



TAW THIRD AGE GROUP

Newsletter 384

1st March 2024

Website: <https://u3asites.org.uk/taw/home>

Registered Charity No 1026238

Welcome to our March 2024 Newsletter

COFFEE MORNINGS

Our Coffee Morning on **Monday 26th February** will be hosted by the **Bookworms and Book Club Groups**. **Monday 25th March** will be hosted by **The Trustees** and our speaker will be **Anne Widdecombe**.

!! Remember - our Coffee Mornings for 2024 have been moved to the 4th Monday !!



NOTICE OF CELEBRATION COFFEE MORNING

To replace the normal Coffee Morning in May because it falls on a Bank Holiday, there will be a **Celebration Coffee Morning** on **Friday 10th May** at **10:30am** at **The Barnstaple Hotel**. There will be refreshments and music.

Booking form will be in the April Newsletter

Please Welcome our New Members:

Mr Colin Davies
Mrs Ruth Dee
Mr Paul and Mrs Gill Grose
Mr Robert Hoad (Affiliated)
Ms Julie Philips
Mrs Thelma Rhodes
Mrs Jennie Tout (Affiliated)
Mrs Sheelagh Willmott
Mrs Louisa York



!! IT'S THAT TIME OF YEAR AGAIN !!

**SEE PAGES 7, 8 AND 9 FOR YOUR 2024
MEMBERSHIP RENEWAL FORM**

A TALK BY ANN WIDDECOMBE - MARCH 25TH 2024

Tickets for this event are still available to **Full Members only** and can be purchased at the **February Coffee Morning**.

Please note that this is a ticket only event limited to 140. The price per ticket is £2 (to include entry, refreshments and raffle). Payment to be in cash or cheque please. No BACS.

No new members from the 1st January may purchase a ticket. Membership cards **MUST** be shown at the time of purchase and there will be an enforcement of one ticket per member.

Entry to this event will be strictly by ticket only!



Holiday 18th to 22nd May 2024 - Shanklin, Isle of Wight **- £375 per person**

We are now fully booked for this holiday, but if you would like your name added to the waiting list in case of any cancellations, please let me know. A £50 per person non-refundable deposit is required to secure your booking. Cheques payable to **Blakes Coaches**, but with NO date on it. If single occupancy, there is an additional supplement. Please contact **Lynden Davies** (see Contacts List for contact details).

HELP NEEDED - ILLNESS and BEREAVEMENTS CONTACT

We are in need of someone to take over from Carol Griffiths as our point of contact for illness and bereavements. Carol will shortly be standing down, so if any member would like to take up the baton please contact her for information about what the role involves (see Contacts List for contact details).



Our Groups

Members are encouraged to contact the Group Leaders of groups they are interested in joining and have their names added to any waiting lists.

REMEMBER - TheContact Details pages **are not available on our Website!**

AFTERNOON TEA - Jill Chappell. Come and join us for afternoon tea at *Queen Anne's cafe on The Strand, Barnstaple*. We meet at **2:30pm** on the **last Tuesday of each month**. Meeting on **March 26th** and **April 23rd**. ~Jill

ALLOTMENT 21 - Patrick Byrne. This is a friendly, relaxed group of leisure gardeners who enjoy being out in the fresh air - with the added bonus of (largely) free fruit, veg and flowers. Members are able to choose their own patterns of attendance either with others or on their own. With Spring on the horizon, our seed potatoes are now opening their 'eyes' and getting ready for planting out. Here's to summer salads! For more information please contact the Group Leader. ~Patrick

AMBLERS - Trish Lilley, Lyn Bonewell. On **Tuesday 12th March** we will meet at **11:00am** at the *Muddlebridge layby near Fremington* for a walk around Combrew Lane. It is a level walk with a hard surface so should not be muddy. Afterwards, if anyone wants to, we can go down to Fremington Quay for lunch or a coffee. John is leading this walk. ~Trish

ART - Derek Seymour. The Art Group meets on the **1st and 3rd Thursday** each month from **9:30am to 12:00 noon** at the *Rhododendron Methodist Church Hall*. ~Derek

BADMINTON - Alex Ferguson, Carol Griffiths. *Tarka Leisure Centre* **9:30am to 10:30am TUESDAY** and **2:00pm to 3:00pm THURSDAY** except during school holidays. We still have vacancies for players to join us on our Thursday afternoon session. Why not come along and take advantage of a free taster session before making a decision on joining. We are a friendly group of mixed abilities so why not give it a try. For further information just call Alex or Carol. ~Alex & Carol

BOOK CLUB - Barbara Vercoe. We meet on the **4th Thursday of the month** at **10:30am** at the *Bike Shed in Barnstaple*. At present this group is fully subscribed. ~Barbara

BOOKWORMS - Linda Tyrrell. We meet at the *Library* on the **last Tuesday of each month** at **10:00am**. We still have space for two more members. ~Linda

BREAKFAST CLUB - Wendy Walmsley. This group is usually held on the **1st Wednesday of the month** at **9:15am**. The **6th March** meeting is at *Tea On The Tow*, and **3rd April** at *Queen Anne's Cafe*. If you are UNABLE to attend please let Wendy know. If you would like to join this friendly group for a chat over breakfast, please contact me. ~Wendy

BUS PASS - David and Jill Baker. The **March** trip is on **Thursday 28th** to *Ilfracombe* hopefully, with lunch at Weatherspoons. **10:55am, Bus 21a** from *Barnstaple Bus Station*. Contact Wendy Walmsley if you wish to go (see Contacts List for contact details). New Members welcome. ~David & Jill

CANASTA - Linda Lee, Yvonne Geary. The **March** meeting of the Canasta group will be on the **18th** in the *Annexe of Fremington Parish Hall* at **2:00pm**. The group is full at the moment, but we have a short waiting list so do get in touch if you would like to join us. ~Linda & Yvonne

CHAIR PILATES - Susie McCrum. No report this month. ~Susie

CHATTERBOX - Sheila Jennings. We meet on the **3rd Monday of each month** at **11:00am to 1:00pm** in the *Barnstaple Museum*. Please come and join us. ~Sheila

COFFEE MUGS AND TEAPOTS - Jackie Ward. Meeting on the **20th March**, that's the **3rd Wednesday of each month** in the *Arti's Too! Cafe, 20, Cross Street, Barnstaple*. **10:30am to 12:00 noon**. We look forward to seeing you there for a cuppa and conversation. Contact Jackie. ~Jackie

CREATIVE WRITING - Sue Boyd. No report this month. ~Sue

CRIBBAGE - Richard Taylor. We meet at the *Fox Inn, Fremington* every **2 weeks** from **3:00pm 'till 5:00pm**. There is no charge for this but food and drink is available to purchase at the pub. The aim is to enjoy playing crib. Help is available for those wishing to learn how to play. ~Richard

CRIME AND PUNISHMENT - Jane Bellworthy. Our topic for February was Crime and NO Punishment. A look at the scandals where no one in authority seems to be punished. We meet on the **2nd Tuesday of the month** at *Fremington Parish Hall Annexe*. ~Jane

CURRENT AFFAIRS DISCUSSION 1 - Paul Bate. The next meeting will be on **Thursday 7th March** at **10:15am** at the *Fox Inn in Fremington*. The group meets on the **1st Thursday in the month**. We will be discussing interesting topics which are currently in the news. Refreshments are available at the pub. ~Paul

CURRENT AFFAIRS DISCUSSION 2 - Paul Bate. The next meeting will be on **Thursday 21st March** at **10:15am** at the *Fox Inn in Fremington*. The group meets on the **3rd Thursday in the month**. We will be discussing interesting topics which are currently in the news. Refreshments are

available at the pub. There are currently vacancies for this group. ~Paul

CYCLING - Steve Coppel. Winter is almost here, but while we remain a group of fair weather cyclists, we intend to continue cycling through the winter when the weather gods look kindly upon us. We meet at **10:30am** on **Wednesdays** in **Barnstaple** (we no longer cycle from Bideford), for a gentle and approximately 12 mile ride (6 miles each way) on the Tarka Trail to a cafe for brunch. New members are always welcome. ~Steve

DANCERSIZE - Hilary Newing, Sue Fogarty.

March 5th, 12th, 19th and 26th

April 16th, 23rd and 30th

~Hilary & Sue

DAY TRIPS BY COACH - David Baker. The April trip is on **April 18th** to **Darts Farm Shop, Topsham and Sidmouth** with a coffee stop at Darts Farm Shop. This should be a most interesting day out with time at Sidmouth to enjoy a walk along the seafront.

Cost: £16.50 per person for an excellent day out. Names, money and pick up point to **David Baker** by **Friday 29th March** (see Contacts List for contact details). Cheques made payable to **Taw U3A**.

Pick up points and times: **8:45am** Chilpark, Fremington; **8:50am** New Inn, Fremington; **9:00am** Bus Stop at Ellerslie Road; **9:15am** Bus Stop on North Walk, opposite Tuly Street; **9:25am** Park & Ride, Barnstaple. ~David

DESIGN & MAKE I & II - Jim Pinn. **March** meeting is on **Friday 22nd** NOT the 29th as that's Good Friday. Usual times. ~Jim

DEVON HISTORY - Ken Bonewell. On **Thursday 7th March** our speaker in the **Castle Centre Hall, Barnstaple** at **2:30pm** will be Gwyneth Faye. She will give an illustrated talk on Barnstaple Buildings. Also, please bring in an envelope with your name on it, your annual subs of £5 pp. ~Ken

FOOD, FARM, ENVIRONMENT - David Baker. The March meeting is on **25th March** at our new venue which is **The Beechfield Centre, Fremington**. This has plenty of parking. The speakers are Phil and Gill Marlow talking about the Benefits of Birds on the Environment, starting at **2:30pm**. New members welcome. ~David

DINING EXPERIENCE - **NEW GROUP** - John and Carole Wardle. The inaugural meeting of this group was on Thursday 22nd February, 1:30pm at the Tiffin Indian Kitchen on Boutport Street. If you would like further information on this group please contact John Wardle (see Contacts List for contact details) ~John & Carole

GARDEN DAYS - Roxanne and Graham King.

Wednesday 24th April: Dunster Castle and Water Mill, Nr Minehead. Ancient castle and comfortable country home with dramatic vistas, subtropical gardens and fine village.

Pick-up times: Chilpark 9:30am; New Inn c.9:35am; Ellerslie Road c.9:40am; P&R c.9:45am.

Cost: £16.00 National Trust members, non-members £32.50.

Booking: via our email. Once place confirmed, payment to our home address (cheque only, to **Taw U3A**) by **end March**. Please write trip, pick-up point and new Taw U3A membership number on back. If we don't already have this, phone (mobile if possible) on separate paper. Last year's supporters 1st-come-1st-served, others on waiting list (are often places).

Wednesday 22 May: Antony House, Torpoint, Cornwall. 18th Century house set within a magnificent landscape garden.

Pick-up times: Chilpark 9:30am; New Inn c.9:35am; Ellerslie Road c.9:40am; P&R c.9:45am depending on Cedars problems - we'll email those booking if any change.

Cost: £17.00 National Trust members, non-members £28.00.

Booking: via our email. Once place confirmed, payment to our home address (cheque only, to **Taw U3A**) by **end April** (or April trip or April coffee morning). Please write trip, pick-up point and new Taw U3A membership number on back. If we don't already have this, phone (mobile if possible) on separate paper. Last year's supporters 1st-come-1st-served, others on waiting list (are often places).

~Graham & Roxanne

HOLIDAYS - Lynden Davies. See the notice on the front page of this Newsletter about our Isle of Wight holiday. The annual U3A outing will be on **June 12th** to **St Fagans open air museum** on the outskirts of **Cardiff**. The cost this year will be £5 per member. Keep this date free in your diary. The entry to the museum is FREE. ~Lynden

ITALIAN FOR BEGINNERS - Graham King. Now 'Italian for beyond immediate beginners' as the group has made much progress over the past 20 months. Couple of places available for anyone who has done a little Italian before, or has a very good grounding in another romance language - and is prepared to work to catch up! Please email me if interested. Le prossime sessioni, **Fremington Parish Hall Annexe, sempre mercoledì alle 11.00: il 6 e il 20 marzo, il 3 e il 17 aprile, e il primo (senza di me!) e il 15 maggio.**

~Graham

KNITTING - Sheila Jennings. Both groups meet at **10:30am** on the **2nd Thursday** and **4th Friday** of **every month** in the **Museum**. Please come along and bring your knitting. Gentlemen would be welcome. ~Sheila

PRACTICAL GARDENING - Jackie Ward. We meet in **The Annexe, Fremington Parish Hall, Fremington**, the **2nd Thursday morning of every month. 14th March 10:30am to 12:30pm**. As always our group starts with a cup of coffee, tea and biscuits. Then on with the serious stuff, what's next to do in the garden. You will be very welcome to join us. Contact Jackie. ~Jackie

PSYCHOLOGY OF EVERYDAY LIFE - Jane Bellworthy. At our January meeting we discussed the Post Office scandal, and in February our topic was The Psychology of Donald Trump. We meet on the **4th Tuesday of each month**. We focus on a topic that is current or of particular interest to the group. We have a couple of vacancies so if you want to know more,

please contact me. We meet at **2:00pm** at **Fremington Parish Hall Annexe**.
~Jane

RAILWAY - David and Jill Baker. The Railway trip in **March** is on **Wednesday 13th** to **Totnes** leaving Barnstaple at **9:35am**. Names to David by **Monday 11th March**. New members welcomed.
~David & Jill

RAMBLING - Pauline Newbound, Barbara Hewis. **Monday March 11th**, the walk starts at **10:30am** from the **large layby opposite the Marine Base at Instow**. A mixture of lanes, fields, footpaths and Tarka Trail. A few inclines but nothing drastic, some stiles and probably some mud. Distance 7 miles approx. BYOFAD. Leader Ken Bonewell.
~Pauline & Barbara

READING SHAKESPEARE ALLOWED - Bob Godfrey. An ALERT! If you are reading this and are interested please don't hesitate to contact me any time. Reading together is a most rewarding and supportive activity. No special knowledge of Shakespeare is necessary. All necessary reading material is fully provided. We meet on the **3rd Wednesday of the month 2:00pm to 3:30pm** at **Fremington Methodist Church, Old School Lane, Fremington**.
~Bob

ROAMERS - Sue Taylor. No walk in March. April TBN. ~Sue

RUMMIKUB - **NEW GROUP** - Paul Boden. This is a new group and the first planned get together was Friday 23rd February at 11:45am at the New Inn in Fremington. If you are interested in further details please contact **John Wardle, Group Coordinator**.
~John Wardle, Group Coordinator

SHORT MAT BOWLING - Richard Taylor. We meet at **Christ Church Hall in Braunton** twice a month, on **Tuesdays** from **10:00am to 12:00 midday**. The total cost for each session is £32.50 which includes use of the hall, the kitchen, and all the equipment. Parking is free on site. The individual cost will be £3 or £4 each person, depending on numbers. We do need to set up and take down the equipment each time. Please let me know if you are interested.
~Richard

SHORT TENNIS - Yvonne Geary, Sue Morley. We play **every Wednesday morning** at the **Tarka Tennis Centre** from **11:00am until 12:00 noon**. We now have a couple of vacancies, so please get in touch if you have had any experience of tennis and would be interested in coming along to see how we play short tennis. Our last session before our Easter break will be on **20th March**.
~Yvonne & Sue

SIGHT SUPPORT - Jill Baker. The next meeting is on **Monday 11th March** in **The Castle Centre, The Strand, Barnstaple** at **10:30am**. PLEASE NOTE NEW VENUE. New members with a sight problem are very welcome. Contact Jill. ~Jill

SINGALONG - Rod Ball.

Where - **Fremington Parish Hall Annexe**.

When - **2:00pm every 4th Monday of each month**.

What - sing along with a different period each session.

Why - to have fun, enjoy the best songs ever, and maybe perform.

Bring - £1 contribution to cost.

Experience needed - none.

Currently full but gaps may appear so anyone can express an interest (see Contacts List for contact details). ~Rod Ball

SKITTLES - Julie and Patrick Kift. We had an enjoyable evening on 19th January despite being a bit low on numbers due to various reasons. The highest gent was Mick Conibear, highest lady was Wendy Walmsley (after knocking all nine pins down with one ball!, she then went on to win by 4 pins). The booby went to Kim Conibear. The Killer game was won by Patrick after a battle between him and Doug Saunders which was very entertaining. Thank you to everyone who gave raffle prizes and for all of you who set up the skittles. Our next evening was on 23rd February and **March** is on **22nd at 7:30pm** as usual. See you all then, if not before.
~Patrick & Julie

STROLLERS - Maureen and Peter Penfold. **March** walk will be led by Hazel. Meeting in the **William's Arms car park at 12:00 noon**. After our walk we will return to eat at the Williams Arms. If you can not join us please let Hazel know. **April** walk will be led by Mike and Kim. Meeting at the **St John's garden centre car park**. Returning to the garden centre for lunch after our walk. If you will not be attending please contact Mike and Kim.
~Peter & Maureen

SUNDAY LUNCH - Susan Covington. Due to Mothers' Day being on the 2nd Sunday, the lunch will be held instead on **3rd March at 12:30pm** at the **Green Man pub, Pilton**. Please let me know if you cannot attend.
~Susan

TABLE TENNIS - Janice and Bob Godfrey. We meet **every Thursday morning, 9:30am to 12:00 noon** at the **Tarka Centre**. The group is full at the moment. However people do move on from time to time and anyone wishing to be on a short waiting list please ring Janice and Bob. Some experience of playing is desirable.
~Janice & Bob

TEN PIN BOWLING - Brian Tilbury, Jan Hartshorne. We meet **every Wednesday at 1:15pm inside the Bowling Alley on the Braunton Road**, except during the school holidays.
~Brian & Jan

THEATRE - David Baker. Thank you for your interest in the proposed group but having looked at the costs it appears too expensive for numbers interested.
~David

TUESDAY LUNCHEON GROUP - Trish Lilley. Our next lunch at **The Williams Arms** will be on the **19th March at 12:30pm**. If you haven't booked already please either telephone or email me by the **16th March** to make a reservation.
~Trish

WANDERERS - Wendy Walmsley, Sue Taylor. **Tuesday 12th March, Appledore**. Meeting at **11:00am in Churchfields car park** for a walk of approximately 1.5 miles round Appledore. We will walk along Staddon Road to Lookout Field viewpoint, where on a clear day, fingers crossed, you can see from the Burrows to Hartland Point. We will then amble down to the Lifeboat station, along Irsha Street to the Seagate Hotel for lunch at roughly 12:30ish. Please let me know if you are coming **by 8th March** so I can inform

the Seagate of numbers (see Contacts List for contact details). The car park costs £3.50 for 4 hours and is also where the bus stops. New members always welcome.
~Wendy & Sue

WINE APPRECIATION - David Rowe. The Wine Group continues to meet on the **1st Friday of each month**, in **Room 3B** of the **Barnstaple Library**.
~David

WOODCARVING - Marion Choules. **Weekly, Wednesday mornings 10:00am to 12:00 noon**.
~Marion

REMINDER: If you **move house** or your **email or telephone number changes** *please* let **Veronica McLaughlin**, the **Membership Secretary**, know so that we can continue to keep in contact. It will also ensure you continue to receive the Newsletter by email.

ILLNESSES and BEREAVEMENTS: **Carol Griffiths** is responsible for keeping in touch with members who become ill or are taken into hospital. If you become aware of any such cases please contact her. Would Group Leaders please take responsibility for informing Carol of illnesses of their group members. Would the family, Group Leader or any other member please inform Carol of the details of names and dates of deaths. **A single line announcement will be included in the Newsletter unless the family do not want any acknowledgment. It is for the Group Leader to notify Carol who will notify the Newsletter Editor.**



EQUIPMENT MANAGER: Gordon Gregory.

CALENDAR - March/April 2024

Coffee Mornings:

Monday 26th February (Bookworm and Book Club Groups)	- 10:30am - Roundswell Community Hall
Monday 25th March (Trustees)	- 10:30am - Roundswell Community Hall
Monday 22nd April (Allotment and Coffee Mugs and Teapots Groups)	- 10:30am - Roundswell Community Hall

April Newsletter Deadline: Deadline for entry of events occurring **after Monday 1st April - SUNDAY 3rd MARCH**.

Group	Day	Date		Time	Venue/Information
		March	April (Subject to Change)		
Afternoon Tea	Tuesday	26	23	2:30pm	Queen Anne's Cafe, The Strand
Allotment 21	Monday	No Meeting	TBN	12:30pm	Sainsbury's Coffee Shop
Amblers	Tuesday	12		11:00am	Muddlebridge layby near Fremington
			9		TBN
Art	Thursday	7; 21	4; 18	9:30am	Methodist Church Hall, Rhododendron Avenue
Badminton	Tuesday	5; 12; 19; 26	16; 23; 30	9:30am	Tarka Leisure Centre
	Thursday	7; 14; 21; 28	18; 25	2:00pm	
Book Club	Thursday	28	25	10:30am	The Bike Shed, Barnstaple
Bookworms	Tuesday	26	30	10:00am	Barnstaple Library
Breakfast Club	Wednesday	6		9:15am	Tea On The Taw
			3		Queen Anne's Cafe
Bus Pass	Thursday	28		10:55am	Barnstaple Bus Station, Bus 21a to Ilfracombe
			25	TBN	TBN
Canasta	Monday	18	15	2:00pm	Fremington Parish Hall Annexe
Chair Pilates	TBN	TBN	TBN	TBN	TBN
Chatterbox	Monday	18	15	11:00am	Museum Tea Rooms
Coffee Mugs and Teapots	Wednesday	20	17	10:30am	Arti's Too! Cafe, 20 Cross Street, Barnstaple
Creative Writing	Thursday	14	11	10:30am	TBN
Cribbage	Friday	1; 15	5; 19	3:00pm	The Fox Inn, Fremington
Crime and Punishment	Tuesday	12	9	2:00pm	Fremington Parish Hall Annexe
Current Affairs Discussion 1	Thursday	7	4	10:15am	The Fox Inn, Fremington
Current Affairs Discussion 2		21	18		
Cycling	Wednesday	TBN	TBN	10:30am	TBN
Dancersize	Tuesday	5; 12; 19; 26	16; 23; 30	10:00am	Church Hall, Fremington
Day Trips By Coach	Thursday	No Meeting	18	8:45am	Darts Farm Shop, Topsham and Sidmouth
Design & Make I - Ladies	Friday	22	26	9:30am	Group members know venue
Design & Make II - Gents				2:00pm	
Devon History	Thursday	7		2:30pm	Castle Centre, Barnstaple
			4	TBN	TBN
Dining Experience - NEW GROUP	TBN	TBN	TBN	TBN	TBN
Food, Farm, and Environment	Monday	25		2:30pm	Beechfield Centre, Fremington
			22	TBN	TBN

CALENDAR - March/April 2024 (Continued)

Group	Day	Date		Time	Venue/Information
		March	April (Subject to Change)		
Garden Days	Wednesday	No Meeting	24	9:30am	Dunster Castle and Water Mill
Holidays	See the notice on the front page of this Newsletter				
Italian for Beginners	Wednesday	6; 20	3; 17	11:00am	Fremington Parish Hall Annexe
Knitting	Thursday	14	11	10:30am	The Museum, The Square, Barnstaple
	Friday	22	26		
Practical Gardening	Thursday	14	11	10:30am	The Annexe, Fremington Parish Hall
Psychology of Everyday Life	Tuesday	26	23	2:00pm	The Annexe, Fremington Parish Hall
Railway	Wednesday	13		9:35am	Barnstaple Station for Totnes
			10	TBN	TBN
Rambling	Monday	11		10:30am	Large layby opposite Marine Base at Instow
			8		TBN
Reading Shakespeare Allowed	Wednesday	20	17	2:00pm	Fremington Methodist Church, Old School Lane
Roamers	Monday	No Meeting	22	10:30am	TBN
Rummikub - NEW GROUP	Friday	TBN	TBN	TBN	TBN
Short Mat Bowling	Tuesday	5; 19	2; 17	10:00am	Christ Church hall in Braunton, EX33 2EA
Short Tennis	Wednesday	6; 13; 20	17; 24	11:00am	Tarka Leisure Centre
Sight Support	Monday	11	8	10:30am	The Castle Centre, The Strand. Barnstaple
Singalong	Monday	25	22	2:00pm	The Annexe, Fremington Parish Hall
Skittles	Friday	22	TBN	7:30pm	Plough Inn, Bickington
Strollers	Tuesday	5		12:00nn	Williams Arms Car Park
			2		St John's Garden Centre Car Park
Sunday Lunch	Sunday	3		12:30pm	Green Man Pub, Pilton
			14	TBN	TBN
Table Tennis	Thursday	7; 14; 21; 28	4; 11; 18; 25	9:30am	Tarka Tennis Centre, Barnstaple
Ten Pin Bowling	Wednesday	6; 13; 20; 27	17; 24	1:15pm	Bowling Alley, Braunton Road, Barnstaple
Tuesday Luncheon Group	Tuesday	19	16	12:30pm	The Williams Arms
Wanderers	Tuesday	12		11:00am	Churchfields Car Park, Appledore
			9		TBN
Wine Appreciation	Friday	1	5	2:00pm	Room 3B, Barnstaple Library
Woodcarving	Wednesday	6; 13; 20; 27	3; 10; 17; 24	10:00am	Fremington



Sunday 10th March



Sunday 17th March



*Good Friday 29th March
Easter Sunday 31st March
Easter Monday 1st April*

APPLICATION FOR MEMBERSHIP – 2024/25

(1st April 2024 to 31st March 2025)

Office Use Only			
GA		Aff	
NL		SAE	
TAM		BACs/Chq	

Applicant 1:

Title: _____ Forename: _____ Surname: _____

Please tick one box: ☐ Existing Membership Application
☐ New Membership Application
☐ Affiliated Member (from 1st April 2024) - Affiliated Fee £2.50 pa

Affiliated Members Only -

Please state name of existing U3A _____

Please attach a copy of your existing U3A membership card.

Applicant 2:

Title: _____ Forename: _____ Surname: _____

Please tick one box: ☐ Existing Membership Application
☐ New Membership Application
☐ Affiliated Member (from 1st April 2024) - Affiliated Fee £2.50 pa

Affiliated Members Only -

Please state name of existing U3A _____

Please attach a copy of your existing U3A membership card.

Address: _____

Post Code: _____ Tel. No: _____

Email Address: _____

Applicant 1 Mobile No: _____ Applicant 2 Mobile No: _____

EMERGENCY CONTACT NUMBER: *IT IS IMPORTANT THAT ALL INFORMATION ON THIS SECTION IS COMPLETED*

Telephone/Mobile: _____

Please state **NAME & RELATIONSHIP**: _____

NOTE: Please write your email address as you would see it on your computer (i.e. not in 'joined-up' writing) and please be aware of upper and lower case letters, and especially punctuation.

Newsletter:

In an effort to minimise costs and the amount of printed paper produced, Taw U3A members will have our monthly Newsletter emailed directly to them, at their email address given above. Printed versions are available at the monthly Coffee Mornings. **If you do not have an email address, then we are happy to post this to you at a cost of £9.50 per annum. Please add this amount to your membership fee (if applicable).**

MEMBERSHIP CHARGES:

For 2024/25 the annual membership fee for members will be **£12.00 per person**, and **£6.00 per person** if joining after the 1st October 2024.

From the 1st April 2024 the subscription for new and existing Affiliated Members will be **£2.50 per person, per annum**.

Taw U3A would like members to pay their subscription directly into the TAW bank account via internet banking. We are promoting this option as a safe and secure method of paying your annual subscription. To make the payment please use the following information:

Name of Account: **TAW U3A** *Once you have completed your BAC's transaction would you then please*
Sort Code: **30-90-49** *complete the Membership Renewal Form and forward it to our Membership*
Account No: **02341066** *Secretary, whose address can be found at the bottom of this page. Thank you.*

Please ensure that you add your name when making the transaction so that an accurate membership record is maintained. However, your subscription can still be made by cheque.

PLEASE TICK ONE BOX with your preferred payment method:

- ☐ BACS (Internet Banking)
☐ Cheque – **please make your cheque payable to TAW U3A**

I/We make a payment of £..... to cover my/our subscription for the year 1st April 2024 to the 31st March 2025.

- ☐ Please tick the box if you would like the Newsletter posted to you and add **£9.50** to your payment.

MEMBERSHIP IS FREE IF 90+ YEARS OLD ONLY TICK THE BOX IF YOU ARE, OR WILL BE, 90 YEARS OF AGE OR OVER BY 31ST MARCH 2025 :

- ☐ **Applicant 1** ☐ **Applicant 2**

If you would like to receive copies of **Third Age Matters** (the national U3A magazine) and **Sources** during 2024, please tick the appropriate box below and add the relevant amount to your payment total. The amount below includes delivery to your home address:

- ☐ **£4.00** per address

The following can be found on the Taw U3A website <https://u3asites.org.uk/taw>. If you wish to have copies posted to you, please indicate below.

- ☐ **Terms and Conditions of membership**
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***** WILL EACH MEMBER PLEASE SIGN BELOW TO SHOW YOUR CONSENT TO THE ABOVE STATEMENTS *****

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PLEASE FILL IN AND SIGN THIS FORM THEN SEND IT TO THE MEMBERSHIP SECRETARY, WHOSE ADDRESS IS SHOWN BELOW, WITH YOUR MEMBERSHIP FEE, PLUS DELIVERY OF 'THIRD AGE MATTERS' U3A MAGAZINE (IF REQUIRED). THE MEMBERSHIP SECRETARY WILL THEN BE HAPPY TO POST YOUR CARD(S) BACK TO YOU.

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A SELF STAMPED ADDRESSED ENVELOPE WOULD BE GREATLY APPRECIATED. THANK YOU

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Colin O'Brien
Taw U3A Treasurer

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