

Selection of Topics Discussed at SWN Meetings in 2022/23

Sharing best practice is top of every Agenda. All of the following have come from discussions following reports from or questions from SWN u3as.

Administration

- Covid issues: u3as emerging from Covid.
- Members and potential members contacting a u3a - Domains, 03000 numbers, dedicated phones.
- Card Readers
- Insurances supplied by Third Age Trust.
 - Questions answered by TAT insurance broker
 - Public Liability Insurance
 - Insurance FAQs on TAT website
- Non-members attending u3a (celebration) events.
- Membership fee structures
- Ideas for 40th Anniversary Celebrations
- Dementia Awareness courses
- Cyber Support courses

Activity Groups

- Ideas for new Activity Groups
- Sharing Activity Groups between u3as. Cluster Groups.

Social Activities

- Ideas for Open Days, Coffee Mornings, Garden Parties, Summer Parties and Christmas Parties.
- Ideas for Conveners meetings, lunches and coffee meetings.

Peer Groups and Seminars

- Beacon demo. and training
- Site Builder demo and training
- Peer Support Groups: Beacon, Site Builder, Treasurer

- Facebook presentation
- Zoom training available
- Seminar on getting committee members
- Meeting of Chairs and Vice Chairs

Third Age Trust

- TAT Website assistance. Links on SWN website to specific pages.
- Discussions on TAT 2022 AGM issues.
 - Meeting with Wales Trustee – on SWN website
 - Communications with Trust Chief Executive and Chair –on SWN website
- Discussions about passwords on TAT website
- Plans for Third Age Matters

SWN Website

- Publicity on the SWN website for individual u3a's events – Open Days, Seminars, Workshops, quizzes, holidays etc
- Speakers for Monthly Meetings –on SWN website
- Updated with TAT information – Workshops, Board Meetings etc
- Updated monthly with lots of information for SWN u3as
- Digital awareness training

Future Ideas

- Sharing roles in committee
- Navigating the TAT website.
- What topics would your u3a like help in? What would like us to discuss?

Summary

- There are 26 u3as in the SWN. We can make a big impact on TAT if we speak together as a group rather than as individual u3as. We have started doing this following the problems following the TAT AGM but if not many u3as come to our meetings our impact is reduced.