

IN CASE OF EMERGENCY CARD

PLEASE CARRY ON ALL EVENTS

Personal Details

Name

Address

Contact number – Mobile

Contact number – Landline

u3a Membership Number

Medical Information

Date of Birth

Medical Conditions & Allergies

Medication

Primary Emergency Contact

Name

Relationship

Contact number – Mobile

Contact number – Landline

Secondary Emergency Contact

Name

Relationship

Contact number – Mobile

Contact number – Landline

Contacting the Emergency Services

With a phone signal

Dial 999 or 112 and ask for an ambulance

With a reduced phone signal

Try to use Emergency SMS to text an emergency message to 999 or 112. To use this service your phone must be registered in advance at www.emergencysms.org.uk; see website for details.

