



TORRIDGE THIRD AGE GROUP <https://u3asites.org.uk/torridge> **NEWSLETTER**

Issue 539

March 2024

This month's notice board:

Monthly Lunch :

This month's lunch is on **20th March** — please arrive in time to take your seat in the dining room by 12 o'clock. Our Speaker will be **Simon Dell** who will be talking about **The Georgian Improvements on Dartmoor**.

Please remember to **book-in with Helen** before taking your seat, **who will collect the £1 speaker fee**.

Lunch will be served at **1 o'clock**. (Cost **£18.50** for two courses plus coffee). As usual — Please pay at reception prior to making your way through to the dining room.

Please could those interested in attending :

- Order their choice of meal by **15th March** if they haven't already done so.
- Contact details: **Helen Summerhayes (Email or text preferred)**
- Please advise Helen if you are unable to attend, having booked lunch in order that the hotel can be given the correct numbers. Payment to the hotel on the day can be made by cash, card or cheque (payable The Royal Hotel). If you are paying by cheque you will need to present your cheque guarantee card, this is essential and cheques will not be accepted without it.

MENU — 20th March 2024

- Roast Breast of Chicken, stuffing ball, vegetables and potatoes.
- Sweet and Sour Chow Mein noodles, Crispy Pork balls with Egg Fried Rice
- Jacket Potato with Prawns Marie Rose, bistro salad and coleslaw.
- Pea and Mint Risotto, parmesan and garlic bread
- Chocolate Fudge cake and cream
- Sherry Trifle
- Fresh Fruit Salad
- Cheese and Biscuits
- Ice Cream
- Coffee

We welcome the following new members this month: - Carol Bowman, Cindy Grice, Colleen Laing, Fiona McDonald, James Bowman, Janet Ashworth, Jeff Grice



Future coffee morning 2024

(Provisional dates@ Northam Hall from 10:00am, Saturdays)

- Saturday 13th April - Coffee, cakes, meet old friends
- Saturday 29th June - TBA
- Saturday 21st September—TBA
- Saturday 23rd November - TBA

Chairman
Dennis Pavitt

Secretary
Carolyn Kelly

Membership Secretary
Julie Thompson

Newsletter Editor
Graham Thompson



Comments from the Chair

They say all good things must come to an end, so as I am stepping down from the Committee and my role as Chair at the end of March, this will be my last “Comments” section in the Newsletter.

My time as Chair has not been particularly uneventful, having had the challenges of Covid and lockdown to deal with. In fact, many U3A groups across the country have struggled to rebuild after Covid with some even closing down or having a much reduced membership since the pandemic. I am pleased to say that Torridge U3A now has a similar number of members and interest groups as it had back in pre-Covid days.

My thanks must go to all U3A members who have helped support me in my role as Chair and to all the Group Leaders and Committee members who work so hard to ensure our U3A continues to grow and thrive.

One final thought, the committee always needs support from our members and our U3A cannot continue without your support. If you feel you could offer the committee some of your time to help with the smooth running of Torridge U3A then please contact myself or any of the other Committee members to discuss how you might be able to help. We particularly need someone with PC/IT skills to help Graham Thompson (graham.thompson53@outlook.com) in the sterling work he does in producing our Newsletter, maintaining our website and overseeing our Beacon Software system. I am sure Graham will be delighted to deal with any queries you may have about this role.

Best regards

Dennis Pavitt
Chair, Torridge U3A



Science, Technology & Society.

Group contact: **Barry Zussman:**

There was not room for The Science Tech Group update under groups and unusually we have not received copy as we go to press—However here is a overview of February's talk (Ed)

“On Tuesday , David McLellan will be telling us about one of the most challenging problems in bioscience; “Unravelling the Three-Dimensional Structures of Proteins”. These large, complex molecules are involved in almost every function of living cells, yet, until very recently, their spatial configurations – the key to their versatility – had been resolved for just a handful of the many thousands found in the human body. But today, thanks to advances in artificial intelligence, reliable structural predictions that could take years to formulate using traditional methods, can now be generated literally at the push of a button. David’s talk will focus on the background, rapid evolution and consequences of this major scientific breakthrough.”

Miscellaneous: Written copy for publication in next edition of the newsletter, (by email please) to the editor by (**See below**). If you do not receive your electronic version or have queries regarding the printed Newsletter, please contact; - **Graham Thompson** (Final day for copy 27th Feb)

Availability & Booking of the Upper Room : - For details, see website, programme in Upper room or contact: - **Dennis Pavitt**

Group leader changes : -Please send note of any change in name or contact details to the group leader co-ordinator : **Rob Phillips**

Upper Room payments : - Payments due for the Upper Room, etc. should be passed to the Treasurer : - **Heather Williams**

Proposed events : - If you are planning to hold an event, please contact **Dennis Pavitt** first to ensure that there are no clashes.

GROUP REPORTS



Badminton – Group Contacts
Wednesday: David and Debbie Parker

We meet at 10am for an hour of fun badminton every Wednesday at the Atlantic Racquet Centre Bideford where we have 3 courts. All equipment is provided free, each session cost £2 per person. Unfortunately the group is now FULL. Anyone wishing to join us will now be added to a waiting list.



Bird Watching Group
Group Contact: **Irene Hahn**

This group of enthusiastic Birdwatchers continues to enjoy outings led by our Group Expert. We mostly base ourselves in the North Devon area with occasional sorties further afield. The Group is full but I am happy to add to our waiting list although vacancies do not come up very often. Irene



Book Group 1.
Group contact: **Pat Pavitt**

Murder before Evensong by Rev. Richard Coles.

Canon Daniel Clement is rector of Champton, where he lives with his widower Mother.

When Daniel announces a plan to install a lavatory in the church the parish is divided. Then Anthony Bowness the church warden is found dead at the back of the church. As the police move in and the bodies start piling up Daniel is the only one who can try and keep the community together. We had a good discussion and decided that although an easy read we felt it had a disappointing ending.

Next months book is **The Light Years by Elizabeth Jane Howard.** Coralie Dean



Book Group 2.
Group contact **Hazel McLellan**

Our book for February was the **Painter of Silence by Georgina Harding.** The story begins in a small city in communist Romania during the early 1950s. A man makes his way from the train station to the hospital where he collapses. The only papers found in his pockets are scraps, a discarded ticket and a label torn from a packet of biscuits. As he slowly begins to recover the medical staff realise that he is deaf and mute. One of the nurses knows this man, Augustin, the illegitimate son of the cook in her family's country manor. Through a series of flashbacks the story of the connection between Safta, the nurse and Augustin unfolds. The happiness of their childhood is in contrast to the bleak totalitarian life in Romania during Stalin's regime. The novel well describes how this regime sought to strip individuals of property, family, dignity and beliefs. Our meeting this month has been postponed for a week meaning that it will be too late for a review in the newsletter.



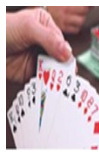
Book Group 3.
Group contact **Jo Sampson**

The Beekeeper of Aleppo by Christie Lefteri

The story is of a Syrian refugee family fleeing the civil war in their homeland. They have an almost perfect lifestyle as an apiarist and artist until it is shattered by the death of their young son when the war begins. The author worked in a refugee camp in Turkey and listened to the stories told by refugees of cruelty, barbarity and brutality of religious sects to one another. In places it makes for harrowing reading. The two main characters, husband and wife deal with the trauma of their son's death in different ways-retreating inside themselves with little emotional or physical contact. Their lives are in danger as they flee to Turkey, being fortunate to have enough money to pay people smugglers. From here they need new passports to get to Britain to claim asylum and meet up with their fellow beekeeper who had fled after his own son's death. He is now teaching beekeeping to groups in his new locality. The bees are the hope for the future, to be able to care for something again. Gradually Nuri and Afra begin to come out of their traumatised states and find strength in each other.

Obviously this story is very relevant to the refugee crisis at the moment and is a very moving story based on observations. It is well written as she weaves in the strands of the refugees plight.

We have one vacancy in the group. Jo Sampson



Bridge for Improvers
Group contacts: Linda Nicholls

Sandy Madden

Tuesday evening Improvers Bridge is now starting at 6.45 for 2 hours finishing at 8.45 in the Upper Room. We are very happy to welcome new members. We are a friendly group.



Canasta
Group contact : Christine Davies

Canasta group. We are very happy to welcome two new card players, so we are now a convenient number for more good games.



Crafty Cards & Creative Craft Class.
Group contact **Alison Tamplin**

or **Carolyn Kelly**

Crafty Cards

We made cards with a dog or cat as the focal point. There were 6 of us and we made over 20 cards. Well done ladies. Next month Wednesday 20th March @ 9.30am. Hope to see you there.

Creative Craft

I need to apologise, for not being at Upper room last Thursday. I forgot. Also I was getting ready for a medical appointment at Barnstaple on Saturday. Next meeting is 21st March @ 10am. Val Peahen



Devon Inns.

Group contact: Peter Mills

Or Marilyn Clarke

24 members enjoyed the hospitality of The Westleigh Inn for our February lunch, always worth calling in if you are on your way to or from Barnstaple on the Instow Road. It was wonderful to welcome 5 new members to our group, we look forward to enjoying your company at forthcoming venues over the rest of the year.

A reminder, that there is No commitment to attend every outing and that they are ALWAYS held on the 2nd Thursday of the month.

March has the group booked into **The Bell Inn Parkham**, Rectory Lane, Parkham, Bideford, EX39 5PL this is on Thursday 14th March, meet as usual in the bar 12 - 12.15.

If you have not been here before, there is an 8/10 space car park at the rear of the Inn, alternatively park on one of the roads around the pub.

Two farm Workers Cottages and an Old Forge were the original buildings to form the Inn, which dates back to the 13th Century and is Thatch roofed.

Which ever route you take you will be enjoying for most of the journey the delights of the Devon back roads, Distance from Westward Ho is only 7/8 miles and time of journey 15 - 20 minutes, well worth the effort, personally I prefer to use the Littleham route.

This venue, is a family owned and run business, who have asked that we provide them with a Food Pre-Order for lunch, enabling them to meet all of our expectations with food choices and service.

Therefore prior to the 14th I will ask members to have a look at the Bell Inn menu and Weekly Specials to make your selection and let me know what you have chosen. Please wait until I have emailed you individually, around the 6/7 March before choosing and making contact with me to confirm attendance and your requirements.

Please contact either Myself or Marilyn (details above) Peter



Digital Camera Group 1 & 2

Group contact: Nigel Tompkins

DCG1

Images:
Walking to Wise-
mans - Nigel
Tompkins,



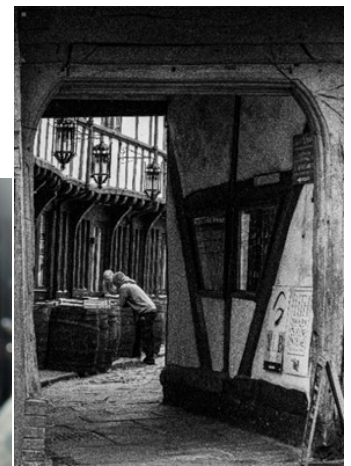
Stained Glass – Chris Smythe

River Avon Thru Bridge – Jennie
Wright,



DCG2

Images. Shrewsbury Alley -
Nigel Tompkins,



Reflection - Pauline
Coombes,

Southwold
2005 - Dave
DeBurton



This last
month the
main subject
was 'Inside
the Frame' or
'Frame in
Frame', offer-
ing many different interpretations and a lot of artistic li-
cense. A good subject for developing our observational
skills.

Coming up - Next month 'Never Noticed That Before.' Further opportunity for developing observational skills. Providing a great opportunity for everyone who takes photographs to be creative. Looking out for something new, different, or unique. We tend to perceive our environment and what is around through what our mind decides we will see, all based upon our experience and expectations. This means that we can overlook, many visual elements.

We tend to view our world from one perspective, usually dictated by our height. Get low down - knees permitting - or gain height which makes our view different. How often do we look up when out walking - to observe a building - to observe the scene. We tend to just view from the one level and the one angle. Try something different when in Bideford or Barnstaple or anywhere where you happen to be, you may be surprised with what you can now see and what will be new to you. Occasionally turn around to view what is behind you, and not observed when passed. Look up into trees; observe the sky.

Look out for the smaller details of any object or artifact, you are bound to find somethings never really taken note of before.

See the world around you in a different way, it offers the opportunity to investigate all manner of photography and subjects simply because of what has never been noticed before or considered. Pause - take a look.

What we "see" is a glimpse only, an illusion, even an 'allusion,' dictated by our mind's interpretations. Our eyes are not all-seeing, we capture fleeting glimpses of our world between rapid movements called saccades. During these, we are effectively blind because the brain does not and cannot process all the information that

comes in. Police know this when they ask an Eyewitness for details and identification - we are often very unreliable in what we say we saw.

Do remember that a camera is not 'usually' selective in what it sees. It will, unlike the eye, try to record everything coming through the lens, at a level of detail that is decided by the technical capability and settings of the camera.

'I really believe there are things nobody would see if I didn't photograph them' - Diane Arbus



Discussion Group.

Group contact: **Irene Baxter**

Our talk this month is on the UN, investigated by Gill Newbold. We started with the main permanent member states US, UK, Russia, China and France. Discussed non permanent members and term of office. Discussed whether the power of veto should be taken away from the main five. Could majority voting be the answer? Obviously self interest in their own countries being a factor. Discussed the five core objectives of UN. Maintaining international peace, Protecting human rights, Humanitarian aid, Sustainable developments goals & climate action and lastly Enforcing international law. Then discussed the main bodies - UN General Assembly, UN Security Council, International Court of Justice, Economic and Social Council and lastly United Nations Secretariat. Followed with discussion about Palestine /Israel war. As no land in Palestine unable to grow their own food. Next meeting to discuss Childcare, vaccines. Gill Cates



Drawing Group 1

Contact Christine Holmes

No update this month. Meeting as usual



First Friday Walkers

Group contact: Margaret Curtis

The walk on Friday 5th April is a circular one from The Weir Restaurant, Bude.

From the Weir the walk follows the towpath of the canal towards Bude before crossing the canal at the first bridge. A short, tarmacked lane then leads over the River Neet and meets a long, winding pathway towards Bude. There are sweeping views across the Neet valley before the pathway passes Bude Marshes and rejoins the canal towpath just before Bude. The return to the Weir is all along the canal towpath.

Meet at: The Weir, Whalesborough, Bude EX23 0JD

Website: <https://weir-restaurant-bude.co.uk/contact>

Directions: The Weir is known to most members of the group. However, if you have not been to the Weir before, please follow the directions on the contact page on the Weir website (address above).

The total journey time from Bideford is about 50 minutes, subject to traffic conditions.

Meeting Time: 10:30 a.m.

Car Parking: Please park in the top car park near the restaurant. Parking is free.

Toilets: Available in the Weir restaurant and next to the Canal at the halfway point of the walk.

Walk length: Approximately 4.7 miles.

Walk Terrain: This circular walk is mainly on level tarmacked and gravelled paths. There are some very short sections on paths that may be wet and muddy in places. There are no ascents or descents, and no steep or dangerous drops beside any of the paths.

Lunch at: The Weir Restaurant at approximately 12:45 p.m.

Lunch Menu: Lunch choices do not have to be booked in advance. Simply order from the menu available on the day.

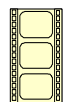
Contact: Please contact Martin Finch by Tuesday April 2nd. latest to book your place on the walk.



French.

Group contact **Jo Sampson**

No update this month. Meeting as usual.



Friday Film Group

Contact : Wendy Roden

Email: rodenwendy8@gmail.com
or 01237459224

The film on Friday, 22 March at 2pm in the Upper Room will be 'The Pianist', a biographical war drama film starring Adrien Brody. It is based on the memoir of the Polish-Jewish pianist Wladyslaw Szpilman. Warning - since the film takes place in the Holocaust it is a very hard and sad film to see. Members are welcome to stay on for a discussion of the film over a cuppa and biscuits.

As numbers are restricted to a maximum of 15, reserving a seat is strongly advisable by contacting myself, Wendy Roden, by email as above or by texting



Knit & Stitch Group.

Group contact: Heather Williams

We meet on the 1st and 3rd Thursday afternoons at 2pm in the Upper Room. We enjoy working on our own projects, finding out about what everyone else is making, having a chat and a cup of tea or coffee.
Heather Williams



Let's Talk About Books

Group contact **Peter Flacke**

The group discussed the experience of rereading books fifty years on.

The following books were then presented :

People of the Puszta by Gyula Illyes - A personal reminiscence of life on Hungary's prairie lands and a history of the harsh conditions once endured by its inhabitants.

Death and the Penguin by Andrey Kurkov - An intriguing dark comedy set in post Soviet Ukraine involving an aspiring obituarist, the local mafia and a king penguin called Misha.

Salvaging the Sacred by Marian Partington - A short account of the effect on a family of finding that a

daughter, missing for twenty years, had in fact been abducted and murdered by Fred West, and the author's struggle to find forgiveness.

Eat Sleep Sit by Kaoru Nonomura - A year spent in a Zen temple known for its extreme privations including beatings, hunger and exhaustion with minute attention paid to every detail of life. Inspiring spiritual determination or a fanatical masochism? The group were undecided.

Cynical Theories by Helen Pluckrose and James Lindsay - The authors examine our current "woke" cultural manifestations (or is that infestations?) and trace their origins back through American universities to the evil genius of postmodernism, Michel Foucault.

The Beach by Patrick Garland - Much lauded as a fresh take on the familiar "utopia turns into dystopia" theme. Our reader, however, dismissed it as a plodding and perfunctory "what I did on my hols" narrative.

Next meeting at 2pm on Monday March 25th. The topic for discussion will be the effect on the printed word of artificial intelligence.



Mah jong

Morning Grp Contact: Nicky Heading

Afternoon Grp Contact: Suzanne Raper

We have two mahjong groups running at present...one group on the 1st and 3rd Monday mornings in the month from 10am until noon and the second group meeting on the 1st and 2nd Monday afternoons in the month from 1.30pm until 3.30pm. Both groups meet in the Upper Room and cost £2 per session. We have a good number playing in the morning group but can welcome a few more. The afternoon group has fewer players and it would be good to have a few more. So, if you fancy it, why not come along? Contact details as above



Music—Blues/Rock.

Group Contact: David McLellan

In February our main theme was "Influences", where we selected individuals/groups that had been influenced by particular artists. First up was Bob Dylan who had befriended Dave van Ronk in the early 1960s, when Bob was playing and 'sofa surfing' in New York's Greenwich Village. In 1962 Bob recorded Dave's arrangement of House of the Rising Sun, on his first studio album. Dave was important in bringing blues style music to the neighbourhood and this was illustrated by the track Black Mountain Blues from a Best of... album. A live version Move It from Cliff Richard and the Drifters (their former name before changing to the Shadows) was played from the 1959 2 on 1 album. Shadow's Hank Marvin's guitar playing in turn has been listed by several modern artists as an influence on their music; including Eric Clapton. Bobby "Blue" Bland, who had a musical style that was mix of gospel and blues was apparently inspired by Detroit preacher CL Franklin. Bobby's 1957 No1 chart success, Farther Up The Road, from the Essential Blues Anthology album, served as an illustration of his singing and playing style. BB King had a great influence on the emerging 1960s blues-based artists, including in particular Eric Clapton. BB King's Woke up this

Morning was played from his BB King Blues album, whilst Clapton and King dueted on the track Riding with the King. Tony Spinner and Etta James displayed their blues credentials with a great versions of the classics CCRider and Dust My Broom respectively. A cover of Bob Dylan's Blind Willie McTell from Pretenders vocalist Chrissie Hinde's 2021 lockdown album (Standing in the Doorway), clearly illustrated Dylan's influence on her. Fittingly McTell in turn had been one of Dylan's influences. Tracks from van Morrison, Fleetwood Mac and Keb Mo were also represented at the session.



Playreading.

Group contact: Christine Holmes

The Playreading group meet fortnightly in members homes. We have vacancies for members to read male roles. Please contact Christine (details above)



Practical Philosophy

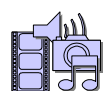
Group Contact: Stuart Mealing

Or Irene Baxter o

The subject for our February meeting was childrens' rights and it was introduced by three members who worked together on the presentation - Irene, Viv and Jane - having been assisted by Julie who was unfortunately unable to attend. The United Nations Convention on the Rights of the Child (UNCRC) provided a starting point and we learned that it has been ratified by every nation except the USA. A range of issues was discussed including the changing understanding of childhood over time and across nations, the distinction between rights and privileges, and the move from prioritising parental rights to formalising childrens' rights. Parental authority and/or religious priority in situations such as medical intervention was considered since there could exist a conflict of interest with the rights of the child (as seen from other viewpoints). In similar vein an interesting example was raised of generational conflict - that of tribal elders believing in the 'old' ways of hunter-gathering (for example) whilst younger members of that same society sought out 'modern' Western ways.

We came to find ourselves focussing particularly on the right to education however where the personal experiences of group members, both of and within education, in different countries around the world, proved both relevant and interesting. The difference between education and indoctrination in democracies and totalitarian states was considered together with the relationship between education and power and it was recognised that potential curriculum differences would reflect national and ethnic priorities. Our subject of human rights unsurprisingly led us once more to briefly discuss Palestine and we revisited our fury about the ongoing situation there.

Our subject next month will be assisted dying. This was discussed by the group six years ago but most of our membership has changed since then, as has society's attitude and response to the issue.



Saturday Cinema Club

Contact: Jan Thompson

'The Saturday Cinema club met on Sat 2nd Feb to see Argyle, a comedy spy thriller with more twists and turns than a bowl of spaghetti. Preposterous fun and enjoyed

by those attending. Next film to be agreed but will be on Sat 2nd March.'

Serendipity Discussion Group .

Group contact: Jane Irvine

The first meeting of the Serendipity discussion group took place on Friday 23rd February. We began by discussing "Food miles". Should we be eating British food in season? instead of importing so much. The discussion progressed through "Banana Blight", "Food Banks", "The American Election" and ended with "The changing face of Westward Ho!". Everyone agreed it was a most enjoyable morning and look forward to the next meeting on Friday 22nd March 2024. If you would like to join our group, please contact Jane as above.

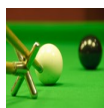


Short/Soft Tennis - Group Contacts:

Tuesday session: Ralph Bennett

Thursday session: Deborah Parker

We meet at 11am for an hour every Tuesday and at 3pm every Thursday at the Atlantic Racquet Centre. All equipment is provided free and an hour long session cost £3. No experience necessary. All equipment supplied. Fun and exercise guaranteed. Unfortunately the Thursday group is full, however if you wish to join us you will be placed on a waiting list. Contact Debbie as above.



Snooker (Tue & Wed)

Current Contact: Dennis Pavitt

We can take one or two new members for our Wednesday morning Snooker session held at the Kingsley Centre in Westward Ho! If you are an experienced player and you like to join our friendly and welcoming group, please give me a call. Dennis



Table Tennis.

Group Contact: Christine Isaac

The Table Tennis Group are still enjoying our sessions at the Youth Centre and are gradually picking up numbers again. We would be happy to see any new players that might wish to give us a try.



Beginners Table Tennis.

Group Contact: Helen Summerhayes

We are now full! I am happy to put anyone on the waiting list. Helen



Third Friday Walkers.

Group contact: Linda Burgess-Bentley

On Friday 15 March, Margaret will lead a circular walk as follows:

Meet at Crow Point car park ready for a 10.30am start.

We will follow a footpath across Branton Burrows to the beach, then walk round Crow Point and continue along the beach back to the car park. There are excellent views of Appledore, Westward Ho! and Instow across the estuary. Most of this walk is on sand, which means that, although the distance is approximately only 2.5 miles, we are assured of some healthy exercise! Lunch will be at The Williams Arms and can be ordered on arrival.

Directions: Take the A361 Branton road through Wrafton, turning left at the signed "Crow Point" road, opposite the Murco filling station. At the round-about take the second exit and pass Velator Quay car park before reaching a left turn over a narrow stone bridge "Crow Point Toll". Continue along the road then pay £2.50 in coins, to lift the barrier. Keep following the road (which has speed bumps) and the car park will be on the left.

If you would like to join this walk and lunch please contact Margaret Curtis by Tuesday 12 March. Look forward to seeing you there! Linda



Ukulele group.

Group contact **Richard Patmore**

The group has spent the meetings working our way through much of our repertoire, while also trying out several new pieces. At the beginning of the month members went to Hatchmoor Nursing Home in Torrington where they had a very enjoyable afternoon playing a variety of music old and new.



Watercolour Groups 1&2.

Contact: Brenda Cammann

Group 1 (improvers)

This group returned for their first session of 2024. They painted a seascape, including distant cliffs which receded using aerial recession. The pictures also included sea and a foreground of sand.

Group 2 (beginners)

These people met for the first time and following introductions were shown how to 'stretch' watercolour paper. Brenda demonstrated how to create a flat, graded and variegated wash ... wet on dry and wet on wet. A discussion followed looking at the merits and disadvantages of using stretched paper, 'blocks' and pads. Also covered during the morning were which brushes, palettes and paints needed for the course. Members were encouraged to practice what they had been shown between meetings in order to gain both experience and become confident with watercolour.



DIARY PAGE

ACTIVITY	DATE	START	END	LOCATION
<u>Groups below meet every week</u>				
Badminton	Every Wednesday morning	10:00	11:00	Atlantic Racquets Centre
Bridge for Improvers	Every Tuesday evening	18:45	20:45	Upper Room St Margarets
Croquet (Braunton)	Weekly on Tuesday - (May to Sept)	14:00	16:00	Croquet Club Barnstaple
French	Every Tuesday	10:30	12:30	Upper Room St Margarets
Short/Walking Tennis Thursday	Every Thursday afternoon	15:00	16:00	Atlantic Racquets Centre
Short/Walking Tennis Tuesday	Every Tuesday Morning	12:30	13:30	Atlantic Racquets Centre
Snooker on Tuesday	Every Tuesday from 10 a.m till 12 noon	10:00	12:00	Kingsley Snooker Hall
Snooker on Wednesday	Every Wednesday 10 am - 12 noon	10:00	12:00	Kingsley Snooker Hall
Table Tennis	Every Thursday	10:00	12:00	Bideford Youth Centre on the Pill
Table Tennis for beginners	Every Thursday between 10.30 and 11.30	10:30	11:30	Atlantic Racquets Centre
<u>Groups below meet two or three times a month</u>				
Canasta Group	Twice a month on 2nd and 4th Thursdays	10:30	12:30	Westward Ho
Knit and Stitch group	1st & 3rd Thursdays	14:00	16:00	Upper Room St Margarets
Mahjong Morning	1st and 3rd Monday between 10 am and 12 noon	10:00	12:00	Upper Room St Margarets
Mahjong Afternoon	Meets 1st and 2nd Mondays, 1.30pm to 3.30.pm	13:30	15:30	Upper Room St Margarets
Play Reading	Every fortnight on Mondays at 2pm	14:00	16:00	private members houses various
Ukulele Group	1st & 3rd Mondays of every month	14:00	16:00	Northam Hall
<u>Groups below meet once a month</u>				
Bird Watching	TBA			Contact Group Leader
Book Group 1	3rd Tuesday in every month	14:00	16:00	Upper Room St Margarets
Book Group 2	4th Thursday in every month	10:00	12:00	Upper Room St Margarets
Book Group 3	1st Tuesday in every month	14:30	16:00	Upper Room St Margarets
Crafty Cards	3rd Wednesday in every month	09:30	12:00	Upper Room St Margarets
Creative Craft Class	3rd Thursday in the month	10:00	12:00	Upper Room St Margarets
Devon Inns	2nd Thursday in every month	12:00	14:00	See Newsletter or Contact Group Lead
Digital Camera Group 1	2nd Wednesday every month	14:00	16:30	Upper Room St Margarets
Digital Camera Group 2	3rd Wednesday in Month	15:00	17:30	Upper Room St Margarets
Discussion Group	1st Wednesday in every month	10:30	12:30	Upper Room St Margarets
Drawing Group	4th Thursday in every month	14:00	16:00	Upper Room St Margarets
First Friday Walkers	1st Friday in every month	10:30	12:30	See Newsletter or Contact Group Lead
Friday Film Group	NULL	14:00	16:30	Upper Room St Margarets
Lets Talk About Books	4th Monday of the month at 2.00 pm	14:00	16:00	Upper Room St Margarets
Monthly Lunch	3rd Wednesday in Month	12:00	15:00	The Royal Hotel,Bideford
Music - Blues/Rock	2nd Thursday in every month	14:00	16:00	Upper Room St Margarets
Practical Philosophy	2nd Tuesday in every month	14:00	16:00	Upper Room St Margarets
Saturday Cinema Club	NULL	10:00	14:00	0
Science,Technology & Society	4th Tuesday in every month	14:30	16:30	Upper Room St Margarets
Scrabble	2nd Monday of the month	10:00	12:00	Upper Room St Margarets
Serendipity Discussion Group	4th Friday 10-12 am	10:00	12:00	Upper Room St Margarets
Third Friday Walkers	3rd Friday in every month	10:30	12:30	See Newsletter or Contact Group Lead
Watercolour Group 1	First Wednesday of the month	14:00	16:00	Upper Room St Margarets
Watercolour Group 2		0 10:00	12:00	0