



Newsletter No 125

[Learn Laugh and Live](#)

June 2023

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Welcome to our newsletter for the month of June. Inside you will find news items, u3a information and reports from some of the interest groups. You will also have the opportunity to read my chairman's report for 2022/23 which was presented at last month's AGM. By the way, many thanks to all the members who came to the Annual General Meeting. There were just over one hundred of you! To be honest, it is not always easy to attract people to an AGM in any organisation, so we appreciate your attendance. Also, many thanks to Dave for providing a splendid quiz to entertain us. Our committee has now been joined by a new member, Jacky Taylor. She has been co-opted to join the team and her main area of focus will be on

publicity. I feel that she will be able to make a very valuable contribution.

An important reminder! At our June meeting the Gardening Group will be holding their annual plant sale. This is always a popular event and will give you a chance to purchase something for your garden ready for the summer. There is always a variety of plants from which to choose. Gardening group members will be on hand to offer advice.

We are pleased to welcome Neil Sadler as guest speaker at our next meeting. He is a retired police officer with thirty years' experience at home and abroad. The title of his talk is "A Policeman's Lot". He will share stories and anecdotes from his career which began by being "on the beat" in Bognor Regis in the 1970's.

Our membership continues to increase and currently stands at 242. Remember that you can collect your membership card from Gill at the meeting. Finally, can I ask you to continue to bring your own mugs and cups to the meeting. It makes life much easier for our volunteers who provide the tea and coffee for us. I look forward to seeing you on the 2nd June. We start at 10:30 a.m.

John Baker Chairman

Swanley and District u3a Committee Members 2023/2024

			
John Baker Chair	David Collins Vice-Chair	Carol Willingham Business Secretary	Allan Hayward Group Co-Ordinator
			
Gill Baker Membership Secretary	Janet Hamling Minutes Secretary	Penny Collins Social Secretary	Sandra Treloar Committee Member
			
Tony Scale Committee Member	Clive Rayner Treasurer	Alan Hamling Speaker Organizer	Jacky Taylor Publicity Secretary

Swanley and District U3A Monthly Meeting Friday June 2nd, 2023, at the Alexandra Suite, St Mary's Road, Swanley BR8 7BU

The June talk is entitled A Policeman's Lot - Neil Sadler

Upcoming talks over the next 3 months.

July:- The Shetland Bus WWII – Gilly Halcrow

August:-

September:-

Alan Hamling

CHAIRMAN'S REPORT AGM 5TH MAY 2023

I am pleased to present the Chairman's report at this AGM of the Swanley and District u3a. The annual report gives us the chance to review the achievements and progress of the last twelve months, to assess our current situation and to consider future opportunities and development. It has been a successful year in which our membership has increased. We reached a milestone when we celebrated our tenth anniversary recently. Indeed, it is difficult to recall the time when we had no u3a in Swanley. Your committee has met on a monthly basis during the last year. The tasks and responsibilities of the committee are varied and wide ranging. Perhaps they can be summed up as the administration and safeguarding of the ethos and principles of the u3a movement. I will use this occasion to recognise the work done by my fellow committee members. The firm foundations of our organisation are due to their collective hard work, conscientious attitude and commitment. The administration of our financial matters is in the secure hands of our treasurer, Clive Rayner. We maintain a healthy financial position with the annual subscription payment still at £20. Our business secretary, Carol Willingham, liaises and corresponds with the Alexandra Suite and the national u3a office. She does this in a professional and diligent manner. Our regular guest speakers are arranged and booked by Alan Hamling. The majority are booked up to twelve months in advance. I would like to thank Gill Baker for taking on the task of membership secretary. She has conducted the role with energy and efficiency. At the time of writing our membership stands at 230 people. She also organised our Xmas Lunch at the Pedham Golf Centre. Our outings and visits are always popular and much in demand. This due to the efforts of Penny Collins and Sandy Treloar. Alan Hayward joined the committee and has worked hard to provide support and encouragement to our interest groups. Tony Scale has been responsible for the production of our monthly newsletter and, in addition looks after our website. Janet Hamling joined the committee as minuting secretary, never an easy job, but one she conducts in a most conscientious way.

Finally, my thanks go to our vice-chair, Dave Collins. To use a cricketing metaphor, he is very definitely a safe pair of hands! He is totally reliable, and his support is much appreciated. I value all of their efforts. It has been a pleasure to work alongside them.

It is important at this time to acknowledge the important role played by group leaders and hosts. Their dedication and enthusiasm ensures the continuing success of our u3a. There are other people who give their time in various ways: Sandy English, Mary Hayward and the team of volunteers who make sure we have tea, coffee and biscuits at our monthly meetings, the people who sell raffle tickets each month, Paul Brenchley who ensures that members receive their newsletter. All of your contributions are of great value and importance.

Our monthly meetings are well attended and normally attract over 60% of the membership. Other u3a groups in the county would envy this level of attendance. Our newsletter is not only an effective means of communication, but also an enjoyable and informative publication. Not all u3a's are able to publish twelve editions every year. I would urge people to contribute articles and reports from the interest groups.

We have a wide range of interest groups. Some are academic. Some are practical. Some are recreational. They are all enjoyable. They are at the very heart of the u3a ethos. We have lost some groups recently. It would be good to add some new ones. Please consider starting a group. We will provide help and encouragement. Expertise is not necessary.

Enthusiasm is important. The u3a principles are clear and remind us of the values of lifelong learning. No qualifications are required, and none are offered. Learning is for its own sake. This is what makes us different. This is what makes us special. It is something we should cherish and protect.

If we review the last year, there are a number of achievements. Probably the most significant was the celebration of the ten years of our existence. Our current situation is healthy as our membership continues to grow steadily. Looking to the future I would recommend that we endeavour to increase the number and range of our interest groups. It would be rewarding to promote our groups through displays and presentations. This proved to be popular at our anniversary meeting. We should encourage a proactive approach from all our members in order to achieve maximum participation in all aspects of life in our u3a. We should continue to build our membership until we, once again, reach the pre-pandemic level. I will conclude my report by expressing my sincere belief that we can face the future with confidence and ambition and so achieve further success.

JD Baker May 2023

Summary Of Activities During the Coming Month (s)

Petworth House 3rd July £45 NT members £30:50

There are still some places available for this trip. Please could those who have put names down, pay at the June meeting. Thank you.

The pick-ups are:

8:50am Hextable, bus stop opposite St David's Rd.

9:00am Back of Asda on Bartholomew Way at bus stop.

We are aiming to arrive about 10:30am in time for coffee and the day is yours to see the house and maybe get into Petworth town. We aim to leave at 3:30pm. There is a café for light refreshments, but you may prefer a picnic or to eat in town.

Petworth do not now run private tours, but you can book on arrival for a free public tour on a 'first com' basis. Highlight talks, lasting about 10minutes, are available in some of the rooms and you are welcome to stop and listen. The volunteers manning the rooms are also pleased to answer questions. Photography (without flash) is permitted. The visitor team will provide a welcome leaflet with a map of the estate. There is a 10 min (slightly up hill) walk to the house from the coach park. Petworth operates a buggy service which seats 5, for those less mobile. If you require that, please let me know.

Please assemble at reception whilst I tally numbers for entry and payment. National Trust members can go straight to reception and show their cards. You are requested not to carry any large shoulder bags in order to protect the many valuable items on display.

There is limited locker space in the shop.

See you on 3rd July. Have a good day!

Mob 07939339390 please make a note of this should you need to contact me on the day.

Sandra Sandratreloar04@btinternet.com

Board and card games afternoon.

The next get together is Monday 26th June between 2 - 4 pm at the Howard Centre, 39 Egerton Avenue, Hextable, Kent. BR8 7LG

Everybody welcome, I have a selection of games however do bring any games along that you want to play. We hire the room so there is a charge of £3.

Just come along or email for further details Joyce.wood@sky.com

Joyce Wood

QUIZ DATES

I will be running 4 quizzes at the Red Lion this month – 2 in the afternoon with no charge but voluntary donations to the RNLI requested and 2 in the evening with £3 entry, half the money given in prizes, the other half to the RNLI.

AFTERNOON QUIZZES

Thursday June 1st 2pm.

Thursday June 22nd 2pm.

EVENING QUIZZES

Wednesday June 14th 7.30pm

Wednesday June 28th 7.30pm.

Please come along if you would like to join a U3A team on any of these dates.

David Collins.

ASHDOWN FOREST OUTING

Our outing to **Ashdown Forest** and the Georgian **St Hill Manor** is on **Monday June 19th**, including morning refreshments, a tour of the Forest, lunch, and a tour of the manor house with afternoon cream tea.

Lunch will be a ham and cheese ploughman's. Please contact me if you have any dietary requirements.

Pick up times:

Hextable 9.05

Swanley 9.15.

We expect to arrive back at around 6pm.

My mobile number for contact on the day is 07518 750463.

There are one or two places still available if anyone else would like to join us on this outing – price £54.

Penny Collins.

Group News

Art Appreciation – ‘Desert Island Art’

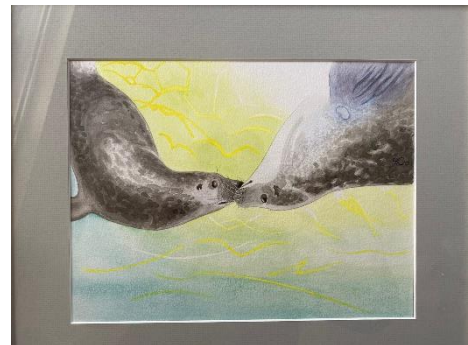
This month we moved away from our usual format for our meeting – we had spotted an idea in the Third Age Matters magazine from another U3A Art Appreciation group. Everyone brought along their ‘desert island art’ – either a real picture, or a printed image of it. Members talked about their chosen image, explained what it means to them, and spoke briefly about the artist and the artwork. Christina’s choice was JW Waterhouse’s ‘Soul of the Rose’. Waterhouse was influenced by an old poem by Chaucer. The painting depicts the embodiment of beauty and represents an object of desire and aspiring love. Christina thought that she could almost smell the roses herself and felt that this image would be a reminder of loved ones back home. She thought that she would get pleasure and enjoyment from looking at the pleasant garden scene.



Lynne brought along an image of Pieter Bruegel the Elder’s ‘Peasant Wedding’. This was painted in 1567 and shows a Flemish village wedding feast on an autumn day. Lynne likes this artwork because it is very detailed, and the ambiguity of some aspects provides an opportunity for continued reflection. The bride is in the centre, dressed in black, but it is not clear which figure is the groom. The guests are being served with soup or porridge, and the room is decorated with white ribbons. Lynne thinks there was a limit of about 20 people for the feast, with more arriving in the doorway for further celebration afterwards. There seems to be an extra foot painted underneath the tray, which was not included in later copies of the work by Bruegel the Younger.

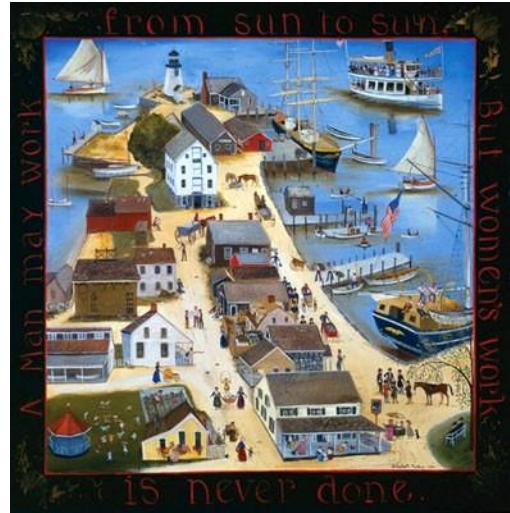


Anna purchased her watercolour painting in a gallery in Sevenoaks some years ago. It shows two seals swimming happily together. She doesn’t know the title or who it is by. In 1994 she took her employers to an industrial tribunal and won the case against them. She received compensation as a result and used some of this money to purchase the painting. She had admired it previously, but the compensation gave her the means to buy it. It remains on the wall of her home, representing the sense of freedom and success she felt, and the start of a new direction with a different employer. I decided to bend the rules a little to take four paintings by David Hockney, which were part of a series he painted in 2006 in Yorkshire. I have been a huge fan of Hockney since I



was at school in the early 1970s and have enjoyed his exploration of different environments and methods over the last few decades. The series I chose are his Tunnel paintings, of the same view of a lane near his mother's home. Hockney sat in the lane at intervals throughout the year and painted these glorious artworks en plein air. They show a joyful, colourful, expressive appreciation of nature, with foliage arched over to form a natural roof in the summer. I am influenced by Hockney in my own painting, and I can look at these images endlessly, as a reminder of time passing.

Margaret's chosen painting was purchased in 1995 on a trip by car down the Pacific Highway with her husband. It is by Elizabeth Mumford and is called 'A Woman's Work is Never Done', which is inscribed around the outside. The painting shows New England pioneers engaged in all sorts of busy activities at the port. Mumford was influenced by Bruegel and always adds a border to her paintings, with an inscription. Margaret likes it as it reminds her of happy holidays with her husband.



John flippantly said that he chose his painting as it is so big it could provide him with shelter on the desert island (21 feet long). It is 'The Sleep of Arthur in Avalon' by Edward Burne-Jones. He painted it from 1881 to 1898 and died without finishing it. In 1963 the painting was sold to a private buyer for display in a museum in Puerto Rico, so has rarely been seen in the UK.



It was briefly on loan to the Tate Britain in 2008, and John and I saw it then. It depicts the scene in Morte d'Arthur, when Arthur had been mortally wounded in battle. Arthur is being carried by three queens to the magic island of Avalon, for his final sleep.

Janet brought along a painting she purchased some years ago in Dorset – 'The Green Man' by contemporary artist David Brooke. Brooke's work is influenced by mythology and folklore and is often quirky or humorous. He has painted a series of images of The Green Man, whose origins can be traced back to Roman times. The Green Man was sometimes seen as a pagan god, with links to Dionysius, the Greek god of fertility, wine and pleasure. He also represents rebirth, with a face surrounded by foliage, or is shown spewing vegetation from his mouth. Surprisingly, he recently was featured on King Charles' coronation invitation,



designed by heraldic artist Andrew Jamieson. The motif of the Green Man was included as symbolic of spring and rebirth, to celebrate the new reign. Crowned in natural foliage, it is formed of leaves of oak, ivy, and hawthorn, and the emblematic flowers of the United Kingdom.

Tim is very fond of the work of Dutch painter Pieter De Hooch (born in 1629). He remembers a print of this picture being on the wall at his school – ‘The Courtyard of a House in Delft’ painted in 1658. This is a quiet domestic scene within a courtyard, with a view through the doorway to the street. Tim likes the use of light and the way your eyes are led through the picture. The artist also paid much attention to the detail of the architecture. Tim toured Holland with another art group, and visited art galleries in Amsterdam, Delft, Utrecht, and The Hague, and showed us a folder of souvenirs from his trip. The original painting can be seen in the National Gallery.

Gill Baker



MOTO (MEMBERS ON THEIR OWN) – WEDNESDAY, 7th JUNE, 2023

This is for all members who are living on their own and would like to meet up and have a coffee/tea and chat. Please come and join us at the Café at the Birchwood Golf Club (off Birchwood Drive). We will be sitting inside the restaurant in the armchairs. Parking is free. Notices regarding cameras are for security reasons and not for parking fees. The group is intended to be a way for people to arrange their own meetings, outings, activities in small groups.

It would be helpful if you let me know you if intend to come so that I have some idea of numbers.

My contact details are Tel: 01322 559534, email: sheila.derek@btinternet.com

Sheila Botterill

STROLLERS WALK IN JUNE – WEDNESDAY, 14th JUNE – for a walk round Hall Place Grounds and Gardens, Bexley and afterwards in the Tea Rooms. Please meet at the main entrance at 10.15 a.m. for a 10.30 start.

JULY STROLLERS WALK WILL BE ON 12 TH JULY – Details in July Newsletter.

ALL FUTURE WALKS NOW TAKE PLACE ON THE SECOND WEDNESDAY IN THE MONTH.

This is an initiative for people who like walking at a slower pace. All welcome not just for people on their own. Please let me know if you intend to come.

My contact details are Tel: 01322 559534, email: sheila.derek@btinternet.com

Sheila Botterill

Birdwatching Group - Birding Visit 17th May. 2023

On a very sunny morning five of us met at The Elmley Nature Reserve near Sheerness. Originally cared for by the RSPB this responsibility was taken back by the family. The Reserve is part of the family run farm which is unique by being the only independent National Reserve in the UK. Apart from being a nature reserve there is also heritage and history which includes a house where King James 11 was imprisoned in 1868 and the remains of a Victorian village and marshes which is said to have inspired Charles Dickens to write Great Expectations.

Throughout the area we visited there were several herds of cows and many of them with calves. They were obviously very used to people and cars as during our drive we were bonnet to nose with them and even the calves weren't intimidated!

Birds seen during this visit:-

Lapwings, Oystercatchers, Blackbirds, Pheasant, Mallards, Swans, Swifts, Moorhens, Little Egret, Goldfinch, Coots, Avocets, Marsh Harriers, Black Headed Gulls, Tufted Ducks, Shelducks, Hen Harriers, Woodpigeons, Greylag Geese, Shoveler, Common Terns, Goosander, Canada Geese, Robins, Pied Wagtail, Grey Wagtail and Redshank. many were either in their nests or had their young with them.

Also seen an Adder warming itself as the sun grew stronger, Hares and Rabbits.



The visit concluded with a much enjoyed, coffee.

The next birding visit on Wednesday 21st June will be at Rye Harbour and meeting at 10.30a.m. All members welcome and a lift is possible for anyone wishing to go.

Please let Valerie Bamber know if wishing to go on bamberbaish@aol.com

Valerie Bamber

Digging4cake Gardening Group visit on Wednesday 24th May to Great Comp Gardens



What a glorious sunny afternoon seven members of our gardening group had for our trip to Great Comp Gardens, located just off Seven Mile Lane, in Kent.



The gardens are beautifully kept and were filled with birdsong. Many different colours of azaleas and rhododendrons were in full bloom. Salvias and hardy geraniums were in bud ready to provide the next drifts of colour.

After a good walk around the group adjourned to The Old Dairy Tea Room for hot drinks and, of course, cake! We then walked through the woodland area towards the exit, passing through the plant sales area on the way. Not wishing to appear rude, purchases were made.

The group enjoyed the visit and much discussion about plants we could not immediately identify, referring to a plant identification app on several occasions.



Phil Saunders on behalf of Annie Cheale & Sandy English

Reminder

Our Digging4cake gardening group will be holding our annual plant sale at the next U3A meeting on Friday 2nd June, where there will be a selection of plants for sale.



Sandy English

Croquet Petanque & Table Tennis

Croquet this is going well ,we have a few vacancies if you want to play. It is on Wednesday at 2.30 on the rec. cost is £3.

Table tennis again we have spaces if you want to play The first and third Friday of the month at The Whiteoak sports centre the cost of this is £5.

Table tennis this is this Friday at 2pm at White oaks numbers have slumped ,so I need to know if you intend to attend in the future, Please e-mail if no longer want to attend so I can adjust the booking.

Petanque is at the Prince's park Dartford on the second and fourth Tuesday, this is free , but we ask for a donation of 50p (voluntary) to charity 2.15 start.

New age Kurling. This was only supposed to be for the winter to replace croquet but, it has taken of so well that we now meet regular, the next one is Monday 3rd July at white oak indoor bowls club at 2pm cost £3 there is some spaces .

If you are interested in any of the above, contact me at billatswanley@yahoo.co.uk

Walking Group (s)

Walk from Westerham Wednesday 17th May 2023



On 17 May in bright sunshine, our group of walkers left The Green, walked along the River Darent and headed uphill on our route through part of Squerry's Estate, Westerham. Having recovered our breath, we admired the view and the stunning colours of bright green leaves, vivid yellow fields of rape and woods full of bluebells.

Christina Tyler, Walking Group

Walks for June

Wednesday 7th June 2023 10.00 for 10.15

Meet **Morva** at "The Chequers", Cray Road, Crockenhill, BR8 8LP, for a fairly flat walk of between four and five miles across fields to Well Hill and Chelsfield. Please contact Morva (07811 643960, email morva.henry@icloud.com) to let her know you are coming and say whether you will be staying for lunch.

Thursday 15th June 2023 10.00 for 10.15

Meet **Clive** at the "Chequers", Darent Road South, Darent DA2 7QT for a fairly flat walk of between three and four miles. **Directions:** From the Swanley interchange on the M25 (J3) take the A20 (NOT the M20) towards Farningham. At the Farningham roundabout take the first turning left onto the A225 Dartford Road passing under the M20. Continue for about three miles passing through Sutton at Hone and at the roundabout turn right (Parsonage Lane) towards Darent and Fruit Distribution Centre. Darent Road South is opposite the Fruit Distribution Centre where you turn left. The "Chequers" is a short distance along the road on the left. Please contact Clive (01474 706173 or email clivetheilex@gmail.com) to let him know you are coming and say whether you will be staying for lunch after.

Clive Rayner

Membership for 2023-2024

Our new membership year began at the beginning of April 2023, and runs until March 2024. The cost is remaining at £20.

We would love to sign up new members, so please encourage friends/family who are retired or semi-retired, to come along to see what we do. They can ask for a membership form or download one from our website.

If you have not yet renewed for this April, please can you do so as soon as possible, to ensure that you continue to receive the newsletter and the u3a Third Age Matters magazine.

Please note that the membership list will shortly be revised, and anyone who has not paid their renewal fee will be removed from the list. You will be able to re-join at a later date if you wish. Please contact me if you want to discuss this with me.

You can pay as follows:

- a) By cash or cheque at one of the monthly meetings.
Cheques made payable to Swanley and District U3A please.
- b) By post to me at the address below with a cheque (please don't send cash in the post)
- c) You now also have the option of paying your £20 renewal subscription by bank transfer.

The bank details are

Bank: NatWest

Account number: 51170027

Sort code: 60 21 10

Account name: Swanley & District U3A

IMPORTANT - When your bank asks you to insert a reference, please put your surname and **membership** number so we know who made the payment! (For example - **BAKER117**)

PLUS, Please confirm that you have made this payment by emailing Gill Baker at gillbaker@talktalk.net If you are paying for a spouse or partner in addition to yourself, please provide both names and membership numbers in the email.

Please let me know if any of your contact details have changed e.g. address, email, phone number

Your new membership card will be available at the monthly meeting.

If you prefer to receive it by post, please send a stamped addressed envelope to **Gill Baker at 24 St Davids Road, Hextable, BR8 7RJ.**

I hope this covers everything – please contact me if you need any clarification.

Newsletter

The closing date for the next newsletter will be Friday 30th June. Please send articles and pictures to tscale001@gmail.com , thank you. *Tony*



Contact Details

Chair	John Baker	johnbaker52@talktalk.net
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Business Secretary	Carol Willingham	carolw8920@gmail.com
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Membership	Gill Baker	gillbaker@talktalk.net
Group Co-ordinator	Alan Hayward	achayward2512@yahoo.co.uk
Assistant Co-ordinator	David Collins	dacollins53@hotmail.co.uk

For contact details of group leaders please contact Alan Hayward
achayward2512@yahoo.co.uk or **David Collins** dacollins53@hotmail.co.uk

Website-<https://u3asites.org.uk/Swanley>

The views and opinions expressed in this newsletter are of a general nature and do not necessarily reflect the official policy or position of Swanley and District U3A or any part of the University of the Third Age unless specifically stated. All rights reserved, any reproduction without permission is prohibited.

Group Timetable

Group	Leader	Meeting Day
Antiques and Collectables	Gill and John Baker	3 rd Tuesday Morning
Art and Craft	Penny Collins	2 nd Tuesday Afternoon
Art Appreciation	Margaret Austin	1 st Monday Morning
Art Painting & Drawing and Art Outdoors	Gill Baker	2 nd & 4 th Tuesday Evening As Notified
Bird Watching	Leader As Advised	3 rd Wednesday Morning
Board & Card Games	Joyce Wood	2 nd or 4 th Monday Afternoon at Howard Centre Hextable
Book Group	Sue Scott & Wendy Keable	2 nd Monday Afternoon Swanley Library
Bowls (Indoors)	Bob Mellor & John Underwood	4 th Thursday Afternoon at the Whiteoak's Centre
Chess	Terry Bennet	4 th Wednesday Morning
Creative Writing	Penny Collins	1 st Thursday Morning
Croquet	Bill Hammond	Every Wednesday Afternoon
Gardening	Sandy English	4 th Wednesday Afternoon
History Modern	Jackie Griffiths	4 th Tuesday Afternoon
History of London 1	John Baker	2 nd Thursday Morning
History of London 2	John Baker	4 th Thursday Morning
Let's Speak French	Barbara Ramsey	1 st & 3 rd Wednesday Morning or as Notified
London History Walks	Alan Hayward & John Baker	As Notified
MOTO (Members on their own)	Sheila Botterill	1 st Wednesday Morning
Music Making	Mark Fittock	Every Tuesday Morning
Petanque	Bill Hammond	2 nd & 4 th Tuesday Afternoon Princes Park Dartford
Photography (Digital)	Alan Hayward	2 nd Friday Afternoon
Play Reading	Penny Collins	3 rd Friday Morning
Quiz Team	Dave Collins	As Notified in Newsletter
Rugby-Walking & Appreciation	Alan Hayward & John Baker	As Notified
Spanish	Leigh Aldrich	Every Thursday Morning
Strollers	Sheila Botterill	2 nd Wednesday Morning
Table Tennis	Bill Hammond	1 st & 3 rd Friday Afternoon
Theatre Trips	Sandy Treloar	As Notified
Word Magic on Zoom	Gill Heath	2 nd Wednesday Morning
Walking Group	Clive Rayner	As Notified in Newsletter
Wine and Dine	Santha Blankley	As Notified
Wine Tasting	Robert Brickell	4 th Wednesday Evening

