

All phone numbers are local, with the prefix 01454, unless otherwise specified

### From the Chairman:

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Welcome to the Autumn Newsletter and thank you to those of you who made our 20<sup>th</sup> Anniversary events of the Big Picnic and Bench Opening a success in July. We were lucky with the weather for the Picnic despite a downpour in the morning and the musical talent was demonstrated with prowess, not to mention the dancing. Well done to all who participated.

At this time of year, we thank those involved in leading our Groups. Thanks are also due to those involved in preparing the recently held Group Leaders' Lunch, not forgetting those who worked so hard behind the scenes to ensure everything went smoothly. The Committee thanks everyone who willingly gives their time to enable members to enjoy Group meetings and events.

This newsletter contains the formal documents that accompany the **Notice** of our AGM on 7 November 2018 at 10.00am in the Armstrong Hall, Thornbury. I would ask you to give some careful consideration to the **Nomination Form**. My thanks to those who have already volunteered to stand. If you know of others who would be interested in joining the Committee, please persuade them to put their names forward for nomination. Every committee post is re-elected annually. Some current members wish to stand down or change roles, so there is an opportunity for others to come on to the committee and share their ideas and enthusiasm for our organization. It is **vitaly important** that we have volunteers this year to stand as Committee Members for such roles as Treasurer, Groups Coordinator and Communications/Publicity.

If there is something else you think we should be doing, have your say by using the formal **Proposal of a Motion by a Member** form. Immediately following the formal AGM, there will also be an opportunity for anyone who wishes to raise a point with the new Committee to do so. Although the Committee will make no immediate response, it will record and consider every item raised.

This year we also need to consider an amendment to our Constitution. (See page 14)

After the AGM, the **Groups Fair** will open. Here you can find out what each group does and how you can join or help them. Is it time for you to take up a new interest or perhaps start or lead a new group? Group Leaders will make you feel welcome, while you will keep the little grey cells growing and meet new people.

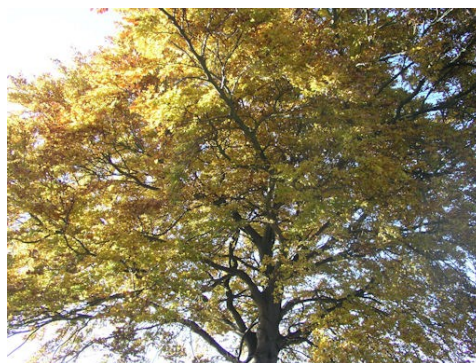
Shortly after the AGM membership renewal invitations will be emailed out to members with email addresses. This saves us all a great deal of time and money. Non email members will be sent renewals by post. If you have not yet given us your email address please let us have it.

For up to date information please see and use our website ([www.thornburyu3a.org.uk](http://www.thornburyu3a.org.uk)); if you have any other suggestions or queries, please contact me.

Alison Makepeace

415019

[chairman@thornburyu3a.org.uk](mailto:chairman@thornburyu3a.org.uk)



## **Dates for your Diary**

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- 8 October Welcome Meeting for New Members, 3.30pm at St Mary's Church Hall, Thornbury
- 7 November AGM Armstrong Hall Thornbury commences 10.00am (doors open at 9.30 am) followed by the Groups Fair

### **Future Publication Deadlines**

- 16 November **2019 Handbook** Please send your contributions to: [handbook@thornburyu3a.org.uk](mailto:handbook@thornburyu3a.org.uk) by the dates shown
- 15 December **Winter Newsletter** Please send your contributions to: [newsletter@thornburyu3a.org.uk](mailto:newsletter@thornburyu3a.org.uk) by the dates shown opposite

### **Handbook Collection Days - 2019**

- Monday 28 January Thornbury – Turnberries
- Tuesday 29 January Olveston – Parish Hall

## **Communications**

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This is my last report as I am standing down at the AGM after 3 years on the Committee undertaking the Communications role. In November 2015 AGM I offered to join the Committee. At the Committee Meeting which followed immediately afterwards it was highlighted that someone was needed for the Communications role. I asked what it would involve and was told ensuring the Newsletter and Handbook were produced were the main part of the job plus anything that was to do with Communications. I decided to volunteer!

### **Handbook and Newsletters**

Within the first two months I had taken over from the previous Newsletter and Handbook editor and for the first time produced a stand-alone Handbook and separate Newsletter (previously they had been combined). My focus was to ensure our communications were clear and easy to read.

### **Website**

One of the main concerns which soon emerged was the maintenance and development of the Thornbury U3A website. The existing website had been developed and was maintained by one member, Mike Farquhar, who indicated that he wished to stand down. This gave me the opportunity to review the situation, and after undertaking research with the help of some members, decide on a way forward. The national U3A site builder was decided upon as our best option. With the help of Mike Farquhar and Don Grundell, our new website was set up and Don became our new Webmaster. Support for the website is undertaken nationally and several members now update pages for their group.

### **Beacon**

During 2016 sending emails to members was causing difficulties as many emails were being rejected as spam. To resolve this problem we moved to using MailChimp, an email distribution service; however we still had some problems. It also meant that only one person could send out bulk emails.

About the same time concern was voiced about the Membership system. We had a similar situation to the website in that the database in use had been developed and was maintained by one member, Phil Holland. Fortunately, we became aware of a new U3A membership system, Beacon, and, to cut

a long story short, decided to adopt it. I led the project to transfer the old system to Beacon, working with a team that included Phil Holland, Don Grundell and Jackie Gitsham, the new Membership Secretary. Considerable effort and attention to detail were needed; however, we managed a successful migration to Beacon in time for the 2018 Membership renewals. We notified members by email of the new fees and gave them a link to renew online, should they so wish, for the first time. It also avoided having to post renewal forms to all members, saving both considerable time and postage expenditure.

### **Conclusion**

My time on the Committee has at times been challenging but overall was a rewarding experience. I think that I have achieved quite a step forward for our U3A in the past three years. The Communications role developed in ways that I had not expected. Although I have developed the Handbook and Newsletters, there was a need to focus in a more technical direction by bringing in the new website and membership record management system to ensure sustainability in these areas. Unfortunately, this meant that the focus on actual communication was put to one side. I will now leave that challenge to whoever takes up the Communications role.

Although I am stepping down from the Committee, I will be working in the background by continuing to undertake Beacon administration and website support.

Can you help?

A new Committee member is now needed to take up the Communications role. We have members who have volunteered to compile the Newsletters and the Handbook. The Communications role will entail overseeing both these jobs and developing communications with members.

**Barbara Jones**

[communications@thornburyu3a.org.uk](mailto:communications@thornburyu3a.org.uk)

### **Open Talks**

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#### **“Double Dutch” with Lynne Gibson**

**Friday 22 November 2018 2.30pm Armstrong Hall, Thornbury.**

(Doors open at 2pm for tea and coffee).

Here is an opportunity to hear about “Double Dutch: Symbols, Emblems and Double-entendre in Dutch Painting” with Lynne Gibson BEd. MA.

Lynne is a highly experienced freelance lecturer in the History of Art, Critical and Contextual Studies as well as in practical Drawing, Painting and Printmaking. She is also – when time permits – a professional artist specializing in oil painting and etching.

Lynne's passion is for making the understanding and production of art as accessible and enjoyable as she has done for our Art Appreciation Group.

In “Double Dutch” we will learn about the merchants of seventeenth century Holland who filled their town houses with paintings. A favourite subject was scenes of everyday life: depicting behaviour both good .... and bad. These upright Calvinist citizens rejected Catholic Baroque melodrama. They wanted nothing to alarm the in-laws, offend the guests or corrupt the children. Instead, innocent objects hint at adult themes: lap dogs and plucked chickens, lutes and virginals, oysters and artichokes, foot warmers and bed warmers. This is a world of subtle hints and double-entendre, spoken through a language of symbols, emblems and motifs.

Join Lynne to explore the hidden meanings in everyday scenes - and become a fluent reader of



'Double Dutch'!

For tickets, please see the application form on page 10 or buy on the door.

## Open Visits

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### **The visit to the Houses of Parliament on Monday 6 August 2018**

It was a very enjoyable day for everybody, if a little hot. We arrived in the centre of London just after 10.30am. The driver said that he had never known it so quiet and even remarked that he could see tarmac on the road because it was such a straightforward run. How fortunate that we had not gone the following Tuesday week when we would have been caught up in that further attack.

A new date for the next visit to the Houses of Parliament has not yet been fixed but the waiting list is still valid and being kept. Apologies for the delay but there have been some communication problems.

The visit to the **Concorde Museum** will take place on Monday 22 October 2018. **There are still a number of places available for this visit.** If you wish to go on this trip, please contact either leader.

A new programme of visits is being arranged for 2019.

**Sue James**                                 **885452**

**David Austin**                                 **411069**

**- Update on New Groups -**

## Groups Co-ordinator's Report

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Are you interested in learning to play the Ukulele? We are currently investigating the possibility of starting a ukulele group and would like to gauge the interest before going any further. Please contact me.

**Sue James**                                 **413027**                                 [groupscoordinator@thornburyu3a.org.uk](mailto:groupscoordinator@thornburyu3a.org.uk)

## Gentle Exercise Group

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We are currently looking for someone who could cover holidays for our regular instructor. This is a paid position but would involve occasional one hour sessions (Thursday mornings). If you know of anyone who might be interested, please get in touch via the Gentle Exercise page of the Thornbury U3A website or phone Sally (419651) Margaret (883631) or Pat (850379).

**Pat Wells**                                 **850379**                                 [gentleexercise@thornburyu3a.org.uk](mailto:gentleexercise@thornburyu3a.org.uk)

**- Group News from Group Leaders -**

## Garden Visits Group – AGM & Talk

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The Garden Visits Group AGM will take place in the Cossham Hall on Monday, 12 November at 2.30pm. Doors open at 1.45pm. The speaker will be Tony Russell, former Head Forester at Westonbirt. Existing members can renew their subscriptions either at the GVG table after the main U3A AGM on Wednesday, 7 November or on the day. New members are welcome to join at either event.

**Lyn Haigh**                                 **228637**                                 [gardenvisits@thornburyu3a.org.uk](mailto:gardenvisits@thornburyu3a.org.uk)

## Art Appreciation Group

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Welcome to the Art Appreciation group. Our new session begins in October and runs through to June 2019. Last season was packed full with a variety of art related presentations and very much enjoyed by both regular and new members. We can always manage to fit a few more people in if you are interested in our new programme listed below. There are many intriguing titles.

We meet in the Buckingham Room at the Chantry on the third Thursday of the month, unless otherwise indicated on the programme. Doors open at 1.30pm Presentations start at 2pm and last for approximately an hour. There is a small contribution of £2 per session to help towards costs or you can join from October through to June and have nine months for £10.

If you thirst after a greater knowledge of artists and works of art, we would love you to join us. Please feel free to come along and see for yourself.

Our programmes through to June next year are listed on the U3A website.

**Pauline Rummens**

**413591**

[artappreciation@thornburyu3a.org.uk](mailto:artappreciation@thornburyu3a.org.uk)

## Monday Art Group

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We meet at St Mary's Church Hall weekly on Mondays (except first Monday in the month) from 9.45am till 12 noon. Each month a different artist is invited to give a demonstration, following which we continue with our own work. We have a range of abilities, from beginners to more experienced members, and we use a range of mediums from acrylic and watercolour to pen and wash drawing. We are a small group and welcome new members.

Our Autumn Term programme includes a demonstration of architectural drawing; card preparation; a two week acrylic teaching course; Paul Weaver's visit, and preparation for work for 'Crisis at Christmas'.

**Sue Puntton**

**776271**

[artmondaygroup1@thornburyu3a.org.uk](mailto:artmondaygroup1@thornburyu3a.org.uk)

## Thursday Art Group

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This term, we welcomed two new members to our friendly group. With a slight re-jigging of the tables, we are now also able to offer a further two places to anyone who would like to join our self-support group. It doesn't matter whether you are a newbie or returning to a former hobby, you will find a warm welcome in our friendly and inspiring group.

The Thursday Art Group meets at St Mary's Church Hall from 9.30am–12 noon. The cost per week is £3 and we only meet during school term times. Please do come along and try us out.

**Ann Jones**

**413875**

[thursdaydrawing@thornburyu3a.org.uk](mailto:thursdaydrawing@thornburyu3a.org.uk)

## Aspects of the 19th Century

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The program for 2019 is coming together with the usual mixture of talks commencing with a local subject.

4 February	Utilities in Thornbury	Meg Wise
4 March	Victorian fight against filth	John Stennard
1 April	History of rolling pins	Reg King
6 May	Development of the wool industry	Cynthia Black
7 October	Poor Law	Helen Roberts

Two other talks have been promised one of which will be on photography but dates and speakers have yet to be confirmed. By the time of the next newsletter I hope to have a full programme arranged.

The talks for the rest of 2018 are:

5 November	Lighthouses	Alan Heath
3 December	Medicine and disease	Rosie Bailey

This is an open meeting and we gather on the first Monday of the month (except in September which will be on the 9th and there are no meetings in January or August).

Our venue is the Methodist church hall at Alveston at 2pm with a break for tea and biscuits. If there is anyone who would like to give a talk on any subject of the 19<sup>th</sup> Century, or for any other information, please contact me.

**John Smith**                      **412140**                      [aspectsof19c@thornburyu3a.org.uk](mailto:aspectsof19c@thornburyu3a.org.uk)

## **Church Visits Group 1**

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At present we are still a very large and popular group, so unfortunately are unable to accept any new members.

In June, I had a total knee replacement, which has been very successful, so thank you for all the cards and flowers I received.

In October we will be doing something totally different (members will receive details after the next trip to Somerset) and, unusually, we are having a morning visit in November, so please put that extra date in your diaries.

**Sandra Body**                      **415250**                      [churchvisits1@thornburyu3a.org.uk](mailto:churchvisits1@thornburyu3a.org.uk)

## **Cinema Group**

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This is an open group, so any member of U3A is able to attend.

These showings take place at Tockington Parish Hall at 1.30pm for a 2.00pm start on the first and third Fridays of the month.

Owing to release dates and availability, we sometimes have to change or amend our programme, but we endeavour to show a variety of good films. We use subtitles in all our films.

### **Programme for Autumn**

5 October	French drama
19 October	British drama
2 November	British historical fiction
16 November	British war film

Notes on these films can be picked up at Tockington.

## **THEATRE GROUP**

This is an open group, and we will be sending out our List 5 for this year shortly.

It is important to rejoin this group in January.

**Pam Dawe**                      **614843**                      [cinema@thornburyu3a.org.uk](mailto:cinema@thornburyu3a.org.uk)

## Climate Change Group

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This is a new group which started in September 2018. It will meet on the third Friday morning of each month (subject to room availability), for ten months, from 10.30am to 12.30pm at the Chantry Community Centre, Thornbury.

Our aim is to learn together about the causes, effects and possible solutions/mitigations to climate change, and to explore why the global community is failing to deal with the problems effectively. What needs to change? What makes some people deny that climate change is happening? Is there any chance that they are right? Is there anything we can realistically do as individuals to protect our grandchildren from the possible disaster unfolding? The facilitators of the group are not experts. It is hoped that all members of the group will be active in researching the topic and in joining in the discussions, helped by some relevant speakers and films along the way.

Everyone is welcome, whatever their level of knowledge about the subject, although numbers may need to be limited due to space.

**Barbara Day**

[climatechange@thornburyu3a.org.uk](mailto:climatechange@thornburyu3a.org.uk)

## Country Dancing

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The group starts again after the summer break on Tuesday, 25 September 2018 and runs fortnightly. The dates for the year to July 2019 are available via the link on the group's webpage.

We always have room for new members, so why not come and join us? You don't need to bring a partner as the more experienced dancers help any newcomers and the dances often mix people up.

The two dance leaders teach us a variety of English country dances. There are different styles and speeds so you can dance at your own pace or just watch if you need a rest. As full instructions are given in each session, you do not need any prior knowledge.

We meet in the upstairs room of the Methodist Church Hall in Thornbury between 2.00-3.45pm and pay £2 per session towards the cost of hiring the Hall.

New members are welcome to come for a taster session.

**Sue Lowman**

**411936**

[countrydancing1@thornburyu3a.org.uk](mailto:countrydancing1@thornburyu3a.org.uk)

## Italian Group

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The Italian group meets twice monthly (on Thursdays) at my house. The Group has been going for some ten years or more without any dropouts. All the present members wish to continue, so unfortunately there are no vacancies within the group.

**Emma Buckoke**

## Jazz

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Following our Live Jazz event in October, we will have Jazz on Screen via DVD at our meeting on Monday 19 November. The outstanding tenor sax players, Johnny Griffin and Dexter Gordon, are featured with their quartets in jazz club settings. These are compelling performances, enhanced by the intimacy of the club environment.

We start at 2.30pm in the Buckingham Room at The Chantry, £2 per person, tea/coffee and biscuits at the interval. All U3A members welcome.

**Bob Gray**

**885290**

[jazz@thornburyu3a.org.uk](mailto:jazz@thornburyu3a.org.uk)

## Line Dancing

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After a lovely time languishing in the summer sun, it is once again time to put on our dancing shoes. It is all very relaxed and enjoyable so come along and have some fun. Just wear something comfortable and shoes that allow you to swivel a bit!

We meet at Thornbury Methodist Hall on Wednesday afternoons from 2:30pm-3:30pm, and there's no need for a partner.

See you there!

**Louise Ingsley**

**415131**

[linedancing@thornburyu3a.org.uk](mailto:linedancing@thornburyu3a.org.uk)

## Our Living Language group

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The next two meetings for the Our Living Language (i.e. English) group are:

22 October                      Guest speaker Justine Hopkins will talk about the language used in Art

26 November                  Double bill: Angela Green on the language of Textiles & Alan Payne looking at American English

There is no meeting on Christmas Eve.

All meetings are at Alveston Methodist Church Hall starting at 2pm. Just turn up or, for more information, call Bob on 415345

**Bob Dale**

[ourlivinglanguage@thornburyu3a.org.uk](mailto:ourlivinglanguage@thornburyu3a.org.uk)

## Opera Studies

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As you can see, the Opera Study Group has put together yet another wide and interesting programme for your enjoyment. All the operas are shown using DVDs of prestigious performers on a large screen, with English sub titles and an introduction by a member of the group. We meet downstairs in the Thornbury Methodist Church Hall on the fourth Tuesday of the month. Doors open at 6.15pm and the programme starts at 6.45pm. There is an interval for free coffee, tea and biscuits and we finish ~ 9.30pm. An annual membership of £7 gives free admission to every meeting; U3A visitors pay £2. Costs are always under review. Come along and join us.

### Programme for September 2018 – January 2019

23 October 2018	La Belle Helene	Offenbach
27 November 2018	Norma	Bellini
22 January 2019	Rigoletto	Verdi

### Longer Operas

When there is a fifth Tuesday in the month, we show a longer opera and combine it with two breaks for food. Doors open at 4pm and the show begins at 4.30pm. Food arrangements have yet to be decided but members can always bring their own food – seating at tables is provided but to comply with the hiring of the Hall no alcohol is permitted. Any member of Thornbury U3A is welcome to attend at a cost of £3 to reflect the longer rental time of the Hall. Again, costs are always under review.

30 October 2018	Tannhauser	Wagner
29 January 2019	Prince Igor	Borodin

**Michael Vooght**

**414915**

[opera@thornburyu3a.org.uk](mailto:opera@thornburyu3a.org.uk)



## Painting Group

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This is a self-help group that meets in the Methodist Hall in Thornbury on most Monday afternoons during the year. Each session lasts from 2pm until 4pm and we try to encourage and help each other according to our various abilities. Most paint in watercolour but any medium is acceptable. Even if you have not done much painting before or even none at all, you would still be very welcome. Mid afternoon there is a short break for tea or coffee and biscuits, costing just 20p. A fee for the hire of the room is shared by us all.

**John Ackland**

**418963**

[watercolourpainting@thornburyu3a.org.uk](mailto:watercolourpainting@thornburyu3a.org.uk)

## Railway & Transport Group

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26 October	History of Swindon Works, Part 1 1843-1879	Rev Brian Arman
23 November	Main Line & Heritage Locomotive Miscellany	David Bailey & George Hargreaves

No meeting in December.

**George B Hargreaves**

**414243**

[railandtransport@thornburyu3a.org.uk](mailto:railandtransport@thornburyu3a.org.uk)

## Recorders

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The two groups, whose members play descant, treble, tenor and bass recorders, meet on Monday mornings at the leaders' homes. It's a good way to start the week.

Both groups have had a busy summer. After practising together several times, they went on to play for the U3A picnic in July and then give an afternoon recital in St Mary's Church to a large and appreciative audience. Their reputation is growing fast.

If you would like to learn to play the recorder, please ring Mandy or Kate for more information. It does not matter whether you have ever played before or whether you can read music - you will be taught that too.

Beginners and non-music readers meet at 9.45am. Others follow at 10.15am

**Group 1 Leader: Mandy Clapp** **414749**

**Group 2 Leader: Kate Phillipson-Masters** **411253**

## Scrabble 1

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We are very keen to welcome new members. We meet from 2pm-4pm on the first and third Monday of every month in the Baptist Church.

**Janet Mills**

**430713**

[scrabble@thornburyu3a.org.uk](mailto:scrabble@thornburyu3a.org.uk)

## U3A DIARIES 2019

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Why not treat yourself to a U3A diary for 2019. Diaries are a page a week with the opposite page for notes, the cover for 2019 is dark red. PRICE £3.00 including postage

They are available from:

The U3A online shop - <a href="http://u3a.org.uk/shop">u3a.org.uk/shop</a>	By post from: The Third Age Trust
Customer Service 020 8466 6139	52 Lant Street LONDON SE1 1RB

## Do we have your e-mail address?

**If we do**, thank you that is great! You are saving us money and keeping fees down to a minimum, benefiting everyone.

**If we don't:**

- We want to re-assure you that letting us have it will not unleash a torrent of unwanted messages – all you will receive will be Membership and your Groups' information and our quarterly newsletters – no other organisation will be able to send you anything;
- Sending out this information by mail, allowing for printing and mailing costs, now costs us more than our portion of your membership subscription.

**We don't want to put up fees or ask for a special donation to cover mailing costs.**

**So, if you have an e-mail, let us use it!!  
Please!**

**Lynne Gibson "Double Dutch" 22nd November 2018 2.30pm  
Armstrong Hall, Thornbury**

Please reserve ..... places for the talk at £2.50pp. I enclose a stamped addressed envelope.

Name(s) \_\_\_\_\_

Phone number: \_\_\_\_\_

Email address: \_\_\_\_\_

Please send, together with a cheque made out to Thornbury U3A for £2.50 per person, and a stamped return addressed envelope, to: Lesley Hellen, 32 Durham Road, Charfield, Wotton-under-Edge GL12 8TH.

## **THORNBURY U3A 2018 AGM**

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Notice is hereby given of the Annual General Meeting to be held :-

**Wednesday, 7 November 2018**

**Armstrong Hall, Thornbury**

**Commencing at 10.00am**

Members are welcome from 9.30am if they wish to read the minutes of last year's meeting, together with a copy of the Financial Report for the year ending September 2018. Both documents, together with The Chairman's Report, will be available in the Hall.

**To avoid delays whilst membership is verified, all members will be required to show their Membership Cards before entering the meeting.** After the meeting, coffee will be available and the opportunity to visit the tables and talk to Group Leaders.

Doors open at 8.30am for setting up tables for those wishing to advertise their groups.

**The AGM will be held from 10.00am - 10.30am. Groups Fair 10.30am – 12 noon.**

### **AGENDA**

1. Welcome
2. Safety announcement
3. Apologies for Absence
4. Approval of the Minutes of the 2017 AGM
5. Matters arising from the Minutes
6. Chairman's Report
7. Treasurer's Report and Accounts
8. Election of Officers and Ordinary members of Committee
9. Appointment of Examiner for the Accounts
10. Amendment to Constitution Object clause
11. Motions from the Floor
12. Date of next AGM
13. Close of Meeting

**NOMINATION FORM FOR THORNBURY U3A COMMITTEE 2018/19**

Proposals must be signed by the Nominee, as well as by the Proposer and Seconder. All names to be printed legibly. Nomination forms must be returned to the Secretary no later than 19 October 2018.

Please return form to: Ian Macdonald, 1, Denys Court, Olveston, Bristol BS35 4DW. If you cannot print off this form, please contact Ian on 01454 613846 to ask for a paper copy.

<b>Officers</b>	<b>Nominee</b>	<b>Nominee's Signature</b>	<b>Proposed by</b>	<b>Seconded by</b>
Chairman				
Vice Chairman				
Treasurer				
Secretary				
Membership Secretary				
Committee Member				
Committee Member				
Committee Member				
Committee Member				
Committee Member				

## **THORNBURY U3A: AGM 2018 PROPOSAL OF MOTION/S BY A MEMBER/S**

The AGM will consider motions from the floor after the main business of the meeting has been completed. Any member wishing to raise such a motion must submit it in advance of the AGM, and it must meet the following conditions:

1. It must be received by the U3A secretary, Ian Macdonald, by Friday, 19 October 2018
2. The named Proposer and Seconder must both be present at the AGM
3. It must be concerned with U3A business
4. The proposer must be prepared to speak in support of the Motion for a maximum of three minutes
5. For the motion to be carried, it must obtain 67% of the votes cast at the meeting

The approved form is below or may be obtained from Ian Macdonald by emailing him on [secretary@thornburyu3a.org.uk](mailto:secretary@thornburyu3a.org.uk).

Proposals must be signed by the originator of the motion as well as by a proposer and seconder. (Please also print names beside the signature.) The originator may also be the proposer. Proposal forms must be returned to the Secretary no later than **Friday, 19 October 2018**.

The Motion		
Originator	Signature	Print Name
Proposer	Signature	Print Name
Seconder	Signature	Print Name

Please return to: Secretary: Ian Macdonald, 1 Denys Court, Olveston, Bristol BS35 4DW

## **Amendment to the Constitution**

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The Third Age Trust and the Charity Commission are recommending that we bring our U3A Constitution Objects in line with a new National Object for all U3As. The Committee would like your support in adopting the new Object. It will not mean any changes to our current methods of working or Group practices, and as well as education, our social, leisure or recreational activities are included in 'personal development' but we could also include any that go beyond 'social and leisure'. For example, some U3As are developing interest groups based on mindfulness, confidence building, and buddying people who have been bereaved, all of which would fit within personal development.

### **Currently our Objects for Thornbury U3A are:**

- i. To advance the education of the public and in particular the education of middle aged and older people who are not in full time gainful employment in Thornbury and its surrounding locality.
- ii. The provision of facilities for leisure time and recreational activities with the object of improving the conditions of life for the above persons in the interests of their social welfare.

### **The New Object would be:**

**The purpose of Thornbury U3A is for the advancement of education and in particular the education of older people and those retired from full-time work, by means including associated activities conducive to learning and personal development in Thornbury and its surrounding locality.**

The Committee are assured that all our current activities fit the New Object and we therefore recommend we adopt the new clause. We cannot change the wording or add any supplementary clauses.

The alternative is to remain with our current Objects.