



Newsletter – January 2020

Further information on our U3A and the local U3A Network etc. can be found on our website. Just Google Wallasey U3A.

Do you have any **unwanted Christmas presents** i.e. toiletries, men's deodorant, men's shower gel, socks, chocolates, if so, then why not bring them to our next meeting and leave them on the Social Committee table. They will be collected and donated to local charities.

CINEMA GROUP

The Group will meet at the Light Cinema in New Brighton on Thursday the 6th February. Details will be displayed on the notice board. Contact Pat McMullan for further details.

INDOOR BOWLS

Indoor Bowls takes place at Wallasey Village United Reformed Church which is situated between the Lighthouse pub and Sandy Lane. U3A members are invited to join them. Play commences at 1.30pm contact John Steel if you would like further information on 637 0674

LUNCH GROUP

The next lunch will be at the Birches Restaurant, Wirral Met College, Conway Park, on 14th February at **12 noon prompt**. A three-course lunch is £9. Please add your name to the list on the notice board table or let Marina know. The March lunch will be on Thursday, 19th at 12.30 pm at the Greave Dunning.

SPANISH

Anyone interested in joining or requiring further information, please contact David Mee:
dmee@btinternet.com

TABLE TENNIS

This group meets every Monday afternoon from 2-3 pm at Bidston Tennis Centre, Bidston Moss. If you have some experience of playing and would like to join them please contact Pat McMullan on 639 1858 or email terrymc7391@gmail.com

UKULELE GROUP

The Ukulele group started back after Christmas by welcoming some new members and learning some new songs. They are already booking gigs as far ahead as April for a private birthday, residential homes and a church charity function. If you would like to get involved, please contact Cathy Morgan at a meeting or via the Wallasey U3A website.

WALKING GROUP

The walking group have been on 2 walks since Christmas, the Sefton Coastal path from Freshfield and the Footpaths of Wallasey and Bidston following which they held their annual lunch at the Tudor Rose, Two Mills. The walks next month are scheduled to be around Hoylake and West Kirby, Snowdrop walk around Leasowe and Meols then Parkgate. Anybody wishing to join the group should contact Lesley Andrews.

SOCIAL COMMITTEE OUTINGS

The Liverpool Medical Institution: £4.00 11.00 am Wednesday, 5th February 2020

There are **two places now available** on this visit if anyone would like to go. Margaret Bird would like to meet those going at 10.50 am outside the Everyman Theatre.

Treasure Hunt in Chester: 23rd April : cost £1

Please add your name to the list on the social committee table if you would like to participate. Further details will be advised in the February/March Newsletter

Liver Building tour, Thursday 21st May : Cost £15

We have booked two tours of the Liver Building at 11.00 and 11.15 am. Each party will consist of 14 people. Please add your name to the list on the Social Committee table if you would like to go. A £5 deposit will secure your place.

Port Merion, Wednesday, 24th June : Entrance £10, coach will depend on how many people go

We have provisionally booked to visit Port Merion on the 24th June with a stop at either Betswy Coed or Llandudno. Please add your name to the list on the Social Committee table if you would like to go. A £5 deposit will secure your place on this trip.

Pride of Sefton Canal trip: Wednesday, 8th July at 2 pm Cost: £13

We have booked the *Pride of Sefton* for a canal trip of 3 hours around Liverpool. The boat takes just 12 people. There facilities for tea and coffee making. Please add your name to the list on the Social Committee table if you would like to go. If the outing proves popular we will run another later in the year.

We are also arranging in September a visit to Sizergh Castle in the Lake District, date to be advised.
We are happy to accept cheques made payable to “Wallasey U3A” if you don't have enough cash.

ROAD SAFETY WORKSHOP

The Wirral Council Road Safety Team have contacted us to see if we would like to hold another workshop for us older folk. As we get older, our health and fitness, including our eyesight, physical condition and reaction times, begin to decline. Many of us recognise that our driving ability is changing, but we remain reliant on our vehicles to keep active, so they aim to help us to continue to drive safely, for as long as possible, by offering driving assessments and a workshop. These free workshops are designed to support senior road users to keep safe if they are drivers, pedestrians or using public transport. The content of the workshop includes 6 subject areas lifestyle, eyesight, mobility, public transport, medication and driving assessments. The driving assessment is free for drivers over the age of 60 though they do ask for a £20 administration fee. Please add your name to the list on the notice board table if you would like to attend.

WIRRAL COPPER JAR

There is a yellow collecting jar on the small table by the notice boards. All the money collected goes to help people/organisations in the Wirral.

RECYCLING

The crisp company "Walkers" are running a scheme re-cycling used crisp packets. The brand and size of the packet, whether foil or not, does not matter, it simply needs to be empty and flattened, it does not have to be washed. There will be a marked bag for these at each meeting, if you are able to contribute.

NATIONAL U3A DAY

Next June 3rd the National U3A are organising a National U3A Day in order to raise awareness of the U3A. We welcome any ideas on how we can create a display, hopefully in the Cherry Tree Centre. Please contact Cathy Morgan on cathymorgan@live.co.uk

CANTEEN ROTA

Your refreshment providers this month are: Pat Owen, Joan Carr, Val Clements, Sue Burgess
We can now provide de-caffeinated tea and coffee and gluten free biscuits on request

If you are unable to come to the meeting please arrange for someone else to take your place on the tea rota or ring Chris Watson on 638 2153