



# Newcastle Emlyn u3a Newsletter March 2024

<http://u3asites.org.uk/newcastle-emlyn>



Chairs Ramble

Signs of spring are appearing, and the clocks go forward at the end of this month, but I just wish we could have a few more dry days and some sun! Everywhere is sodden.

Peter Berry-Ottaway gave us an amazing talk in February about an occasion in his life when he came 'Back from the Dead' after exploring a gorge near the Zambezi river. It is amazing what some of our members have done in their lives.

Our next main meeting is on Wednesday 6th March and our speakers will be Eric Thwaites and his son with 'Anecdotes from a Prison Life'. Both Eric, who is one of our members, and his son were prison officers not inmates! Please come along and support them at 10.30 for coffee in the Rugby Club. Thank you to Julia and Lesley for organising our interesting programme of speakers.

There are a couple of items in the February edition of Third Age Matters that I would like to draw your attention to. The first is on page 7 and is your opportunity to sign up to the u3a Friends newsletter, which is filled with news from u3as across the country and national news and initiatives, plus a new benefits scheme which will be coming soon. To sign up just go to [u3a.org.uk/newsletter](http://u3a.org.uk/newsletter). The second is on page 57 and is about Interest Groups Online. There are times when we find it hard to get out to our own groups but that doesn't mean that you can't take part in u3a activities. Or there may be something that particularly interests you that our own u3a doesn't have. Interest Groups Online is an opportunity to access groups from the comfort of your own home. Go to [u3a.org.uk/igo](http://u3a.org.uk/igo) to find out more.

Our membership has grown tremendously over the last couple of years and yet there are still only 60 or so members on our private Facebook group. That is only a third of our membership. If you are a Facebook user and would like to join us then please search for Newcastle Emlyn u3a on facebook and ask to join. It is for members only.

Finally, we are looking for volunteers from the membership to represent our u3a on The Newcastle Emlyn Collective. It was formed in 2022 to bring together the many and varied groups that meet in the town. They organised a very successful 'Music in the Park event' last year and are looking to do something again this year. Tracy has been representing us but along with her many other roles is finding it a step too far! If you are interested in helping us in this way, please speak to Tracy or myself. Tracy has sent out an email with more details.

*Hazel*

**ART**

Every Thursday from 10.00am at Penboyr Village Hall

**ASTRONOMY**

3rd Wednesday from 2.00pm at Coracle Hall, Llechryd  
Joint with Cardigan u3a.

**BADMINTON/PICKLEBALL**

2nd and 4th Wednesday from 12.15pm at Llandysul Leisure Centre

**BOOK CLUB**

4th Tuesday from 10.30am at venue to be advised  
(currently Zoom meetings).

**BOWLS**

Winter recess

**BUCKET LIST**

Currently suspended

**CRAFTY CRAFTERS**

2nd Wednesday from 10.30am at Penboyr Village Hall.

**CREATIVE WRITING**

2nd Thursday from 11.00am at Ali's - venue varies.

**CROQUET**

Winter recess

**DIGITAL PHOTOGRAPHY**

Last Wednesday from 2.30pm at Coracle Hall, Llechryd  
Joint with Cardigan U3A.

**DON'T GET ME STARTED**

2nd Monday from 2.00pm at Susan's in Pontgarreg

**FAMILY HISTORY**

4th Tuesday from 2.30pm at The Church of Latter Day Saints,  
Newcastle Emlyn.

**FRENCH**

4th Tuesday - at 11.00am at Sue's in Penrhiwllan

**GAMES**

3rd Tuesday from 10.30am at Penboyr Village Hall.

**GARDEN**

2nd Thursday at 2pm venue varies.

**ICT SUPPORT SESSIONS**

3rd Tuesday from 2.15 pm at Hazel's in Waungilwen.

**KAYAK PADDLERS**

Various dates and venues

**LUNCH**

Last Wednesday - venue varies.

**PATCHWORK AND QUILTING**

2nd Friday from 11.00am at Penboyr Village Hall.

**PETANQUE**

Winter recess

**PHILOSOPHY**

3rd Thursday from 11.00am at Penrhiwllan Village Hall.

**SCIENCE AND TECHNOLOGY**

4th Monday from 2-00pm at Coracle Hall  
Llechryd

**SINGING**

2nd and 4th Tuesday from 2 - 4pm at Our Lady of the Taper , Newcastle Emlyn

**SKETCHERS**

1st Tuesday from 10-30am venue to be confirmed

**SNOOKER**

3rd Tuesday from 1pm at Beulah Snooker Hall

**STRICTLY BASIC BALLROOM**

2nd Wednesday from 10.30am to 12.00noon.

**STROLLERS**

Last Friday of the month from 10.30am, venues vary

**TABLE TENNIS**

2nd Tuesday from 2.00pm and 4th Thursday from 10.30am at Rhydlewys Village Hall.

**THEOLOGY**

1st Monday from 2pm at Ffostrasol Village Hall

**WALKERS**

2nd Monday from 10.30am, venues vary

**WELSH**

2nd Tuesday from 10.30am at Capel Iwan Village Hall

**WINE APPRECIATION**

3rd Thursday from 7.00pm - venue varies, amongst the group.

## ASTRONOMY

The Cardigan and Newcastle Emlyn u3a Astronomy group met as usual on the 3rd Wednesday in February, i.e. Feb 21st.

We started off with our regular check on which planetary and stellar objects are currently easily seen. For February and March, Jupiter, which is still the brightest object in the sky apart from the Moon, is very obvious in the SW sky between dusk and midnight – but it is the only planet we can see at the moment. Just to the left or east of Jupiter, Orion and the Winter Hexagon of bright stars still dominate the southern part of the sky.

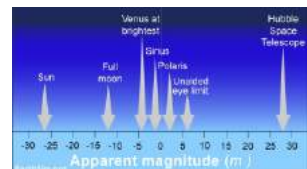


The pic shows the Winter Hexagon, with Betelgeuse and Rigel and the other Orion stars within the hexagon in the 5 o'clock quarter.

Jon then gave another excellent demonstration of the planetarium program, Stellarium, homing in on Jupiter to demonstrate its potential.

We then had a look at the rash of recent successful launches of Elon Musk's SpaceX rockets. It's currently around two per week, sometimes two on the same day. The Falcon 9 rocket has made more than 300 launches, and with most take-offs returning the main 1st-stage to the launch pad, more than three-quarters of launches have been with previously-used rockets. The busiest ones have made 18 and 19 launches each – and transformed the cost of rocket launches.

We looked quickly through some of the best images returned by the James Webb space telescope in its first two years of operation, and then had an explanation of the system we now use to classify the brightness of any stellar object we see in the sky. This is called the Apparent Magnitude of a star, because this is how it appears to us on Earth (rather than how bright it is intrinsically).



Adrian went through the development of this scale which, as the diagram shows, rather oddly ranks brighter stars and other objects with negative values and the very dimmest ones with positive values. This arose through early attempts to rank visible stars as 1st-magnitude, 2nd-magnitude, etc, by Hipparchus in about 150 BC and then again by Ptolemy in about 150 AD. 1st-magnitude stars were the brightest 20 they could see, and the 6th-magnitude ones being the last of the 1000 or so stars that could still, just, be seen with the naked eye.

In those flat-Earth, non-heliocentric, days there was no knowledge of stars like size or distance away from Earth. They were essentially lights of different intensities in the sky, which kept regular timetables as each year passed – and this didn't really change for about 1400 years, so the Hipparchus/Ptolemy 6-stage magnitude scale continued until Galileo and others saw stars which were even less bright than 6th-magnitude. 7th and higher magnitudes were then able to be seen as telescopes became more powerful.

By the mid-1900s, with the invention of photometers, etc, astronomers decided they had to make the magnitude definitions more mathematical, so they fixed on a logarithmic formula which fixed the difference for a span of 5x magnitudes as being a brightness ratio of 100 to one. So each whole magnitude turns out to be 2.512x the brightness of the one below it – but the scale then had to extend upwards to 0-magnitude for some “1st-magnitude” stars and negative magnitudes for the brightest like Sirius (plus planets Venus, Jupiter and Mars).

So we had a scale from Ancient Greece which was backwards and had negative magnitudes for the brightest stars, and a numerical improvement that has turned out not to be ideal, but was usable. Photography arrived – and B&W images didn't always agree with eyesight assessment of which star was the brighter. It was a mess - but it was too late to change.

In fact, the initial photographic problems were a blessing in disguise as they showed us that the stars are all different colours because of size, composition, temperature and development through ageing, etc, and so they radiate in different parts of the visible, UV and infra-red spectra. This has allowed us to define the Apparent Magnitudes in terms of a few standard filters for each of the spectrum bands – so we still continue to this day to use the 2000 year-old, intuitively backwards, visual system started by Hipparchus.

Our next meeting will be on Wed, 20 March at 2pm in Llechryd's Coracle Hall. Please come and join us if you are interested, or ring 0777-167 4578 if you want more information.

## BADMINTON/PICKLEBALL

Another successful session on the badminton/pickleball courts with several more members trying out pickleball with some mixed reactions.



I must remember to set the shutter speed somewhat faster as all my shots are resulting in a mixture of blurred balls/shuttles and even occasionally players chasing after lost causes .

New players always welcome just turn up no equipment required; our next session being on wednesday 13 March 12-15 meet at Llandysul leisure centre.

At the end of the session we adjourn to the FAB cafe in Llandysul high street for a coffee and a cake (in my case) where those learning welsh can practice using their welsh to order as its very much a welsh cafe.



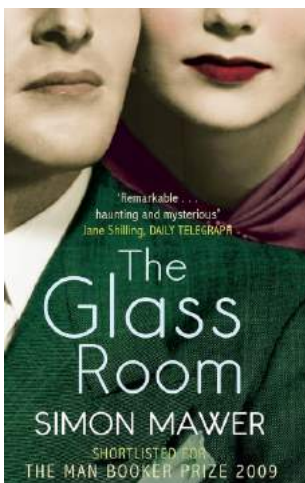
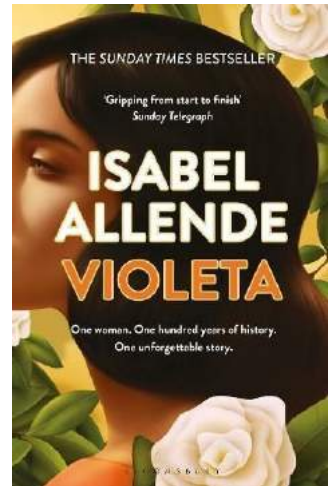
*Nigel*

## BOOK CLUB

Isabel Allende has been called the world's most widely read Spanish-language author. Her novels have been translated into 42 languages and sold more than 77 million copies.

Violeta, translated by Francis Riddle, is an epic story told by Violeta de Valle, who is 100 years old and has witnessed so many of the events of the twentieth century. It is written in the form of a letter to her grandson and spans her entire life. The story covers the Spanish flu epidemic, the loss of the family money in the Great Depression, the fear and chaos arising from the dictatorships in South America and her mostly very difficult adult relationships. Its ending coincides with the Covid pandemic, 100 years after the flu epidemic.

Some, but not all, of us struggled with the book, finding it overly descriptive and a hard read. Others found it enjoyable and easy. But we all got involved with the main character and got something out of the historical and geographical events described and their effects on Violeta and her family.



Our next meeting will be on Tuesday 26th March and we will be discussing *The Glass Room* by Simon Mawer.

Vicky

## CRAFTY CRAFTERS

The Crafty Crafters met in February to learn how to do Encaustic Art. This is a way of painting and making designs using wax colour blocks and an iron. Hazel did a demonstration first and then those that wanted to had a go at making some pictures and abstract designs. We also did some of our own projects as there were only two irons.



Next month Crafty Crafters will meet on Wednesday 13th March at 10.30 in Penboyr Village Hall.

*Hazel*

## CREATIVE WRITING

This month our homework was to write a 500 word Ghost story! There were a number that were a variant on a theme and a couple of novel approaches!

Next month we have to write a 500 word story on Grandma.

*Ali*



## DIGITAL PHOTOGRAPHY

Homework for the last meeting was 'light trails/light painting photographs' or 'something of interest photographs'. Group members were encouraged to think about light trails, using car head and tail lights, the stars, etc., and with light painting, getting creative with a torch or some coloured/christmas lights. We can achieve light trails by setting our camera to ISO 100, an aperture f/20 and a shutter speed of 15 seconds to 30 seconds (or even longer) and using a tripod and cable release/wireless remote, which are essential for these types of photos -

There's a bit more to it really, because numerous combinations of settings can be used, but this is a good starting point.



Margaret Evans



John Leigh



Margaret Taylor



Colin Luker



Nigel Maynard



Dave Thomas

Each month group members are set a specific homework topic, but can choose to take something of interest photographs or do a mixture of both. At the following months meeting, homework is reviewed and critiqued by the members, with tips and advice provided as necessary. So, if you would like to join us, we welcome beginners, intermediates and advanced digital photographers. It doesn't matter what camera equipment or level of experience you have, so what's stopping you joining us at our next meeting on Wednesday 28th February 2024 at 2.30 pm in Coracle Hall, Llechryd!

For more information, please email Dave at [davejthomas66@gmail.com](mailto:davejthomas66@gmail.com) with your name and contact number. You will then receive a welcome email with information to aid you with the months homework to help you get started straight away.

## FAMILY HISTORY

At this month's meeting, Ken gave a demonstration of how we can search online for records before the 1837 Registration Act using FamilySearch.org as the main website and finding the early Parish Records for one particular family of one group member.

The planned topic for this month was Maps and we did have a short discussion about how we use the old maps that are available, and will continue with that subject next month. This can include paper or digital maps. Anyone researching Welsh ancestors should be aware that the National Library of Wales website has free access to the Tithe maps for the whole of Wales, normally dating from the 19th century. These show all the field boundaries and also the owners of the land and in many cases the name of the tenant at the time. The address for this site is <https://places.library.wales/browse/>

New members are very welcome, whether you have a lot of experience or none. Please contact me first in case there is any last minute change.

*Margaret*

## GAMES GROUP

Another friendly session this month where we welcomed 2 new members (more always welcome). Rummikub is always popular and as well as a couple of our members bringing a second set from home, we've decided to buy a set for 6 people in addition to the 4-player set we have.



*Linda and Paul*

## PATCHWORK AND QUILTING

The patchwork group in February was another enjoyable meeting with members working on their own projects. There is a quilt to celebrate a son's wedding later this year, a quilted bag almost completed, another bag with fabric pieces cut ready to start the sewing together next time, a playmat for a new member of the family and more.

Denise showed the group a completed Christmas themed quilted wall hanging that she had started sometime ago and which includes hand embroidery as well as the patchwork and quilting.



These projects take a while to complete but we don't give up, they eventually get finished.

*Ruth*

## PHILOSOPHY

The group covered the second part of the study of Friedrich Nietzsche looking in detail of the idea of an Ubermensch(Superman). Each person in the group said what they thought a Superman should be and then we examined what Nietzsche said on the subject and compared the two. Although there was some overlap the group on a whole did not agree with Nietzsche(which showed how nice the members of the group are), even though I tried my best to defend Nietzsche.

It would be fair to say that the group agreed with Bertrand Russell who said that although Nietzsche's predictions had proved to be accurate his philosophy was in fact hateful.

Our next topic will be on the subject of CONSCIOUSNESS. Are we really conscious? What does it mean to be conscious? Where does our consciousness come from?

*Gwyn*

### SKETCHERS

Today, 6th February, we met at the Flat Rock in Gwbert where we occupied a large space as we spread out and sketched different aspects of the landscape, interior of the room and the collection of jugs brought for a still life subject. One brave member drew a very good portrait of another member who kindly sat for still for her.



Next month we will be at Llandysul Library, but please contact me to confirm the venue if you'd like to come along.

*Millie*

### SNOOKER

Tuesday 20th saw the second group session take place and a good time was had by all who were there. There were no quick frames with the white ball as likely as any other to be potted.

The next session is scheduled for 19th March 1 to 4pm

(Editors note, spot the moving ball)



*Mike*

### SINGING

The singing group has now had 3 meetings and everyone seems to be enjoying the experience. We had a bit of a set back because the accompanist that we thought we had turned out to be unsuitable, you can imagine my dismay and shock when at our first meeting we found that the proposed accompanist could not do the job. Fortunately one of our team, Lee Hicks, has done a great job of filling the gap on a temporary basis, but Lee very much wants to be a singer not an accompanist.

Without an experienced accompanist we have been very much limited in the type of music we could perform and this made it unnecessarily difficult for some of the singers. Because of this I made the decision to advertise for an accompanist.

Happily I can say that after just 3 days we are already receiving offers. , we should all have fun and I am delighted to say that now we should be able to steam ahead as we had originally intended.

The main consideration of the group is that, first and foremost we should all have fun and I am delighted to say that now we should be able to steam ahead as we had originally intended.

I understand that it is likely that many of the group will not be able to attend all sessions, but in view of what should be a new and better beginning I hope that everyone will make a special effort to attend the next session.

*Gareth*

## STROLLERS

The Strollers February walk was a circular walk around Drefach Felindre. We met at the National Wool Museum to start our walk led by Helen (Thank you Helen).



The walk started along the foot path at the side of the Woollen Mill, followed by a steep climb and then we started along various paths of different terrains. Some stretches were quite muddy, not helped by the amount of rain we have had. There were also a few inclines and slopes, as we made our way passed some

picturesque sights.



Apart from a few specks of rain the walk was fortunately dry .The walk was approx. 3.3 miles and 12 of us did the walk with Scampy the Cocker Spaniel.



When we arrived back at the Mill, 9 of us went to their café for refreshments and a chat. Thank you to everyone that came on the walk.

*Pam*

## TABLE TENNIS

Twice a month we have fun, we have exercise and we have a cuppa and a biscuit – and all for £2.50. Do come and join us.

*Margaret*

## HITCH-HIKERS' GUIDE TO THEOLOGY



From football teams to beer, posh shops to girl bands – All Saints seem to capture the imagination. But what's it really about? What are saints for? Who qualifies as one? And do they mean that Christians worship many gods?

According to the Bible, all believers are saints, including some who lived before the time of Christ: Orthodox churches formally include Abraham, Sarah, Jacob, Isaiah et al amongst the saintly band. Beyond the New Testament – where famous letter-writer Paul frequently signed off with 'Give my love to all the saints who meet in your house' – the earliest saints were local leaders, frequently martyred for their faith, and whose underground tombs in the catacombs became safe places for the faithful to worship. They were further reassured by the conviction that those gone before into the heavenly realm had not perished but entered into eternal life, where they were still able and willing to pray for those on earth.

As the church became less persecuted and more bureaucratic, a more formal system of designating saints was devised, involving reports via local the Bishop to the Vatican, thorough investigations (the famous role of 'Devil's Advocate' now has the more PC title 'Advocate for the Faith') and a probationary period as 'Blessed', before full sainthood. Requests for someone to be canonised typically arise from grass-roots campaigns; to qualify, a potential saint must demonstrate that prayers have been answered after mortals have appealed to them, and at least two miracles have resulted (yes, this becomes increasingly hard to prove as medical science advances).

If they are deemed to have made an outstanding contribution to theology, they may be promoted to Doctor of the Church, alongside such luminaries as Saints Ambrose, Anselm and Augustine, with Theresa of Avila and Hildegard of Bingen amongst the 4 women of the current 35 Doctors.

In the Orthodox tradition, there is less emphasis on learning and heroism, and greater recognition at local level of folk respected for their Godliness. Anglicans have officially designated no saints since the Reformation, but cheerfully tend to recognise those of other denominations. Other churches revert to the Biblical model and regard all Christians as saints, calling Peter, James, and John, or Mary, Theresa and Joan by their simple Christian names.

Patron saints, unlike polytheistic gods with special responsibilities, may be chosen for their association with a region, occupation or characteristic – even if that is sometimes unfortunate, like St



Apollonia the patron of dentistry, whose particular charism of persecution included having her teeth knocked out.

‘Worship’ is due only to God, and ‘veneration’ is what we owe to saints. Followers may ask them to pray for us, as if to a living friend, rather than aiming prayers directly at them; but there is always the danger of superstition. Christianity teaches that we need no mediator but Jesus between ourselves and God. But saints remain inspirational, and remind us that the history of faith is a long one, filled with a multiplicity of heroes, eccentrics, martyrs and quiet folk, and whom we can recognise in pictures because they are wearing a halo.

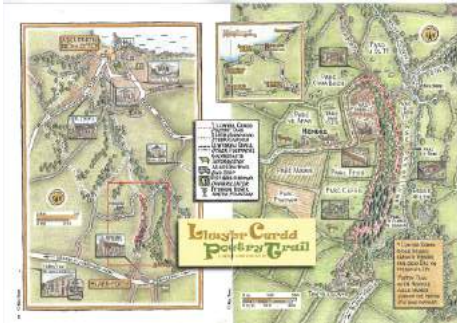
Next time: join us at 2pm on March 4th at Coracle Hall, Llechryd, for 'LGBTQ+ God' : an exploration of trans and related theologies, led by Revd Canon Sarah Jones, Vicar of St John's Cardiff (joining us by Zoom).

*Carol*

WALKING

This months walk was centred on Aberporth starting at the car park by the Ship Pub.

An intrepid group of 7 walkers and a dog (Bendi) set off on what was probably one of the nicest days so far of 2024. The walk measured at 8km was understandably quite boggy and wet in parts; fortunately, all the walkers had turned up with suitable footwear and clothing to take on the challenge.



The walk included the “Poetry Trail” so named to commemorate the late Dic Jones who was one of Wales foremost poets, Archdruid of Wales and chaired bard of the National Eisteddfod; the trail having being created by his son in memory of his father. The walk from the car park took us through Aberporth towards the Poetry Trail with a number of

very wet and muddy paths before crossing a few fields to pick up the Trail.



Along the trail there are a number of clay tiles made by a local ceramicist Peter Wills from a small

deposit of ice age glacial clay found in the valley. The tiles themselves are inscribed with sayings and poems by Dick Jones along with wooden signs hanging from trees dotted around in the forest created by Dic Jones. The challenge was to translate the Welsh expressions into English; little we did know initially that the handbook of the trail had translations (thank you Laura for realising ).



The walk took us across a number of small streams with wooden footbridges, some more easily navigable than others.







It was good to see spring flowers starting to pop their heads out with a number of areas of snowdrops, daffodils and the odd primrose. What I personally enjoyed was watching the spring lambs doing their thing in the fields.



Our walk finally brought us back to Aberporth where we adjourned to the Ship Inn for coffee and cake and to plan next month's walk which will be in and around Boncath taking in Penbedw church.

*Nigel*

## WELSH GROUP

In February we progressed from buying coffee and cakes in a café to ordering a three-course dinner with drinks in a restaurant. We took turns to be the waiter and the customer and to work out the bill. We will probably come back to this theme soon, but in March, for a change, we are returning to that British favourite subject, the weather. Hopefully we will have had some better weather to talk about by then. We were joined by a new recruit in February and we all enjoyed the chocolates provided by Pat and Richard on their 59th wedding anniversary. Congratulations. Llongyfarchiadau.

Our next meeting will be at Capel Iwan village hall on Tuesday 12th March, starting at 10.30. Please note that this is a week later than usual and just applies to the March meeting

*Vicky*

## WINE APPRECIATION

Ten of us met at Lesley and Les's in February at our winter time of 2pm. We were finishing off our tour of the American wine regions and managed to find a white wine from Chile, a Patagonian red and also a red from Uruguay. This was supplemented with a couple of reds from Argentina, an area we had already covered but finding others proved to be quite difficult.

The white was very palatable and most people liked it. The grape was Fumé Blanc which is comparable with Sauvignon Blanc.

Of the reds the favourite was a Viñalba Malbec from Patagonia, closely followed by Viña Salford from Uruguay which was from the Tanat grape. Julia and Brian had sourced a short video from the vineyard about the grape and the wine.

Our next meeting will be at Vicky and Brian's in Capel Iwan and we will be trying Pinot Gris wines at various price ranges. I wonder if we can pick out the most expensive! The meeting will be on Thursday 21st March at 2pm.

*Hazel*

Monday	4	Theology - Llechryd Village Hall	14-00
Tuesday	5	Sketchers - Llandysul Library	10-00
Wednesday	6	Main Meeting - NCE Rugby Club	10-30
Thursday	7	Art - Penboyr Village Hall	10-00
Friday	8	Patchwork and Quilting - Penboyr Village Hall	11-00
Monday	11	Walkers - Boncath area	10-30
Monday	11	Don't get me started - at Sue's In Pontgarreg	14-00
Tuesday	12	Welsh- Capel Iwan Village Hall	10-30
Tuesday	12	Table Tennis – Rhydlewis Village Hall	14-00
Tuesday	12	Singing - Our Lady of the Taper NCE	14-00
Wednesday	13	Badminton/Pickelball - Llandysul Leisure Centre	12-15
Wednesday	13	Crafty Crafters – Penboyr Village Hall	10-30
Wednesday	13	Strictly Basic Ballroom – NCE Holy Trinity Church Hall	10-30
Thursday	14	Art - Penboyr Village Hall	10-00
Thursday	14	Creative Writing - at Rhydlewis Village Hall	11-00
Thursday	14	Garden - TBA	14-00
Tuesday	19	Snooker - Beulah Snooker Hall	13-00
Tuesday	19	Games – Penboyr Village Hall	10-30
Tuesday	19	ICT Support Session - as required contact Hazel	14-15
Wednesday	20	Astronomy – Coracle Hall Llechryd	14-00
Thursday	21	Philosophy – Penrhiwlan Village Hall	11-00
Thursday	21	Wine Appreciation - Vicky and Brians	14-00
Thursday	21	Art - Penboyr Village Hall	10-00
Friday	22	Strollers - TBA	10-30
Monday	25	Science and Technology - Coracle Hall Llechryd	14-00
Tuesday	26	Book Club – Zoom meeting	10-30
Tuesday	26	French – at Sue's in Penrhiwllan	11-00
Tuesday	26	Singing - Our Lady of the Taper NCE	14-00
Tuesday	26	Family History – Church of Latter Day Saints NCE	14-30
Wednesday	27	Badminton/Pickelball - Llandysul Leisure Centre	12-15
Wednesday	27	Lunch Club - Various venues	12-00
Wednesday	27	Digital Photography - Coracle Hall Llechryd	14-30
Thursday	28	Table Tennis – Rhydlewis Village Hall	10-30
Thursday	28	Art - Penboyr Village Hall	10-00

To add events to this monthly calendar please contact Nigel [neu3newsletter@hotmail.com](mailto:neu3newsletter@hotmail.com) giving date, venue and time, plus any further information to assist those wishing to attend. Closing date for newsletter contributions will be on the 24th of the month, at the latest.