



## Uttoxeter & District u3a

### UTTOXETER 3<sup>rd</sup> AGERS

### BULLETIN: April 2024

#### Bowling Group

Well it's that time of year again when the bowling group meets for the start of this year's weekly meetings. Battle will commence (interrupted by much laughter, banter and a mid-morning coffee and biscuits refreshment break) on Friday 5th April at 10.00am. The group meet each week until October at the Elks Biscuits Bowling Green and Social Club off Sunnyside Road from 10-12.00 weather permitting and all are welcome to come along and try this gentle but intriguing "sport" for good company and a little light exercise.

More details are available from Alan Killey on 07980 446792. Hope to see the Bowling Babes, Grumpy Old Men and new members of either persuasion soon.

**Liz and Chris Twemlow**

#### Information from Lesley Law

**Friday's Exercise for All** session now starts at 9.45a.m. We have quite a few new members who have taken to the class well. We know that exercise is so good for us, but so are all the friendships made and the laughter shared.

**Rusty Voices** are less 'rusty' these days and are performing at Mellor Lodge soon with an eclectic mix of songs, some accompanied by guitar, thanks to

Simon. We have 3 new members in the class and always make everyone welcome.

**Solos** is developing as a strong supportive group. We have a monthly general meeting once a month to catch up with any new ideas. Tracy organises Saturday morning coffee meet ups. Lesley R organises monthly Sunday lunches. We now need volunteers to organise days out, weekends a way, garden visits, music nights etc. Talk to Lesley Law about any ideas you have or email your ideas out to the group.

**The Great American Songbook.** What superb entertainment we had on March 20th at Open House when Roger Browne, pianist and raconteur regaled us with musical styles from Tin Pan Alley to Gershwin and Cole Porter. A really good entertainer who we hope to invite again. If you missed him this time, you missed a treat.

Wednesday 17 April is our next event, your **Spring Extravaganza**. Rhosignol will be back to entertain us with hurdy gurdy, dulcimer and other folk instruments, along with some 'home grown u3a' style.

**Lesley.**

### **Trips and Visits**

Although no visits have taken place this month we have been busy planning and arranging future events....a visit to the JCB FACTORY is planned for early in April.....22members are signed up for a musical Sunday afternoon at PIPES IN THE PEAK (21April).....and all places for a visit to the HOUSES OF PARLIAMENT were taken by the day following publication of the event.

Other ideas are in the pipeline!

**Hazel, Simon and Carol.**

## Reading for Pleasure

**APRIL 22nd.** Yes - the birthday of Robert Oppenheimer, Jack Nicholson and Vladimir Putin. But to us, here in Uttoxeter, it's the date we restart our Reading for Pleasure classes.

These are held every Monday, 2.00-3.00pm, at the Quaker Meeting House (next to Wilfred House).

In every session, each member gives a short (2-3 minute) reading from a source (novel, poem, newspaper, obituary...) Usually, this is on an agreed topic, but for the first meeting it is OPEN.

Do come along to meet the friendliest group since ...well, 'Friends'.

Contact me on [ir\\_lewis@yahoo.co.uk](mailto:ir_lewis@yahoo.co.uk) or 01889 562998.

**Ian Lewis**

## History Group

History Group is taking a short break for the school Easter holidays.

Our next meeting will be Monday 15<sup>th</sup> April when the talk will be The American Cowboy Pt1, The King of the Cowboys by **Lee Timmins**.

Monday 22<sup>nd</sup> April - Local History in the Ground - new discoveries in our area by **Dave Marriott**.

Monday 29<sup>th</sup> April - Mary Anning by **Andrew Lingham**

Monday 6<sup>th</sup> May - no History Group meeting - Bank Holiday

**Andrew Lingham**

## Physics Group

The Physics group will be taking an Easter break at the beginning of April, but will re-convene on Friday April 12<sup>th</sup>. We have an extremely interesting programme lined up for the summer term.

I am very pleased to be able to announce that guest speaker, John Glanville, will be leading our first two sessions of April, on the 12<sup>th</sup> and the 19<sup>th</sup>, when he will be giving us an introduction to Relativity.

On the 26<sup>th</sup> April, group member Keith Jones will give us a talk about SpaceX.

If you are not a member of the group but would like to join us for those three mornings, you would be very welcome. However, please let me know beforehand so that I know how many people to expect.

The week after Keith's talk I plan to lead a session on Gravitational Waves and their detection.

We meet at 10 am on Friday mornings during school term time, at Wilfred House, and sessions last for 1½ hours, with a short half-time break. Please note that there will be no sessions on 24<sup>th</sup> or 31<sup>st</sup> May.

Email me for more information or if you have any questions.

**Jenny Lingham**

[Jenny\\_lingham@hotmail.com](mailto:Jenny_lingham@hotmail.com)

### **Exercise4All (Every Monday 10:00 – 11:00 at Wilfred House)**

We meet at Wilfred House on Mondays at 10:00. New members always welcome. We perform a range of stretches, resistance and tai chi all of which help us to stay supple & help with our balance and muscle tone. This is not aerobic but exercise that anybody can do. Please contact Bill Hilton if you are interested in joining. [bill.hilton365@outlook.com](mailto:bill.hilton365@outlook.com)

## **Bread Baking Group (WhatsApp)**

I manage this group via WhatsApp. It doesn't matter if you are experienced or a beginner at baking bread. I provide the recipe & method, take photos and short videos whilst I bake at home and send it all to everyone in the group. You can then choose to bake it whenever you have time. There is no limit on joining this group and no time slot to fit into your diary. Please contact Bill Hilton with your mobile number, [bill.hilton365@outlook.com](mailto:bill.hilton365@outlook.com) if you are interested in joining.

The beginners bakers course, commencing on Tuesday 16th April for 5 consecutive Tuesdays at Bramshall Village Hall, starting at 9 o'clock to noon. The fee is £20 for the whole course, including attendance fees, payable on sign up. This course is now fully subscribed. [Bill.hilton365@outlook.com](mailto:Bill.hilton365@outlook.com)

## **Wine Appreciation Group (3rd Wednesday evening of the month)**

We meet at Wilfred House on each 3rd Wednesday of the month at 16:30 – 18:30. The evening is both social and informative. New members are welcome to join as singles or as a couple. Our format is for each member to host an evening per year. This involves providing 6 wines which you like and presenting them to the group, so that we all learn about the wines you enjoy. A buffet to accompany the wines is provided. There is the usual fee for U3A attendance of £2 and a small contribution of £2 for the food. Anyone interested in joining the group, please contact [bill.hilton365@outlook.com](mailto:bill.hilton365@outlook.com)

## **Guitar Group**

We continue to meet on Fridays at lunch time and have between six and nine people attending. WE each play a song in turn mixed with discussions about the songs we play. Everyone seems to really enjoy and value the sessions. It keeps our interest, motivation and learning going.

We will be performing at the Eggstravaganza on April 17th. We are also

getting together at Doveridge Village Club in the evening on the 2nd of April.

New members welcome. Contact Simon Haas at [mail@simonandpat.plus.com](mailto:mail@simonandpat.plus.com).

**Simon Haas**

### **Smart phone underused?**

Are you using your phone or tablet as effectively as you could? Maybe just using it for phone call purposes or the occasional Google search?

For example, you may wish to extend its usefulness by installing an email app that allows you to monitor emails as they arrive, rather than 'firing up' your laptop when you get home. Or maybe make use of the banking apps that are now so convenient?

If you're interested, please contact **Philip Jackson** on [gaxone@gmail.com](mailto:gaxone@gmail.com) or give him a call on 077867 88411 and he'll arrange a few select advice sessions (with maybe a maximum of 3 people in each) at Wilfred House during the Open House coffee mornings.

**Philip Jackson**

### **Concert Trips**

One concert remains to be booked for the first half of 2024.

**June 19<sup>th</sup> June 2024 (Pay by 3<sup>rd</sup> April 2024)**

Mendelssohn's Italian Symphony

Ferrenc                      Overture no. 2

Mozart                        Piano Concerto no. 25

Schubert                      Overture in the Italian Style

Mendelssohn     Symphony no. 4 (Italian)

I have set this date to give us plenty of time to pay B:Music by the stipulated date. If you want to come please make sure you let us have a cheque for **£40** per person by the date specified above for the concert.

I have booked the Choir seats that we like, but also some seats in the stalls for those who find the Choir uncomfortable. All seats are in the lowest price bracket of £26. If we can fill at least 20 seats we shall get 25% discount on this price.

**Brenda Welch**

### **Craft Group**

Craft group have had a Daffodil workshop this month. Much fun was had by all. We all managed to make a lovely daffodil brooch.

Also the group have been busy knitting little stuffed chickens/ducks. We will have a basket of them out at the Springstavananza next month. Please take one and if you can put a donation in the box for charity. We all thought it would be a nice gesture to give the donations to the new Dementia coffee morning held at the Wilfred House on a Monday morning by the rotary group.

Think we should all try a little to help one another.

Happy Easter to you all from me and my fellow crafters.

**Caroline Derry**









