



# **Upton & Lytchett u3a**

**2021/2022**

## **INFORMATION BOOKLET**

September 2021

### **UPTON & LYTCHETT u3a Website**

[www.u3asites.org.uk/upton-lytchett](http://www.u3asites.org.uk/upton-lytchett)

Site Editor

Niki Prior: [niki\\_prior@hotmail.co.uk](mailto:niki_prior@hotmail.co.uk)

### **UPTON & LYTCHETT u3a**

**Facebook page link**

<https://www.facebook.com/uptonlytchettu3a>

*Please keep this booklet*

## YOUR CURRENT COMMITTEE

### Chairman

Bernard Elliott-Smith - 01202 632213  
[periferiko@yahoo.com](mailto:periferiko@yahoo.com)

### Secretary

Sharon Morgan - 01202 622447  
[sharon@applehouseprojects.com](mailto:sharon@applehouseprojects.com)

### New Members & Publicity Secretary

Niki Prior - 01202 951574  
[niki\\_prior@hotmail.co.uk](mailto:niki_prior@hotmail.co.uk)

### Group Co-Ordinator

Gwyneth Harrop - 01202 623979  
[glytch2@gmail.com](mailto:glytch2@gmail.com)

### Vice Chairman &

**Membership Secretary**  
Peter Tipping - 01202 621947  
[peterltipping@gmail.com](mailto:peterltipping@gmail.com)

### Treasurer

Andy Jenkins - 07790 514202  
[andynrod.jenkins@btinternet.com](mailto:andynrod.jenkins@btinternet.com)

### Social Secretary

Sheila Twelvetrees - 01202 623312  
[stwelvetrees@gmail.com](mailto:stwelvetrees@gmail.com)

## A MESSAGE FROM THE COMMITTEE:

We can start these groups if someone could offer to be the Group Leader. **Please come forward!**

Friday Easy Walks – Alternate Fridays  
The Dancing Group  
The Singing Group  
Ancestry Group

Spanish for Beginners  
IT group  
Craft group

If you have any ideas, please contact  
**Gwyneth Harrop - 01202 623979 email [glytch2@gmail.com](mailto:glytch2@gmail.com)**

## SUMMARY

**ART FOR ALL** - Elaine Neale - 01202 625814  
**BOARD GAMES** - Jackie Taylor 01202 631234 & Jan Schwarzin 01202 621204  
**BRIDGE** - Tim Smith 01202 625070  
**CLASSIC CARS** – Brian Levell 01202 568357  
**CURRENT AFFAIRS** - Alan Bagley 01202 624836  
**DORSET/WESSEX GROUPS** (3 separate groups)  
    **DISCOVERING WESSEX** - Niki Prior - 01202 951574  
    **DORSET VILLAGES** - Rosie Endecott - 01202 622158  
    **EXPLORING DORSET** – Maggie Hoskison – 01202 623702  
**ENJOYING POETRY** - Ruth Williams - 01202 625063  
**FRENCH CONVERSATION** - Bonita Vincent - 01202 622943  
**GERMAN CONVERSATION** - Rosmarie Tinsley - 01202 623073  
**HISTORY OF ART** - Sally Bridges - 01202 631028  
**MAH JONG** Two separate groups, one in Upton and one in Lytchett Matravers  
    Upton Group - Wendy Williams-Lucas - 01202 623804  
    Lytchett Group - Rosie Johnson - 01202 632130  
**PETANQUE** A friendly game at Upton Country Park - Warrie Philps - 01202 621891  
**SUNDAY LUNCH GROUP** - Judy Eldergill - 01202 622759  
**SWIMMING** - Terry Wing - 01202 625662  
**TAI CHI** - Heather Argent - 01202 949690  
**TAI CHI WORKSHOP** - Heather Argent - 01202 949690  
**UKULELE GROUP** – Pam Dickie – 01202 773490  
**WALKS - COUNTRY WALKS** (5-7 miles) - Rosie Johnson - 01202 632130  
**WEDNESDAY WALKS** (4-6 miles) - Garry Williams-Lucas - 01202 623804  
**GARRY'S 3-4 MILE WALKS** - Garry Williams-Lucas - 01202 623804

## JOINING INSTRUCTIONS

- A) Please speak to the leader of any group you may be interested in before you send your membership fee so that you can find out more about the group and ensure that there is a space for you. Some groups fill very quickly, whilst there are spaces available in many other groups.
- B) Please make sure that you complete the membership form in full even if you have previously been a member.
- C) Please enclose a stamped addressed envelope for the return of your membership card.
- D) Existing members should endeavour to renew their membership early to enable group leaders to know whether there are spaces for new members to join a group.

Membership runs from 1 October to 30 September each year.

### **Fees for 2021-2022: Single £18 – Joint £31**

These fees include a £3.50 membership paid to our national organisation, the Third Age Trust. We have no reciprocal agreements with any other u3a, so membership fees are payable in full even if you already belong to another u3a.

We have a general limit of three classes per member but, depending on what other groups you would like to join, at the committee's discretion you may be able to join more than three.

**If you wish to join**, complete the **Membership form**, ticking the appropriate box for Type of Payment.

Please send your completed membership form together **with an sae** to:

**Peter Tipping**, Copper Coins, Deans Drove, Lytchett Matravers BH16 6EQ.

This will enable him to enrol you and send your membership card. If you are paying by cheque or cash do not forget to also include your cheque made payable to 'Upton & Lytchett U3A' or cash if preferred. We DO NOT recommend that you send cash by post.

If paying by online Banking, Bank details are on the membership form, use **your name as the reference**. **(We still require you to send in your membership application form along with a self-addressed envelope to enable us to send you your membership card).**

For the time being we will email you an electronic booklet and membership form.

If you are unable to print the membership form, please send a stamped addressed envelope to **Niki Prior, Inglemere, Pine View Close, Upton BH16 5ER** to enable her to send you a printed form.

## **GROUP ACTIVITIES**

### **MONDAYS**

#### **Ancestry - NEW LEADER REQUIRED**

**Bridge** - Tim Smith - 01202 625070

Normally Bulbury Woods Golf Club - Every Monday 1.45 - 4.45

**Classic Cars & Bikes** - Brian Levell - 01202 568357

Lytchett Matravers - 2<sup>nd</sup> Monday of each month - Time 2pm

**Garry's 3-4 mile Walks** - Garry Williams-Lucas - 01202 623804

Local - Weekly

**German Conversation** - Rosmarie Tinsley - 01202 623073

Every Monday 2 - 4

**Mah Jong** - Rosie Johnson - 01202 632130

Lytchett Matravers - Every Monday 10.00 - 12.00 noon

## TUESDAYS

**Tai Chi – Advanced** (2<sup>nd</sup> year of a 2 year course) - Heather Argent - 01202 949690  
Lytchett Matravers - Every Tuesday 9.30 - 10.30

**Tai Chi Workshop** - Heather Argent - 01202 949690  
Lytchett Matravers - Every Tuesday 10.45 - 11.45

**Board Games** - Jacqueline Taylor - 01202 631234 & Jan Schwarzin - 01202 621204  
Upton - 2<sup>nd</sup> & 4<sup>th</sup> Tuesdays 10.30 - 12.30

**Current Affairs** - Alan Bagley 01202 624836  
1<sup>st</sup> and 3<sup>rd</sup> Tuesdays 10.30 - 12.30

**Dorset Villages** - Rosie Endecott - 01202 622158  
Lytchett Matravers - Every Tuesday 10.30 - 12.30

**Exploring Dorset** – Maggie Hoskison – 01202 623702  
Lytchett Matravers Every Tuesday 10.30-12.30

**Swimming** - Terry Wing - 01202 625662  
Hamworthy - Every Tuesday 10.45 - 11.45

## WEDNESDAYS

**Discovering Wessex** - Niki Prior - 01202 951574  
Upton - Every Wednesday

**History of Art** - Sally Bridges - 01202 631028  
4<sup>th</sup> Wednesday 2.30 - 4.30

**Wednesday Walks (4-6 miles)** - Garry Williams-Lucas 01202 623804  
Dorset Countryside - 2<sup>nd</sup> Wednesday of each month

**Mah Jong** - Wendy Williams-Lucas - 01202 623804  
Upton - Fortnightly 2 – 4

## THURSDAYS

**Art for All** - Elaine Neale - 01202 625814  
Lytchett Matravers - Every Thursday 2 - 4

**Country Walks (5-7 mile walk)** - Rosie Johnson - 01202 632130  
Various Locations - 3<sup>rd</sup> Thursday of each month

**French Conversation** - Bonita Vincent - 01202 622943  
Upton - Every Thursday 10.30 - 12.30

**Ukulele group - Frayed Strings** - Pam Dickie - 01202 773490  
Upton every Thursday

**Singing for Pleasure** – **NEW LEADER REQUIRED**

## FRIDAYS

**Dancing for Pleasure** – **NEW LEADER REQUIRED**

**Enjoying Poetry** - Ruth Williams - 01202 625063  
Upton

**Friday Easy Walks** – **NEW LEADER REQUIRED**  
Upton - 1<sup>st</sup> and 3<sup>rd</sup> Fridays - 10.30 - 11.30

**Petanque** - Warrie Philps - 01202 621891

Upton Country Park - Every Friday 1.30 - 3.30

Note: there are charges for parking in the car park at Upton Country Park

## SUNDAYS

**Sunday Lunch Group** - Judy Eldergill - 01202 622759  
Once a month on Sunday

## BRIEF DETAILS OF OUR GROUPS

**ANCESTRY** - Research your family tree. Access to ancestry.com software via the library. Help and information given. This group will re-form. **NEW LEADER REQUIRED**

**ART FOR ALL** - Welcomes all, regardless of experience or ability, and includes still life in pencil, charcoal and collage work plus water colour painting. Help and information given for any subject or medium as required.

**BOARD GAMES** - A friendly get-together to play Rummikub, Upword, Scrabble and various other games - Upton.

**BRIDGE** - Players of all abilities learning from each other in a friendly spirit. The Bridge group welcome beginners and our group leader would be pleased to arrange a few games to help them understand the game.

**CLASSIC CARS & BIKES** - A friendly get together once a month, any U3A member with an interest in classic cars or motor bikes welcome. You don't have to own a classic, just come along for a chat and have a coffee or a pint. We let you know at each meeting the local car and bike events for the coming month.

**COUNTRY WALKS** - Will usually be 5-7 miles long, at a moderate pace, suitable walking boots recommended. The walks, starting in the morning, are usually followed by a pub lunch or, occasionally, include a picnic along the way.

**CURRENT AFFAIRS** - Friendly discussions of topics of the moment.

**DANCING FOR PLEASURE GROUP** - Modern Ballroom, Latin American, Old Time and Modern Sequence. Learn to dance so that you can enjoy dancing on your cruises. Men and Women welcome. **NEW LEADER REQUIRED**

### DORSET GROUPS

**DISCOVERING WESSEX** - Researching and then visiting many of the beautiful villages and towns of Dorset and adjacent counties to discover their history and sample their pub lunches.

**DORSET VILLAGES** - Researching and then visiting many of the beautiful villages and towns of Dorset to discover their history and sample their pub lunches.

**EXPLORING DORSET** - Researching and then visiting many of the beautiful villages and towns of Dorset to discover their history and sample their pub lunches.

**FRENCH CONVERSATION** - A conversation class for those with a reasonable level of French - not for beginners.

**FRIDAY EASY WALKS** - two-mile walks in Upton on level ground starting and ending on a bus route. **NEW LEADER REQUIRED**

**GARRY'S 3-4 MILE WALKS** - Three-to-four-mile walks near to Lytchett Matravers, Upton and the surrounding area starting and ending on a bus route. **Note:** Garry will provide members with details of walks once a term by email and those members without email need to provide Garry with self-addressed envelopes to enable him to update them.

**GERMAN CONVERSATION** - A conversation class for those with a reasonable level of German.

**HISTORY OF ART** - A study of various aspects of the subject and opportunities to share information on group members' favourite works of art.

**MAH JONG** - Two separate groups both for beginners and accomplished players who meet together for friendly games - one in Upton and one in Lytchett Matravers.

**PETANQUE** - A friendly game at Upton Country Park - bring your own boules.

**SINGING FOR PLEASURE** - **NEW LEADER REQUIRED**

**SWIMMING** - Enjoy a swim in Hamworthy School's swimming pool. No instruction will be given and members of this group **must be competent swimmers.** Swim caps must be worn - both

male and female. No lifeguard will be present and no responsibility will be accepted by the U3A for your safety. For safety reasons there are a limited number of spaces available in the group.

**SUNDAY LUNCH GROUP** - Eat Sunday lunch once a month in the company of u3a members at different locations.

**TAI CHI** - A two-year course of the Chinese method of exercise and movement to promote health and well-being in mind, body and spirit. **ADVANCED TAI CHI** – will commence this autumn.

**TAI CHI WORKSHOP** - For those experienced in Tai Chi and who have completed the two year course.

**UKULELE GROUP – FRAYED STRINGS** give recitals at the Summer Party in June and at the Christmas party. Members need their own ukulele (£15 upwards). This is a mixed ability group.

**WEDNESDAY WALKS** - 4-6-miles anywhere in the Dorset countryside, usually planned to end with a pub lunch.

### **OUTINGS & ACTIVITIES**

We will advise members of planned outings and activities in our newsletters which we publish throughout the year. From time to time we are invited to go on coach trips organised by neighbouring U3As. Members will be advised by email and we recommend that you respond speedily to ensure a place on these trips.

### **SOCIALS EVENTS**

We arrange social events throughout the year and we advise members of these events in our regular newsletters. ***Please make sure you read these newsletters.***

### **ADDRESSES OF HALL VENUES**

Hamworthy Park Junior School Ashmore Crescent, Poole BH15 4DG  
Lytchett Matravers Scout Hut High Street, Lytchett Matravers BH16 6BG  
Lytchett Matravers Village Hall High Street, Lytchett Matravers BH16 6BG  
St Dunstan's Church Lounge Poole Road, Upton BH16 5JA  
Upton Community Centre Poole Road, Upton BH16 5JA  
Upton Café Courtney's Yard, Poole Rd, Poole BH16 5HX

### **IMPORTANT REMINDERS TO ALL OUR MEMBERS**

#### **NATIONAL WEBSITE**

Get the latest information direct from our national website:

<https://www.u3a.org.uk/>

sign up for the National newsletter direct to your email box.

There are various national u3a courses, seminars, summer schools and activities details of which can be found in the national magazine 'Third Age Matters' and on the website.

**u3a UPTON & LYTCHETT WEBSITE**  
[www.u3asites.org.uk/upton-lytchett](http://www.u3asites.org.uk/upton-lytchett)

#### **DEVELOPING INTERNATIONAL LINKS**

How to set up links with u3as in other countries. Cultural visits, twinning arrangements between U3As, Language Links. To find the link to this document access the Welcome page on our website

[www.u3asites.org.uk/upton-lytchett](http://www.u3asites.org.uk/upton-lytchett)

## **SPECIAL NOTE**

**Upton and Lytchett U3A maintain a computer database of the details you supply on the membership form and of the courses you attend. The database is used for producing mailing labels, class lists, the information booklet, accurate statistics and to help us contact members rapidly. The database will be used only by the members of the Upton and Lytchett U3A committee and by the Third Age Trust.**

**The Third Age Trust has contracted for services from the following third party data processor – D M Print Ltd - for the sole purpose of distribution of the Third Age Trust Magazine to its members.**

**Information held on our database will not be disclosed to any other party.**

**In accordance with GDPR legislation U3A members are entitled to request access to the information that is held by the U3A. The request needs to be received in the form of a written request to the Membership Secretary of the U3A. On receipt of the request, the request will be formally acknowledged and dealt with within 14 days unless there are exceptional circumstances as to why the request cannot be dealt with within that timescale. The U3A will provide a written response detailing all information held on the member. A record shall be kept of the date of the request and the date of the response.**

