



## TAW THIRD AGE GROUP

Newsletter 376

1st May 2023

Website: <https://u3asites.org.uk/taw/home>

Registered Charity No 1026238

### Welcome to our May 2023 Newsletter



#### COFFEE MORNINGS

There will be **NO Coffee Morning in May due to the Bank Holiday**. The next Coffee Morning will be on **Monday 5th June 2023** and will be hosted by the **Wanderers Group**, when we will also have our **AGM**, at the **Roundswell Community Centre** at **10:30am**. Admission £1 for coffee/tea, biscuits and a raffle ticket.

#### Please Welcome our New Members:

Mrs Nancy Child (Affiliated)  
Mr Thomas and Mrs Janice Chisholm  
Mrs Mary Corin (Affiliated)  
Mrs Jeanette Dellow  
Mrs Linda Hayes  
Mr John and Mrs Sue Hirst (Affiliated)  
Mrs Shirley Johns (Affiliated)



Mrs Jackie Moores  
Mr Michael Pagram  
Mrs Marianna Porter  
Ms Lorraine Power  
Mrs Christine Reeve  
Mrs Margaret Summers  
Mrs Marion Winterton (Affiliated)

#### Possible New Group

**Allotment** - Barnstaple District Council have offered us an allotment in **Mill Road, Barnstaple**, that's near Rolle Quay. The plot is sunny, sheltered and not overgrown. The idea is we will use this plot as a group. I think 1½ hours a week should keep the plot planted and tended. Entry is by code, this allows members to come and go as many times as they want to, at a time when it's convenient for them. The group's members can grow the fruit, vegetables and flowers that they like. There is 1 hour free parking in Potterton Road, free parking before 10:00am and after 4:00pm and all day on Sunday in a car park close by. At this time there is no shed or water on the plot, however a U3A member has offered us a summer house free of charge. This will be our shed, giving us storage for gardening tools etc. We will ask Barnstaple District Council for their permission to place this on our allotment - so fingers crossed for that. We will collect the water from the roof and store it in a 1000 litre container. There will be a bench so we can sit down, take it easy and admire our allotment. The finer details will be discussed at our group's meeting, we will decide how the plot is divided, work and produce shared. If you are interested in joining this group please contact me, **Jackie Ward** by phone or email (see Contacts List for contact details).



~Jackie Ward



## Coronation Cream Tea

The Coronation Tea is on **Tuesday 16th May** at the **Barnstaple Hotel** and places are filling up fast so do not miss this occasion for **only £5**. There will be music by Rupert O'Nion, and Lynden and Jack will be entertaining us. **If you have not booked please contact David Baker** (see Contacts List for contact details).

~David

## Taw U3A Annual Day Out - Wednesday 14th June 2023



Blakes Coaches will take us to **Paignton** where you will pay for your **Round Robin** ticket at **£31 per person**. We will then catch a steam train to the Kingswear Ferry to Dartmouth. A few hours to do shopping or lunch, then Dartmouth to Totnes by river cruise. Blakes Coaches will pick us up at Totnes for the return journey. Taw U3A will pay the cost of the coach. Names to **Lynden** ASAP (see Contacts List for contact details). ~Lynden



## Report from the Trustees Meeting held after the April Coffee Morning

- Discussion took place regarding how many members we can accommodate at a Coffee Morning and it was agreed that we had not yet met capacity.
- It was reported that the Mosaic Group had now moved to being a Barnstaple Group and our members would need to Affiliate to Barnstaple U3A if they wished to continue to go to this Group.
- Discussion took place on ensuring that there were enough members prepared to stand at the AGM to ensure the organisation can continue to be in existence.
- We need a new Secretary after this year's AGM and a new Chairman after 2024 AGM. Please, if anyone is able to help as Secretary, contact me.
- The Agenda for the AGM was approved and will be sent to all members with supporting papers at the appropriate time.
- The Treasurer updated the Trustees on the Financial situation which appears to be healthy.
- Taw U3A have given up the use of the storage unit at Daintons and Group Leaders will be informed of the equipment Taw U3A have and where it is held.
- The Annual Trip and the Spring Holiday were discussed and further details of the Annual Trip are in this Newsletter.
- A number of Speakers were recommended for the Coffee Mornings and details will appear in future Newsletters.
- It was confirmed that all membership forms should be signed before being submitted to the Membership Secretary.
- All memberships should have been renewed by now.

~David, Chairman

## Our Groups

**Members are encouraged to contact the Group Leaders of groups they are interested in joining and have their names added to any waiting lists.**

**REMEMBER - Contact details are in the tables on the last two pages of this newsletter.**

**Those two pages are not available on our Website!**

**AFTERNOON TEA** - Jill Chappell. Hi folks. ***Queen Anne's cafe on The Strand, 2:30pm, May 23rd.*** Only let me know if you can't make it. ~Jill

**AMBLERS** - Trish Lilley, Lyn Bonewell. For our walk on the **9th May** we will meet at the ***Barnstaple Museum*** at **11:00am** for a walk in the park. ~Janet & George

**ART** - Derek Seymour. The Art Group meets on the **1st and 3rd Thursday** each month from **9:30am to 12:00 noon** at the ***Rhododendron Methodist Church Hall***. There will **not be a meeting on 4th May** as the hall is being used for voting. ~Derek

**BADMINTON** - Alex Ferguson, Carol Griffiths. ***Tarka Leisure Centre 09:30am to 10:30am TUESDAY and 2:00pm to 3:00pm THURSDAY.*** Please note we shall be starting our **Tuesday morning sessions 30 minutes earlier at 09:30am** for a trial period running up to the end of July. We are now into our late spring and summer programme which commenced on Tuesday 18th April. For further information just call Alex or Carol (see Contacts List for contact details). ~Alex & Carol

**BOOK CLUB** - Barbara Vercoe. Book Club takes place on the **4th Monday of every month at 10:30am**. We meet at the ***Chambers Cafe (next to the Castle Centre)***. ~Barbara

**BOOKWORMS** - Linda Tyrrell. We meet at the ***Library*** on the **last Tuesday of each month at 10:00am**. We still have space for 2 more members. ~Linda

**BREAKFAST CLUB** - Wendy Walmsley. This group is usually held on the **1st Wednesday of the month at 9:15am**. The **May** meeting will be at ***The Lemon Tree Cafe, Holland Walk in Barnstaple*** and the **June** meeting at ***Queen Anne's cafe***. If you are **UNABLE** to attend please let Wendy know. If you would like to join this friendly group for a chat over breakfast, please contact me. (see Contacts List for contact details). ~Wendy

**BUS PASS** - David and Jill Baker. The May trip is on **Thursday 25th May to Combe Martin** leaving Barnstaple on **bus 301 at 10:45am**. It is hoped to have lunch arranged. The return bus leaves Combe Martin at **3:10pm**. Names to **Jeanette Gardner by Friday 19th May** (see Contacts List for contact details). Places may be limited because of the size of the bus so first come first served. ~David & Jill

**CANASTA** - Linda Lee, Yvonne Geary. The **May** meeting of the Canasta group will be on the **15th** in the ***Annexe of Fremington Parish Hall*** at **2:00pm**. The group is full at the moment, but we have a short waiting list so do get in touch if you would like to join us (see Contacts List for contact details). ~Linda & Yvonne

**CHATTERBOX** - Sheila Jennings. I can now offer vacancies. ~Sheila

**COFFEE MUGS AND TEAPOTS** - Jackie Ward. Join this happy group for coffee, tea and conversation, meeting the **3rd Wednesday morning of each month, 10:30am through to 12:00 noon** in the ***Museum Café, The Square, Barnstaple***.

This group will always meet in Barnstaple. New members welcome. ~Jackie

**CREATIVE WRITING** - Sue Boyd. I will put a notice in the Newsletter if we have any spaces available, but please do not hesitate to get in touch with me by email if you would like your name put on the waiting list. ~Sue

**CRIME AND PUNISHMENT** - Jane Bellworthy. In April we looked at miscarriages of justice. We considered various cases including the very sad case of Sally Clark. We also found that there are almost 200 each year but nothing can compare to The Post Office Scandal. We currently have two vacancies. We meet on the **2nd Tuesday of the month at Fremington Parish Hall Annexe.** ~Jane

**CURRENT AFFAIRS DISCUSSION 1** - Paul Bate. No report this month. ~Paul

**CURRENT AFFAIRS DISCUSSION 2** - Paul Bate. No report this month. ~Paul

**CYCLING** - Steve Coppel. We aim to ride once a week, normally on a **Wednesday**, but everything depends on the weather. We are fair weather cyclists who always stop for brunch! We usually start the rides at **10:30am**, but that too can vary. The rides start mainly from **Barnstaple**, but the **last Wednesday of every month** we depart from **Bideford**. New members are always welcome. ~Steve

**DANCERSIZE** - Hilary Newing, Sue Fogarty. **May 2nd, 9th, 16th and 23rd. No class on 30th. June 13th, 20th and 27th.** ~Hilary & Sue

**DAY TRIPS BY COACH** - David Baker. **Royal Cornwall Show, Saturday 10th June.** Names will be taken from those members of the group that have indicated they wish to go, then 1st come 1st served. Names, money and pick-up point to **David Baker by Friday 26th May** (see Contacts List for contact details). Cheques made payable to **Taw U3A**. **Cost £16 plus entry to the show on the day.** This should be an excellent day out.

**Pick-up Points and Times:** Barnstaple Park & Ride **7:50am**; Town Railway Station, The Strand **8:00am**; Bus stop by car park, Bickington **8:10am**; New Inn, Fremington **8:15am**; Chilpark, Fremington **8:20am**; Kingsley Statue, Bideford **8:30am**.

July trip is to **Wells Cathedral** and **Cheddar Gorge** on **Thursday 20th July.**

**Coach trip to Tavistock and visit to Strawberry Fields Farm Shop.** There are still a few seats left on this trip on **Thursday 18th May** at a cost of **£16**. If you would like to join this trip please phone **David Baker** to check availability and details of pick-up points. Do not miss this opportunity! ~David

**DESIGN & MAKE I & II** - Jim Pinn. Meeting on the **26th May**, usual times. I am currently full, but I can put you down for the next vacancy. ~Jim

**DEVON HISTORY** - Ken Bonewell. For our meeting in the **Castle Centre Hall, Barnstaple** on **Thursday 4th May**, Janet Few (a new speaker for us) will talk on Farm, Fish and Family. ~Ken

**FOOD, FARM, ENVIRONMENT** - David Baker. The May meeting is a trip on **Monday 22nd May** to **Brynsworthy Recycling Depot** at **10:00am**. We will be given a tour of the Depot to explain what happens to our rubbish. It should be interesting. Please let **David** know if you are attending or whether you have to give your apologies by **Wednesday 17th May** (see Contacts List for contact details). New members welcome. ~David

**GARDEN DAYS** - Roxanne and Graham King. **Wednesday June 28th - Forde Abbey, Chard:** beautiful historic country house, history spanning 900 years. Award winning gardens that offer romance, elegance, grandeur and beauty. Home to stunning Mortlake tapestries. Location of Hollywood adaptation of 'Far From the Madding Crowd.' **Cost: £27.00.** **Pick-up times:** Chilpark **9:30am**, New Inn **c.9:35am**, Ellerslie Road **c.9:40am**, P&R **c.9:45am**.

**Booking:** via our email. Once place confirmed payment to our home address (see Contacts List for contact details - cheque only, to **Taw U3A**) by **end May**, or on May coach. Please write trip, pick-up point, new U3A membership number (Barnstaple members need to affiliate to Taw) and, if we don't already have these, email address and phone number (mobile if possible) on separate paper. Last year's supporters 1st come 1st served, others on waiting list (are often places).

**Wednesday 24th May - The Garden House, Buckland Monachorum.** Still a few places available at time of writing. **Cost: £25.00.**

**Pick-up times:** Chilpark **9:30am**, New Inn **c.9:35am**, Ellerslie Road **c.9:40am**, P&R **c.9:45am**. ~Graham & Roxanne

**HOLIDAYS** - Lynden Davies. **Sunday 7th to Thursday 11th May 2023, Beaufort Park Hotel, Mold.** Four nights dinner, bed and breakfast, visiting **Chester** and **Llandudno**.

**Pick-up times:**

Kingsley Statue, Bideford - **7:00am**  
Bickington Garage - **7:15am**  
New Inn, Fremington - **7:20am**  
Old Railway Station, Barnstaple - **7:40am**  
Meadow Close, Landkey - **8:00am**  
Town Square, South Molton - **8:20am**

Any queries or questions please contact **Lynden** (see Contacts List for contact details). ~Lynden

**ITALIAN FOR BEGINNERS** - *Italiano per i principianti* - Graham King. Now for beyond immediate beginners. Couple of places available for anyone who has done a little Italian before. Please email me (see Contacts List for contact details). Le prossime sessioni alla Volpe alle **11:00:** mercoledì maggio **3, 17 e 31.** ~Graham

**KNITTING** - Sheila Jennings. Meetings will be held on the **2nd Thursday** and **4th Friday** of **every month** at **11:00am** in the **Museum**. Please come along and bring your knitting. Gentlemen would be welcome. ~Sheila

**PRACTICAL GARDENING** - Jackie Ward. Meeting in the **Annexe, Fremington Parish Hall, 10:30am through to 12:30pm**, the **2nd Thursday of the month**. Enjoy coffee/tea and biscuits while sharing gardening tips, plants/seeds and



helpful advice. New members welcome. Contact me if you need a ride from Barnstaple (see Contacts List for contact details).  
~Jackie

**PSYCHOLOGY OF EVERYDAY LIFE** - Jane Bellworthy. We meet on the **4th Tuesday of each month**. At our April meeting we looked at how colour impacts on our lives. We meet at **2:00pm** at **Fremington Parish Hall Annexe**. Currently the group is full but please let me know if you would like to join our waiting list (see Contacts List for contact details).  
~Jane

**RAILWAY** - David and Jill Baker. There is **no trip in May**. New members welcomed.  
~David & Jill

**RAMBLING** - Pauline Newbound, Barbara Hewis. **Monday May 8th**. The walk will be a circular one, about 5.5 miles starting at **10:30am** from **Arlington Court NT car park** (free for members, otherwise Pay & Display). BYOFAD. Leaders: Linda and Monica.  
~Pauline & Barbara

**READING SHAKESPEARE ALLOWED** - Bob Godfrey. If you're reading this and are interested please don't hesitate to contact me any time. No special knowledge of Shakespeare is necessary. The group is very supportive. We meet on the **3rd Wednesday of the month, 2:00pm to 3:30pm**, at **Fremington Methodist Church, Old School Lane**.  
~Bob

**ROAMERS** - Harriet Croft. On **Monday 22nd May** we shall meet at **10:30am** at the **Muddlebridge layby, Fremington**, for a 5 mile walk on level ground which might be muddy in places. It will include roads with pavements, footpaths, stony beaches, Fremington Quay café area, a bit of the Tarka Trail, the lake on Home Farm marsh, and woodland. Nice views of the river Taw. We might need to use two stiles, depending on tide times. BYOFAD. It will be helpful to know if you are coming. New members are welcome.  
~Harriet

**SHORT TENNIS** - Yvonne Geary, Sue Morley. We play **every Wednesday morning** from **10:30am** until **11:30am** at the **Tarka Leisure Centre in Barnstaple**. We have room for more players. If you used to enjoy tennis but don't think you can leap around a full sized court any more, do get in touch and give it a try.  
~Yvonne & Sue

**SIGHT SUPPORT** - Jill Baker. There is **NO Meeting in May** due to the Bank Holiday. **If you have a problem reading this Newsletter let Jill know as she may be able to help**. New members with a sight problem are very welcome - contact Jill (see Contacts List for contact details).  
~Jill

**SKITTLES** - Julie and Patrick Kift. We had an enjoyable evening on 31st March with the winners closely battling it out for the prizes! Highest gent, Brian Tilbury; highest lady, Sheila Jennings; Booby went to Pauline Jordan. The killer game was also won by Brian. Well done to everyone. Thank you for the raffle prizes given and to all for setting up the skittles. The next evening has been arranged for **5th May** starting at **7:30pm**. Please let us know if you can't come so we can ask those on the waiting list to have a go! See you then.  
~Patrick & Julie

**STROLLERS** - Maureen and Peter Penfold. There will be **no walk in May** due to the bank holiday. **June** walk will be lead by Lesley Wade, to be arranged. We have no vacancy in our happy group, but there is a waiting list for anyone wishing to join us.  
~Maureen & Pete

**SUNDAY LUNCH** - Susan Covington. Next lunch will be on **Sunday May 14th at 12:00 noon** at **Hunters Inn, Newton Tracey**. Members please let **David Baker** know if you cannot attend. **June 11th TBA**.  
~Susan

**TABLE TENNIS** - Janice and Bob Godfrey. **Every Thursday morning, 9:30am to 12:00 noon** at the **Tarka Centre**. Due to changes and retirements there are now some spare places in the table tennis group! To enjoy games to the full some previous experience is really necessary even if it was ?-?- years ago. Don't hesitate to contact us and arrange a free taster session.  
~Janice & Bob

**TEN PIN BOWLING** - Brian Tilbury, Jan Hartshorne. We now meet **every Wednesday at 1:15pm inside the Bowling Alley on the Braunton Road**, except during the school holidays. Having achieved a new PB, Jayne Hartshorne was highest scorer for the ladies with 223, and for the men, Brian 'Get Lucky' Tilbury was top with 343, his best score for years! Congratulations also go to Brian for yet another Turkey. Didn't he do well.  
~Brian & Jan

**TUESDAY LUNCHEON CLUB** - Trish Lilley. There will be **NO LUNCH in May** due to the Coronation Tea being held on the 16th May. Our next lunch will be held on **20th June**.  
~Trish

**WANDERERS** - Chris and Lesley Wade. Join us on **May 9th** for a circular walk around **Chittlehampton**. Jack Lingard will lead us on this interesting walk around the area and afterwards we stop for lunch at the Bell Inn. Meet at **11:00am** in the **main car park in the village** (by the Church). Some walking across fields may be involved so sensible footwear is advised. If you are planning to join us please let **Jack** know by **Thursday May 4th** (see Contacts List for contact details).  
~Chris & Lesley

**WHIST**. This group is suspended pending a new Group Leader.  
~Paul

**WINE APPRECIATION** - David Rowe. Meet **1st Friday of the month** at the **Barnstaple Library, Room 3B**.  
~David

**WOODCARVING** - Marion Choules. **Weekly, Wednesday mornings 10:00am to 12:00 noon**.  
~Marion

Members are encouraged to contact the Group Leaders of groups they are interested in joining and have their names added to any waiting lists.



## CALENDAR - May/June 2023

### Coffee Mornings:

Monday 1st May - No Coffee Morning as it is a Bank Holiday  
 Monday 5th June (AGM) - 10:30am - Roundswell Community Hall

June Newsletter Deadline: Deadline for entry of events occurring after Thursday 1st June - **THURSDAY 18th MAY**

Group	Day	Date		Time	Venue/Information
		May 2023	June 2023 (Subject to Change)		
Afternoon Tea	Tuesday	23		2:30pm	Queen Anne's, The Strand
			27		TBN
Amblers	Tuesday	9		11:00am	Barnstaple Museum
			13		TBN
Art	Thursday	18	1; 15	9:30am	Methodist Church Hall, Rhododendron Avenue
Badminton	Tuesday	2; 9; 16; 23	6; 13; 20; 27	9:30am	Tarka Leisure Centre
	Thursday	4; 11; 18; 25	8; 15; 22; 29	2:00pm	
Book Club	Monday	22	26	10:30am	Chambers Cafe (next to the Castle Centre)
Bookworms	Tuesday	30	27	10:00am	Barnstaple Library
Breakfast Club	Wednesday	3		9:15am	The Lemon Tree Cafe, Holland Walk
			7		Queen Anne's, The Strand
Bus Pass	Thursday	25		10:45am	Barnstaple bus 301 to Combe Martin
			22	TBN	Rosemoor
Canasta	Monday	15	19	2:00pm	Fremington Parish Hall Annexe
Chatterbox	Monday	15	19	11:00am	Museum Tea Rooms
Coffee Mugs and Teapots	Wednesday	17	21	10:30am	Museum Cafe, The Square, Barnstaple
Creative Writing	Thursday	11	8	10:30am	TBN
Crime and Punishment	Tuesday	9	13	2:00pm	Fremington Village Hall Annexe
Current Affairs Discussion 1	Thursday	4	1	10:15am	The Fox Inn, Fremington
Current Affairs Discussion 2		18	15		
Cycling	Wednesday	TBN	TBN	10:30am	TBN
Dancersize	Tuesday	2; 9; 16; 23	13; 20; 27	10:00am	Church Hall, Fremington
Day Trips By Coach	Thursday	18		8:15am	Tavistock
	Saturday		10	7:50am	Royal Cornwall Show
Design & Make I - Ladies	Friday	26	30	9:30am	Group members know venue
Design & Make II - Gents				2:00pm	
Devon History	Thursday	4		2:30pm	Castle Centre, Barnstaple
			1	TBN	TBN
Food, Farm, Environment	Monday	22		10:00am	Brynsworthy Recycling Depot
	Saturday		10	7:50am	Royal Cornwall Show
Garden Days	Wednesday	24		9:30am	The Garden House, Buckland Monachorum
			28		Forde Abbey, Chard
Holidays	Sunday	7 to 11		7:00am	Mold, Wales
	Wednesday		14	TBN	Paignton Round Robin
Italian for Beginners	Wednesday	3; 17; 31	TBN	10:30am	Group members know venue
Knitting	Thursday	11	8	11:00am	The Museum, The Square, Barnstaple
	Friday	26	23		
Practical Gardening	Thursday	11	8	10:30am	The Annexe, Fremington Parish Hall
Psychology of Everyday Life	Tuesday	23	27	2:00pm	The Annexe, Fremington Parish Hall
Railway	Wednesday	No Meeting	No Meeting	TBN	TBN
Rambling	Monday	8		10:30am	Arlington Court NT car park
			12	TBN	TBN
Reading Shakespeare Allowed	Wednesday	17	21	2:00pm	Fremington Methodist Church, Old School Lane
Roamers	Monday	22		10:30am	Muddlebridge Layby, Fremington
			26	TBN	TBN
Short Tennis	Wednesday	3; 10; 17; 24	7; 14; 21; 28	10:30am	Tarka Leisure Centre
Sight Support	Monday	No Meeting	12	10:30am	Bromley's Cafe, Museum on The Square
Skittles	Friday	5	TBN	7:30pm	Plough Inn, Bickington
Strollers	Tuesday	No Meeting	6	12:00nn	TBN
Sunday Lunch	Sunday	14		12:00nn	Hunters Inn, Newton Tracey
			11	TBN	TBN
Table Tennis	Thursday	4; 11; 18; 25	1; 8; 15; 22; 29	9:30am	Tarka Tennis Centre, Barnstaple

## CALENDAR - May/June 2023 (Continued)

Group	Day	Date		Time	Venue/Information
		May 2023	June 2023 (Subject to Change)		
Ten Pin Bowling	Wednesday	3; 10; 17; 24	7; 14; 21; 28	1:15pm	Bowling Alley, Braunton Road, Barnstaple
Tuesday Lunch Club	Tuesday	No Meeting	20	12:00nn	Royal & Fortescue Hotel, Barnstaple
Wanderers	Tuesday	9		11:00am	Chittlehampton village car park
			13	TBN	TBN
Whist	This group is suspended pending a new Group Leader				
Wine Appreciation	Friday	5	2	2:00pm	Room 3B, Barnstaple Library
Woodcarving	Wednesday	3; 10; 17; 24; 31	7; 14; 21; 28	10:00am	Fremington

**REMINDER:** If you move house or your email or telephone number changes *please* let **Veronica McLaughlin**, the **Membership Secretary**, know so that we can continue to keep in contact. It will also ensure you continue to receive the Newsletter by email.

**ILLNESSES and BEREAVEMENTS:** **Carol Griffiths** is responsible for keeping in touch with members who become ill or are taken into hospital. If you become aware of any such cases please contact her. Would Group Leaders please take responsibility for informing Carol of illnesses of their group members. Would the family, Group Leader or any other member please inform Carol of the details of names and dates of deaths. **A single line announcement will be included in the Newsletter unless the family do not want any acknowledgment. It is for the Group Leader to notify Carol who will notify the Newsletter Editor.**

**EQUIPMENT MANAGER:** Gordon Gregory.



### INVITATIONS FROM OTHER U3A's

#### BARNSTAPLE U3A



**Barnstaple U3A** are looking to form a new group called 'Introduction to Bonsai' and are looking for members from neighbouring U3As to make up the numbers. You would need to become an Affiliated Member of Barnstaple to join. If interested please contact **Nigel Wright** (see Contacts List for contact details).



The **Mosaics Group** is now being run as a Barnstaple U3A Group. You would need to become an Affiliated Member of Barnstaple to join. Contact **Jackie Brayley** for information (see Contacts List for contact details).

#### BRAUNTON U3A

New members welcome to the **Braunton Croquet Group**. We meet at **Barnstaple Croquet club, Raleigh Meadow, off St. Georges Road, Barnstaple, EX31 4UX**. We meet every Tuesday, weather permitting, during the summer from **2:00pm to 4:00pm**. No experience is necessary and all equipment and coaching is provided. The cost is £4 to join or rejoin the group and £4 for every session you attend. Contact **Anne Young** (see Contacts List for contact details) for more information and to book your place. Come along to meet friendly people for a fun afternoon.



### THINGS USEFUL TO KNOW

Junk is something you've kept for years and throw away three weeks before you need it.

If you had to identify, in one word, the reason why the human race has not achieved, and never will achieve, its full potential, that word would be 'meetings'.

You will never find anybody who can give you a clear and compelling reason why we put the clocks back.

If you must choose between two evils, pick the one you've never tried before.

For every action, there is an equal and opposite government programme.

Bills travel through the mail at twice the speed of cheques.

Experience is a wonderful thing. It enables you to recognise a mistake when you make it again.

By the time you can make ends meet, they move the ends.

Never lick a steak knife.

Your friends love you anyway.