



Walking For Health

at National Trust, Croome

Meet at Visitor Welcome Centre, 10am for 10.30am start on the following Mondays in 2020:

27 January

24 February

30 March

27 April

18 May

29 June

27 July

24 August

28 September

19 October

30 November

14 December

A choice of 3 walks (30, 60 or 90 minutes) led by trained volunteer walk leaders offer local people the opportunity to:

- Walk at a pace you can manage
- Improve your fitness and well being
- Enjoy the company of others

To register and for more information, please contact

email: healthwalks@worcestershire.gov.uk or Tel: 01905 766155

Supported through funding from players of People's Postcode Lottery and Macmillan

