

Badminton

(VCV/CG Joint Group)

Co-organisers: Keith Manning
 Tel: 07973338406
 Email: amberkeithm@btconnect.com
 Meets: 1st and 3rd Fri and 2nd and 4th Thurs of the month at Greenwood Park from: 10.00am – 12.00pm.

Boules/Petanque

Contact: David Choppin
 Tel: 01727 872078
 Email: banddchoppin@btinternet.com
 Meets: Mondays times to be confirmed

Ballroom Dancing

Contact: Nick Photi
 Tel: 01923 447786
 Email: nicholasphoti@hotmail.com
 Meets: 2nd & 4th Tuesday of month.

Book Discussion

Contact: Sandy Norman
 Tel: 01727 874212
 Email: sandyanorman@gmail.com
 Meets: 1st Friday of the month, 2-4 pm

Bookworms

Contact: Lesley Jones
 Tel: 01727 872226
 Email: ravidlj@btinternet.com
 Meets: On the 3rd Monday of the month from 2.30-4.0pm at Burstons.

Bridge (Intermediate)

(VCV/SWH Joint Group)

Contact: Pam McGinley
 Tel: 01727 893774
 Email: pammcginley@hotmail.co.uk
 Meets: At GWP on Tues 9.45am – 12:00pm.

Canasta

Contact: Barbara Nash
 Email: barbjnash@gmail.com
 Meets at members homes once a month on a Monday afternoon at 2pm

Card Making

Contact: Betty Bullard
 Tel: 01727 838906
 Email: t.bullard@virgin.net
 Contact: Angela Brassington
 Tel: 01727 853604
 Email: angela.brassington2011@gmail.com
 Meets: On the 4th Wed of the month at Greenwood Park, 10 am -12pm

Cinema Group

Contact: Julia Scott
 Email: juliadscott@hotmail.co.uk
 Meets each month variable dates

Classical Music Appreciation

Contact: David Stanley
 Tel: 01727 864097
 Email: david_flavian@yahoo.co.uk
 Meets: on the 3rd Wednesday of the month.

Creative Writing

(VCV/CG Joint Group)

Contact: Cynthia O'Donnell
 Tel: 07976 830386
 Email: cynthia.odonnell@ntlworld.com
 Meets: On the 2nd Friday of the month in the afternoon.

Crochet

Contact: Ann Hutchison
 Email: neilhutchison3@gmail.com
 For more information on times and venue please contact Ann

Croquet

(VCV/SWH Joint Group)

Co-organiser: Coral McCulloch
 Tel: 01727 822892
 Email: petal1@talktalk.net
 Co-organiser: Maggie Fenn
 Tel: 01727 866838
 Email: magron2821959@virginmedia.com
 Meets: On the 1st and 3rd Tuesday of the month in the playing season from 10.30am – 12.30pm

Current Affairs

Contact: Stuart Lewis
 Tel: 01923 674071
 Email: s200art@virginmedia.com
 Meets: On the 2nd Friday of the month from 10.00am - 12:00pm

Cycling

Contact: Keith Manning
 Tel: 07973338406
 Email: amberkeithm@btconnect.com
 Meets: Each month in warm dry weather.
 Variable dates

Embroidery

Contact: Brenda Kember
 Tel: 01727 866952
 Email: bren.kember@virginmedia.com
 Meets: On the 2nd Tuesday of the month in members' homes from 10am – 12 noon.

Engineering (1)

Contact: David Choppin
 Tel: 01727 872078
 Email: banddchoppin@btinternet.com
 Meets: Variable.

Family History

(VCV/CG Joint Group)

Contact: Liz Mann
 Tel: 01727 872230
 Email: stewliz-mann2@tiscali.co.uk
 Meets: 2nd Thurs of month from 10:00am- 12:00 pm.

Flower Arranging

Contact: Denise Manning
 (Temporary lead)
 Tel: 01727 843745
 Email: amberdenisea@hotmail.co.uk
 Meets: Variable.

Folk Dancing

(SWH/VCV & others Joint Group)

Contact: Fran Beak
 Tel: 01923 672341
 Email: franbeak@hotmail.com
 Meets: On the 4th Wednesday of the month at The Scroll Church, The Harebreaks, Watford, from 2.15 - 3.45pm

Garden Allotment

(VCV/CG Joint Group)

Contact: Mark Taylor
 Tel: 01923 404025
 Email: pammark@hotmail.com
 Meets: Variable.

Garden Appreciation

Contact: Ann Allam
Tel: 01727 838454
Email: ann10theclose@gmail.com
Contact: Pat Hammond
Tel: 01727 824092
Email: twopp@tiscali.co.uk

Geology

Contact: Barbara Saunders
Tel: 01717 753682
Email: Bmsuanders38@gmail.com
Meets: To be confirmed

Grumpy Old Men

Contact: Rob Kember
Tel: 07831 121022
Email: rob.kember@virginmedia.com
Meets: Third Monday of the month at 8pm at
The Praewood Arms St.Albans

Grumpy Old Women

Contact: Jan Baladi
Tel: 07770 865255
Email: janbaladi@hotmail.com
Meets once a month, Friday mornings at the
moment at Burston's garden centre

History Discussion Group

Contact: Sonya Jones
Tel: 01727 850029
Email: u3a@sonyajones.info
Meets: On the 4th Tuesday of the month at
2.30pm

Intro to Japanese Embroidery

Contact: Brenda Kember
Tel: 01727 866952
Email: bren.kember@virginmedia.com
Meets: On the 2nd Tuesday of the month at Park
Street Village hall from 10am – 12 noon.

Italian intermediate

Contact: Susan Shanks
Tel: 01727 874345
Email: susanshanks47@gmail.com
Contact: Thea Clark
Tel: 01727 862764
Email: clarkedorothea@gmail.com
Meets: every Tuesday morning

Line Dancing

(SWH/VCV Joint Group)
Contact: Pat Baxter
Tel: 01923 244157
Email: bripat1@talktalk.net
Meets: On the 1st and 3rd Mondays of the month
at All Saints Church Hall, Garston.

Mah Jong

Contact: Pam Taylor
Tel: 01923 404025
Email: pammark@hotmail.com
Meets: 2nd Wednesday of the month.

Railway Trips

Contact: David Choppin
Tel: 01727 872078
Email: banddchoppin@btinternet.com
Times to be agreed

Sailing

(Croxley/VCV Joint Group)
Contact: David Stanley
Tel: 01727 864097
Email: david_flavian@yahoo.co.uk
Meets: 2nd Tuesday & 4th Wednesday of the
month from 13:00.

Singing

(SWH/VCV Joint Group)
Contact: Coral McCulloch
Tel: 01727 822892
Email: petal1@talktalk.net
Meets: On the 2nd and 4th Fridays at
All Saints' Church Hall, Garston.

Singing for Fun

Contact: Pat Baxter
Tel: 01923 244157
Email: bripat1@talktalk.net
Meets: On the 1st and 3rd Tuesdays of the month
at Park Street village hall from 2.30-4.00pm.

Solo Group

Contact: Julia Scott
Tel: 07786 074494
Email: juliadscott@hotmail.co.uk
Meets for social occasions at times and days to
suit the members, ring Julia if you want to know
more.

Spanish

Contact: Barbara Croom
Tel: 01727 834298
Email: bcroom@outlook.com
Meets: On the 2nd and 4th Tuesdays of the
month from 2.00 – 4:00pm.

Table Games

Contact: Pam Taylor
Tel: 01923 404025
Email: pammark@hotmail.com
Meets: On the 1st and 3rd Wednesday of the
month in the afternoon.

Table Tennis

Contact: Geoff Lackey
Email: glackey@virginmedia.com
Tel: 01727 863219
Meets: Thursdays at Greenwood Park

Theatre Group

Contact: Maggie Fenn
Tel: 01727 866838
Email: magron1972@virginmedia.com

Ukulele

Contact: Tessa Pyke
Tel: 01727 831108
Email: tessapyke@hotmail.com
Meets: On Tuesday mornings at 10.00am

Walking 1 – Amblers

Contact: Joy Dabson
Tel: 01923 268018
Email: tdabson@tiscali.co.uk
Meets: On the 4th Friday of the month.

Walking 2 – Short walks

Organiser: Angie Wright
Tel: 01727 873726
Email: wrightangela874@gmail.com
Meets: Last Friday of month

Walking 3 - Middy walks

Organisers: Penny Collins & Neil Hutchison
Tel: 07816 366489
Email: penelopencollins@gmail.com
Meets: On the 2nd Tuesday of the month,
all VCV members are welcome.

Walking 4 - Longer walks

Organiser: David Stanley
Tel: 01727 864097 Email:
david_flavian@yahoo.co.uk
Meets: Bi-monthly on 4th Friday of the month

Walking in London

Contact: Bob Gettleson
Tel: 07487 257417
Email: bob.gettleson@outlook.com
Meets: Every 2 months usually in 1st or
2nd week of month

Watercolour Painting

(VCV/CG Joint Group)
Contact: Rosemary Spyer
Tel: 01727 867150
Meets: 2nd and 4th Monday of the month in the
afternoon

Wine Appreciation

(SWH/VCV Joint Group)
Contact: Malcom Claydon
Tel: 01923 265420
Email: Malcolm.clayden@btinternet.com
Meets: once a month at GWP Pavilion.

AFFILIATED GROUPS

These are groups led by a paid tutor.
VCV insurance does not cover these groups,
as they operate outside of the U3A

Fitsteps

Contact: Rosemary Ennis
Tel: 01727 872643
Email: rennis39@gmail.com
Meets: GWP Wed from 9:30am.

Fitsteps 2 (Beginners)

Contact : Rosemary Ennis
Tel: 01727 872643
Email: rennis39@gmail.com
Meets: GWP Fri from 10:45am

Yoga

Contact: Jo Lankester
Tel: 07779 311132
Email: jo.lankester@ymail.com
Meets: GWP First and Third Friday
Of the month from 10.45 – 12.15pm
Orton Hall Greenwood Park

VCV 'Open Groups'

Amblers and Exercise are VCV 'Open
Groups', meaning all VCV U3A members are
welcome. However please contact the
leader before joining in, just to check
numbers are manageable.

Also please consider that members:

1. Are responsible for their own welfare and
ensuring that they are physically able to
take part in the activity.
2. Should be suitably equipped as regards
clothing, footwear or protective equipment
according to the event.

Directory Updates and Editorial Contributions.

Stories and information on groups, including
reviews of recent activities and previews of
forthcoming events should be sent to the
Newsletter editor:
newsletter@ver-colnevalleyu3a.org.uk
Updates to the Groups Directory pages
should be sent to:
juliadscott@hotmail.co.uk