



## TAW THIRD AGE GROUP

### Newsletter 375

1st April 2023

Website: <https://u3asites.org.uk/taw/home>

Registered Charity No 1026238



## Welcome to our April 2023 Newsletter



### COFFEE MORNINGS

The next Coffee Morning will be on **Monday 3rd April 2023** and will be hosted by the **Devon History Group** at the Roundswell Community Centre at 10:30am. Admission £1 for coffee/tea, biscuits and a raffle ticket. **There will be NO Coffee Morning in May due to the Bank Holiday.**

## Election of Officers and Trustees

All Officers and Trustees are up for election at the **AGM on Monday 5th June**.

A Nomination Form is on **Page 9** of this Newsletter. If we are to continue as an organisation please make sure you nominate members for Officers and Trustees by **Friday 28th April 2023** and return the form to me (see Contacts List for contact details).

We are urgently in need of a Secretary as Theres is retiring at the AGM. The job involves taking the Minutes at the Trustees' Meetings (6 a year) and a small amount of admin work. If you would like any further information please contact me.

~David, Chairman

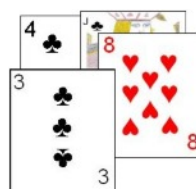


### Please Welcome our New Members:



Mrs Glenda Bennett  
Ms Jeanie Blackall  
Mrs Mary Hales  
Mrs Susan Hardy  
Mrs Janice Hurst (Affiliated)  
Mrs Jane Kent  
Mr Michael and Mrs Sandra Kitchen-Hurle  
Mrs Rose Oliver  
Mr Adrian Paul

### The Whist Group requires a new Leader in order for it to continue!



It was meeting on the **1st and 3rd Wednesday of the month** at **The New Inn, Fremington** at **2:00pm**. If you are interested in leading the group then can you please make contact with me.

~Paul Bate, Group Co-ordinator



## Coronation Cream Tea

The Coronation Tea is on **Tuesday 16th May** at the **Barnstaple Hotel** and places are filling up fast so do not miss this occasion for only £5. There will be music by Rupert O'Nion, and Lynden and Jack will be entertaining us. A booking form is available on **Page 6** of this Newsletter.

~David

**REMINDER:** If you **move house** or your **email or telephone number changes** *please* let **Veronica McLaughlin**, the **Membership Secretary**, know so that we can continue to keep in contact. It will also ensure you continue to receive the Newsletter by email.

**ILLNESSES and BEREAVEMENTS:** **Carol Griffiths** is responsible for keeping in touch with members who become ill or are taken into hospital. If you become aware of any such cases please contact her. Would Group Leaders please take responsibility for informing Carol of illnesses of their group members. Would the family, Group Leader or any other member please inform Carol of the details of names and dates of deaths. **A single line announcement will be included in the Newsletter unless the family do not want any acknowledgment. It is for the Group Leader to notify Carol who will notify the Newsletter Editor.**

**EQUIPMENT MANAGER:** Gordon Gregory.



## Our Groups

Members are encouraged to contact the Group Leaders of groups they are interested in joining and have their names added to any waiting lists.

**REMEMBER** - Contact details are in the tables on pages 7 and 8 of this newsletter.

**Those two pages are not available on our Website!**

**AFTERNOON TEA** - Jill Chappell. Hi everyone. Looking forward to seeing you on **April 25th at 2:30pm** in *Queen Anne's on The Strand*. Only contact me if you can't make it. ~Jill

**AMBLERS** - Trish Lilley, Lyn Bonewell. On the **11th April**, meet at **11:00am** in the *large layby* on the *left of the main road just before Instow*. The walk is level, no mud, no stiles and a lot of good company! ~Jim

**ART** - Derek Seymour. The Art Group meets on the **1st and 3rd Thursday** each month from **9:30am to 12:00 noon** at the *Rhododendron Methodist Church Hall*. There will **not be a meeting on 4th May** as the hall is being used for voting. ~Derek

**BADMINTON** - Alex Ferguson, Carol Griffiths. We still have vacancies for one or two players to join us on our Thursday afternoon session. Why not come along and take advantage of a free taster session before making a decision on joining. We are a friendly group of mixed abilities so why not give it a try. For further information just call Alex or Carol (see Contacts List for contact details). We shall be having our two week Easter break this month. This will mean **no badminton during weeks commencing 3rd and 10th April**. Our late spring and summer programme commences on **Tuesday 18th April**. ~Alex & Carol

**BOOK CLUB** - Barbara Vercoe. Book Club takes place on the **4th Monday of every month at 10:30am**. We meet at the *Chambers Cafe (next to the Castle Centre)*. ~Barbara

**BOOKWORMS** - Linda Tyrrell. We meet at the *Library* on the **last Tuesday of each month at 10:00am**. We still have space for 2 more members. ~Linda

**BREAKFAST CLUB** - Wendy Walmsley. This group is usually held on the **1st Wednesday of the month at 9:15am**. The **April** meeting will be at *Queen Anne's Cafe* and the **May** meeting at *The Lemon Tree* in *Holland Walk, Barnstaple*. If you are UNABLE to attend please let Wendy know. If you would like to join this friendly group for a chat over breakfast, please contact me (see Contacts List for contact details). ~Wendy

**BUS PASS** - David and Jill Baker. The April trip is on **Thursday 27th April to Woolacombe**, leaving **Barnstaple on Bus 303 at 10:50am**. It is hoped to have lunch arranged. The return bus leaves Woolacombe at **2:55pm**. Names to **Wendy Walmsley By Friday 21st April** (see Contacts List for contact details). Places may be limited because of the size of the bus so first come first served. ~David & Jill

**CANASTA** - Linda Lee, Yvonne Geary. We meet in the *Annexe of Fremington Parish Hall* at **2:00pm**. The group is

full at the moment, but we have a short waiting list so do get in touch if you would like to join us. ~Linda & Yvonne

**CHATTERBOX** - Sheila Jennings. I can now offer vacancies. ~Sheila

**COFFEE MUGS AND TEAPOTS** - Jackie Ward. Join this happy group for coffee, tea and conversation, meeting the **3rd Wednesday morning of each month, 10:30am** through to **12:00 noon** in the *Museum Café, The Square, Barnstaple*. This group will always meet in Barnstaple. New members welcome. ~Jackie

**CREATIVE WRITING** - Sue Boyd. I will put a notice in the Newsletter if we have any spaces available, but please do not hesitate to get in touch with me by email if you would like your name put on the waiting list. ~Sue

**CRIME AND PUNISHMENT** - Jane Bellworthy. In March we looked at the law on prostitution. We considered victims of prostitution and the wider context. We meet on the **2nd Tuesday of the month at Fremington Parish Hall Annexe**. ~Jane

**CURRENT AFFAIRS DISCUSSION 1** - Paul Bate. The next meeting will be on **Thursday April 6th at 10:15am** at the *Fox Inn in Fremington*. The group meets on the **1st Thursday in the month**. We will be discussing interesting topics which are currently in the news. Refreshments are available at the pub. There are vacancies for new members in this group. ~Paul

**CURRENT AFFAIRS DISCUSSION 2** - Paul Bate. The group will next meet on **Thursday 20th April** at the *Fox Inn, Fremington* at **10:15am**. The group meets on the **3rd Thursday in the month**. We will be discussing interesting topics which are currently in the news. Refreshments are available at the pub. ~Paul

**CYCLING** - Steve Coppell. We aim to ride once a week, normally on a **Wednesday**, but everything depends on the weather. We are fair weather cyclists who always stop for brunch! We usually start the rides at **10:30am**, but that too can vary. The rides start mainly from *Barnstaple*, but the **last Wednesday of every month** we depart from *Bideford*. New members are always welcome. ~Steve

**DANCERSIZE** - Hilary Newing, Sue Fogarty. **April 18th and 25th**. Our class is full again, but we do have a short waiting list. Please contact us for more information. ~Hilary & Sue

**DAY TRIPS BY COACH** - David Baker. **ALL TRIPS WILL COST £16**. The May trip is on **Thursday 18th May to Tavistock** to visit the market and the town with time for lunch. On the return we will be stopping at Strawberry Farm Shop and Cafe at Lifton.

**Pick-up Points:** **8:15am** Chilpark; **8:20am** New Inn, Fremington; **8:25am** bus stop by car park, Bickington; **8:35am** the Old Railway Station, The Strand, Barnstaple; **8:45am** Park & Ride, Barnstaple.

Names will be taken from those members of the group that have indicated they wish to go, then first come first served. Names, money and pick-up point to David Baker by **Friday 28th April**. Cheques made payable to **Taw U3A** (see Contacts List for address for payment).

The June trip is to the **Royal Cornwall Show** on **Saturday 10th June**. Names are being taken with money later. COST £16 plus entry to the show on the day. This should be an excellent day out. ~David

**DESIGN & MAKE I & II** - Jim Pinn. **Friday 28th** usual times. I now have some places so please contact me for details of this group (see Contacts List for contact details). ~Jim

**DEVON HISTORY** - Ken Bonewell. The speaker for **6th April** will be Peter Christie whose subject will be Devon Folklore. This will be at **2:30pm** in the **Castle Centre Hall, Barnstaple**. ~Ken

**FOOD, FARM, ENVIRONMENT** - David Baker. The April meeting is a trip to **Mole Avon Farmers Store at Crediton** on **Monday 24th April**. We will be given a tour of their store and explained how an Agricultural Co-operative works. Transport to be discussed at the March meeting. If you cannot come to the March meeting but would like to come on the April trip please let David know. We can share cars or go by train. New members welcome. ~David

**GARDEN DAYS** - Roxanne and Graham King. **Wednesday 24th May: The Garden House, Buckland Monachorum**. True plantsman's paradise, delights for seasoned gardener and those who simply enjoy exploring the beauty and tranquillity of 12 acres of stunning gardens. Magnificent Wisterias, Azaleas and Rhododendrons, early summer herbaceous borders of Walled Garden.

**Pick-up times:** Chilpark **9:30am**, New Inn **c.9:35am**, Ellerslie Road **c.9:40am**, P&R **c.9:45am**. **Cost:** £25.00.

**Booking:** via our email. Once place confirmed, payment to our home address (cheque only, to **Taw U3A** - see Contacts List for contact details) by April coach trip, end of April, or Monday 1st May (no Coffee Morning in May). Please write trip, pick-up point, U3A membership number (state Barnstaple/Taw) and, if we don't already have these, email address and phone number (mobile if possible) on separate paper. Last year's supporters 1st come 1st served, others on waiting list (are often places).

**Wednesday 26th April: National Trust's Dyrham Park, SN14 8HY** - a few places available at time of writing.

**Pick-up times:** as for Garden House above.

~Graham & Roxanne

**HOLIDAYS** - Lynden Davies. **Sunday 7th to Thursday 11th May 2023, Beaufort Park Hotel, Mold**. Four nights dinner, bed and breakfast, visiting **Chester** and **Llandudno**. If you have friends in other U3A groups (Barnstaple, Bideford) that would like to come, please ask them to contact me (Lynden). Cost is £345. Deposit of **£50 per person** required, made

payable to **Blakes Coaches Ltd (do not date your cheque)** as soon as possible to secure your place (see Contacts List for contact details). ~Lynden

**ITALIAN FOR BEGINNERS - Italiano per i principianti** - Graham King. Mercoledì **5 e 19 Aprile** (depending on teachers' strikes) alle **11:00am** alla F. ~Graham

**KNITTING** - Sheila Jennings. Meetings will be held on the **2nd Thursday** and **4th Friday** of **every month** at **11:00am** in the **Museum**. Please come along and bring your knitting. Gentlemen would be welcome. ~Sheila

**MOSAICS** - Jackie Brayley. We meet at the **Methodist Church Hall in Rhododendron Avenue** on **Friday mornings** from **10:00am** to **12:30pm** (apart from the last Friday in the month). If you are interested in joining us or just want to 'have a go' please contact me. ~Jackie

**PRACTICAL GARDENING** - Jackie Ward. Meeting in the **Annexe, Fremington Parish Hall, 10:30am** through to **12:30pm**, the **2nd Thursday of the month**. Enjoy coffee/tea and biscuits while sharing gardening tips, plants/seeds and helpful advice. New members welcome. Contact me if you need a ride from Barnstaple (see Contacts List for contact details). ~Jackie

**PSYCHOLOGY OF EVERYDAY LIFE** - Jane Bellworthy. We meet on the **4th Tuesday of each month**. We meet at **2:00pm** at **Fremington Parish Hall Annexe**. At our March meeting we looked at personality preferences. Currently the group is full but please let me know if you would like to join our waiting list (see Contacts List for contact details). ~Jane

**RAILWAY** - David and Jill Baker. The April trip on **Wednesday 12th April** is to **Newton Abbot** for some shopping and visit the Outdoor Stall Market, subject to no train strikes. We will leave **Barnstaple** on the **9:35am** train. Names to David or Jill by **Thursday 6th April**. This replaces the March trip that was cancelled because of the weather. New members welcomed. ~David & Jill

**RAMBLING** - Pauline Newbound, Barbara Hewis. **Monday April 10th. Hunters Inn NT Car Park 10:30am**. Heddon Valley and Heale Down. One steady ascent at the start of the walk. Woodland paths and quiet lanes. 5.5 miles. Optional 2 miles extension to Heddon's Mouth. BYOFAD. Leaders: Joe and Monica. ~Pauline & Barbara

**READING SHAKESPEARE ALLOWED** - Bob Godfrey. If you're reading this and are interested please don't hesitate to contact me any time. No special knowledge of Shakespeare is necessary. The group is very supportive. We meet on the **3rd Wednesday of the month, 2:00pm to 3:30pm**, at **Fremington Methodist Church, Old School Lane**. ~Bob

**ROAMERS** - Harriet Croft. **Monday 24th April**. This will be a joint walk for Roamers and Ramblers finishing with tea. We shall meet at **Fairview car park in Pilton** (Pay & Display) at **10:30am** for a walk on footpaths, woodland and lanes to Ashford via Tutshill woods and Blakewell. 4.5 miles. One steady ascent but not steep. BYOFAD. Lunch at Ashford

Church and finishing the walk at St John's Ashford Garden Centre with optional tea. Return either by bus or a further 2 miles walk on the Tarka Trail. Walk Leaders: Pauline Newbound and Barbara Hewis. **Please let me know if you plan to have tea after the walk.** Roamers and Ramblers members who are currently unable to do the walk are welcome to come for tea, probably starting between 2:00pm and 2:30pm. ~Harriet

**SHORT TENNIS** - Yvonne Geary, Sue Morley. We play **every Wednesday morning** from **10:30am** until **11:30am** at the **Tarka Leisure Centre in Barnstaple**. We're having our Easter break at the moment, and restart on **19th April**. We have room for more players. If you used to enjoy tennis but don't think you can leap around a full sized court any more, do get in touch (see Contacts List for contact details) and give it a try. ~Yvonne & Sue

**SIGHT SUPPORT** - Jill Baker. There are **NO Meetings in April and May due to the Bank Holidays**. If you have a problem reading this Newsletter let Jill know as she may be able to help. New members with a sight problem are very welcome - contact Jill (see Contacts List for contact details). ~Jill

**SKITTLES** - Julie and Patrick Kift. No report this month. ~Patrick & Julie

**STROLLERS** - Maureen and Peter Penfold. No report this month. ~Maureen & Pete

**SUNDAY LUNCH** - Susan Covington. Next lunch will be on **Sunday 9th April, 12:30pm**, at **Portmore Golf Club**. As this is Easter Sunday please let me know by **4th April** if you are unable to attend. ~Susan

**TABLE TENNIS** - Janice and Bob Godfrey. **Every Thursday morning, 9:30am to 12:00 noon** at the **Tarka Centre**. Due to changes and retirements there are now some spare

places in the table tennis group! To enjoy games to the full some previous experience is really necessary even if it was ?-?- years ago. Don't hesitate to contact us and arrange a free taster session. ~Janice & Bob

**TEN PIN BOWLING** - Brian Tilbury, Jan Hartshorne. We now meet **every Wednesday at 1:15pm** inside the **Bowling Alley on the Braunton Road**, except during the school holidays. Having achieved a new PB, Bridget Bradford was highest scorer for the ladies with 221, and for the men, Doug Saunders was the top scorer with 317 which was also a new PB. Congratulations also go to Brian 'Turkey' Tilbury for scoring 3 strikes, on the trot, yet again. ~Brian & Jan

**TUESDAY LUNCHEON CLUB** - Trish Lilley. Our lunch will be on the **18th April, 12:00 noon** for **12:30pm**. Any queries please contact me by email or telephone (see Contacts List for contact details). ~Trish

**WANDERERS** - Chris and Lesley Wade. Join us for a walk in the **Bluebell Woods in Landkey** on **April 11th**. The walk will be led by Jean Newcombe. Meet in the **car park behind the Castle Inn in Landkey** at **11:00am**. We walk across 2 fields and over a stile. Suitable footwear is advised especially if it has been wet. Lunch afterwards in the Castle Inn. Please let us know whether or not you will be joining us by **Thursday April 6th** either by phone or email (see Contacts List for contact details). ~Chris & Lesley

**WHIST**. This group is suspended pending a new Group Leader. ~Paul

**WINE APPRECIATION** - David Rowe. Meet **1st Friday of the month** at the **Barnstaple Library, Room 3B**. ~David

**WOODCARVING** - Marion Choules. **Weekly, Wednesday mornings 10:00am to 12:00 noon**. ~Marion

**Members are encouraged to contact the Group Leaders of groups they are interested in joining and have their names added to any waiting lists.**

### ***INVITATIONS FROM OTHER U3A's***



**BARNSTAPLE U3A:** Barnstaple U3A are looking to form a new group called 'Introduction to Bonsai' and are looking for members from neighbouring U3As to make up the numbers. You would need to become an Affiliated Member of Barnstaple to join. If interested please contact **Nigel Wright** (see Contacts List for contact details).

**BRAUNTON U3A:** New members welcome to the **Braunton Croquet Group** which will be restarting on **Tuesday 18th April**. We meet at **Barnstaple Croquet club, Raleigh Meadow, off St. Georges Road, Barnstaple, EX31 4UX**. We meet every Tuesday, weather permitting, during the summer from **2:00pm to 4:00pm**. No experience is necessary and all equipment and coaching is provided. The cost is £4 to join or rejoin the group and £4 for every session you attend. Contact **Anne Young** (see Contacts List for contact details) for more information and to book your place. Come along to meet friendly people for a fun afternoon.



**HAPPY**



**EASTER**

## CALENDAR - April/May 2023

### Coffee Mornings:

Monday 3rd April (Devon History Group) - 10:30am - Roundswell Community Hall  
 Monday 1st May - **No Coffee Morning as it is a Bank Holiday**

**May Newsletter Deadline:** Deadline for entry of events occurring **after Monday 1st May - THURSDAY 13th APRIL**

Group	Day	Date		Time	Venue/Information
		April 2023	May 2023 (Subject to Change)		
Afternoon Tea	Tuesday	25	23	2:30pm	Queen Anne's, The Strand
Amblers	Tuesday	11		11:00am	Layby near Instow
			9		TBN
Art	Thursday	6; 20	18	9:30am	Methodist Church Hall, Rhododendron Avenue
Badminton	Tuesday	18; 25	2; 9; 16; 23	10:00am	Tarka Leisure Centre
	Thursday	20; 27	4; 11; 18; 25	2:00pm	
Book Club	Monday	24	22	10:30am	Chambers Cafe (next to the Castle Centre)
Bookworms	Tuesday	25	30	10:00am	Barnstaple Library
Breakfast Club	Wednesday	5		9:15am	Queen Anne's Cafe, The Strand
			3		The Lemon Tree Cafe, Holland Walk
Bus Pass	Thursday	27		10:50am	Bus 303 Barnstaple to Woolacombe
			25	TBN	Combe Martin
Canasta	Monday	17	15	2:00pm	Fremington Parish Hall Annexe
Chatterbox	Monday	17	15	11:00am	Museum Tea Rooms
Coffee Mugs and Teapots	Wednesday	19	17	10:30am	Museum Cafe, The Square, Barnstaple
Creative Writing	Thursday	13	11	10:30am	TBN
Crime and Punishment	Tuesday	11	9	2:00pm	Fremington Village Hall Annexe
Current Affairs Discussion 1	Thursday	6	4	10:15am	The Fox Inn, Fremington
Current Affairs Discussion 2		20	18		
Cycling	Wednesday	TBN	TBN	10:30am	TBN
Dancersize	Tuesday	18; 25	2; 9; 16; 23; 30	10:00am	Church Hall, Fremington
Day Trips By Coach	Thursday	No Meeting	18	8:15am	Tavistock
Design & Make I - Ladies	Friday	28	26	9:30am	Group members know venue
Design & Make II - Gents				2:00pm	
Devon History	Thursday	6		2:30pm	Castle Centre, Barnstaple
			4	TBN	TBN
Food, Farm, Environment	Monday	24		TBN	Mole Avon Farmers Store, Crediton
			22	TBN	Brynsworthy Recycling Depot
Garden Days	Wednesday	26		9:30am	Dyrham Park
			24		The Garden House, Buckland Monachorum
Holidays	Sunday	-	7 to 11	TBN	Mold, Wales
Italian for Beginners	Wednesday	5; 19	3; 17	10:30am	Group members know venue
Knitting	Thursday	13	11	11:00am	The Museum, The Square, Barnstaple
	Friday	28	26		
Mosaics	Friday	7; 14; 21	5; 12; 19	10:00am	Methodist Church Hall, Rhododendron Avenue
Practical Gardening	Thursday	13	11	10:30am	The Annexe, Fremington Parish Hall
Psychology of Everyday Life	Tuesday	25	23	2:00pm	The Annexe, Fremington Parish Hall
Railway	Wednesday	12	No Meeting	9:35am	Barnstaple Station to Newton Abbot
Rambling	Monday	10		10:30am	Hunters Inn NT Car Park
		24			Fairview Car Park, Pilton
			8	TBN	TBN
Reading Shakespeare Allowed	Wednesday	19	17	2:00pm	Fremington Methodist Church, Old School Lane
Roamers	Monday	24		10:30am	Fairview Car Park, Pilton
			22	TBN	TBN
Short Tennis	Wednesday	19; 26	3; 10; 17; 24; 31	10:30am	Tarka Leisure Centre
Sight Support	Monday	No Meeting	No Meeting	10:30am	Bromley's Cafe, Museum on The Square
Skittles	Friday	TBN	TBN	7:30pm	Plough Inn, Bickington
Strollers	Tuesday	4	2	12:00nn	TBN
Sunday Lunch	Sunday	9		12:30pm	Portmore Golf Club
			14		TBN
Table Tennis	Thursday	6; 13; 20; 27	4; 11; 18; 25	9:30am	Tarka Tennis Centre, Barnstaple
Ten Pin Bowling	Wednesday	19; 26	3; 10; 17; 24	1:15pm	Bowling Alley, Braunton Road, Barnstaple

## CALENDAR - April/May 2023 (Continued)

Group	Day	Date		Time	Venue/Information
		April 2023	May 2023 (Subject to Change)		
Tuesday Lunch Club	Tuesday	18	16	12:00nn	Royal & Fortescue Hotel, Barnstaple
Wanderers	Tuesday	11		11:00am	Bluebell Woods, Landkey
			9	TBN	TBN
Whist	This group is suspended pending a new Group Leader				
Wine Appreciation	Friday	7	5	2:00pm	Room 3B, Barnstaple Library
Woodcarving	Wednesday	5; 12; 19; 26	3; 10; 17; 24; 31	10:00am	Fremington

## + The Legend of St George and the Dragon +



A long time ago, legend has it that a dragon came down from the mountains and terrorised the cattle and ate the crops. Moreover, the dragon would not stop his rampage unless the King tied a young maiden to an oak tree in the centre of the village. At this point the king's nobles use a pigeon to decide what to do. If the bird flew to the east, then they must take the King's own daughter Sabra and tie her to a tree, as the dragon demanded. According to legend, the pigeon wings off to the east. Crucially, the pigeon manages to attract the attention of a knight called Sir George and guide him back to the princess. Right on cue, just as the dragon was about to devour the princess, Sir George arrives and fights the dragon. He cunningly slows down the dragon by driving a ball of pitch down his throat, and then follows up by slaying the dragon with a spear, in traditional style. By way of thanks for saving his daughter, and the village from the evil dragon, the king pronounced Sir George - Saint George. Moreover, he gave George a wonderful gold cross to wear. Even better, he gave his daughter Sabra's hand in marriage. The legend of St George slaying the dragon resurfaces from time-to-time, especially around St George's day on 23rd April.

Despite the legend of Saint George slaying a dragon, St George was a real person. Historical records show that his father was a career soldier in the Roman army, while his mother was from Lydda (Lod) Israel. What is strange is that Saint George never actually set foot in England; he spent his life in what today we call Turkey and the Middle East. As with many saints, it is Saint George's death on 23rd April in 303 AD that cements his anniversary in the calendar. Indeed, it was his gruesome death in Palestine that was instrumental in the Catholic Church declaring St George an illustrious and Great Martyr. The precise date of St George's birth is not recorded, but it was believed to be in 275 AD, thus he lived for only 28 years.

Interestingly, St George is also the patron saint of Canada, Greece, Portugal, and of course Georgia in Europe (near to his birthplace). In each case the legend of St George slaying the dragon is part of that country's folklore. However, England is one of the few countries that does not have a national holiday on its Saint's day. It is no surprise that the Greeks celebrate Agios Georgios (St George) with great festivals.



## TAW U3A - CORONATION CELEBRATION DEVONSHIRE CREAM TEA

TUESDAY 16th MAY 2023, 2:30pm for 3:00pm

BARNSTAPLE HOTEL, BRAUNTON ROAD, BARNSTAPLE

To mark the King's Coronation and to say Thank You to the Membership we are holding a Celebration Event at the Barnstaple Hotel with a Devonshire Cream Tea and music. The Trustees have agreed to subsidise this event by 50%. The Trustees invite you to join them and an Application Form is below. Applications need to be in by **Thursday 4th May**, and refunds are **NOT AVAILABLE AFTER THAT DATE**.

### APPLICATION FORM FOR CELEBRATION CREAM TEA

NAME/S: \_\_\_\_\_

MEMBERSHIP NUMBER/S: \_\_\_\_\_ TELEPHONE NUMBER: \_\_\_\_\_

PAYMENT IS **£5 per person**. AMOUNT: \_\_\_\_\_

Payment may be made by Cheque or BACS. Please tick one of the following:

Cheque \_\_\_\_\_

**OR**

BACS \_\_\_\_\_

Cheques to be made payable to **Taw U3A**

BACS payments:

Account: TAW U3A; Sort Code: 30-90-49; Account No: 02341066

Please ensure you add your **name** and add the word **TEA** if paying by BACS

Form and money to be returned to David and Jill Baker (see Contacts List for address for payment) by the latest **Thursday 4th May**. PLACES ARE LIMITED SO PLEASE BOOK EARLY.

**TAW U3A**  
**NOMINATION FORM FOR OFFICERS AND TRUSTEES 2023**

**Chairman**

Nomination .....	Signed.....
Proposer .....	Signed.....
Secunder .....	Signed.....

**Vice Chairman**

Nomination .....	Signed.....
Proposer .....	Signed.....
Secunder .....	Signed.....

**Secretary**

Nomination .....	Signed.....
Proposer .....	Signed.....
Secunder .....	Signed.....

**Treasurer**

Nomination .....	Signed.....
Proposer .....	Signed.....
Secunder .....	Signed.....

**Trustee**

Nomination .....	Signed.....
Proposer .....	Signed.....
Secunder .....	Signed.....

**Trustee**

Nomination .....	Signed.....
Proposer .....	Signed.....
Secunder .....	Signed.....

**Trustee**

Nomination .....	Signed.....
Proposer .....	Signed.....
Secunder .....	Signed.....

**Trustee**

Nomination .....	Signed.....
Proposer .....	Signed.....
Secunder .....	Signed.....

**Trustee**

Nomination .....	Signed.....
Proposer .....	Signed.....
Secunder .....	Signed.....

**UP TO 8 NOMINATIONS CAN BE RECEIVED FOR TRUSTEES. EVERY PERSON NOMINATED MUST SIGN THE NOMINATION FORM. THE PROPOSER AND SECONDER MUST NOT BE RELATED. THIS FORM MUST BE RETURNED TO DAVID, THE CHAIRMAN, BY FRIDAY 28th APRIL 2023.**