridge Street at 11.00am, and lasting around an hour.
£3 per person including a ricker pack and refreshments on arrival. Children 8 to 16 years £2, under 8 free.
Pre-booking not essential but not necessary - booked free.
Tourist Information Centre on 01992 2660336 or email t@walthamabbey.gov.uk

