

Thurrock U3A

U3A meetings are held at the Civic Hall, Blackshots Lane, Grays at 10 am on the last Wednesday of every month (excluding December)



April 2024

Newsletter No. 236

Paul Heasmer - Chairperson
Chair.ThurrockU3a@gmail.com

Tel 07521442236
Tel 01375843609

Chairpersons report

The presenters today are from Radio Caroline, which should bring back a lot of memories for a lot of us.

A lot of members of Thurrock U3A are also members of a forum. There is 1 in every area of Thurrock, a non political group, set up to assist local residents.
If you would like more details please see me.

Could you please not talk whilst the speaker is on as a lot of us do not have good hearing.

The raffle will be drawn once the speaker has finished. Please wait until after this to join the refreshment queue

Don't forget to turn off your phones



Speakers 2024

Apr - Radio Caroline
May - Quiz with Kevin Brice
June - Brian Curtois – ex BBC reporter
July - Sue Wilsher – Author who writes about our area
Aug - Party
Sept - Shelley Hull - living with a disfigurement
Oct - Fatima Whitbread
Nov – Roy Tysack

U3A MONTHLY RAFFLE

RAFFLE PRIZE WINNERS – 27TH MARCH 2024

1st Prize Linda Gardner £100.80

2nd Prize Ruth Hood £67.20

3rd Prize Margaret Faldo £33.60

Paid into u3a account £134.40.

GROUP CO-ORDINATORS REPORT

Kay Hatter Group Co-ordinator
E mail: kayhatter@talktalk.net

Tel.01375 672789
07904967420

Hello everyone, I hope you are keeping well and have been able to enjoy some of the warmer weather we have had this month. The blossom from the forsythia in our garden was soon blown away by some of the very strong winds we have had recently but the flowering cherry is still in full bloom and very beautiful. Our apple tree which we had severely pruned in February has sprung back into life and blossoming. We thought we had made a wrong decision with the pruning as it is quite an old tree but no there is plenty of life in the old tree yet.

PETANQUE/FRENCH BOWLS

Our petanque season is now up and running with the first sessions held on the 2nd and 3rd of April. The weather forecast had not been too good, but as so often happens the weather was much better than forecast being sunny, windy but best of all dry. So, things can only get better from now on. If you feel like some fresh air and exercise on a Tuesday or Wednesday morning, come along and join us for a game in Grays Beach Park, 10.30a.m., equipment is provided.

WINE APPRECIATION

Our Wine Appreciation group is held on the second Tuesday of each month in the Woolmarket, Horndon on the Hill at 7.30p.m. Each month we sample three different wines using the wine society charts as guidance for what we should be judging the wines on. We score them and come up with an eventual winner on the evening.

This month's selection of wines was as follows:

A wine from Chili – This wine came from an area where 83% of the vineyards are powered by solar panels. It was a white wine with apricot, peach and orange aromas, together with a stone fruit palate.

The second wine was a rose from Maldoval, which had aromas of crushed raspberries with delicate red berries on the palate, ending in a refreshing finish.

The third wine was a robust red from Portugal and came from low-hung hand picked grapes grown on the granite banks of a main river. It had the flavour of ripe plums with the hint of spicy black pepper.

We always try to access the wines locally and not to pay more than £8.00p per bottle. Usually there are deals on at the local supermarkets if you look for them. New members are always welcome so if interested contact me or just turn up on the evening.

**FOR FURTHER INFORMATION AND CONTACT DETAILS REGARDING OUR GROUPS
PLEASE LOOK THEM UP IN THE MONTHLY EVENTS CALENDER AT THE BACK OF THE
NEWSLETTER**

THURROCK U.3.A. ANNIVERSARY LUNCH

Wednesday 28th August 2024

Civic Hall Blackshots Lane

Start Time 11 A.M.

This announcement is to let you all know that our Anniversary Lunch has been arranged to take place on the last Wednesday in August, and that bookings are now being taken. There will be no normal meeting on that day so only members who have booked will be admitted.

A note that will please us all, the cost will remain the same as last year, £15 per person and again the Committee has agreed to heavily subsidise the grand total.

We will be having a similar menu as last year i.e Selection of Fresh Sandwiches, Selection of Hand Carved Meats, Mixed Seafood Salad, Coleslaw. Mixed green Salad, Tomatoes, small hot baby potatoes, Handmade Sausage Rolls, Crusty Bread with Butter all to be followed by Fresh Cream Victoria Sandwich and Home made Fruit Scones with Clotted Cream.

There will be soft music played in the background whilst we eat.

As normal on our celebration day, **NO Tea or Coffee** will be served so all drinks will have to be bought in with you., don't forget to bring your Glass/Mug/Cup.

As last year we will be having round tables that will seat 10 people so everyone can sit with their friends. The Booking Form at the back of the newsletter will enable us to do that. Remember 10 per table. PLEASE only put your name down on one form (Members Only)

Cash or Cheques will be accepted, preferably cheques but not essential. Please make Cheques payable to **Thurrock U.3.A.** We will be at the back of the hall to take your form and remittance from this meeting. Receipts will be given.

Anyone who has a dietary requirement please make us aware when booking.

Anyone wishing to know more or have any queries please contact Ruth Hood on 01375 468231 or e.mail ruth87@sky.com

BOOKING FORM AT THE END OF THE NEWSLETTER



Tereza Joanne



A lovely afternoon was spent on the Tereza Joanne boat in the middle of dockland next to City Airport. We enjoyed the sounds from country legends. We arrived in time for lunch of chicken, potato wedges, salad and coleslaw followed by live country music and liquid refreshment from the licenced bar.

We danced so our lunch had time to digest to a mixture of music and danced the afternoon away, stopping for a break where we all enjoyed lovely apple pie and a hot drink. This was followed by more dancing and liquid refreshment.

All around the room were happy faces. People chatting, singing and dancing to the music until the next time. I was informed that they have another venue beside a lake which I will investigate to see if it is suitable for us. I'll keep you all updated and get your opinion whether it's worth visiting.



Warner's Sinah Warren

Many of our members are aware that each year Thurrock U3A has a group holiday to one of Warner's sites.

I have a few rooms still available.

This year it is Sinah Warren, Hayling island, Hampshire. It is a hotel, so that we are all in one under one roof. I will not book sites where possible so that we have to go out outside to get to our rooms. At Warner's we have breakfast and an evening meal included in the cost, with entertainment on site during the day.

The date is 11th November to 15th November 2024. At the cost of £395 each sharing a double room.

The holiday starts on Monday morning when you get on the coach from Thurrock. We have a stop on the way where you can buy lunch and stretch your legs.

We arrive about 3pm where you have time to rest, unpack before the evening meal, with entertainment afterwards.

During your stay you have the opportunity to decide whether you want to stay on site or join us on the coach and travel to a place of local interest, as we have the coach and driver with us for the holiday.

On Friday morning after a hearty breakfast, we make our way home.

I booked the holiday last year to get a good price. I did not start to collect deposits until January 2024. I have a list of those members who were interested and have paid £50.00. But there are still a few outstanding that I was asked to reserve places for. Some of you have not yet paid. I'm sure it has slipped your mind. The full balance is due in August 2024.

Sandra
07939202169



Trips and social dates....

sandrahurley1953@gmail.com

7th May Romford Dogs

30th May Hastings

17th July Braintree Freeport and Maldon

6th August Garden Centre and meet the baker

12th September Buckingham Palace

6th October Tereza Joan

11-15th November Warners Sinah Warren

12th December Christmas Lunch

20th February 2025 Brick Lane Music Hall

(If you are booking a trip, please complete the form at the end of the newsletter)

We still have spaces for
Meet the baker
Romford dogs in May
Freeport and Maldon
Also waiting list for other trips

I will not be taking payment for Buckingham Palace and Teresa Joanne Elvis Show until the June meeting.

I am aware at times that we do arrive early at our venue, but with travelling into London especially we have no idea on the day what traffic congestion will be like. It is better to be a bit early and wait with our friends in a nice warm coach than miss the start of a show or be late for the meal.

Thank you for your understanding, we do normally have a toilet on the coach in case of emergencies.

Romford Dogs 7th MAY 2014

Oaks 11.45
Stanford 11.35
Corringham 11.25

Hastings 30th May 2024

Oaks 09.00
Stanford 8.50
Corringham 8.40

Freeport and Maldon 17th July 2024

Oaks 9.30
Stanford 9.20
Corringham 9.10

Meeting the baker and garden centre 6th August 2024 49 seater

Oaks 9.30

Stanford 9.20

Corringham 9.10

Please state menu choice Ploughman's or Quiché on booking form

Buckingham Palace and fish and chips at Kennedys 12th September 2024

Oaks 10.15

Stanford 10.05

Corringham 09. 55

Time maybe amended due to London traffic system

Elvis Teresa Joanne 16th October 2024

Oaks 10.45

Stanford 10.35

Corringham 10.25

**When booking please complete booking form and state if any dietary requirement
If you do not let me know who you want to sit with, I will not try to place you with friends.
Do Not come to me at a later date requesting a special seating arrangement.**

Music Afternoon and Barn Dance

We would like to announce to members and guests that the next music afternoon will be on Friday 3rd May at the Stifford Clays club, time 2-5pm.

The bar, tea and coffee will be available. Bring your own snacks. Tickets £5



Also, the next Barn dance will be on the evening of 17th May at 7-11pm at Stifford Clays.
Tickets £5

Any queries contact Mel Lewis on 07926 687048 or melvynjlewis@hotmail.com

If you cannot attend a day trip or short break that you have booked, please inform the organisers prior to the day, if possible, so a replacement can be found and your money reimbursed. If we know this it also means that we are not holding up transport waiting for you.

If you have any mobility issues or special needs, please make sure you put these on the booking form so we can accommodate you. However, please appreciate that, although we will do our best, we will not be able to accommodate every request. Thank you for your understanding



Looking ahead – a date for your diary

Christmas lunch

Thursday 12th December at Top Meadow function suite.

1 o'clock until between 4 and 5.

Further details to follow.



Strollers

We met at Coalhouse Fort and had a wonderful stroll. There were 18 of us and it was great seeing you all. We had a great time with some of us doing the longer walk and the less able a shorter one. It is always lovely when we can split like that and make it easy for us all. It was the first visit there this year and once again we were lucky with the weather. Then of course we had lunch.

On the 1st of May we will meet at 10.30 for coffee and start the stroll at 11.00 as usual. We will start from the cafe at the RSPB PURFLEET for a stroll along the river path.

Look forward to seeing you.
Yvonne



Stamps

As you know we collect stamps on the information table at meetings. These are taken to the Grays Baptist Church. They have informed us that they are now collecting them for the Bone Cancer Research Trust. So, keep them coming for this good cause.



By saving just 1kg of stamps
you can help fund one hour of
our life-saving research!

[The BCRT Stamp Appeal | Bone Cancer Research Trust](#)

Sunday Singles

Pat Thwaites. 01375 380395

The weather seems to be improving and all the lovely flowers 🌺 and trees 🌳 in bloom, makes you feel good , and the birds 🦅 singing is lovely.

As you know there is no lunch in May as I am away, so I have booked:-

Orsett Hall for Sunday 23rd June 2024 for 1.30pm.

The cost is £36 for 3 courses tip included.

If interested please come and see me at the April meeting to put name down and pay , either

cheque or cash



Look forward to seeing you xx





THEATRE TRIP
Thursday 23rd May 2024 2.30pm
Guys and Dolls The Bridge Theatre London £60



Trip Price includes Theatre Ticket, Coach Transfers and Tips.

Hello Members,

I have arranged to attend the afternoon matinee performance Guys and Dolls at The Bridge Theatre London.

The Bridge transforms for one of the greatest musicals of all time. It has more hit songs, more laughs and more romance than any show ever written. The seating is wrapped around the action while the immersive tickets transport you to the streets of Manhattan and the bars of Havana in the unlikelyst of love stories.

The Bridge Theatre is close to Tower Bridge with plenty of eateries nearby and we will arrive in time for everyone to find a suitable place for lunch.

Would you please complete the booking form and return it, together with cheque payment of trip price per person made payable to Thurrock U3A, as soon as possible to avoid disappointment. If you book any show and you are unable to come nearer the time please let us know, within five weeks of the show, then we have a chance of filling the place and you will not lose your money. Please do not hesitate to contact Rosemary if you have any queries.

THURROCK U3A - Event Booking Form

EVENT	DETAILS
Event Title and date:	Guys and Dolls 23rd May 2024 COST: £60.00 per person
Members Name:	
Membership Number:	
Contact Telephone Number: Mobile phone number: EMERGENCY CONTACT:	
Email address (must be one that is frequently accessed)	
Cheque value: All cheques payable to Thurrock U3A	£.....
If booking for more than one person please list the other names and Membership numbers here: Please list any special dietary requirements here: Preferred Coach Pick up point <ul style="list-style-type: none"> • 10.00am Gordon Road, Corringham 10.15am The Oak, Grays 	

PLEASE RETURN BOOKING FORM TO: Mrs Rosemary Pears, 19, Bermuda Road, Tilbury, RM18 7DA

e-mail: rosemary.pears@outlook.com	Telephone: 01375 411270 - Mobile: 07468451493
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Ramble

Seven of us eventually set off from Leigh-On-Sea Station, due to my train being delayed. With shorter time we all decided to change our plans and go for a nice walk round Two Tree Island, weather was very nice for us sunny but very windy.

After our lovely walk we then had a lovely meal in The Mayflower, which was thoroughly enjoyed by all.

Next month May 8th, we will be going to Langdon Hills, Westley Heights, Basildon SS16 6HP.
Meet at 10:00 in the car park behind Miller and Carter, where we will be having lunch.

Sue Graves



From Terry Brown

Table Tennis 🍷

Our Table Tennis group is going from strength to strength.

People are really stretching their talents handsomely, real competitive spirits among some of our players and some fabulous shots and equally good returns. Great to watch.



The numbers of attendees vary considerably due to varied commitments. In fact, I have personally been on extended holidays, so missed 4 of the last 6 table tennis outings.

In my absence Jill and Shirley have been keeping an eye on the proceedings and the attendance book, thank you Ladies.

Good to see Maria Woodburn back playing again.

We had Ron Young and his son come to play on the 12 April 2024 for the first time, both excellent players.

Ron will be joining us going forward. Seems Ron has been and still is quite an athlete having taken part in many marathons and participating in many sports.

I am sure all would like to join me in welcoming Ron to our wonderful group and wish his wife well.



I understand from my troops that on 5 April, there were only 2 tables available for 11 players and that they had not been placed in the main hall but in the squash court. I was also advised that 3 of you decided to go home.

I have spoken to Jo at Storm Reception and she said there was no booking for our group on that day, hence they accommodated what they could.

I have advised her that we have a continuous 11.30hrs to 13:00hrs weekly slot throughout the year, generally up to mid December and have asked her colleagues to contact me when table tennis cannot be played so I in turn can advise my Group. So hopefully this will not happen again.

I must reiterate this very important point which I have made before.

There are a total of 3 tables and I have 21 people on the Table Tennis register, so on days that more than 12 people turn up, which does not happen very often, we just have to take turns and make the most of it.

In reality, on a practical note, many a times a number of us take a break and rest as the games can be strenuous.

So we just need to remember, share and share alike, it is sportsmanship 🍷

Finally remember to bring and wear your U3A ID badge.

Let the adventure continue 🍷

Sunny ☀️ny Group Leader
Table Tennis
U3A Thurrock



Technology Help

I am offering to help U3A Members to protect their emails from being hacked, or taken over, by assisting to setup multi-factor authentication (MFA).

Gordon McFee

g.mcfee@btinternet.com

07973 292322

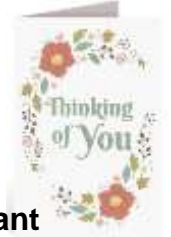
Condolences and celebrations

Please contact Paul Cutler regarding any illness or loss of partner. Then he will send card.



Also, we would like to send cards to couples celebrating significant wedding anniversaries

paul_cutler@btinternet.com



Name Badges

If any member needs a personalised Thurrock U3A badge, could you send me an email with your details. chair.thurrocku3a@gmail.com Paul Heasmer

Spectacles



We have found another outlet for old spectacles at Crammavil Street Health Centre

They will be used for Vision Aid Overseas

<https://www.visionaidoverseas.org/>

So please bring them to the Information Table but **NO CASES.**

Book Table

Where else can you get a decent book for 20p or a jigsaw for 50p?

PLEASE DO NOT BRING CD's, DVDs or VIDEOS.

JUST BOOKS AND JIGSAWS



Stamps



We are collecting stamps on the information table.

They are taken to Grays Baptist Church who are supporting the Bone Cancer Research Trust.

Recommendations (Remember recommendations of handymen, builders etc come from you not Thurrock U3A)

Abilitynet are a charity whose volunteers provide free IT support to older people and disabled people of any age, anywhere in the UK.

You can contact them by phone on their freephone number : 0800 048 7642 or by completing an online form here : <https://abilitynet.org.uk/free-tech-support-and-info/request-free-it-support-home>

Lalji Patel Group Secretary.

THURROCK U3A GROUPS MONTHLY EVENTS CALENDAR

ACTIVITY	GROUP LEADER	TIME OF MONTH AND VENUE	TIME OF DAY	CONTACT DETAILS
Aqua Aerobics 2	Pat Jackman	Every Monday Corringham Swimming Pool Gordon Road SS17 7NB	11.00am	Tel: 01375 379887 jackmanjohn7@aol.com
Aqua Aerobics 1	Jan Gibson	Every Monday - as above	10.00am	janandterry@blueyonder.co.uk
Boules/Pétanque	Kay Hatter Mel Lewis John Palmer	Every Wednesday Every Tuesday Grays Beach Riverside Park RM17 6JP	10.30am 10.30am	Tel: KAY 01375 672789 Tel: MEL 07926 687048 Tel: JOHN 01375 672789
Chess Club	Malcolm Crane	Tuesdays Stanford le Hope Wednesdays Grays	7.30pm 7.30pm	Mobile 07872611738 chessinthurrock@gmail.com
Couples Dining	Barbara Hand	As Arranged		barbarahand53@yahoo.com
Crafty Chat Mixed Craft	Chris Moreland Pam Quilter	Alternate Fridays The Beehive Centre West Street, Grays RM17 6XP	1.30- 4.00pm	Tel: CHRIS 01375 406537 Tel: PAM 01375 381296
Floral Art	Juliana Baker Wendy Gard	Alternate Fridays St Thomas of Canterbury Church Hall East Thurrock Road (access from St John's Street) Grays RM17 6SR	Fridays 10am - 12.00 midday	Tel: JULIANA 01375 375881 Tel: WENDY 01375 374874
Golf Football	Sandra Hurley	Alternate Thursdays Belhus Car Park Belhus Park Leisure Complex, South Ockendon RM15 4QR	10.30am	Tel: 01375 640175 thurley49@btinternet.com
Cribbage				
Literature Group	Maureen Forster	As arranged by Maureen		Tel: Mobile 07890000160 Tel: 01375 376647 maud1945@btinternet.com
Local Interest	Yvonne Simpson	As arranged by Yvonne		Tel: 01375 483188 Mobile 07702 025996
Painting for Pleasure	Doreen Dawes	Alternate Tuesdays Freeman Court, Gordon Road, Corringham SS17 7RH	10.am	Tel: 01375 643637
Ramble and Lunch	Sue Graves	2nd Wednesday As arranged by group	10.am	07849 271522.
Rummikub Numbers	Ruth Hallums	1 st and 3 rd Wednesday Chadwell Working Men's Club 21 River View RM16 4DH	1.00pm	01375 376873
Short Breaks and Day Trips	Sandra and Terry Hurley	As arranged by Sandra		Tel: 01375 640175 sandrahurley1953@gmail.com
Short Mat Bowls	Kay Hatter John Palmer Mel Lewis	Thursday The United Reform Church, Bradleigh Avenue, Grays RM17 5XD	2.00 - 4.00pm	Tel: 01375 672789
Strollers	Yvonne Simpson	1st Wednesday As arranged by Yvonne	11.am	Tel: 01375 483188 Mobile 07702 025996
Sunday Singles	Pat Thwaites	As arranged		PAT 01375 380395

Ten Pin Bowling	Sandra Hurley	Tuesday Mornings (not school holidays) Hollywood Bowl Lakeside	11 am	Tel: 01375 640175 sandrahurley1953@gmail.com
Theatre Trips	Rosemary Pears Lorrie Pitchers	As arranged		Tel: ROSEMARY 01375 411270 Mobile: 07468451493
Table Tennis	Sunil Chopra	USP Palmer's Stprm	11.30 - 1pm Fridays	harachanna@gmail.com
Ukulele	Reg Goldsmith	As arranged	3.00pm	Tel: 01375 843972 regg838@gmail.com
Upwords	Ruth Hood	1st and 3rd Mondays of the month Chadwell Working Men's Club 21 River View Chadwell St Mary, RM16 4DH	1.00pm	Tel: 01375 468231 ruth87@sky.com
Wine Appreciation	Kay Hatter John Palmer	2 nd Tuesday of the month The Woolmarket Horndon on the Hill SS17 8LE	7.30pm	Tel: 01375 672789
Winter Breaks		April and November		

Sunday Sunday Singles

Monday Aqua Aerobics 10am & 11am
Upwords 2pm

Tuesday Petanque 10.30am
Painting for pleasure 10am
Ten Pin Bowling 11am
Wine Appreciation 7.30pm
Chess 7.30pm

Wednesday Petanque 10.30am
Rummikub 2pm
Ramble and Lunch
Strollers 11am
Chess 7.30pm

Thursday Golf Football 10.30am
Short Mat Bowls 2pm

Friday Crafty Chat 1.30pm
Floral Art 10am
Table Tennis 11.30am

CHECK IF EVENT IS EVERY WEEK, MONTHLY OR FORTNIGHTLY IN CHART ABOVE

All the relevant information regarding these groups can be obtained directly from the Group Leader

or

Thurrock U3A Group Coordinator

Kay Hatter e.mail:kayhatter@talktalk.net

With the exception of Short Breaks/day trips, Sunday Singles, Theatre Trips, as the Group Leaders keep the details of these activities.

If you wish to join one of our groups, please telephone the Group Leader initially to make sure there are spaces available.

EMAILS

When I forward emails from group leaders or other members, to reply please email them instead of just clicking reply as that comes back to me.

I always include their email address.

Glenda

Membership

Although there is a focus in the U3A on “older people and those retired from full time work”, this is not a restriction for membership. As long as the activities we undertake are educational (in the broadest sense), U3A objects do not limit who can participate.

Please return the form and fee, **together with a stamped self-addressed envelope** to Mrs Jill Ottley, Membership Secretary, address above, thank you. **Any personal data contained in your application form shall be processed in connection with your application date for Membership of the Thurrock U3A and kept on our computerised records. Your contact details will not be shared without your written permission.**

Member code of conduct:

U3A members are expected to conduct themselves in line with the Movement’s Guiding Principles. They are also expected to treat each other with dignity and respect. Specifically:

Members are expected to know, follow and promote the Principles of the U3A Movement at every opportunity.

Members must always act in the best interests of Thurrock U3A and the U3A Movement, strive to uphold its reputation and never do anything which could bring their own, another U3A or the U3A Movement into disrepute or expose it to undue risk.

Members are expected to use Thurrock U3A’s resources responsibly and only to further its stated charitable objects/purposes.

Members are expected to reflect the current organisational policy of Thurrock U3A, regardless of whether it conflicts with their personal views.

Members are expected to abide by Thurrock U3A procedures and practices.

Members are expected to treat each other with dignity and respect at all times.

Thurrock U3A Committee From February 2024

Chair	Paul Heasmer	Chair.thurrockU3a@gmail.com
Vice Chair	Ruth Hood	ruth87@sky.com
Secretary	Lalji Patel	Secretary.thurrockU3a@gmail.com
Treasurer	Jean Hopkins	home@jlhopkins.co.uk
Group Coordinator	Kay Hatter	kayhatter@talktalk.net
Membership Secretary	Jill Ottley	Membership.U3aThurrock@outlook.com
Pat Thwaites		rupertsammy@gmail.com
Ruth Hallums		01375 376873
Pam Quilter		01375381296
Paul Cutler Welfare Officer		paul_cutler@btinternet.com
Sandra Hurley		thurley49@btinternet.com
Mel Lewis		melvynjlewis@hotmail.com
Terry Hurley Treasurer 2nd ac		thurley49@btinternet.com
Ray Bygate		Brendastevens291@gmail.com
Yvonne Simpson		yvonesimpson41@googlemail.com
Vanessa Lamberth		vanessalamberth@outlook.com
Daphne Revell		daphnerevell@yahoo.co.uk
Jim Brewster		brewsterjames1947@gmail.com



To Mrs.Jill Ottley
Membership Secretary
9, Overcliff Road
GRAYS
RM17 6AJ

Thurrock University of the Third Age



Tele: 01375372876/07913003649

Membership of Thurrock U3A

BLOCK CAPITALS PLEASE (partners can use one form

FULL NAME: Mr/Mrs/Ms **Date of Birth**

FULL NAME: Mr/Mrs/Ms **Date of Birth**

ADDRESS.....

..... **Postcode**.....

Telephone number..... **Mobile number**.....

EMAIL ADDRESS

(This NEEDS to be completed even if you think we already have an email address and it must be one that you use frequently please to pick up messages.) I understand that my / our photograph(s) may be used in the Newsletter and other publicity.

EMERGENCY CONTACT NAME

(The Emergency contact number SHOULD NOT be a relative that you travel with on trips etc)

RELATIONSHIP **TEL**

The monthly Newsletter will be circulated by email to all Members who have an email address prior to the Monthly Meetings, however a hard copy will be available for Members at the monthly meetings.

The subscription for the year from 1st April ending 31st August 2024 is £ 10.00 per person.

I enclose my/our cheque for the sum of £ made payable to : **Thurrock U3A.**

Or please pay by bank transfer

Barclays Bank Plc a/c Name: Thurrock U3A

a/c Number 20966002 Sort code 20-34-69

Please put your name and postcode in the reference Box

Signature/s

Date

Gift Aid

If a member pays Tax, we can claim gift aid on your membership fees over the last 4 years which would mean that Thurrock U3A could claim back £13.75 for each member that agrees to do so, it does not affect the member in any way. See form below.

If 100 members agreed to do so we would get back £1375.00

THURROCK



UNIVERSITY OF THE THIRD AGE
Registered Charity No. 1140775

GIFT AID FORM

**Please complete and return this form to
The Chairperson
Thurrock U3A
29, Malpas Road
Grays RM16 4QX**

I request that all subscriptions and donations that I have made to Thurrock U3A in the past 4 years (as applicable) and all subscriptions and donations I make thereafter be treated as **GIFT AID** donations.

I confirm that I have paid tax each year and continue to pay an amount of tax at least equal to the amount to be claimed on all my charitable donations (Current tax reclaim is 25p in the pound)

Title.....

First Name..... Surname.....

Full address details.....

.....

.....

Post code.....

Signature..... Date.....

Please notify Thurrock U3A if you want to cancel this declaration, or if you change your name, address or if you no longer pay sufficient tax on income or capital gains

CVS Newsletter

[Thurrock CVS Newsletters - Thurrock CVS](#)

What's on at the Thameside

[Shows \(ticketsolve.com\)](#)

National U3A Newsletter

[u3a - Newsletter](#)

Website manager

Terry Brown

forums03@outlook.com

Please be aware that photos from the newsletter are put on our Thurrock U3A website. If you do not want your photo on the website, it is up to you to tell the website editor Terry if you see it in the newsletter, or not have it taken when you are in group activities. No names or contact details will be put with the photo.

You can find all the forms and information from newsletters on our website and the National Magazine. Please look at it.

<https://u3asites.org.uk/thurrock/home>

<https://www.u3a.org.uk/>

<https://worldu3a.org>

Newsletter editor

Glenda Stephens

glendais@hotmail.co.uk

u3athurrock@gmail.com

thurrocku3a@hotmail.com

If you have given your email address but have not received U3A emails, please let me know so I can check that your email address is included in the email group.

Unfortunately, some email providers block the U3A emails as spam. Also, some go into junk/spam so please check.

Dead line for next newsletter:

Saturday May 18th

Thurrock U3A

Trip Booking Information

Please complete relevant sections when you book a trip and give to
Trip Leader with your money

Trip Booked:	
Name/s:	
Phone:	
Pick up point:	
Special diet requirements:	
Any special needs:	
Emergency contact name & phone:	
Amount paid:	Deposit: Full Amount:
Who do want to sit with?	

Thurrock U.3.A's Birthday Celebrations

Venue - Civic Hall – Blackshots Lane

11am Wednesday August 28th

Booking Form

Maximum of 10 Members per Table

<u>1</u>	
<u>2</u>	
<u>3</u>	
<u>4</u>	
<u>5</u>	
<u>6</u>	
<u>7</u>	
<u>8</u>	
<u>9</u>	
<u>10</u>	

When Booking please use this Booking Form.(No small pieces of paper please)

Cost per person is £15 to be paid on Booking

Anyone who has special diet needs please let us know when Booking.

THANK YOU

it would be really helpful if one person would take the responsibility for their group and collect all the money but obviously this is not essential