

Network Link – 12th Oct 2023. Summary

u3a Radio Podcast

- Produced on the 17th of each month
- See the link on the TAT website: <https://www.u3a.org.uk/news/u3a-radio-podcast>
- [The link has also been added to](#) the main page of the SWN website

u3a Festival in York, 18th - 20th July 2024

- See presentation for details
- At the York University Campus
- Accommodation can be booked
- Lots of subjects – not finalised. See screen print below

Public Relations and Media Advisors

- Help for Newsletters, information on websites etc
- National help available if don't have a regional advisor
- Future workshops with the name 'Impact'
- Discussions on how to get local media and newspapers involved.



You are viewing Margaret Fiddes RT YAHR's screen

What will be on offer?.... just to give you a flavour

Indoors	Outdoors	Workshops	Sports
Talks	Treasure hunt	Decoupage	Petanque
Play reading	History Walks	Floral crowns	Pickle Ball
Drumming	Dark Skies	Character Creation	Yoga
Philosophy	Walk the solar system	Flash fiction	Walking Cricket
Astrology	Painting for beginners	Maths	Pilates
Mindfulness	Doodle art	Italian	Laughter Yoga
Games room		French	Short Tennis
Steel Pan workshop		Moving to Music	Croquet
Singing		Knit & Natter	Kurling
So much music!		Wicked Wicker	Tai Chi
Chess		Scratch Choir	
Juke Box Jury		Hypnotherapy	
Quiz		Grandmothers Garden	
Album cover art		Mandarin	

Participants: Sue Russell, Derek Shottin South Wales..., Tomy Duby, Bicester, Margaret Fiddes RT YAHR, Mo Brown Northumbria, Ann Beeching - SouthWest...