



December
2023
Happy
Christmas



Coffee Grinders

Next Coffee Grinders

2nd January 2024

10.00-12.00

Lambe School, Gaston Street, East Bergholt

"The first u3a Christmas Fayre was held on 1st December. Members provided seasonal items for inspection, amusement and purchase. Bargains galore! Our social team provided coffee and cake with a smile and warm jumpers"



WELCOME TO THE NEW CHAIRMAN OF STOUR VALLEY U3A



Hello there to all Stour Valley u3a Members.

I am Chris Jewell your new Chairman, and I would like to introduce myself formally to you all, rather than just the brief introduction I was able to make at the AGM, and then, only to some 20% of the membership.

Firstly, I think we all owe a debt of thanks to Paul Lake, who, as Chairman for the past 12 months “put himself about” to many u3a Groups and he has been a credit to “our u3a” in that period. Paul identified that as a Chartered Accountant, it would be best that if he stepped into the position of Treasurer for the ensuing period, and that a new Chair Person “may be” easier to find than a new Treasurer, and in the absence of any other volunteers for the position of Chair Person, this is when I appeared . . . !

I am conscious that I have only been a member of the Stour Valley u3a for some 18 months, and that there are many members I recognise by face, or by name, but face and name, so please bear with me in the next few months.

My qualification for the position as Chairman of the Stour Valley u3a is that I have performed the job before, with the Ashford, Wye & District u3a for three years, from 2016 through to 2019 when my term of office came to an end. In that time, membership grew from approximately 150 to 350.

I then enjoyed a super Committee to work with, and I really believe I have a great Committee to work with at the Stour Valley u3a in the future.

What are my targets to achieve?

The initial target is to retain the good spirit of the u3a, and to engender enthusiasm of all the members to enjoy the offerings that u3a members are offered.

The next aim will be to get my feet “under the table” and engage with members to see what they may like to enjoy in the future, and to that end, I am always responsive to hear from members regarding their wishes, hopes and aspirations, and even constructive criticism, in respect of “your” u3a.

I sincerely hope that with everyone pulling together and using our imagination, the Stour Valley u3a should continue from strength to strength in the future.

As this Newsletter is due to be distributed just before Christmas, the Committee and I would like to wish everyone a wonderful Christmas and a peaceful and happy 2024.

Kindest wishes

Chris Jewell

chris@moorlandtibs.com

Telephone 07710 058170

LECTURES 2024
Held at Constable Hall, East Bergholt
2.15 pm

Our speaker on Wednesday 10th January will be Roger Hance whose talk is entitled "Nature through the Seasons - Autumn and Winter " accompanied by digital photography.



February 14th – Tobias Capwell curator of armoury at the Wallace Collection.

March 13th - Bonny Williams (from PACE) your individual footprint and why it matters.

April 10th – Jenny Malin “Memsahibs and their Indian servants.

May 8th – Peter Halliday “A history of Suffolk Gravestones”.

GROUP NEWS

Getting Fit Group

Here are some of the Getting Fit group having Christmas lunch at Acorn Village followed by a game of "pass the parcel" to their singing The 12 Days of Christmas. A fun afternoon.



Christmas Lunch – December 2023

Over 80 people enjoyed a festive lunch at Hintlesham Golf Club on Wednesday 6th December. A good time was had by all. The food and service were excellent.

