stour valley



November 2023





Coffee Grinders Plus Our First Christmas Fayre Friday 1st December 10.00-12.00

Lambe School, Gaston Street, East Bergholt

Support u3a artists and crafters and pick-up a useful item for Christmas – cards, candles and canvas prints – jams and jewellery - pickles and practically new items – sweets without sugar – much more.

This could be the start of something BIG. Come along with small amounts of money to have a great couple of hours with friends.

All u3a members on the art/crafters spectrum will find a home for their work at this event. Contact Graham to book a space: gandamanuel@gmail.com



LECTURES 2024

Lectures are held once a month at the Constable Hall, East Bergholt at 2.15pm

Wednesday 10th January Edward Vipond "Life as a Farmer – Am I a producer

or a conservationist"?

Wednesday 14th February Tobias Capwell, curator of armoury at The Wallace

collection.

Wednesday 13th March Bonny Williams (from PACE) "Your individual

carbon footprint and why it matters".

EUROPEAN HOLIDAY – OCTOBER 2024 The Offer is Sicily

Our fastest selling holiday being offered via our u3a Euro Travel Group. Visit the largest island in the Med. As well as the mafias, Sicily has its own active volcano. Our programme is packed with visits - half board accommodation.

We have sold all single rooms, but have three double/twin rooms still available. Contact Graham (gandamanuel@gmail.com) or Val Pretty (val.pretty@btinternet.com) for further details or to reserve a place.

GROUP NEWS

Theatre Group



On Friday 10th November, 21 members of the Theatre Group went to the Manifest Theatre in Manningtree to see " Calendar Girls " which was an excellent performance enjoyed by all. Our next trip is to see something slightly more highbrow viz " The Nutcracker " showing at First Site in Colchester as a live film of the ballet performed at The Royal Opera House which, being traditional Christmas fare, will get us in festive mood.

New Group – Camera Group





Tricia Nolan would like to set up a new group for camera enthusiasts who are interested in meeting like-minded people with a view to improving their photographic skills.

Unfortunately, the National Trust is not open on a Tuesday in the winter time so if you are interested please go along on a Thursday morning where Trish will be pleased to meet you and discuss how to take the group further. She will give you her contact details then.