



Thurrock U3A

U3A meetings are held at the Civic Hall, Blackshots Lane, Grays at 10 am on the last Wednesday of every month (excluding December)



October 2023

Newsletter No. 231

Paul Heasmer - Chairperson
Chair.ThurrockU3a@gmail.com

Tel 07521442236
Tel 01375843609

Hello everyone

It is good to have cooler weather with some rain, it really does the garden good, no matter how much you water, it is not the same. Not so good if you are going out, but we just have to get used to that.

Please remember that if you have not paid this year's membership, you cannot go to any trips, go to any special interest groups, or come to the general meeting. Please go to the membership desk and renew.

If anyone has an idea for a new special interest group, please see me or Kay.

The presentation today is from the Police - PC Neil Brand and Neighbourhood Watch – Roger Passfield “



Diaries

Could anyone who has ordered a diary please contact me, as some members are cancelling due to the cost.

Paul Heasmer

Speakers

25th October - Police

29th November – Singer

December - no meeting

U3A MONTHLY RAFFLE

RAFFLE PRIZE WINNERS – 27TH SEPTEMBER 2023

1st Prize Reg Goldsmith £93.30

2nd Prize Kelly Coventon £62.20

3rd Prize Dot Lockett £31.10

Paid into u3a account £124.40

GROUP CO-ORDINATORS REPORT

Kay Hatter Group Co-ordinator
E mail: kayhatter@talktalk.net

Tel.01375 672789
07904967420

Hello Everyone I hope you are all keeping well and have been enjoying the lovely Autumn weather. Today as I write this the temperature has dropped to what we consider is more normal for this time of year and it's what my mother would call "sweater weather". A definite chill in the air and the evenings are drawing in.

WEDNESDAY PETANQUE/FRENCH BOWLS

The Summer Competition we have held this year which I mentioned last month, was completed with the mixed doubles competition final. The winners were Jill Ottley and Barrie Fern who beat Carol Cole and John Palmer in a hard fought three games final. Congratulations Jill and Barrie. The whole competition was played in a competitive but friendly spirit made possible by all our members. Thank you to all who took part.

Our season finishes on 22nd November for our Winter break and will recommence next year at the beginning of April.

SHORT MAT BOWLS

As the Winter months rapidly approach with the cold, wet weather, do remember that the short mat bowls group is running on a Thursday afternoon at 2.00p.m. It's held in the United Reform Church hall in Bradleigh Avenue, Grays. So if you need some light exercise, a cup of tea/coffee and chat do come along and join us.

PAR 3 GOLF GROUP

Roger Clay the Group Leader has recently resigned so a big thankyou to Roger for the work you have put in leading the group for the past several years.

As a replacement leader could not be found and a risk assessment has not been completed, it means the group is not covered by u3a insurance and can therefore no longer be considered a Thurrock u3a group.

FOR FURTHER INFORMATION AND CONTACT DETAILS REGARDING OUR GROUPS PLEASE LOOK THEM UP ON THE MONTHLY EVENTS CALENDER AT THE BACK OF THE NEWSETTER.

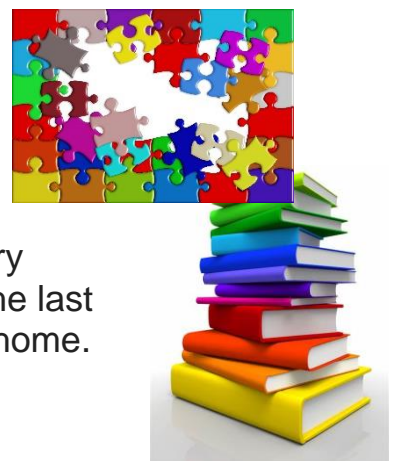
October 2023.

Books and Jigsaws

October meeting - please do not bring any books or jigsaws but Mary will still be selling them.

November meeting - the book/jigsaw table will be there but Mary hopes you will all take the books and jigsaws for free as this is the last meeting she is running her table and doesn't want to take them home.

No one has offered to take over the books and jigsaws.



Trips and social dates....

sandrahurley1953@gmail.com

Sandra is collecting payments for these now – tickets available for all.

2nd December Rochester Christmas and Dickens £18

6th December 2023 The Plough Christmas meal

8th February 2024 Brick Lane Pantomime

1st December Music Afternoon at the Stifford Clays Social Club 2-5pm.

(If you are booking a trip, please complete the form at the end of the newsletter)

As Christmas approaches and the days get shorter and some of our members are reluctant to venture out in the dark evenings we have organised a **Music Afternoon on Friday**

1st December at the Stifford Clays Social Club 2-5pm. Our singers will be from Thurrock. G'n'T {Geri and Tina} who sing at The Ship Little Thurrock every month and Dave who is a regular of ours. Tickets will be only £2 each and members will get priority at that price. Tea and coffee will be available and drinks can be bought in the main bar. Bring your own snacks.

As usual we ask members to support this event so if we have a good response we can continue to arrange the music evenings next year

Any queries contact Mel Lewis on 07926 687048 or melvynjlewis@hotmail.com

If you cannot attend a day trip or short break that you have booked, please inform the organisers prior to the day, if possible, so a replacement can be found and your money reimbursed. If we know this it also means that we are not holding up transport waiting for you.

If you have any mobility issues or special needs, please make sure you put these on the booking form so we can accommodate you. However, please appreciate that, although we will do our best, we will not be able to accommodate every request. Thank you for your understanding



Ramble



On Wednesday 11th October eventually 9 set off for a walk round Westley Heights, unfortunately I couldn't make it so Jan lead the walk. After road closures and diversions, they all got to the meeting point and set out on their 5 mile walk. Then 6 went off for a meal at Miller & Carter.

Next month's ramble will be on Wednesday 8th November at Hadleigh Park.

Meet at Leigh on Sea Station entrance, you can either get there by car or train, due to the charge at the Carpark not being reduced till 10;00 we will meet at 10;15.

We will be having lunch in The Boathouse.

Susan Graves

Sunday Singles

Pat Thwaites 01375 380395



Hi everyone hope you are all well especially with change in weather

I have booked November lunch at Top Meadow for 26th November 2023 for 1.30pm , it is £26 for 3 courses tip included. This is our last Sunday lunch booking for 2023.

I have also been able to book for January 2024

I have booked Langdon Hills Golf and Country Club for Sunday 21st January 2024 for 1pm. The cost is £25 for 3 courses tip included.

If you would like to come please come up and see me at the October meeting where I will be collecting the money .

*****Please note if you order any drinks please pay for them at the time of ordering, do not have them put on the bill, unfortunately at the last lunch someone ordered 2 glasses of wine and put them on the bill*****



Ten Pin Bowling

12th Sept There were only 7 of us today so we were put on 1 lane, Lane 11. It was a nice competitive group with some great throws and Spares and Strikes. Well done to all who played.

Results:

Both the First and the Second Games were won by Sunny today with scores of 119 and 133 respectively.

Martin presented the trophies to Sunny.



hollywood bowl LEADERBOARD LAKESIDE		
TODAY'S TOP SCORERS		
1	THOMAS	136
2	SUNNY	133
3	THOMAS	133
4	JAMIE LEE	123
5	JOSHUA	122
6	SUNNY	119
7	MARTIN	116
8	PAUL WALKER	109
9	CONNOR	107
10	OPW	103



Player	1	2	3	4	5	6	7	8	9	10	Total
Vaness	9	18	1	3	4	5	6	7	8	9	82
ayne	19	7	8	1	1	8	5	0	1	1	101
ane	18	3	5	3	2	6	1	0	7	1	96
Martin	9	7	6	1	2	5	7	1	6	1	81
im	18	2	6	3	5	5	1	5	2	1	90
Sunny	10	1	10	1	16	2	5	1	4	2	133
Team 11											661
Team 12											661



10 Pin Bowling - 10th October 2023 update.

11 people came to play today.

We were allocated lanes 23 and 24, 6 players on lane 23 and 5 players of Lane 24.

The cost of 10 Pin bowling has increased slightly to £3.78 per person, but it is still an excellent deal for 2 games.

It was an enjoyable couple of hours.

Sunny, on lane 23, won the First game of the day with a Score of 122 and also went on to win the Second game of the day with 147. So he got both the trophies.

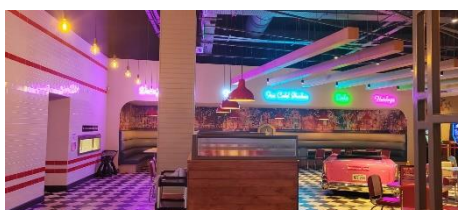
Would like to thank Andy and Henry, members of staff at Hollywood bowl, for finally calibrating the LED score display monitors after all these Years, so full names of our players can finally be seen, rather than having most part of the first character of the name missing prior to this. So well done



hollywood bowl LEADERBOARD LAKESIDE		
TODAY'S TOP SCORERS		
1	SUNNY	147
2	PAUL WALKER	123
3	JOSHUA BANG	123
4	SUNNY	122
5	MARTIN	115
6	JOSHUA BANG	115
7	AARON MATTEWS	111
8	TONY	106
9	JAMIE LEE DAVEY	106
10	TONY	104



Player	1	2	3	4	5	6	7	8	9	10	Total
Sue	10	10	10	10	10	10	10	10	10	10	100
Dave	10	10	10	10	10	10	10	10	10	10	100
Wendy	10	10	10	10	10	10	10	10	10	10	100
Pat	10	10	10	10	10	10	10	10	10	10	100
Mary	10	10	10	10	10	10	10	10	10	10	100
Sunny	10	10	10	10	10	10	10	10	10	10	100
Team 23											600
Team 24											460



Tereza Joanne

A good time was had by all. An afternoon on a boat in London Dockland.
There was a brilliant atmosphere. Traditional Pie and mash with the cockney afternoon.
We were greeted on the boat by Gyll who gave us a brief history of the area. Two of our members dressed as pearly Queens and they looked stunning.
Many reported that after singing so much ended with sore throats
We even joined in with the show - such a laugh.
Everyone wants to know when the next one is going to be.
Sandra



Strollers

It was a cold and windy start to our walk, but as we strolled along putting the world to right, it got really warm. It was good to all be back again. We managed to find the Labyrinth at Mucking and we were all amazed at the size of it, as you can see in the photo.



We are going to Westley Heights on 1st November. You take the turning where Miller and Carter is, post code SS16 6UH. I'm not sure if they do coffee in the morning, but we can meet in the car park from 10.30 onwards and I will enquire beforehand if they are open and let you know.



PLEASE NOTE that we decided that due to the U3A having their Christmas lunch on the 6th of December, that we would do our usual Christmas stroll in Thursday 7th, it will at Miss Wilmots followed by lunch at Thatchers Arms for those who wish to eat. I have booked a table for 15. If you don't wish to walk or we find it's muddy or raining too hard we will just sit in the Thatchers, chat and still have lunch.

Yvonne



Get into the Christmas Spirit with the **Civic Hall's Christmas Market**. The Christmas Market will be held on Sunday 12th November 2023 10:00 - 16:00. 🎄🎁

I have been in touch with Carol Sorrell, the Manager at Storm Leisure and I have excellent news to share with everyone.

I am very pleased to announce that we shall continue our venture beyond the 4 Week pilot.

I am also very pleased to confirm that the £3.50 payment will continue.

I am sure you all will join me in thanking Carol Sorrell for adhering to my negotiated fees for playing Table Tennis at Storm Leisure and also thank George, Sarah and their colleagues for their assistance whilst we are there.

Please make a note of the following:

++PLAY - 13 October 2023 @ 11:30 hrs, concluding at 13:00 hrs.

++PLAY - 20 October 2023 @ 11:30 hrs, concluding at 13:00 hrs.

NO PLAY - 27 October 2023 (This is due to Half-Term)

NO PLAY - 03 November 2023 (This is due to unavailability of our normal time slot)

++PLAY - 10 November 2023 @ 11:30 hrs, concluding at 13:00 hrs.

See you on our next Table Tennis Adventure.

Sunny



Group Leader

Table Tennis

U3A Thurrock



Dear U3A members,

On Saturday 4 November 2023, there is a Community Day @ The Beacon Centre / All Saints Church / Angel Cafe, Drake Rd, Chafford Hundred, Grays RM16 6RW

I, Sunny (Mr Suni Chopra), have also been invited by the Organisers to put up my Photographic Display which includes Greeting cards and Postcards.

It would be nice if you came and supported it.

The event runs from 12 noon to 4 pm.

The Entry to this event is Free. The Parking is also Free.

Look forward to seeing you there.

Mamma Mia

On Thursday 12th October a coach full of members attended the matinee performance of the long running musical Mamma Mia. We arrived at midday at the venue in plenty of time for everyone to find a suitable place for lunch. Many of us ate at Cote Brasserie which was two minutes' walk from the theatre and I think everyone had a delicious meal.

We all made our way to the Novello Theatre and I believe everyone enjoyed the performance. The lady playing Donna was outstanding and her Winner Takes it All was a showstopper. The enthusiasm and energy of the entire cast was infectious. The music provided by the orchestra is top notch. Overall it was a brilliant show.

Thanks everyone for attending
Rosemary



Condolences and celebrations

Please contact Paul Cutler regarding any illness or loss of partner. Then he will send card.



Also, we would like to send cards to couples celebrating significant wedding anniversaries

paul_cutler@btinternet.com



Name Badges

If any member needs a personalised Thurrock U3A badge, could you send me an email with your details. chair.thurrocku3a@gmail.com Paul Heasmer

Spectacles



We have found another outlet for old spectacles at Crammavil Street Health Centre

They will be used for Vision Aid Overseas

<https://www.visionaidoverseas.org/>

So please bring them to the Information Table but **NO CASES**.

Stamps



We are collecting stamps on the information table.

They are taken to Grays Baptist Church who send them to their central office and the funds used to support the poor where needed.

CVS Newsletter

[Thurrock CVS Newletters - Thurrock CVS](#)

What's on at the Thameside

[Shows \(ticketsolve.com\)](https://ticketsolve.com)



National U3A Newsletter

[u3a - Newsletter](#)

Recommendations (Remember recommendations of handymen, builders etc come from you not Thurrock U3A)

Need a gardener – Pat Elsdon recommends Desired Gardens desiredgardens@gmail.com
07910635804

Abilitynet are a charity whose volunteers provide free IT support to older people and disabled people of any age, anywhere in the UK.

You can contact them by phone on their freephone number : 0800 048 7642 or by completing an online form here : <https://abilitynet.org.uk/free-tech-support-and-info/request-free-it-support-home>
Lalji Patel Group Secretary.

THURROCK U3A GROUPS MONTHLY EVENTS CALENDAR

ACTIVITY	GROUP LEADER	TIME OF MONTH AND VENUE	TIME OF DAY
Aqua Aerobics 2	Pat Jackman	Every Monday Corringham Swimming Pool Gordon Road SS17 7NB	11.00am
Aqua Aerobics 1	Jan Gibson	Every Monday - as above	10.00am
Boules/Pétanque	Kay Hatter Mel Lewis	Every Wednesday Every Tuesday Grays Beach Riverside Park RM17 6JP	10.30am 10.30am
Couples Dining	Barbara Hand	As Arranged	
Crafty Chat Mixed Craft	Chris Moreland Pam Quilter	Alternate Fridays The Beehive Centre West Street, Grays RM17 6XP	1.30- 4.00pm
Floral Art	Juliana Baker Wendy Gard	Alternate Fridays St Thomas of Canterbury Church Hall East Thurrock Road (access from St John's Street) Grays RM17 6SR	Fridays 10am - 12.00 midday
French			Friday
Golf Football	Sandra Hurley	Alternate Thursdays Belhus Car Park Belhus Park Leisure Complex, South Ockendon RM15 4QR	10.30am
Cribbage			
Literature Group	Maureen Forster	As arranged by Maureen	
Local Interest	Yvonne Simpson	As arranged by Yvonne	
Painting for Pleasure	Doreen Dawes	Alternate Tuesdays Freeman Court, Gordon Road, Corringham SS17 7RH	10.am
Ramble and Lunch	Sue Graves	2nd Wednesday As arranged by group	10.am
Rummikub Numbers		3rd Wednesday Chadwell Working Men's Club 21 River View RM16 4DH	2.00pm
Short Breaks and Day Trips	Sandra and Terry Hurley	As arranged by Sandra	
Short Mat Bowls	Kay Hatter John Palmer Mel Lewis	Thursday The United Reform Church, Bradleigh Avenue, Grays RM17 5XD	2.00 - 4.00pm
Strollers	Yvonne Simpson	1st Wednesday As arranged by Yvonne	11.am
Sunday Singles	Pat Thwaites	As arranged	
Ten Pin Bowling	Sandra Hurley	Tuesday Mornings (not school holidays) Hollywood Bowl Lakeside	11 am

**Please refer
to your
printed
newsletter
for contact
details.**

Theatre Trips	Rosemary Pears Lorrie Pitchers	As arranged	
Table Tennis	Sunil Chopra	USP Palmer's Stprm	11.30 - 1pm Fridays
Ukulele	Reg Goldsmith	As arranged	3.00pm
Upwords	Ruth Hood	1st and 3rd Mondays of the month Chadwell Working Men's Club 21 River View Chadwell St Mary, RM16 4DH	2.00pm
Wine Appreciation	Kay Hatter John Palmer	2 nd Tuesday of the month The Woolmarket Horndon on the Hill SS17 8LE	7.30pm
Winter Breaks		April and November	

Sunday Sunday Singles

Monday Aqua Aerobics 10am & 11am
Upwords 2pm

Tuesday Petanque 10.30am
Painting for pleasure 10am
Ten Pin Bowling 11am
Wine Appreciation 7.30pm

Wednesday Petanque 10.30am
Rummikub 2pm
Ramble and Lunch
Strollers 11am

Thursday Golf Football 10.30am
Short Mat Bowls 2pm

Friday Crafty Chat 1.30pm
Floral Art 10am
French
Table Tennis 11.30am

All the relevant information regarding these groups
can be obtained directly from the Group Leader

or

Thurrock U3A Group Coordinator

Kay Hatter e.mail:kayhatter@talktalk.net

With the exception of Short Breaks/day trips,
Sunday Singles, Theatre Trips, as the Group
Leaders keep the details of these activities.

**If you wish to join one of our groups, please
telephone the Group Leader
initially to make sure there are spaces available.**

Membership

All applicants must be retired from full time work to qualify for U3A Membership. Please return the form and fee, **together with a stamped self-addressed envelope** to Mrs Jill Ottley, Membership Secretary, address above, thank you. **Any personal data contained in your application form shall be processed in connection with your application date for Membership of the Thurrock U3A and kept on our computerised records. Your contact details will not be shared without your written permission.**

Member code of conduct:

U3A members are expected to conduct themselves in line with the Movement's Guiding Principles. They are also expected to treat each other with dignity and respect. Specifically:

Members are expected to know, follow and promote the Principles of the U3A Movement at every opportunity.

Members must always act in the best interests of Thurrock U3A and the U3A Movement, strive to uphold its reputation and never do anything which could bring their own, another U3A or the U3A Movement into disrepute or expose it to undue risk.

Members are expected to use Thurrock U3A's resources responsibly and only to further its stated charitable objects/purposes.

Members are expected to reflect the current organisational policy of Thurrock U3A, regardless of whether it conflicts with their personal views.

Members are expected to abide by Thurrock U3A procedures and practices.

Members are expected to treat each other with dignity and respect at all times.

Thurrock U3A Committee From 22.02.2023

Elected all Feb 2023

Chair Paul Heasmer
Vice Chair & Group Coordinator Kay Hatter
Secretary Lalji Patel
Treasurer Jean Hopkins
Jill Ottley Membership Secretary
Pat Thwaites
Ruth Hallums
Pam Quilter
Paul Cutler Welfare Officer
Sandra Hurley
Mel Lewis
Terry Hurley Treasurer 2nd ac
Ray Bygate
Yvonne Simpson
Vanessa Lamberth
Daphne Revell
Ruth Hood
Jim Brewster

Chair.thurrockU3a@gmail.com
kayhatter@talktalk.net
Secretary.thurrockU3a@gmail.com
home@jlhopkins.co.uk
Membership.U3aThurrock@outlook.com
rupertsammy@gmail.com
01375 376873
01375381296
paul_cutler@btinternet.com
thurley49@btinternet.com
melvynjlewis@hotmail.com
thurley49@btinternet.com
Brendastevens291@gmail.com
yvonesimpson41@googlemail.com
vanessalamberth@outlook.com
daphnerevell@yahoo.co.uk
ruth87@sky.com
brewsterjames1947@gmail.com



To Mrs.Jill Ottley
Membership Secretary
9, Overcliff Road
GRAYS
RM17 6AJ

Thurrock University of the Third Age



Tele: 01375372876/07913003649

Membership of Thurrock U3A

BLOCK CAPITALS PLEASE (partners can use one form)

FULL NAME: Mr/Mrs/Ms Date of Birth

FULL NAME: Mr/Mrs/Ms Date of Birth

ADDRESS.....

..... Postcode.....

Telephone number..... Mobile number.....

EMAIL ADDRESS

(This **NEEDS to be completed** even if you think we already have an email address and it must be one that you use frequently please to pick up messages.) I understand that my / our photograph(s) may be used in the Newsletter and other publicity.

EMERGENCY CONTACT NAME

(The Emergency contact number **SHOULD NOT** be a relative that you travel with on trips etc)

RELATIONSHIP TEL

The monthly Newsletter will be circulated by email to all Members who have an email address prior to the Monthly Meetings, however a hard copy will be available for Members at the monthly meetings.

The subscription for the year ending 31st August 2024 is £ 20.00 per person.

I enclose my/our cheque for the sum of £ made payable to : **Thurrock U3A.**

Or please pay by bank transfer

Barclays Bank Plc a/c Name: Thurrock U3A

a/c Number 20966002 Sort code 20-34-69

Please put your name and postcode in the reference Box

Signature/s

Date

Gift Aid

If a member pays Tax, we can claim gift aid on your membership fees over the last 4 years which would mean that Thurrock U3A could claim back £13.75 for each member that agrees to do so, it does not affect the member in any way. See form below.

If 100 members agreed to do so we would get back £1375.00

THURROCK



UNIVERSITY OF THE THIRD AGE
Registered Charity No. 1140775

GIFT AID FORM

**Please complete and return this form to
The Chairperson
Thurrock U3A
29, Malpas Road
Grays RM16 4QX**

I request that all subscriptions and donations that I have made to Thurrock U3A in the past 4 years (as applicable) and all subscriptions and donations I make thereafter be treated as **GIFT AID** donations.

I confirm that I have paid tax each year and continue to pay an amount of tax at least equal to the amount to be claimed on all my charitable donations (Current tax reclaim is 25p in the pound)

Title.....

First Name..... Surname.....

Full address details.....

.....

.....

Post code.....

Signature..... Date.....

Please notify Thurrock U3A if you want to cancel this declaration, or if you change your name, address or if you no longer pay sufficient tax on income or capital gains

Website manager

Terry Brown

forums03@outlook.com

Please be aware that photos from the newsletter are put on our Thurrock U3A website. If you do not want your photo on the website, it is up to you to tell the website editor Terry if you see it in the newsletter, or not have it taken when you are in group activities. No names or contact details will be put with the photo.

You can find all the forms and information from newsletters on our website and the National Magazine. Please look at it.

<https://u3asites.org.uk/thurrock/home>

<https://www.u3a.org.uk/>

<https://worldu3a.org>

Newsletter editor

Glenda Stephens

glendais@hotmail.co.uk

u3athurrock@gmail.com

thurrocku3a@hotmail.com

When I forward emails from group leaders – please reply to them instead of clicking reply. I always include their email address.

If you have given your email address but have not received U3A emails, please let me know so I can check that your email address is included in the email group.

Unfortunately, some email providers block the U3A emails as spam. Also, some go into junk/spam so please check.

Dead line for next newsletter:

Saturday 18th November

No newsletter in December

but you can send articles any time before then.

Christmas is coming – U3A Christmas Lunch

Monks Barn at The Plough Bulphan Essex
Wednesday 6th December 2023
1pm for 1:30pm

The price is £30.00 per person



You are required to pre-order your meal at the time of booking so we can complete a place setting with your choice of menu.

Please can you fill in the attached form with who you wish to share the table with.

Starter

Traditional Prawn Cocktail with Marie Rose Sauce (GF)

Spiced Sweet Potato & Butternut Squash Soup, garnished with crispy sweet potato shavings.

Brie & Cranberry Tartlet on a bed of mixed leaves with Balsamic Dressing.

Roasted Asparagus Caesar Salad with croutons, crispy bacon & Parmesan shavings.

Main Course

Roast Turkey Breast served with Cranberry & sausage stuffing wrapped in bacon served with Roast potatoes Brussel Sprouts and seasonal vegetables (GFA. DF)

Roast top side of Beef with Yorkshire Pudding Roast Potatoes & seasonal vegetables.

Pesto Crusted Cod Loin with Roast Potatoes, Vegetables & a rich Tomato sauce

Vegan Spanakopita served with seasonal Vegetables (V) (VEAA)

Desserts

Christmas Pudding with Brandy Sauce (V.GFA)

Black Forest Tart topped with a sweet cherry compote (BE A & GF)

Anniversary Cheesecake

Lemon Meringue Tart with Berry Coulis

Sandra Hurley

sandrahurley1953@gmail.com
07939202169

Thurrock U.3.A's Christmas Lunch

Venue - Monks Barn at The Plough Bulphan Essex
Wednesday 6th December 2023 1pm for 1:30
£30 per person to be paid on booking

<u>Name</u>	<u>Food Choice</u> <u>Starter, Main and Dessert</u>

When booking please use this Booking Form. (No small pieces of paper please)

Anyone who has special diet needs please let us know when booking.

**It would be really helpful if one person would take the responsibility for their group and collect all the money
but obviously this is not essential**

Thurrock U3A

Trip Booking Information

Please complete relevant sections when you book a trip and give to
Trip Leader with your money

Trip Booked:	
Name/s:	
Phone:	
Pick up point:	
Special diet requirements:	
Any special needs:	
Emergency contact name & phone:	
Amount paid:	Deposit: Full Amount: