

Associated U3A Organisations.

The Third Age Trust is the umbrella organisation that oversees all U3As and runs the national office in London. They organise conferences, national summer schools and lectures at national venues like the National Gallery and Royal Institute. Go to **u3asites.org.uk** for direct access to most of the U3A websites, national, local and regional, across the UK. There is also a U3A MOOC (Massive Open Online Courses), an advisory website for those who wish to follow online learning courses to increase their specialist knowledge.

The South East Forum is formed from the county networks of Sussex, Surrey and Kent, within the South East Region. They organise a free annual conference at East Grinstead, plus the popular, annual Summer school at Chichester University — details are always on the SEF and SUN Events webpage.

The Sussex U3A Network, known as SUN, represents the forty independent U3As in Brighton & Hove, West and East Sussex. Assistance from any of our 17,500 members would be welcome. Our 29 U3As are helped with free workshops and exhibitions.

Their popular **study days** are run monthly on Saturdays, at venues across East and West Sussex. U3A members pay £8 and friends £10. Tea and coffee are provided but you are usually asked to bring your own lunch. Booking forms, with more details, can be downloaded from the Events page of the SUN website or collected at the monthly meetings. Please note, that if a day is cancelled at short notice, you will be notified and your cheque will be destroyed. The study day programme starts in September in 2019 but will start in October in 2020.