

PEEBLESSHIRE FOODBANK

Handout

- UK Foodbanks started in 2000 in Salisbury by the Henderson's after they found a 14 year old and her baby living at the railway station.
- Foodbanks don't only help with emergency food parcels but may assist with financial, employment and relationship problems.
- Benefit delays and sanctions are leading cause of food poverty.
- Welfare reforms over past decades have negatively impacted some of the most vulnerable in society – especially single parents and people with disabilities.
- Scottish Government spokespersons Shona Robison said last autumn “We share the same vision as food bank operators, foodbanks are not a long term solution to poverty. “edit The State of Hunger Report carried out by Heriot-Watt University says “Our latest report reveals the extreme poverty faced by people at food banks going into the pandemic, with just £248 a month on average to survive on after housing costs. That money needs to cover energy and water costs, council tax, food and other essentials.

This is unacceptable”.
- Peeblesshire Foodbank founded in 2013 and run by volunteers. Funded through donations. A member of Trussell Trust.
- 2020 got a grant to hire a part-time manager.
- Food parcels contain minimum of 3-days of nutritionally balanced food
- Clients usually referred by CAB, schools, churches or social workers.

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