stour valley



January

2024



learn, laugh, live



Monthly Coffee Morning

2nd February 2024

10.00-12.00

Lambe School, Gaston Street, East Bergholt

Come along and meet new people and members of the Committee

At the Coffee Morning in January members bought 16 pieces of Enid's restored second hand jewellery which raised £47.50 which she paid to the Disasters Emergency Committee. She will not be at the coffee Morning in February but will return in March.



QUIZ NIGHT FRIDAY 22ND MARCH 2024 CONSTABLE HALL, EAST BERGHOLT TEAMS OF SIX – BRING YOUR OWN DRINKS AND NIBBLES ANYONE INTERESTED IN ATTENDING PLEASE CONTACT SUE BASTED ON <u>susanbasted10@gmail.com</u> 07922 481507

LECTURES 2024 Held at Constable Hall, East Bergholt 2.15 pm

Our speaker on Wednesday 10th January will be Roger Hance whose talk is entitled

" Nature through the Seasons - Autumn and Winter " accompanied by digital photography.



February 14th – Tobias Capwell curator of armoury at the Wallace Collection.

March 13th - Bonny Williams (from PACE) your individual footprint and why it matters.

April 10th – Jenny Malin "Memsahibs and their Indian servants.

May 8th – Peter Halliday "A history of Suffolk Gravestones".

GROUP NEWS

Look at our website - <u>u3asites.org.uk/stourvalley/</u>

It has news and information about all our Interest Groups.

On a cold and snowy Monday 22 brave people from the 5 Mile Walking Group walked from Languard Point to Felixstowe Pier and back again for some well-deserved food and drink at the Viewpoint Café.



Ukulele Group

The Ukulele Group have continued to grow since the last Newsletter and have added three new members to its number bringing the total membership to twenty-one. We finished the year with a Christmas party which most of the members attended. There is a YouTube video of highlights of the party which can be viewed by inputting **Christmas music played by Ukes3A** into the YouTube search field.

The group now also has a Facebook page, created in the hope of attracting even more new members and this can be found at **Ukes3a ukulele club**, **East Bergholt**, **Suffolk.** As a new group Facebook's algorithm doesn't always seem to find us, but the link https://www.facebook.com/profile.php?id=61555190000167 should take you there.

The Ukulele Group meet on the first and third Wednesday of the month at the Lambe School, East Bergholt from 2.00 p.m. to 4 p.m. New members are always welcome and musical knowledge or previous experience with the ukulele is not necessary. We are a friendly group and there will be somebody there willing to help any prospective player.

Learn something new in 2024 but be warned – ukuleles very addictive.



GARDEN GROUP



If you are interested in visiting gardens why not come along on one of the visits offered for 2024. The first one on Monday 26th February will be a visit to Chippenham Gardens to see the snowdrops

There are also a few vacancies for the North Wales holiday in June.

With the Newsletter you will find attached a list of proposed garden visits, a booking form for the Chippenham visit and a booking form for the North Wales holiday.

For further information about any of these events please contact Val (01206 391255) or Doreen (01206 298107)



If anyone is interested in starting a new Scrabble Group please contact the Group Co-Ordinator Sue Clark on <u>petersueclark@btinternet.com</u>

Camera Group



Tricia has advised that the camera group has been postponed until April/May when the weather improves, and the National Trust tearoom is open for more hours.