



# **TORRIDGE THIRD AGE GROUP** <https://u3asites.org.uk/torridge> **NEWSLETTER**

**Issue 538**

**February 2024**

## **This month's notice board:**

### **Monthly Lunch :**

This month's lunch is on **21st February** — please arrive in time to take your seat in the dining room by 12 o'clock. Our Speaker will be **Rob Palmer** who will be talking about the work carried out by 235 squadron based at Chivenor.

Please remember to book-in with Helen before taking your seat.

Lunch will be served at **1 o'clock**. (Cost **£18.50** for two courses plus coffee). As usual — Please pay at reception prior to making your way through to the dining room.

Please could those interested in attending :

- Order their choice of meal by **16th February** if they haven't already done so.
- Contact details: **Helen Summerhayes**
- Please advise Helen if you are unable to attend, having booked lunch in order that the hotel can be given the correct numbers. Payment to the hotel on the day can be made by cash, card or cheque (payable The Royal Hotel). If you are paying by cheque you will need to present your cheque guarantee card, this is essential and cheques will not be accepted without it.

### **MENU — 21st February 2024**

- Roast beef or turkey, Yorkshire pudding, stuffing ball, vegetables and potatoes
- Baked fillet of haddock, cheesy parsley sauce, garden peas, sauteed potatoes
- Jacket potato with crispy bacon and melted cheddar, bistro salad, house Cole slaw
- Penne pasta, Merchant's carbonara sauce
- Creamed vanilla rice pudding, strawberry compote
- Strawberry pavlova
- Fruit salad
- Cheese and biscuits
- Coffee



### **Future coffee morning 2024**

(Provisional dates@ Northam Hall from 10:00am, Saturdays)

- Saturday 13th April - Coffee, cakes, meet old friends
- Saturday 29th June - TBA
- Saturday 21st September—TBA
- Saturday 23rd November - TBA

#### **Chairman**

Dennis Pavitt

#### **Secretary**

Carolyn Kelly

#### **Membership Secretary**

Julie Thompson

#### **Newsletter Editor**

Graham Thompson



### Comments from the Chair

In last month's Newsletter I wrote about how our members could help Torridge U3A continue to grow and thrive in the future, by coming forward with suggestions for new interest groups, helping to run new or existing groups and by getting involved with the work of the Committee. So, I am pleased to say that as well as our two new film groups which have just started this year, we are also finalising details for three new groups which we hope to be telling you about later in February.

We also had a well attended "thank you" meeting for our group leaders early in January, to thank them for the work they put in on behalf of our U3A. What was quite evident from talking to many of our group leaders was the enjoyment they get from organising their groups and the fact that other members of their groups are always there to help and support them. I'm also pleased to say that one of our newer group leaders, Jan Thompson, has stepped up to help the Committee ensure all are new members get a warm welcome when they first attend any of our lunches and coffee mornings.

As I said in January's Newsletter, members of the Committee are always only too happy to discuss any suggestions you may have about new interest groups that you would like to see and are ready to welcome anyone who would like to volunteer some of their time to help with the organisation of Torridge U3A.

Best regards

***Dennis Pavitt***  
***Chair, Torridge U3A***

**Miscellaneous:** Written copy for publication in next edition of the newsletter, (by email please) to the editor by (**See below**). If you do not receive your electronic version or have queries regarding the printed Newsletter, please contact; - **Graham Thompson** (Final day for copy 27th Feb )

**Availability & Booking of the Upper Room :** - For details, see website, programme in Upper room or contact: - **Dennis Pavitt**

**Group leader changes :** - Please send note of any change in name or contact details to the group leader co-ordinator : **Rob Phillips**

**Upper Room payments :** - Payments due for the Upper Room, etc. should be passed to the Treasurer : - **Heather Williams**

**Proposed events :** - If you are planning to hold an event, please contact **Dennis Pavitt** first to ensure that there are no clashes.

## GROUP REPORTS



**Badminton** – Group Contacts  
**Wednesday:** David and Debbie Parker

We meet at 10am for an hour of fun badminton every Wednesday at the Atlantic Racquet Centre Bideford where we have 3 courts. All equipment is provided free, each session cost £2 per person. We have one space available no experience necessary.



**Bird Watching Group**  
Group Contact: **Irene Hahn**

After a short break in December the Birdwatching Group is meeting up again to continue Birdwatching in 2024 with outings organised for late January. The Group is full but I am happy to add to the waiting list. Our current group members are very enthusiastic so vacancies do not come up often. Irene



**Book Group 1.**  
Group contact: **Pat Pavitt**

### **The Lost Flowers of Alice Hart**

The story covers a period of 20 years set in Australia, from the sugar cane fields by the coast, to a native Australian flower farm, to the beautiful central desert. It is a story of stories within stories. Each chapter is headed with the name and beautifully executed line drawing of a native flower relating to the content. Alice Hart lives with her parents on a remote homestead and after a disastrous fire that kills her mother and father she is brought up by her grandmother at Thornfield, a native flower farm. The Flowers, women who have sought refuge at the farm some escaping from abusive men, help with Alice. She learns the language of the flowers when it is too difficult to speak. She settles but grows up frustrated how little she knows of her family's story. In her 20's, her life is disturbed when she suffers betrayal and loss. She flees the farm to the central Australian desert where she thinks she has found solace and falls in love with Dylan, a charismatic and dangerous man. There are family secrets and stories that flowers cannot tell, Alice must have the courage to possess the most important story, her own.

Members enjoyed the story, language of the flowers and the authors descriptions of the Australian

**Our book for February is Murder Before Evensong by Richard Coles** Maureen Fordham



**Book Group 2.**  
Group contact **Hazel McLellan**

For our meeting this month we had our usual coffee/lunch at the ND Golf Club. This is always an enjoyable morning when we have the opportunity to catch up with one another after the Christmas break. We also talk about the various books we have read since we last met. Once again we had the usual mix of genres including stories of **The Boat People and Water Gypsies ;WW2 resistance in Paris and also in N. Africa;** a novel set in

gangland; thriller/detective stories and historical novels. There were too many authors to mention in the news letter so I will circulate these to the group separately. We are back to group reading next month when the book for discussion is **Painter of Silence by Georgina Harding.**



**Book Group 3.**  
Group contact **Jo Sampson**

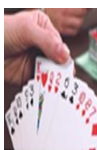
### **The Family Upstairs by Lisa Jewell**

The book centres on a family living in Cheyne Walk, London. It tells of the lives of the various members, using the present and retrospective time. It begins with Libby on her 25th birthday, inheriting the family property left in trust to her by her deceased parents.

It unfolds the sometimes horrifying events that have led to this moment in time, and the realisation that she has family with whom she has had no contact whatsoever.

The story becomes very complicated, new characters are introduced, with catastrophic results.

The group was divided in its reaction to the book. For some it was too complicated with too many characters and subplots, plus the jumping back and forth in time was too confusing. A straightforward timeline could have lent more intensity to characters and plot. For others it was an original plot that kept you intrigued to the very end. It was written with short chapters that broke up the narrative, perhaps to create a sense of unease or to act as an impetus to read on. Jo Sampson



**Bridge for Improvers**  
Group contacts: Linda Nicholls

Sandy Madden

Tuesday evening Improvers Bridge is now starting at 6.45 for 2 hours finishing at 8.45 in the Upper Room. Maximum numbers have been reached & therefore it will now be on a waiting list.



**Canasta**  
Group contact : Christine Davies  
Christine Davies 01237 237716

Canasta group. We are very happy to welcome 2 new card players, so we are now a convenient number for more good games.



**Crafty Cards & Creative Craft Class.**  
Group contact **Alison Tamplin**

or Carolyn Kelly

### **Crafty Carding**

Happy New Year Everyone, this month we returned to an old favourite of mine Tea Bag Folding, but we used maps. Which are ideal for men's cards and because they are made of good quality paper they fold well. Next month



February 21st Carolyn and myself are on the high seas cruising. Val has kindly offered to host the meeting and you will be making Cats and Dogs cards. New members are always welcome we supply all materials and equipment for more information please contact Alison or Carolyn as above

### Creative Craft

Well what an horrendous day for North Devon what looked like small pieces of polystyrene packing material fell from the sky at around 7.40am then since the temperature was -4c it promptly froze turn the roads into skating rinks. I did manage to get to the Upper Room but Lakenham was closed and the car park inaccessible so I had to walk the final 200 yards, 3 other intrepid members managed to walk in as well. But I felt I had to cancel class, which I will reschedule for March. Carolyn and myself are on the high seas cruising. Val has kindly offered to host the meeting on Thursday 22nd February and you will be making Stitch Cards New members are always welcome and we supply all materials and equipment for more information please contact Alison or Carolyn



### Devon Inns.

Group contact: Peter Mills

Or Marilyn Clarke

Our group lunch in January saw us enjoying the character and atmosphere of The Thatched Inn at Abbotsham, in keeping with our philosophy for this time of year of keeping the travel time and distance to a minimum. 25 members attended, which is the largest group number I have booked a venue for, in fact if it was not for sickness, we would have been 28, overall, it creates a great atmosphere and enjoyment having so many people.

Although I must advise all members that it does present a challenge for some of our venues, which will take us down the road of more pre-booking our food choices, allowing the venue to have sufficient food supplies of popular items, kitchen and waiting staff on duty. Several times over the last year I have had to settle for a second choice of main course, as my first has been sold out, yes, I was looking forward to my calf's liver, bacon & onions at The Thatched.

I know other members have suffered the same fate from time to time.

February's lunch date comes early in the month, Thursday 8th we are booked into The Westleigh Inn, Westleigh, Bideford, EX39 4NL.

Meet in the bar @ 12 - 12.15, ...Please Note, The Westleigh officially does not open until 12.

No pre-ordering required here; in fact, they are overloaded with Pheasant if that's your thing, Mmmm

Members are welcome to bring guests.

Please confirm your attendance or non-attendance to either Marilyn or Myself (details above)



### Digital Camera Group 1 & 2

Group contact: Nigel Tompkins

*'We take a photo as a return ticket to a moment in time.'*  
Not Attributed

*'Today's moments are tomorrow's memories.'* Not Attributed

Members at both meetings were again able to show their skills and creativity. The images were mostly on the subject of 'Celebrations.'

With fewer images to be shown here in our reports, the members can be more considered about their choices.

### DCG1

Images: Christmas Bear – Dennis Pavitt,



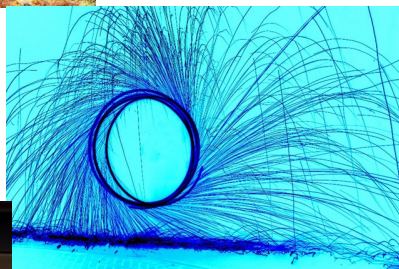
Fox at Kew Gardens – Michael Hatcher,

DSC06750-001 - Dave Hurley

### DCG2

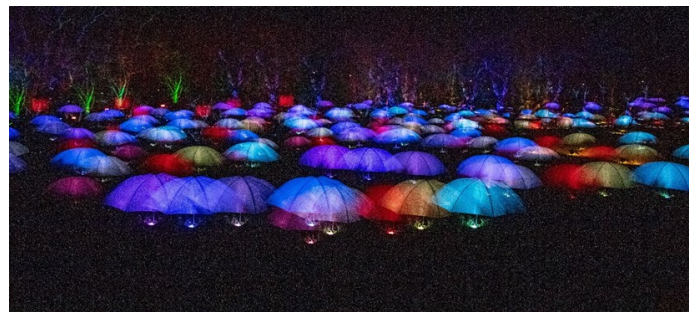


A Bit Shady – Alan Gibbons



Images. Roof Cat - Judith James,

Colour Tree- Nigel Tompkins,



Photography – is now the ultimate method to capture and store our memories. Visual reminders are a most powerful method to record and recall - long gone, for most, the day of the written diary. Readily available are the means

to record moments and experiences in our lives, especially with what has become the all-important resource, our mobile phone.

Not all images can excel - this does not mean that they are not important and interesting. They can have powerful meaning, whether artistic, or are the simple 'snap.' No longer the need to search through a tatty old card-board box from the attic; with so many of those past 'snaps' in black and white. Today's albums, and our stories often sit in the palm of the hand, to be shared at any time.

Moments and instances in time have been captured in photographs for around two centuries. 12.4 trillion photographs have now been taken, with 57000 now captured every second - 5 billion a day - 92.5% using Smartphones - only 7% using cameras. There are 750 billion accessible images on the internet - just 6% of the total - most others, not shared.

In 2030 the number of photographic images that will exist will be 28.6 trillion.

It does make one wonder what could have occupied human minds so much, before photography.

Coming up - Next month the subject is 'Inside the Frame;' or 'Frame in Frame,' offering yet more opportunities to be creative.



#### Discussion Group.

Group contact: Irene Baxter

We started discussion by talking about energy bills. Followed by a short discussion about the Post office scandal which has now ballooned! Talked about USA Post Office which is an independent agency of the US Federal Government. Touched on United Nations role in the world which Gill is going to research and talk on in February. Followed on with chat about Power of Attorney and its importance. Then chatted about Baroness Mone and husband and her interview with Laura Kuenssberg. Talked about substandard PPE, panic buying of FFP2 masks, waterproof gowns etc. Suggested DHL deal with in future instead of NHS. Need to look to future, as mistakes need to be amended. Ideas for manufacture of PPF. Cost being a major factor in some instances. Next meeting 7th February. Gill



#### Drawing Group 1

Contact Christine Holmes

No update this month. Meeting as usual.



#### First Friday Walkers

Group contact: Margaret Curtis

The 1st Friday walk in March is around some Woodland Trust property near Parkham. In view of all the persistent wet weather, we felt it necessary to find some good paths.

We will meet at the Melbury plantation car park, where there is ample parking. The walk has some nice woodland walking, with a short stretch along the road and the majority of the walk is along paths around the woodland trust plantations. The whole walk is flat, no stiles but a small ditch and a couple of fallen tree trunks in the woods need to be crossed. Help will be available if required.

We are having lunch at the Parkham Bell, which is a short drive and will be on the way home for most people.

The Bell pub would like numbers and menu choices about a week in advance, **so could I please ask that everyone let me know (with menu choices) by Friday February 23rd** -

The pub website with address details and online menu can be found at [thebellinnparkham.co.uk](http://thebellinnparkham.co.uk). The pub has limited car parking space at the back, but on road parking is available if it is full.

#### Directions:

From the Parkham village, there is a cross roads with the Bell Inn - EX39 5PL, one side and the school, which is in Melbury road the other side of the cross roads. Turn down Melbury Road, with the School on your left. Follow the road for about 1¼ miles, you should pass Melbury Cottage on your left followed by the track to Melbury Farm on your right. Immediately after this is a junction, please take care as you have to 'Give Way' but the signage & road markings are very poor.

At the junction turn right. After about 1¾ miles you should see a road name on your right for Powlers Piece Park. Continue on for about 100 yards to a crossroads. Here turn right signposted Woolsery, Clovelly & Merry Harriers Nursery.

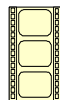
Follow the road for just over ½ mile and on the right you should see a large parking area for Melbury Plantation, this is where the walk will start. FYI the majority of the walk is in the Narracott plantation (which does not have very much parking space).



#### French.

Group contact Jo Sampson

No update this month. Meeting as usual.



#### Friday Film Group

Contact : Wendy Roden

Take Two! Sound quality hitches ironed out, rehearsals completed, we will at last be showing 'Finding Your Feet' on Friday 23 February at 2 pm in the Upper Room. Just a brief reminder of this comedy drama film :- when recently retired prim and proper Lady Sandra (Imelda Staunton) discovers that her husband is having an affair, she leaves her affluent home to seek refuge with her estranged free-spirited sister (Celia Imrie) who lives in a London council estate, and comes to find that retirement is only the beginning and that divorce might bring a new lease of life and love. Also starring Timothy Spall. Heart-warming and funny > no facelifts here! Those who wish can stay on for a discussion after the film.

Look forward to seeing you and hearing your suggestions for future DVDs to show. (ps you might want to bring comfy cushions for your derrieres).



#### Knit & Stitch Group.

Group contact: Heather Williams

We meet on the 1st and 3rd Thursday afternoons at 2pm in the Upper Room. We enjoy working on our own

projects, finding out about what everyone else is making, having a chat and a cup of tea or coffee.  
Heather Williams



### Let's Talk About Books Group contact **Peter Flacke**

The group discussed the relative merits of biography and autobiography.

The following books were then presented :

**10 minutes 38 seconds in this Strange World by Elif Shafak** - The title refers to the time between the stopping of the heart beat and the end of consciousness of the main character, an Istanbul prostitute, who relives her life story from conception to her murder, featuring her five similarly marginalised friends.

**A Room made of Leaves by Kate Grenville** - An imaginary memoir of Elizabeth, wife of John Macarthur who introduced the Merino sheep to Australia. In 1789 the couple left North Devon for Sidney where John helped run the penal colony and the pair eventually built up a considerable farming operation.

**Jude the Obscure by Thomas Hardy** - Poor Jude, where did it all go wrong for the original working class hero? Nothing but problems in work, study and love...and then there were the kids!

**Gulliver's Travels by Jonathan Swift** - Not the bowdlerised children's book of popular imagination but a bitter and wide sweeping satire on the follies of mankind. Swift claimed he wrote it "to vex the world rather than divert it".

**The Covenant of Water by Abraham Verghese** - 700 pages plus about a family in Kerala destined to lose one member of each generation to drowning...and Kerala is full of water. Reactions range from "unputdownable" to "rambling and repetitive".

Next meeting at 2pm on Monday February 26th. The topic for discussion will be our experience of rereading books.



### Mah jong Morning Grp Contact: Nicky Heading



Afternoon Grp Contact: Suzanne Raper

We have two mahjong groups running at present...one group on the 1st and 3rd Monday mornings in the month from 10am until noon and the second group meeting on the 1st and 2nd Monday afternoons in the month from 1.30pm until 3.30pm. Both groups meet in the Upper Room and cost £2 per session. We have a good number playing in the morning group but can welcome a few more. The afternoon group has fewer players and it would be good to have a few more. So, if you fancy it, why not come along? Contact details as above



### Music—Blues/Rock.

Group Contact: David Mclellan

A wide selection of Blues & Rock tracks were presented at January's session. American Blues/Rock group Indigenous – from the Dakota Yankton Indian Reservation – kicked off the afternoon with tracks from two of their albums (Vanishing Americans & Time is Coming). Rock perennials The Rolling Stones featured tracks from their first and latest albums with Route 66 from their 1964 album and R S Blues from their 2023 album Hackney Diamonds. Mark Knopfler entertained with On Every street followed by two tracks by George Thorogood – Madison Blues and Bad to the Bone; while another famous bluesman John Lee Hooker was represented with Dimples. Tom Petty appeared in two formats, first with his early band Mudcrutch and the track Lover of the Bayou and then with the better known Heartbreakers with Crawling Back to You. A track from Johnny Winter (Dallas) was then followed by the Band Cowboy, featuring Duane Allman with Please be with Me. The session finished with the track Eye of the Storm from the 2021 album ( We will Ride) by the hard rock group Inglorious. In February our session has the theme Influences.



### Playreading.

Group contact: Christine Holmes

The Playreading group meet fortnightly in members homes. We have vacancies for members to read male roles. Please contact Christine (details above)



### Practical Philosophy

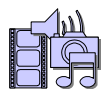
Group Contact: **Stuart Mealing**

*Or Irene Baxter*

We started 2024 by agreeing on an updated format to use at our meetings that would lift the pressure of producing monthly presentations but retain a clear distinction between us as a philosophy group and a general discussion group. We decided to continue with some presented themes (according to members' motivations) and to mix that with sessions of prepared questions on philosophical themes for discussion. The meeting then tested the idea by responding to several topical questions and the session proved thoroughly enjoyable to all.

First we considered the proposal to remove the statue by Eric Gill from outside the BBC Centre in London on the grounds of the sculptor's immoral lifestyle and that led to the more general question of whether music, art or literature can be separated from the character of its creator. Then we looked briefly at the moral value of animals compared to humans but this unprepared question proved less fruitful and made clear that prior background research on a topic is necessary. Our final question was about the ongoing issue of freedom of speech in US universities and specifically, as currently being argued, whether one should have the freedom in an academic context to present a case for "genocide of the jews". This proved, perhaps unsurprisingly, to generate strong responses but the very fact that we had the discussion went some way towards answering the question. It also led us to consider the question in the context of the ongoing conflict in Gaza and we benefitted greatly from having two group members of Jewish heritage, who were

both knowledgeable and open-minded, who were able to clarify historical and other issues related to Israel and its neighbours. They appropriately ended that discussion for us with an "Oy Vay!" Our February meeting reverts to our previous format and will be on the subject of children's' rights.



### **Saturday Cinema Club**

Contact: Jan Thompson

The Saturday Cinema Club had it's first outing on Sat 6th Jan and went to see 'The Unlikely Pilgrimage of Harold Fry' at The Plough, Torrington. The film was enjoyed by all with particular appreciation for the acting of Jim Broadbent and Penelope Wilton playing husband and wife who had lost their son to suicide years before. The film had stayed fairly close to the book and, although it felt overlong, we understood why this was necessary to convey the length of the journey on foot from South Devon to Berwick upon Tweed. It felt understated and atmospheric and thought provoking and we could happily have spent much longer discussing it. Recommended. Next outing to be agreed but will be on the first Sat in February.



### **Science, Technology & Society.**

Group contact: **Barry Zussman:**

At our last meeting, David Dickinson entertained us with a fascinating account of the ground-breaking technologies behind the iconic U2 spy-plane, and the international crisis it triggered.

This month, on Tuesday 27th February (2:30pm in the Upper Room), it's new technologies of a more modern kind that take centre stage, as David McLellan tells us about one of the most challenging problems in bioscience; "Unravelling the Three-Dimensional Structures of Proteins". These large, complex molecules are involved in almost every function of living cells, yet, until very recently, their spatial configurations – the key to their versatility – had been resolved for just a handful of the many thousands found in the human body. But today, thanks to advances in artificial intelligence (AI), reliable structural predictions that could take years to formulate using traditional methods, can now be generated literally at the push of a button. David's talk will focus on the background, rapid evolution and consequences of this major scientific breakthrough.



### **Short/Soft Tennis** - Group Contacts:

Tuesday session: Ralph Bennett

Thursday session: Deborah Parker

We meet at 11am for an hour every Tuesday and at 3pm every Thursday at the Atlantic Racquet Centre which is near the Bideford re cycling centre. All equipment is provided free and an hour long session cost £3. New players always welcome. No experience necessary. All equipment supplied. Fun and exercise guaranteed.



### **Snooker (Tue & Wed)**

Current Contact: Dennis Pavitt

We can take one or two new members for our Wednesday morning Snooker session held at the Kingsley Centre

in Westward Ho! If you are an experienced player and you like to join our friendly and welcoming group, please give me a call. Dennis



### **Table Tennis.**

Group Contact: **Christine Isaac**

The Table Tennis Group are still enjoying our sessions at the Youth Centre and are gradually picking up numbers again. We would be happy to see any new players that might wish to give us a try.



### **Beginners Table Tennis.**

Group Contact: Helen Summerhayes

New members are always welcome to this very friendly and fun group! Helen



### **Third Friday Walkers.**

Group contact: **Linda Burgess-Bentley**

**February Walk:** Our February walk will be led by Pat Blacker, details as follows:

Our walk today is across the eastern end of Northam Burrows and Golf Course. The walk is mostly flat but there could be mud, depending on the weather. Not a long walk, probably about three miles. The starting point is the furthest car park nearest the new Visitor Centre. Go through Sandymere Gate, at the end turn right onto the new road, parking on the left. Our eating venue is Country Cousins in Westbourne Terrace (at the top of the slipway). We can drive to the other end of the Burrows for free parking and walk up the board walk and alley way a few minutes away. There is paid parking nearby, if you prefer. No need to pre-book lunch and I can recommend the carvery. Names to Pat before 14th Feb Looking forward to seeing you all.



### **Ukulele group.**

Group contact **Richard Patmore**

The ukulele group had a really enjoyable meeting in January when we welcomed several new members and played a selection of pieces, all of which were written or recorded by the Beatles. The group also met for a lovely lunch at the Cafe du Parc, which was enjoyed by all the members who attended. Margaret Gatland



### **Watercolour Groups 1&2.**

Contact: Brenda Cammann

The first sessions for 2024 are ...

Group 1 (improvers) Wednesday 7 February 14.00 - 16.00

Group 2 (beginners) Monday 26 February 10.00 - 12 noon

Members can contact me preferably via email for more information. Brenda

# DIARY PAGE

ACTIVITY	DATE	START	END	LOCATION
<b><u>Groups below meet every week</u></b>				
Badminton	Every Wednesday morning	10:00	11:00	Atlantic Racquets Centre
Bridge for Improvers	Every Tuesday evening	18:45	20:45	Upper Room St Margarets
Croquet (Braunton)	Weekly on Tuesday - (May to Sept)	14:00	16:00	Croquet Club Barnstaple
French	Every Tuesday	10:30	12:30	Upper Room St Margarets
Short/Walking Tennis Thursday	Every Thursday afternoon	15:00	16:00	Atlantic Racquets Centre
Short/Walking Tennis Tuesday	Every Tuesday Morning	11:00	12:00	Atlantic Racquets Centre
Snooker on Tuesday	Every Tuesday from 10 a.m till 12 noon	10:00	12:00	Kingsley Snooker Hall
Snooker on Wednesday	Every Wednesday 10 am - 12 noon	10:00	12:00	Kingsley Snooker Hall
Table Tennis	Every Thursday	10:00	12:00	Bideford Youth Centre on the Pill
Table Tennis for beginners	Every Thursday between 10.30 and 11.30	10:30	11:30	Atlantic Racquets Centre

<b><u>Groups below meet two or three times a month</u></b>				
Canasta Group	Twice a month on 2nd and 4th Thursdays	10:30	12:30	Westward Ho
Knit and Stitch group	1st & 3rd Thursdays	14:00	16:00	Upper Room St Margarets
Mahjong Morning	1st and 3rd Monday between 10 am and 12 noon	10:00	12:00	Upper Room St Margarets
Mahjong Afternoon	Meets 1st and 2nd Mondays, 1.30pm to 3.30pm	13:30	15:30	Upper Room St Margarets
Play Reading	Every fortnight on Mondays at 2pm	14:00	16:00	private members houses various
Ukulele Group	1st & 3rd Mondays of every month	14:00	16:00	Northam Hall
Bird Watching	TBA			Contact Group Leader

<b><u>Groups below meet once a month</u></b>				
Book Group 1	3rd Tuesday in every month	14:00	16:00	Upper Room St Margarets
Book Group 2	4th Thursday in every month	10:00	12:00	Upper Room St Margarets
Book Group 3	1st Tuesday in every month	14:30	16:00	Upper Room St Margarets
Crafty Cards	3rd Wednesday in every month	09:30	12:00	Upper Room St Margarets
Creative Craft Class	3rd Thursday in the month	10:00	12:00	Upper Room St Margarets
Devon Inns	2nd Thursday in every month	12:00	14:00	See Newsletter or Contact Group Lead
Digital Camera Group 1	2nd Wednesday every month	14:00	16:30	Upper Room St Margarets
Digital Camera Group 2	3rd Wednesday in Month	15:00	17:30	Upper Room St Margarets
Discussion Group	1st Wednesday in every month	10:30	12:30	Upper Room St Margarets
Drawing Group	4th Thursday in every month	14:00	16:00	Upper Room St Margarets
First Friday Walkers	1st Friday in every month	10:30	12:30	See Newsletter or Contact Group Lead
Friday Film Group	NULL	14:00	16:30	Upper Room St Margarets
Lets Talk About Books	4th Monday of the month at 2.00 pm	14:00	16:00	Upper Room St Margarets
Monthly Lunch	3rd Wednesday in Month	12:00	15:00	The Royal Hotel,Bideford
Music - Blues/Rock	2nd Thursday in every month	14:00	16:00	Upper Room St Margarets
Practical Philosophy	2nd Tuesday in every month	14:00	16:00	Upper Room St Margarets
Saturday Cinema Club	NULL	10:00	14:00	
Science,Technology & Society	4th Tuesday in every month	14:30	16:30	Upper Room St Margarets
Scrabble	2nd Monday of the month	10:00	12:00	Upper Room St Margarets
Third Friday Walkers	3rd Friday in every month	10:30	12:30	See Newsletter or Contact Group Lead
Watercolour Group 1	First Wednesday of the month	14:00	16:00	Upper Room St Margarets
Watercolour Group 2	Fourth Monday of the month	10:00	12:00	Upper Room St Margarets